

Fifth Annual
Quail Creek Run
5k Run / Walk ~ 2k Fun Walk

Fifth Annual – February 14, 2009

Quail Creek Run

5k Run / Walk ~ 2k Fun Walk



Quail Creek Resort Community
Green Valley, Arizona

To Benefit:

The Community Food Bank
and
The Animal League of Green Valley

The 5k Run and 5k Walk are on a USATF certified course. The 2k Fun Walk is for casual walkers as well as dogs and their owners.

We expect the usual highly-competitive individual and friendly competitions, plus there will be valuable raffle prizes and a superb spread of post-race refreshments. Special events for dogs are planned. All dogs will receive a special event kerchief.

Special Entertainment: Music by Craig Pirrello from CS Productions

Awards: 5k Runners / Walkers – 1st & 2nd place male & female each age division, 1st place overall male & female & masters (over 40)

Prizes: 1st place overall Male & female & Masters (over 40)

Special Prize: Male and Female most appropriately costumed for the day.



Raffle Prizes: Entrants over 18 are eligible for the prize drawings. Additional raffle tickets are available for purchase.

Age Groups: All ages welcome. The 5k Run / Walk have 10 age divisions.

Start Times*:

7:30 - 8:45 a.m. Race-day Registration

8:45 – 9:00 a.m. Warm up

9:00 a.m. All Races Start

Dogs: (2k Fun Walk)

- Dogs must be leashed during entire event.
- No retractable (Flexi) leashes
- No leashes longer than 6'
- Rabies vaccines must be current.
- One dog per walker
- No dogs "in heat"

- Event officials reserve the right to refuse aggressive dogs
- Clean up after your pet.

Fee:

\$25 – Early Registration

\$15 – 18 to 6 years (mail-in or in person)

\$30 – Day of Race

Children 5 years & under free

Dogs walk for free.

Registration fee includes race entry, 1 Raffle Ticket and T-shirt (T-shirt deadline** is 1/26/09).

Important Dates

Feb. 13 – Early Registration ends

Feb. 11 – On-line Registration ends at 5 p.m.

Feb. 11 & 13 Early Pick-up of T-shirts and race bibs at the Madera Clubhouse (check website or call for times)

For more information call: Event Coordinator, Mary Ellen Pruess at 399-2314 or quailcreekrun@cox.net

* All start times are tentative! Please check the website or call before race day for confirmed start times.

** All registrations received after this date will not be guaranteed a t-shirt at the event

Additional entry forms and course map available on-line at: <http://members.cox.net/quailcreekrun/>

Quail Creek Run Registration Form

Fill Out Completely • One Entrant Per Form • Copies Okay • No Refunds

Make checks to: Quail Creek Run

Mail to: Q.C. Run 1133 N Desert Deer Pass, Green Valley, Arizona 85614

Mailed-in Registration forms must be received by: February 12, 2009

First Name

Last Name

Address

City/Town

State

Zip

Age

Gender m/f

 @ .

Email Address

Phone Number

Shirt Size S M L XL XXL

Entering: 5k Run M F 5k Walk M F
 2k Fun Walk - without dog 2k Fun Walk - with dog Dog's Name _____

This is my 5th year in the QC Run – **Special Honor given to “Five-timers”**

Fees: Registration Fee – Includes T-shirt & 1 Raffle Ticket – T-shirt deadline 1/26/09** \$25
 18 years and under – Includes T-shirt \$15
 Day of Race 2/14/09 \$30
 Additional Shirts (\$10 each) Size/s _____ \$ _____
 Donations are very much appreciated \$ _____
 Additional Raffle Tickets (\$1/ each or 6/\$5) Quantity _____ \$ _____

Total Amount Enclosed \$ _____ Method of Payment Cash Check Check # _____

**** T-shirt Deadline is Jan 26 – All registrations received after this date will not be guaranteed a t-shirt at the event.**

Please read and sign:

With my signature, I acknowledge that I know that participating in this event is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of the event officials relative to my ability to safely complete the event. I assume all risks associated with participating in the event, including, but not limited to, falls, contact with other participants, spectators or dogs, the effects of the weather, including heat and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. I understand that bicycles, skateboards, roller-skates or blades, and radio headsets are not allowed in the race and I will abide by this guideline. Having read this Waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release Robson Communities, Inc. and the Town of Sahuarita and its agencies and departments, and race directors, staff, volunteers, all sponsors, their representatives and successors, from claims and liabilities of any kind arising out of my participation in this event or related activities, even though such claim or liability may arise out of negligence or carelessness on the part of any of the foregoing persons or entities. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose without remuneration.

_____/_____
 Signature of Participant (or parent/guardian if under 18) Date

<u>Official Use Only</u>	
Date Received	_____
Received by	_____
Race Bib #	_____