

WEEKDAY MIDNIGHT

BLESSED is our God always,
now and ever, and unto ages of ages.

Reader: Amen.

Glory to You, our God, glory to You!

O HEAVENLY KING, the
Comforter, the Spirit of Truth,
who are in all places and fill all things;
Treasurer of blessings and Giver of
life, come and dwell within us, and
cleanse us from every blemish, and
save our souls, O Blessed One.

HOLY GOD, Holy Mighty, Holy
Immortal, have mercy on us. *3*
times

Glory to the Father and to the Son
and to the Holy Spirit, now and ever
and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on
us; O Lord, cleanse us of our sins; O
Master, forgive our transgressions; O
Holy One, come to us and heal our
infirmities for Your name's sake.

Lord, have mercy. *3 times*

Glory to the Father and to the Son
and to the Holy Spirit, now and ever
and unto ages of ages. Amen.

OUR FATHER, who art in
heaven, hallowed be Thy name;
Thy kingdom come, Thy will be done
on earth as it is in heaven. Give us this
day our daily bread, and forgive us
our trespasses, as we forgive those
who trespass against us, and lead us
not into temptation, but deliver us
from the evil one.

Priest: For Thine is the Kingdom

and the Power and the Glory of the
Father and of the Son and of the Holy
Spirit, now and ever and unto ages
of ages.

Reader: Amen.

Lord, have mercy. *12 times*

Glory to the Father and to the Son
and to the Holy Spirit, now and ever
and unto ages of ages. Amen.

Come, let us adore God, our King.

Come, let us adore Christ, our
King and our God.

Come, let us adore and bow down
to the Lord Jesus Christ Himself, our
King and our God.

Psalm 50

HAVE mercy on me, O God,
according to Your great mercy;
and according to the multitude of
Your compassions blot out my trans-
gressions. Wash me thoroughly from
my iniquity, and cleanse me from my
sin. For I acknowledge my iniquity,
and my sin is continually before me.
Against You only have I sinned and
done this evil before You, that You
might be justified in Your words, and
prevail when You are judged. For
behold, I was conceived in iniquities,
and in sins did my mother bear me.
For behold, You have loved truth; the
hidden and secret things of Your
wisdom You have made clear to me.
You shall sprinkle me with hyssop,
and I shall be made clean; You shall
wash me and I shall be made whiter
than snow. You shall make me to
hear joy and gladness; the bones

which have been humbled shall rejoice. Turn Your face away from my sins, and blot out all my iniquities. Create a clean heart in me, O God, and renew a right spirit within me. Cast me not away from Your presence, and take not Your Holy Spirit from me. Restore to me the joy of Your salvation, and with Your governing Spirit establish me. I shall teach transgressors Your ways and the ungodly shall turn back to You. Deliver me from blood-guiltiness, O God, who are the God of my salvation; my tongue shall rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth shall declare Your praise. For if You had desired sacrifice, I would have given it; with whole burnt offerings You shall not be pleased. A sacrifice to God is a broken spirit; a heart that is broken and humbled God will not despise. Do good, O Lord, in Your good pleasure to Sion, and let the walls of Jerusalem be built. Then shall You be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings. Then shall they offer bullocks upon Your altar.

Monday–Friday: Kathisma XVII (Psalm 118) in three Stases.

Saturday: Kathisma IX (Psalms 64-69) in three Stases,

After the third Stasis:

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Then Monday–Saturday

The Symbol of Faith

I BELIEVE in one God, the Father, Almighty, Creator of heaven and earth and of all things visible and invisible.

And in one Lord Jesus Christ, the Son of God, the Only-begotten, begotten of the Father before all ages. Light from Light, True God from True God, begotten, not created, being of one essence with the Father, by Whom all things were created. Who for us, and for our salvation came from heaven and was incarnate by the Holy Spirit of the Virgin Mary and became human. And was crucified for us under Pontius Pilate, and suffered and was buried. And on the third day, He rose, according to the Scriptures. And ascended to heaven, and sits at the right hand of the Father. And He shall come again with glory to judge the living and the dead, and His kingdom shall have no end.

