

Die Hard Gym And Raging Inferno Power

Presents the

2nd Annual Arizona APF Open State Powerlifting Championships

February 14, 2009

- MEET DIRECTOR:** J.R. Bolger, AZ APF State Chairman
APF Executive Committee Member
WPC Referee
623-236-8265
azapf@cox.net
- SANCTIONED BY:** The American Powerlifting Federation (APF)
- PLACE:** DIE HARD GYM
9794 W. PEORIA AVE
PEORIA, AZ
(623) 979-5275
- ELIGIBILITY:** Open to qualified APF registered athletes. All athletes must have a current APF registration card or purchase one at the meet. Athletes may register at the meet or before with J.R. Bolger, State Chairman. **(APF registration fee \$30.00)**
Make APF registration checks/money orders out to the APF, NOT THE MEET DIRECTOR
- WEIGH-IN:**
- | | | |
|----------|-------------------|-------------------|
| Friday | February 13, 2009 | 7:00 AM – 8:00 PM |
| Saturday | February 14, 2009 | 7:00 AM – 8:00 AM |
- LIFTING STARTS:** Saturday February 14, 2009 10:00 AM ***Rules briefing will be at 8:30 AM***
- UNIFORM:** Must have a singlet or wrestling suit. (Mandatory)
- ENTRY FEE:** All entry fees must accompany this entry form and be to the meet director no later than **February 1, 2009**.
A late fee of \$30 will be applied to all entries POST MARKED after this date.
- WEIGHT CLASSES:** Men's Open 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, and SHW
Women's Open 97, 105, 114, 123, 132, 148, 165, 181, 198, and SHW
- AWARDS:** Awards will be given to the first three places in each men and women's division. There will be "BEST LIFTER" awards as follows by formula:
Powerlifting, Bench Press and Ironman (*depending upon number of entries*)

ENTRY FORM

Name: _____
Last Name First Name MI

Residence: _____
Street city state zip

Telephone: _____ E-mail address: _____

Date of Birth: _____ APF CARD# _____

| | | | |
|------------------------------------|------|--------------------|-----------|
| _____ Men's Full Meet | \$60 | Weight Class _____ | Age _____ |
| _____ Women's Full Meet | \$60 | Weight Class _____ | Age _____ |
| _____ Men's Bench Press/Deadlift | \$45 | Weight Class _____ | Age _____ |
| _____ Men's Bench Press | \$30 | Weight Class _____ | Age _____ |
| _____ Men's Deadlift | \$30 | Weight Class _____ | Age _____ |
| _____ Women's Bench Press/Deadlift | \$45 | Weight Class _____ | Age _____ |
| _____ Women's Bench Press | \$30 | Weight Class _____ | Age _____ |
| _____ Women's Deadlift | \$30 | Weight Class _____ | Age _____ |

T-Shirts \$18.00 S _____ M _____ L _____ XL _____ 2XL _____ 3XL _____ (Pre-order price only)

(ENTRY FEES AND CARDS FEES ARE TO BE PAID SEPARATELY)

Total amount enclosed: \$ _____ **DO NOT INCLUDE APF CARD FEE**

AGREEMENT, WAIVER AND RELEASE

In consideration of the acceptance of this entry I hereby for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the APF, Die Hard Gym, J.R. Bolger, their representatives, successors and assigns for any and all injuries or bodily harm that I might suffer while competing at the Arizona APF Open State Powerlifting Championships. I also agree that all pictures and video taken by the designated meet photographer may be used for advertisement and in sports publications.

Signature in full _____ Date _____

Parent's signature if under 18: _____

Make Meet Check Payable To:

J.R. Bolger

Mail Entry and Fee To:

J.R. Bolger
9053 W. Bluefield Ave.
Peoria, AZ 85382