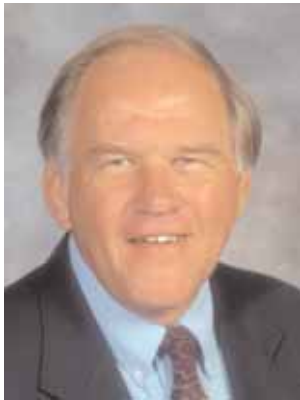




Meetings are held on the 1st and 3rd Tuesday of each month starting at 12:15 p.m. at the Holiday Inn and Conference Center, Mercury Blvd. & I-64, Hampton, VA

President's Message



Lions Don Fuller, Don Smith, myself and one other golfer competed in the Lions Golf Tournament at Fort Eustis on Friday, October 24 before the District 24-D Fall Conference started. We did not finish in the top three teams based on our net score, but we did have fun and won several door prizes.

Lion Don Fuller and I attended the Region I Meeting in Williamsburg on November 4. At this meeting our Club received a Governor's Achievement Award for Lions Year 2007-2008. The Award was based on our Club earning more than 8,000 points from all our activities. All members are to be congratulated!

Our Club's Christmas Party is scheduled for the Hampton Yacht Club on Monday, December 15, from 6 to 8 p.m. Members attend free-of-charge, but spouses/guests must pay \$20 each. Please let Lion Patsy know if you are attending and if you are bringing any guests.

Don't forget to get your Peeler Card monies to Lion Patsy by our next meeting on November 18, 2008. Lion Don Smith still has 20 books of LOVF raffle tickets left to distribute. Lion Doug will be collecting the LOVF ticket monies between now and next Spring.

I strongly encourage everyone to actively find new members for the Hampton Mercury Lions Club. We need additional support if we plan to continue our many activities.

Best regards,

Lion Tom



Veterans' Day, Tuesday, November 11, 2008

Honor those who have and continue to serve and protect our freedom; be mindful of the sacrifices they have made for our Nation.

Thanksgiving Day, Thursday, November 27, 2008

Give thanks and count your many blessings on this great American holiday. If you are traveling, please return to us safe and sound!





Calendar

November

- 4 12:15 PM Membership Meeting
Board of Directors Meeting follows
- 11 VETERANS' DAY
- 18 12:15 PM Membership Meeting
Deadline for Peelers monies!
- 27 THANKSGIVING DAY

December

- 2 12:15 PM Membership Meeting with program
presented by Hampton Mayor
Board of Directors Meeting follows
- 7 PEARL HARBOR REMEMBRANCE DAY
- 15 6:00 - 8:00 PM Christmas Party
- 21 FIRST DAY OF WINTER
HANUKKAH BEGINS AT SUNDOWN
- 16 MEMBERSHIP MEETING CANCELLED
- 25 CHRISTMAS DAY
- 26 KWANZAA BEGINS

Lion Grace McGee Is Now A Proud Grandmother



Evelyn Grace Sickles a/k/a Gracie was born on August 28, 2008 at 11:54 a.m. She weighed 6lbs 9 oz and measured 20 inches long. Gracie's proud parents are Zachary Sickles & Ashley Wilson. They reside at 212 Woodridge Street, Morgantown, WV 26505.

Here is a photo of Gracie taken in her Halloween costume. Time sure flies. Look how she has grown!



Congratulations to Lions Grace and Jim McGee and family on this wonderful new addition. She's a real beauty!



REMINDERS

Peeler sales monies are due to be turned in to Lion Patsy Dwyer at our meeting on Tuesday, November 18th.

Lion Don Smith has 20 books of LOVF tickets that need to be sold. Let him know if you are willing to take some of these and sell them. This is one of our fundraiser activities and your support is needed. Lion Doug Dwyer will collect sales monies through next Spring

We will not have a general meeting on December 16 because of the Christmas Party on December 15.

Belated wishes to Lion James McGee whose birthday was on October 25th!

November birthday wishes to Lion Maria Scott on the 17th and Lion Susie Parr on the 25th!

To each of you, our very best wishes for a joyous day with many more to come...

HAPPY Birthday!

Eyeglass Recycling Center Has New Hours

TheEyeglass Recycling Center's new hours of operation are: Monday, Tuesday, Thursday, and Friday from 11 A.M. to 5 P.M. They are closed on Wednesday.. Volunteers are always needed at the Center, so try to stop by and lend a hand.



Welcome New Lion George Papadakis



Meet Lion George Papadakis, Hampton Mercury Lions Club's newest member. Lion George was sponsored by Lion Fred Jackson. He is a Towne Bank Mortgage Officer, single, and lives on Bradley Drive in the Dandy Area of Yorktown. He was inducted by Past District Governor Lion Dick Knox at our October 21st meeting. Lion George signed up to attend the Region I meeting on Tuesday, November 4. We look forward to serving with this new Lion.