And in the Holy Spirit, Lord Giver of Life, Who proceeds from the Father, Who with the Father and the Son together is worshipped and glorified, Who spoke through the Prophets. In One Holy, Catholic and Apostolic Church. I acknowledge one baptism for the remission of sins. I look for the resurrection of the dead. And the life of the world to come. Amen.

Holy God ... and the rest of the *Trisagion Prayers.*

On Monday through Friday we say these Troparia, but on a Feast or Post-festal Period, the Festal Troparion:

BEHOLD, the Bridegroom is coming in the middle of the



able confirmation of the Faith and the precious gift of our souls: Rejoice, for you held within your womb the Stone of life! Rejoice, O hope of the ends of the earth and aid of the sorrowful! Rejoice, O unwedded Bride!

Tuesday Lauds

O all-pure Virgin, exercise your maternal compassion, and save us by your supplications to your Son and our God!

Tuesday Vespers and Wednesday Matins

When she who bore the Lamb and Shepherd and Savior of the world beheld Him on the Cross, she said with tears: "The world rejoices at receiving redemption, but my innermost being burns as I see Your Crucifixion which You endure for all, O my Son and my God."

Wednesday Lauds

The Fruit of your womb, O all-pure one, is the fulfillment of the prophets and the law; therefore, glorifying you with understanding, we piously magnify you as the Theotokos.

Wednesday Vespers and Thursday Matins

O all-pure Theotokos, O spiritual portal of life, deliver us who have recourse to you in faith, that we may glorify your all-holy birthgiving, unto the salvation of our souls.

Thursday Lauds

O all-pure Virgin, exercise your maternal compassion, and save us by

your supplications to your Son and our God!

Thursday Vespers and Friday Matins

When she who bore the Lamb and Shepherd and Savior of the world beheld Him on the Cross, she said with tears: "The world rejoices at receiving redemption, but my innermost being burns as I see Your Crucifixion which You endure for all, O my Son and my God."

Friday Lauds

The Fruit of your womb, O all-pure one, is the fulfillment of the prophets and the law; therefore, glorifying you with understanding, we piously magnify you as the Theotokos.

Friday Vespers and Saturday Matins

O Good One, for our sake, You were born of the Virgin and endured crucifixion: being God, You brought forth the Resurrection, trampling down death by Your death. Turn not away from us, whom You have fashioned with Your own hands; but show Your love toward mankind, O Merciful One and accept the intercessions of the Theotokos on our behalf, and save, O our Savior, a despairing people!

Saturday Lauds

O all-pure Virgin, exercise your maternal compassion, and save us by your supplications to your Son and our God!



night. Blessed is the servant he shall find awake. but the one He shall find neglectful will not be worthy of Him. Beware, therefore, O my soul! Do not fall into a deep slumber, lest you be delivered to death and the door of the Kingdom be closed to you. Watch instead, and cry out: Holy, holy, holy are You, O God. Through the intercession of the Theotokos, have mercy on us.

Glory.

Be vigilant, O my soul, at the thought of that fearful day; prepare your oil and keep your lamp burning, for you do not know when the voice will appear saying to you: Behold, your Bridegroom is here. Keep watch therefore, O my soul, and do not fall asleep, lest you be left at the door as were the foolish virgins of old. Be steadfast and vigilant so that in splendor you may meet Christ our God, and may He grant you entrance into the nuptial chamber of His divine glory.

Now.

We supplicate you, the unassailable Wall, and Confirmation of salvation, O Virgin Theotokos: to destroy the counsels of the enemies, to change the sorrows of your people to joy, to protect this habitation, and to ensure victory for Orthodox Christians, and to pray for the peace of the world, for you, O Mother of God, are our hope.

On Saturday these Troparia, Tone 2, but on a Feast or Post-festal Period, the Festal Troparion:

O UNCREATED Nature and Maker of the universe, open our lips and our mouths shall proclaim your praise by singing: Holy, holy, holy are You, O our God; through the prayers of all the Theotokos, have mercy on us.

Glory.

On earth we imitate the Powers on high, and we offer our hymn of victory to You as we sing: Holy, holy, holy are You, O our God; through the prayers of the Theotokos have mercy on us.

Now.

