

The



Newsletter

Peninsula Rainbow Emmaus



Welcome, Welcome, Welcome

Welcome all the new community members who walked on PR 40 and 41. The remainder of this year you will have great opportunities to serve on the upcoming walks. If you are unsure about where you can help, please complete a volunteer service form or contact any board member for opportunities to serve.

Again, I would like to express my gratitude to all those who teamed, volunteered, served, and gave up time with family to make PR 40 and PR 41. The Holy Spirit was present as always and we now have new babe chicks in our wonderful community.

Your presence is welcome to any board meeting. Please advise any board member so that you can be put on the agenda. Board meetings are the first Tuesday of every month at St. Luke's United Methodist Church.

This is just something I wanted to share from the Upper Room Site, please pay close attention to the last paragraph, it sums up the reasoning rather well.

Agape Commandments as shared by other Communities

- Thou shall be anonymous- no signatures (only exception is personal letters).
- Thou shall produce enough items for pilgrims or a total of 60 for pilgrims and team.
Thou shall put personalized items in

alphabetical order and sort by pilgrim/team.

- Sponsors shall supply a maximum of 12 personal letters marked for Sunday distribution. (Remaining letters will be put in 4th Day take home packets.)
- Thou shall not include gifts with Sunday's personal letters.
Thou shall insure that all agape is brought to Community Support at the retreat center on Thursday night of the walk.
- Thou shall clearly mark bags of Agape with your name and phone number if you request leftover items returned.
- The anonymity and sacrificial giving part of Agape love is stressed at all times during our teaming and should apply to our community. "No strings attached" (like God's grace) should be our motto!

Please remember to pray for our troops, leaders, children, and community.

DECOLORES

Chuck Leavines
Community Lay Director

PR9-PR12!
Come on out to the
June 24th Gathering at
Bethany UMC in
Gloucester Point

Balance

It is hard for us to walk physically if we do not have our balance. The same thing is true of our spiritual walk. One of the things that Emmaus has helped me to do is to keep my spiritual balance. Remembering the stool with the legs of piety, study, and action helps keep things in perspective for me. I find that it is easier for me to emphasize one or two of these areas and neglect the rest.

All three of the areas are needed. Piety helps us to draw closer to God. We allow God to have a closer relationship to us as we spend time in worship and devotional time. Study helps us to get a full view of God. As we learn more about God we find out more about who God is and how we live out our relationship. Our study is where our piety and study are put to work. Our actions can show people the love of Jesus and how our lives have been changed because of Him

When I allow myself to become unbalanced by neglecting any of the three areas for very long I find that I have problems. All three areas are needed for me to grow spiritually. The Reunion Group helps to keep me from ignoring this balance. Each week going to Reunion Group helps to hold me accountable when I examine how I have done in my piety, study and action. I pray that you are doing well in all three areas.

DeColores,
Bob

REGISTRAR'S REPORT

Glad to say that there are already about 20 applications turned in for PR 42 for the Women's Walk on August 18-21. However, there is still time enough to turn in some more.

The cut off date is July 18th, and the official letters of invitation will be sent out then. Applications need to contain the \$25 Pilgrim fee. The Sponsor's portion is now \$150, which may be paid any time after the letters are sent out or at the latest at the Sponsorship Hour. The Lay Director for PR 42 is Lorrie Peckham.

There are also lots of Pilgrim spaces to fill for the fall walks, and applications are welcome as soon as possible. Men's Walk PR 43 is October 13 - 16 with Ron Rumsey as the Lay director. Women's Walk PR 44 is Oct. 27 - 30 with Doe Hart as the Lay Director. Again, please remember that the sponsor's portion of fees is now \$150. As always, you may contact me by email at JKVBernstrom@aol.com or at my home phone (757) 850-8505.
Jean Bernstrom, Registrar

Feed My Sheep...

Life is just too full, too much to do and not enough time. As I ponder my 4th Day responsibilities I think Lord how can I do all that I have to do? Jesus says "Feed my Sheep" -- NOT when you have time or if you think about it throw out some food. This is a commandment that although given directly to Peter also given to us. So, what do you have on your menu? Words of Kindness -- Acts of Generosity -- Thoughts of Humility.

It is the Living Water that continues to refresh and enable us to feed His Sheep. If we do not take the time to refresh our spirits with this Water our supply runs low and we find ourselves empty and grumbling. If you are going to grumble, grumble upwards. **For He knows your thoughts and cares about you.**

I love you guys!
Kandi Rowe
4th Day Chair

Gatherings Information

What do bright colors, joyful people, great praise music, and worship have in common? They'll all be present at Bethany UMC in Gloucester Point on Friday, June 24, when we'll come together as a community for our June Gathering. Make sure that you're one of those joyful people! I know the drive up Route 17 can be stressful; I do it everyday. But I promise you the stress will pass as soon as you hit the Coleman Bridge and you see the beauty of the evening sun over the York River!

In keeping with our recent announcement of recognizing Pilgrims from each of the PR Emmaus Walks since our community was formed in 1996, we're looking for Pilgrims from PR 9-12 on the 24th. Come prepared to share the standard Emmaus greeting of Name, Church, Walk and Table.

Mark your calendars now so that you don't forget! And by the way, bring a drink or some snacks to share in our time of fellowship after the Gathering.

Bethany United Methodist Church
Gloucester Point
Friday, June 24, 2005
7:00 PM

Last month I mentioned a special Saturday Gathering that would be held in July. While plans are still incomplete, put July 30 on your calendar. We'll gather at Magnolia UMC in Suffolk for a late afternoon/evening time of food, fellowship, and entertainment. Look for more details in the July newsletter, but put it on your calendar now!

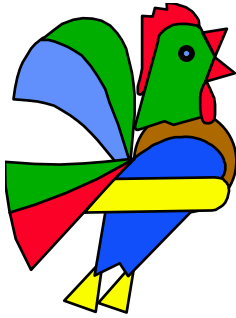
Looking further ahead:

- The August Gathering will be held in conjunction with the PR 42 Candlelight on Saturday, August 20, at LaCrosse Memorial Presbyterian Church.

DeColores,
Wayne Hunley, Gatherings Chair

2005 Peninsula Rainbow Emmaus Board of Directors

Community Spiritual Director:	Bob Sharpe
Spiritual Directors:	John Durkovich 804-725-4056 Becky Gwaltney 357-3567
Community Lay Director:	Chuck Leavines 757-850-2803
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Secretary:	Sharon Schwartzlow 220-0431
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Gatherings:	Wayne Hunley 890-0761
Agape:	Sara Price 757-595-6255
Supplies:	Boyd Easter 757-850-3139
Reunion Group:	Connie Schubert
Music Director:	Jeannie Hastedt 757-851-2789
Fourth Day:	Kandi Rowe 539-7916
Team Selection:	Betty Miller 898-7249
Newsletter:	Shannon Massey 757-686-2983
Community Support:	Patt Prillaman 757-595-6255



The next Peninsula Rainbow Emmaus Gathering will be held at 7:00 PM **FRIDAY, JUNE 24, 2005.**

Location: **Bethany United Methodist Church**
1860 Hayes Road
Gloucester Point, Virginia

2005 Walks at HOLY FAMILY RETREAT CENTER.
1414 Mallory Street, Hampton, VA. (1 mile north of Mercury Blvd.)

Comments or Questions?

OUR WEB SITE: www.premmaus.org

Or newsletter editor at "sha@moose-mail.com"

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ADDRESS CORRECTION REQUESTED