Thanks to Lion Don Fuller for providing the information on Lion George and to Lion Grace McGee for the photos she took with her cell phone to catch these special moments for us.



News from Lions Clubs International



New Lions Green Team projects are hands-on, high-visibility initiatives such as community clean-ups, tree plantings, recycling, education efforts. Green project suggestions appear: http://www.lionsclubs.org/EN/content/programs_cult_envIRON.shtml



Lions Environmental Photo Contest illustrates the beauty of nature. Submit a photo to your club-level contest. One photo per club advances to the district, multiple district, and international competitions.

http://www.lionsclubs.org/EN/content/environment_photo_contest.shtml



New LIONS CREW AT WORK projects include repairing and improving non-profit community centers, shelters for homeless persons or battered women, food pantries, schools for disabled children, summer camps for "at risk" youth, parks, or playgrounds.

http://www.lionsclubs.org/cms/staging/EN/content/programs_community_crew.html



The 31st Annual Lions Day with the United Nations (UN) event will be held Friday, March 13, 2009 at UN Headquarters in New York. This is your last opportunity to tour the historic building prior to its renovation.

http://www.lionsclubs.org/EN/content/programs_int_ldun2.shtml



LIONS ALERT encourages clubs to develop a plan of action in the event of a natural, man-made, or healthcare emergency. Contact your local authorities. Ask how your club can help. http://www.lionsclubs.org/EN/content/alert_program.shtml

Lions Emergency/Non-Emergency Assistance is a Web-based location for the exchange of materials and volunteer services for Lions emergency and non-emergency projects.

http://www.lionsclubs.org/EN/content/lions_assistance.shtml



Ninth Annual Lions Performance Festival will occur during the 92nd Annual Lions International Convention, July 6-10, 2009 in Minneapolis, Minnesota, USA. Talented Lions and Leos can volunteer to share their culture.

http://www.lionsclubs.org/EN/content/annual_performance_festival_05.shtml



International Club Twinning is a voluntary and mutual agreement of friendship between Lions or Leo clubs in different countries.

http://www.lionsclubs.org/EN/content/programs_int_twinning.shtml

For additional program information, e-mail: programs@lionsclubs.org

The Hampton-Mercury Lions Christmas Party will be at the Hampton Yacht Club on Monday, December 15, 2008. A sea food caterer will provide assorted sea food delights. Club Members are FREE and guests are \$20 each. Please do your best to attend, this is a great time to get together for some fun and fellowship. Bring a friend or family member with you. Attention MALs, you should take this opportunity to join your fellow Lions; as members you can attend free of charge but must pay \$20 for each guest you bring with you. Make sure you sign up to attend this event. It is important for your to make your intentions known so adequate amounts of food and drink will be provided. Hope to see you there!



Zone B Chairman Lion Ray Yannello Reports

Warwick location change. Cheer's in Oyster Point area has closed, so Warwick Lions Club has changed its General Meeting location to "Slightly Up The Creek" on Deep Creek Road. This is a permanent location, but they can still be bounced in favor of larger events, so check with Club President Pat Morrell before visiting to ensure you have the correct location, (757) 930-3299.

James City location change. In order to keep meal costs at a minimum, the James City Lions club has moved its breakfast meeting next door to the Gazebo Pancake House. This is right next door to the Holiday Inn they used to meet at.

Hampton Roads Lions Club Service Area. It was with deep regret that DG Doug Mueller has accepted the decision to close the doors on the Hampton Roads Lions Club. Some of the members will transfer to the Phoebus Lions Club and the DG would ultimately like to start a Branch Club in the former Hampton Roads service area of Newport News, but until that time, the service area of Hampton Roads will revert back to its parent, the Newport News Host Lions Club.

Williamsburg New Town Lions Club is up and operational. They are on the LCIF web site and are meeting at noon on the 2nd & 4th Wednesday of the month at Center Street Grill on Center Street & Courthouse Road in Williamsburg. New Town's Charter Night was Friday, October 10, 2008. A personal thanks to all who attended and a big thanks to James City & Poquoson Lions Clubs for their cash donations, the DG who donated the Lion Tamer Bank, and most of all to the club sponsor, Williamsburg Lions Club for the donation of the Club Banner, Bell, & Gavel. It was a great time for all at the Charter Night and we look forward to great things from the District's newest club.

Membership. The Zone membership has dropped a total of 30 during the first quarter (Jul-Sep) of the year. Many of the drops were a result of the Internet Branch Club

being dissolved by Phoebus (drop from 73 to 32 members or a loss of 41 members). These losses were off-set by the addition of the New Town Club's 23 members. We'll take another hit as we absorb the loss of the Hampton Roads clubs 10 members, though I expect some will transfer to Phoebus. York is the only club of our 13 original clubs showing a net gain (2 transfer members from Denbigh), plus 7 clubs have maintained 2007 membership levels and some are ready to induct new members in the coming months.