O Lord, You have wakened me from my sleep. Enlighten my heart and my spirit. Open my lips that I may praise You, O Holy Trinity: Holy, holy, holy are You, O our God; through the prayers of the Theotokos have mercy on us.

And then on all days:

Lord, have mercy. *40 times*

O CHRIST GOD, who at all times and at every hour, in heaven and on earth, are worshipped and glorified, who are long suffering, plenteous in mercy, most compassionate, who love the righteous and have mercy on sinners, who call all to salvation through the promise of good things to come: Receive, O Lord our prayers at this hour, and guide our life toward Your commandments. Sanctify our souls, make chaste our bodies, set aright our minds, cleanse our thoughts, and deliver us from every sorrow, evil, and pain. Encompass us with Your holy angels, so that guarded



and guided by their watch, we may attain to the unity of the faith and to the knowledge of Your ineffable glory: for You are blessed unto ages of ages. Amen.

Lord, have mercy. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, who as a Virgin gave birth to the Word of God, true Theotokos, we magnify you.

In the Name of the Lord, Father [Master], bless.

Priest: God, be gracious to us and bless us, and cause His face to shine upon us, and have mercy on us.

Reader: Amen.

IN GREAT LENT

On Monday–Friday, the Priest leads the Prayer of St. Ephraim the Syrian with prostrations:

O LORD and Master of my life! Take from me the spirit of laziness, despair, lust for power, and vain talking. *Prostration.*

But give to me, Your servant, the spirit of purity, humility, patience, and love. *Prostration*

Yes, Lord and King, grant me to see my own sins and not judge my brother. For blessed are You unto ages of ages. Amen. *Prostration*

O God, cleanse me a sinner and have mercy on me. *12 times.*

O Lord and Master of my life! Take from me the spirit of laziness, despair, lust for power, and vain talking. But give to me, Your servant, the spirit of purity, humility, patience, and love. Yes, Lord and King, grant me to see my own sins and not judge my brother. For blessed are You unto ages of ages. Amen. *Prostration.*

On Monday–Friday

Prayer of St. Mardarios

O SOVEREIGN GOD, the Father Almighty, O Lord, the Only Begotten Son, Jesus Christ, and You, O Holy Spirit, one Godhead, one Power, have mercy on me, a sinner, and by the judgments which You know, save me, Your unworthy servant: for You are blessed unto ages of ages. Amen.

On Saturday

Prayer of St. Eustratius

GREATLY will I magnify You, O Lord, for You have looked upon my humility and did not shut me up in the hands of the enemy, but have saved my soul from necessities. And now, O Master, let Your hand shelter me, and let Your mercy come upon me, for my soul is disquieted and pained at its departure from my wretched and foul body. May the evil counsel of the enemy never meet and hinder it in the darkness because of the sins that knowingly or unknowingly I have committed in this life. Be gracious unto me, O Master, and let not my soul see the murky and dark vision of evil demons, but let it be received by Your radiant and shining angels. Give glory to Your holy

Monday Lauds

You have surpassed the hosts of heaven, O blessed Theotokos, for you have been shown to be a divine temple, since you gave birth to Christ, the Savior of our souls.

Monday Vespers and Tuesday Matins

O Theotokos, we offer to you the cry “Rejoice!”; for, having given birth unto God, you have been shown to be more exalted than the angels.

Tuesday Lauds

Through the prayers of the Theotokos, grant peace to the life of us that cry out to You: O merciful Lord, glory to You!

Tuesday Vespers and Wednesday Matins

O Virgin Theotokos, unceasingly entreat Christ God Who was crucified for us and destroyed the dominion of death, that He save our souls.

Wednesday Lauds

Deliver us from the sins which hold us fast, O Theotokos, for we, the faithful, have no other hope than you and God Who was born of you.

Wednesday Vespers and Thursday Matins

The Fruit of your womb, O all-pure one, is the fulfillment of the prophets and the law; knowing this we piously glorify you, magnifying you as the Theotokos.

Thursday Lauds

The Fruit of your womb, O Bride of God, has been shown to men as the Way of salvation. Wherefore, glorifying you with mind and tongue, we the faithful, magnify you as the Theotokos.

