

The Foot Beat

Reflexology Brief

Volume I—Issue 2 □ September 2005

New Reflex Therapies

The Coronal Technique

Reflexology World is a Reflexology journal that comes from Australia. After receiving the first copy of the journal the other day, I read it from cover to cover. I found a new Therapy called “Coronal Zone Reflex Therapy™”—the term was coined by Lee Anthony Taylor whose Reflexology practice is in England. Taylor suggests that “this innovative approach to working on the sides of the feet . . . Permits the therapist [to go] deep into the concealed recesses of the body where toxicity lurks and allows the patient to clear their systems more efficiently and effectively” (Taylor 7).

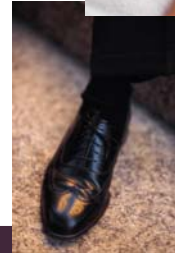
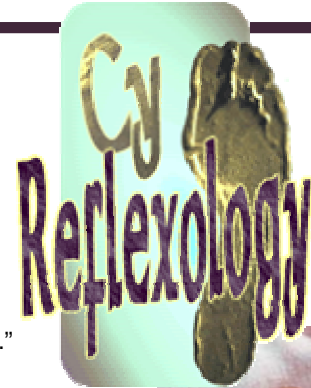
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Taylor uses the word “coronal” that is from the Latin word “crown.” It is a “dividing line.” There are 72 points on each foot. “There are 40 on the internal aspect (medial side) and 32 on the external aspect (lateral edge) of each foot” (7).

Taylor shared case studies to explain how clients benefited from this additional therapeutic technique. New facets of Reflexology can be breakthroughs,

I believe the technique is worth trying, so be sure to ask me about the Coronal technique. Some clients say they have

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