Split of Zone B. There has been some movement on splitting Zone B into two Zones. VDG Gary Rapier has asked the Williamsburg club if it has a candidate for Zone Chairman of the Zone B-West next year. While nothing is official, it appears the VDG wants to complete this action before the next Lions year begins. The three Williamsburg/James City County clubs along with New Kent would be in the West Zone and the East Zone would include the 8 clubs of Hampton and Newport News. Poquoson and York are the wild cards at this point (or maybe we'll form a Zone B-North).

Member Health and Welfare. We often take our own health and that of our members for granted. It behooves us to keep track of our absent members if for nothing else to ensure they are well and not in need of assistance. It would also be nice to know about the death of members before we read about it in the Knights Vision. Please let the Cabinet Secretary & Club Presidents know about the death or serious illness of a member. And on that note:

PID Moon Kosjer, (Wards Corner Lions Club) has been re-admitted to the Virginia Beach General Hospital, room 307 and we know he would appreciate your thoughts & prayers during his fight with cancer. His home address is 3100 Shore Drive, Room 272, Virginia Beach, VA 23451.

Lion Pat Morrell, (Warwick Lions Club) is bed ridden for the next few weeks and will be out of action for the foreseeable future. She is suffering from complications involved with constant wheel chair use and periodically must be confined to bed until her body recovers. Please join me in hoping for a speedy recovery and a quick return to the "Pride".

Please keep Lion Tom Duvall, (Churchland Lions Club) in your thoughts & prayers during his extreme illness. His address is 3332 Mapleton Crescent, Chesapeake Va. 23321.

Also remember in your prayers

Lion James Montgomery, the last living and active Charter member of the Warwick Lions Club, who passed away August 29th, 2008.

**If you have an item
you'd like to appear in
this newsletter ...**



Lion Susie, Editor

Special Notice

Hampton Mercury Lions will be honored to have Hampton Mayor Molly Ward as their speaker at the Membership Meeting to be held on Tuesday, December 2nd. Invitations have been issued to the other Hampton Lions Clubs to attend this meeting. Please plan to attend!



WARNING About Food Mixes

Check the expiration dates on packages like pancakes and cake mixes that have yeast which over time develop spores. Go through all food and toss out anything that is past the "use before date"! Talk about frightening; the cause of death due to anaphylactic shock reaction to molds is more common than you think. Here is a typical story.

I recently made a batch of pancakes for my healthy 14-year-old son, using a mix that was in our pantry. He said that they tasted 'funny,' but ate them anyway. About 10 minutes later, he began having difficulty breathing and his lips began turning purple. I gave him his allergy pill, had him sit on the sofa and told him to relax. He was wheezing while inhaling and exhaling. My husband, a volunteer Firefighter and EMT, heated up some water, and we had my son lean over the water so the steam could clear his chest and sinuses. Soon, his breathing became more regular and his lips returned to a more normal color. We checked the date on the box of pancake mix and, to my dismay, found it was very outdated. As a reference librarian at an academic institution, I have the ability to search through many research databases. I did just that, and found an article the next day that mentioned a 19-year-old male DYING after eating pancakes made with outdated mix. Apparently, the mold that forms in old pancake mix can be toxic!

When we told our friends about my son's close call, we were surprised at the number of people who mentioned that they should check their own pancake mix since they don't use it often, or they had purchased it some time ago. With so many people shopping at warehouse-type stores and buying large sizes of pancake mix, I hope your readers will take the time to check the expiration date on their boxes. Also, beware of outdated Bisquick, cake, brownie and cookie mixes.

Evidently this is more common than most folks ever knew. Check those dates ... better safe than sorry!



**Happy
Thanksgiving!**

Lion Doc's Corner

This morning on the freeway, I looked over to my left and there was a woman in a brand new Cadillac, doing 135 mph with her face up next to her rear view mirror, putting on her eyeliner. I looked away for a couple seconds, and when I looked back, she was halfway over in my lane, still working on that makeup.

As a man, I don't scare easily. But she scared me so much; I dropped my electric shaver, which knocked the donut out of my other hand. In all the confusion of trying to straighten out the car...using my knees against the steering wheel, it knocked my cell phone away from my ear which fell into the coffee between my legs, splashed, and burned big Jim and the twins, ruined the damn phone, soaked my trousers, and disconnected an important call.

Those darn women drivers!!



A day without a smile is like a
day without sunshine!

The late Lion Doc Clodfelter had a truly wonderful sense of humor. This column was Lion Doc's idea. Let's keep it alive by sharing items that bring smiles. Please send your contributions to Lion Susie Parr at SueParr@Cox.Net.



Lion-O-Type is the monthly newsletter of the Hampton-Mercury Lions Club. Lions are encouraged to submit information and/or articles for publication. Deadline for submissions is the second Club membership meeting of each month.

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