Thursday Vespers and Friday Matins

O Virgin Theotokos, unceasingly entreat Christ God Who was cruci-

fied for us and destroyed the dominion of death, that He save our souls.

Friday Lauds

Deliver us from the sins which hold us fast, O Theotokos, for we, the faithful, have no other hope than you and God Who was born of you.

Friday Vespers and Saturday Matins

As you are the treasury of our resurrection, O all-hymned one, lead up from the pit and abyss of transgression those who trust in you, for you gave birth to our Salvation and have saved those who are subject to sin. A Virgin before giving birth, and during your birthing were virgin, you remain a Virgin even after giving birth.

Saturday Lauds

Rejoice, for you contained within your womb Him Whom the heavens cannot contain! Rejoice, O preaching of the prophets through whom Emmanuel shone forth! Rejoice, O Mother of Christ God!

Tone 8

Sunday Vespers and Monday Matins

Rejoice, for through the Angel you received the joy of the world! Rejoice, for you gave birth to your Creator and Lord! Rejoice, for you were found worthy to be the Mother of God!

Monday Lauds

Rejoice, O portal of the King of glory, through which the Most High alone passed, and which He sealed, for the salvation of our souls!

Monday Vespers and Tuesday Matins

O you faithful, with hymns let us magnify the Theotokos, the immov-

*Monday Lauds*

You accepted Archangel's swords and were shown to be the throne of the cherubim; and you bore in your arms the Hope of our souls, O Theotokos

Monday Vespers and Tuesday Matins

O good Virgin Theotokos, O hope of the world, we entreat your intercession which alone is mighty: take pity on us, a people left without an intercessor; beseech the merciful God that our souls be delivered from every threat, O only blessed one!

Tuesday Lauds

No one who has recourse to you, O all-pure Virgin Theotokos, departs from you ashamed; for he asks grace, and receives as gift for his profitable petition.

Tuesday Vespers and Wednesday Matins

O Virgin Theotokos, entreat your Son Christ our God, Who of His own will was nailed to the Cross and has freed the world from deception, that He have mercy on our souls!

Wednesday Lauds

The Son and Word of God, Who was begotten of the Father before the ages without mother, you bore in times past, incarnate of your pure blood without the aid of man, O Theotokos. Entreat Him that we be granted remission of sins before the end.

Wednesday Vespers and Thursday Matins

O holy Mistress, pure Mother of our God, who ineffably gave birth to the Creator of all: together with the sacred apostles ever entreat His grace, that He deliver us from the passions and grant us remission of sins.

Thursday Lauds

Great gifts were you granted, O pure Virgin Mother of God, for you

gave birth in the flesh to One of the Trinity: Christ, the Bestower of life, unto the salvation of our souls.

Thursday Vespers and Friday Matins

O Virgin Theotokos, entreat your Son Christ our God, Who of His own will was nailed to the Cross and has freed the world from deception, that He have mercy on our souls!

Friday Lauds

The Son and Word of God, Who was begotten of the Father before the ages without mother, you bore in times past, incarnate of your pure blood without the aid of man, O Theotokos. Entreat Him that we be granted remission of sins before the end.

Friday Vespers and Saturday Matins

Gideon foretold your conception, and David proclaimed your birthgiving, O Theotokos; for as the dew descended upon the fleece, so did the Word descend into your womb, and you, O holy ground, seedlessly put forth Christ our God, the salvation of the world, O Lady full of grace.

Saturday Lauds

The Son and Word of God, Who was begotten of the Father before the ages without mother, you bore in times past, incarnate of your pure blood without the aid of man, O Theotokos. Entreat Him that we be granted remission of sins before the end.

Tone 7*Sunday Vespers and Monday Matins*

O undefiled Virgin Theotokos, together with the hosts of heaven beseech your Son, that forgiveness of transgressions be granted before the end unto us who faithfully glorify you.



name, and by Your power lead me to Your divine judgment seat. When I shall be judged, let not the hand of the prince of this world take me in order to drag me a sinner down into the depths of hell, but stand near me, and be my Savior and Helper. Let these bodily torments be a joy for Your servant. Have mercy, O Lord, on my soul made foul with the passions of this life, and receive it cleansed through repentance and confession, for You are blessed unto ages of ages. Amen.

