

BOOK *of the* Year AWARDS

2. Health Promotion Throughout the Life Span

By Carole Lium Edelman and Carol Lynn Mandel. 6th edition. St. Louis, Mosby Elsevier.

This volume addresses health and prevention for all ages and populations.

- Calls attention to multicultural concerns
- Uses the framework of Gordon's functional health patterns for assessment
- Offers care plans and helpful tips appropriate for students

3. International Public Health: Diseases, Programs, Systems, and Policies

Edited by Michael H. Merson, Robert E. Black, and Anne J. Mills. 2nd edition. Sudbury, MA, Jones and Bartlett.

The authors highlight the greatest global public health challenges—reproductive health, infectious disease, and nutrition—and offer possible solutions.

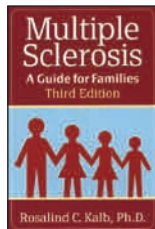
- Provides case studies and discussion questions for each chapter
- Emphasizes the role of agencies in health policy
- Contains tables and maps to illustrate the scope of global public health issues

CONSUMER HEALTH

Chosen by Nancy Evans, BS, health science consultant, San Francisco

1. Multiple Sclerosis: A Guide for Families

By Rosalind C. Kalb. 3rd edition. New York, Demos Medical.



The many emotional, cognitive, sexual, and family issues involved in living with multiple sclerosis are examined in this up-to-date and clearly written text.

- Provides practical advice on topics such as making the most of physician visits and evaluating long-term care options
- Offers clinical and practical experience from patients living with the disease
- Presents information in a format that's more accessible to the visually impaired

2. Alzheimer's Disease: A Handbook for Caregivers, Family and Friends

By Patricia R. Callone, Barbara C. Vasiloff, Connie Kudlacek, Janaan Manternach, and Roger A. Brumback. New York, Demos Medical.

This practical, insightful resource examines, credibly and with compassion, the challenges of caring for someone with Alzheimer disease.

- Provides possible solutions to common problems of caregiving
- Simplifies complex concepts and analyzes various caregiving styles
- Emphasizes nurturing rather than mourning the individual

3. Facing the Cognitive Challenges of Multiple Sclerosis

By Jeffrey N. Gingold. New York, Demos Medical.

The author gives a concise and riveting first-person account of the cognitive effects of multiple sclerosis.

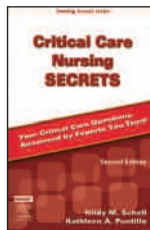
- Explains how to obtain appropriate professional and personal support
- Recommends strategies for handling cognitive disabilities
- Places multiple sclerosis in a human, rather than clinical, context

CRITICAL CARE—EMERGENCY NURSING

Chosen by Polly Gerber Zimmermann, MS, MBA, RN, CEN, FAAN, assistant professor, Harry S. Truman College, Chicago

1. Critical Care Nursing Secrets

By Hildy M. Schell and Kathleen A. Puntillo. 2nd edition. St. Louis, Mosby Elsevier.



A book for generalists and specialists, novices and experienced nurses, this updated edition has nine new chapters.

- Shares the best “tricks of the trade” in question-and-answer format
- Clarifies essential information for critical care patient management
- Serves as a useful review for certification in critical care nursing

2. AACN Protocols for Practice: Care of Mechanically Ventilated Patients

Edited by Suzanne Burns. 2nd edition. Sudbury, MA, Jones and Bartlett.

This is a welcome, authoritative, and evidence-based reference on the care of patients on mechanical ventilation.

- Discusses occupational hazards, ethical considerations, and competency issues
- Ranks recommendations and is a needed step toward nationwide standardization
- Includes an annotated bibliography

3. RNotes: Nurse's Clinical Pocket Guide

By Ehren Myers. 2nd edition. Philadelphia, F. A. Davis.

For its breadth and depth in covering the whole spectrum of care—from routine to emergency—this easily accessible resource is recommended.

- Covers standardized tools and assessment guides
- Is compact and has color-coordinated sections and wipeable pages
- Provides helpful illustrations