

# San Marcos High School Pre-Season Basketball Syllabus

- Instructors:** Jarrod Bradley, John Slavin and Will Gulley
- Dates:** Weekdays through November 9, 2007
- Times:** 6:15 – 7:30 AM (gym); 1:45 – 2:30 PM (weight room and track)
- Absences:** Due to the importance of learning individual fundamentals and team concepts, regular attendance is important and mandatory. Students should take initiative if absent, including calling the coach to inform him as much in advance as possible.
- Materials:** Blue three-ring binder with 5 dividers, paper, pencil, pen, basketball shoes, ankle braces (Varsity players), basketball shorts and reversible jersey. These materials should be brought **EVERY DAY**.
- Format:** Due to the overwhelming number of injuries, risk of sunburn, poor air quality (fires) and inability to practice specific fundamentals (shooting, drawing charges, diving for loose balls, etc), we will practice in our gym with use of our new NOAH Basketball shooting system. Due to CIF rules, we will have to use the gym before school hours in what will be a zero period. During fourth period, we will work on our conditioning on the track and our strength in the weight room. Please plan to pick up your son or arrange for a carpool at 2:30 PM.
- Lockers:** Each player will be able to have a small locker in the locker room in which to store shoes, a towel, toiletries, etc. Valuables should not be stored in these lockers. At the end of the week, players should take all clothes and towels home for laundering. There shall be **NO HORSEPLAY** in the locker room.
- Grading:** The final course grade for each term will be determined by attendance, attitude, effort, keeping a playbook/notebook, execution of fundamentals and written quizzes.

Attendance, Attitude and Effort	25%
Execution of Fundamentals	25%
Playbook/Notebook	25%
Quizzes	25%

- Spirit Packs:** Spirit packs consisting of two t-shirts, two muscle t-shirts, a sweatshirt and an athletic bag will be ordered the second week in September. Cost to players is \$100.
- Fundraising:** Players on each team are responsible for fundraising to cover program costs. The amount of fundraising depends on the level played according to the following:

Frosh/Soph	\$400
Junior Varsity	\$450
Varsity	\$500

Fundraising opportunities include banner sales, the San Marcos Invitational Over-35 tournament as well as program advertisement sales. Forms for these fundraising opportunities may be downloaded from the web site. In lieu of these opportunities, players and parents may also write a check for the amount above. Fundraising ends Monday, October 29, 2007.

**Website:** [www.smhoops.net](http://www.smhoops.net)

**Contact:** Email and cell phone are the preferred modes of communication. Because of sharing of classroom space, it is possible that I may not get your message for a couple days if you call my classroom extension.

Email	<a href="mailto:shoshaggy@cox.net">shoshaggy@cox.net</a>
Cell	453-1393
Classroom	967-4581 ext 275