Then on all days we continue:

Come, let us adore God, our King.

Come, let us adore Christ, our King and our God.

Come, let us adore and bow down to the Lord Jesus Christ Himself, our King and our God.

Psalm 120

IHAVE lifted up my eyes to the mountains from where my help comes. My help comes from the Lord, who has made heaven and earth. Be not given to wandering in foot. May He not slumber who cares for you. Behold, He shall not slumber nor shall He sleep, He who sustains Israel. The Lord shall care for you, the Lord is your shelter at your right hand. The sun will not burn you by day, nor the moon by night. The Lord keep you from all evil; the Lord shall guard your soul. The Lord shall sustain your coming and going, from now and throughout the ages.

Psalm 133

BEHOLD now, bless the Lord, all you His servants, those who

stand in the house of the Lord, in the courts of the house of our God. During the night lift up your hands in prayer to the holy places and bless the Lord. The Lord bless you out of Sion, He Who made heaven and earth.

Glory. Now.

Holy God ... and the rest of the *Trisagion Prayers*.

Reader: Amen.

Prayers for the Departed

But on Feasts and Post-feasts, the Festal Kontakion

REMEMBER, O Lord, for You are good, Your servants and forgive them the sins they have committed in life; for there is no one who is sinless but You who are able to give repose to the departed.

O Creator, in the depth of Your wisdom, in Your love for mankind, You fashioned all things, and give to each what is for good. O Lord, grant rest to the souls of Your servants for they have placed their hope in You, our Creator, Sustainer, and our God.

Glory.

With the saints, give rest, O Christ, to the souls of Your servants, where there is no pain, nor sorrow, nor sighing, but life without end.

Now.

Through all generations we call you blessed, O Theotokos and Virgin; for the boundless Christ our God was pleased to be confined in you. Blessed are we also who have you to pray for us for you plead for us day and night



and the faithful are strengthened by your prayers. Therefore in singing to you we cry out: Hail, O Full of Grace, the Lord is with you!

Lord, have mercy. *12 times*

REMEMBER, O Lord, our relatives who have fallen asleep in the hope of resurrection and eternal life, and all who ended this life in piety and faith, and pardon them every transgression which they have willingly or unwillingly, in word or deed or thought committed, and settle them in a place of light, a place of refreshment, a place of repose, where every sickness, sorrow, and sighing are banished, and where from eternity the light of Your countenance is shining and gladdening all Your saints. Grant to them and to us Your kingdom, and participation in Your ineffable and eternal blessings, and the enjoyment of Your endless and blessed life: for You are the life, and the resurrection, and the repose of Your departed servants, O Christ our God, and to You we send up glory, with Your unoriginate Father, and Your most holy and good and life creating Spirit, now and ever and unto ages of ages. Amen.

Then these Troparia, Tone 6:

HAVE mercy on us, O Lord, have mercy on us; since we have no defense, we sinners offer this supplication to You as our Master: have mercy on us!

Glory.

O Lord, have mercy on us, for we have placed our hope in You. Do not

be very angry with us, nor remember our transgressions, but look upon us even now with mercy, and deliver us from our enemies, for You are our God, and we are Your people; we are all the work of Your hand and we call upon Your name.

Now.

Open to us the door of mercy, O Blessed Virgin Theotokos, that we who place our trust in you may not perish, but that through you we be delivered from misfortune, for you are the salvation of all Christians

Most glorious, ever Virgin Mother of God, present our prayer to your Son and our God, that He may save our souls.

The Father is our hope,
The Son is our refuge,
The Holy Spirit is our protection.

O Holy Trinity, our God, glory to You!

Dismissal

Priest: Glory to You, O Christ God our hope, glory to You.

People: Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy. *3 times*

Father [Master], bless.

Priest: May [He who rose from the dead,] Christ our True God, through the prayers of His most pure Mother and all the saints, have mercy on us and save us, for He is good and loves mankind.

People: Amen.



Monday Vespers and Tuesday Matins

Show forth your ready aid, help, and mercy upon your servants, O pure one; still the waves of vain thought, and raise up my fallen soul, O Theotokos, for I know, I know, O Virgin, that you can do whatsoever you will.

Tuesday Lauds

O all-holy Mother of God, O bulwark of Christians: as ever deliver your people who earnestly cry out to you; war against our shameful and prideful thoughts, that we may cry out to you: Rejoice, O Ever-virgin!

Tuesday Vespers and Wednesday Matins

Through the Cross of your Son, O Lady full of the grace of God, the deception of idolatry has been utterly abolished, and the might of the demons has fallen; wherefore, we, the faithful, ever hymn and bless you as is meet, confessing you to be the true Theotokos.

Wednesday Lauds

O Christ God, Who shone forth upon the world from the Virgin and have shown us forth as children of the light: have mercy on us!

Wednesday Vespers and Thursday Matins

The strange and saving mystery of the Virgin has been shown forth unto the world: for from her You were born without seed, and showed Yourself forth in the flesh without corruption. O Lord and Joy of all, glory to You!

Thursday Lauds

O all-holy Mother of God, O bulwark of Christians: as ever deliver your people who earnestly cry out to you; war against our shameful and

prideful thoughts, that we may cry out to you: Rejoice, O Ever-virgin!

Thursday Vespers and Friday Matins

Through the Cross of your Son, O Lady full of the grace of God, the deception of idolatry has been utterly abolished, and the might of the demons has fallen; wherefore, we, the faithful, ever hymn and bless you as is meet, confessing you to be the true Theotokos.

Friday Lauds

O Christ God, Who shone forth upon the world from the Virgin and have shown us forth as children of the light: have mercy on us!

Friday Vespers and Saturday Matins

Rejoice, impassable gate of the Lord! Rejoice, rampart and protection of those who have recourse to you! Rejoice, haven untouched by storms, who knew not wedlock, who gave birth in the flesh to your Creator and God! Fail not in your supplications for those who hymn and worship your birthing!

Saturday Lauds

O Christ God, Who shone forth upon the world from the Virgin and have shown us forth as children of the light: have mercy on us!

Tone 6

Sunday Vespers and Monday Matins

The announcement of Gabriel to the Virgin was the beginning of our salvation; for she heard "Rejoice!" and did not reject the salutation; she did not doubt, as did Sarah of old, but said: "Behold the maidservant of the Lord! Let it be to me according to your word!"

*Monday Vespers and Tuesday Matins*

To the Theotokos we, the sinful and lowly, now earnestly have recourse; and we fall down in repentance, crying out from the depths of our heart: O Mistress, take pity and have mercy upon us! Hasten, for we are perishing in the multitude of our transgressions! Do not turn your servants away empty, for we have you as our holy hope!

Tuesday Lauds

We magnify you, O Theotokos, crying aloud: You are the bush unburnt, in which Moses beheld the Fire of the Godhead as a flame!

Tuesday Vespers and Wednesday Matins

O all-immaculate Virgin, Mother of Christ God, a sword pierced your most holy soul when you beheld your Son and God willingly crucified. Ceaselessly entreat Him, O blessed one, that He grant us forgiveness of our transgressions.

Wednesday Lauds

We magnify you, O Theotokos, crying aloud: You are the mountain, from which the Stone has been ineffably cut that destroyed the gates of Sheol!

Wednesday Vespers and Thursday Matins

Christ our God, the Word of the Father, Who was incarnate of you, have we known, O Virgin Theotokos, who alone are pure, who alone are blessed. Wherefore, we unceasingly magnify you in song.

Thursday Lauds

In doubt how to hymn you worthily, O Theotokos who are more exalted than all creatures, we entreat you: freely have mercy upon us!

Thursday Vespers and Friday Matins

O all-immaculate Virgin, Mother of Christ God, a sword pierced your most holy soul when you beheld your Son and God willingly crucified. Ceaselessly entreat Him, O blessed one, that He grant us forgiveness of our transgressions.

Friday Lauds

We magnify you, O Theotokos, crying aloud: You are the mountain, from which the Stone has been ineffably cut that destroyed the gates of Sheol!

Friday Vespers and Saturday Matins

The mystery hidden from before the ages and unknown even to the angels, through you, O Theotokos, has been revealed to those on earth: God incarnate in unconfused union, Who willingly accepted the Cross for our sake and, thereby raised up the first-formed man, and saved our souls from death.

Saturday Matins

We magnify you, O Theotokos, crying aloud: You are the bush unburnt, in which Moses beheld the Fire of the Godhead as a flame!

Tone 5*Sunday Vespers and Monday Matins*

With the angels in heaven and with mankind on earth, we cry out to you with a cry of joy, O Theotokos: Rejoice, spacious portal of the heavens! Rejoice, O only salvation of those who are on earth! Rejoice, O pure one, full of grace, who gave birth unto the incarnate God!

Monday Lauds

O Christ God, Who shone forth upon the world from the Virgin and have shown us forth as children of the light: have mercy on us!



One of the two following Litanies is then said if Matins does not follow immediately

FIRST FORM

Priest: Forgive me, a sinner.

R: God forgive you, holy Father [Master]. Bless me, holy Father [Master], and forgive me a sinner.

Priest: May God, through His grace, have mercy on us all.

R: Amen.

Ψ Let us pray for the peace of the world.

R: Lord, have mercy. *Repeated slowly and softly throughout the Litany.*

Ψ And for pious and Orthodox Christians.

Ψ And for our lord the Right Reverend Bishop *or* Most Reverend Archbishop *or* Most Blessed Metropolitan *or if Patriarch* our great Lord and Father *Name or Names*, and all our brotherhood in Christ.

Ψ And for our divinely protected country, her authorities, and armed forces.

Ψ And for our fathers and brethren absent from among us.

Ψ And for those who hate us and those who love us.

Ψ And for those who are kind to us and minister unto us.

Ψ And for those who have requested our prayers, unworthy though we be.

Ψ And for the deliverance of captives.

Ψ And for travelers by land, sea, air, and in the vastness of the heavens.

Ψ And for those who lie in sickness.

Ψ And let us pray also for abundance of the fruits of the earth.

Ψ And for the soul of every Orthodox Christian.

Ψ Let us bless God-fearing leaders, Orthodox bishops, the founders of this holy church and our parents and teachers, and all our fathers and brethren gone before us, the Orthodox who here and everywhere lie asleep in the Lord.

Ψ Let us also say for ourselves.

R: Lord, have mercy. *3 times*

Priest: Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us.

R: Amen.

SECOND FORM

According to older books, especially the 1793 Pochaev Молитвенное Слово, the Forgiveness and final Litany is said thus:

Bowing down (or prostrating himself before all), the Priest says the Forgiveness:

Priest: Bless me, holy fathers, and forgive me a sinner, wherein I have sinned in word and deed and thought, and by all of my senses.

R: May God forgive and have mercy on you.

Likewise they make a reverence before him, and say:

Forgive me, holy Father [Master], and bless me, for whatever sins I have committed in all the days of my



life, and on this day. I have sinned immeasurably in soul and body, in sleep and idleness, by demonic darkness, by impure thoughts, by forgetfulness, and by judging. I have sinned in my heart and by all my senses, by hearing and sight, voluntarily and involuntarily; and there is no sin which I have not committed. But I repent of all these; forgive me, holy father, and bless me, and pray for me a sinner.

Priest: May God through His grace forgive and have mercy on us all.

℟. Amen.

℣. Let us pray for our lord the Right Reverend Bishop *or* Most Reverend Archbishop *or* Most Blessed Metropolitan *or if Patriarch* our great Lord and Father *Name or Names*, and all our brotherhood in Christ.

℟. May God save *him* and have mercy on *him*.

℣. For the ever-memorable and blessed founders of this holy temple [*or* of this holy habitation].

℟. May God save them and have mercy on them.

℣. For our spiritual fathers. [*But if it be a monastery, say:* For our father, the Abbot *Name*, and for all our brotherhood in Christ. *In a women's monastery,* For our mother, the Abbess *Name* and all our sisterhood in Christ.]

℟. May God save them and have mercy on them.

℣. For those who serve the Church.

℟. May God save them and have mercy on them.

Priest: For our divinely protected country, her authorities, and armed forces.

℟. May God prosper them and have mercy on them.

℣. For those sent to serve elsewhere, our fathers and brethren.

℟. May God prosper them and have mercy on them.

℣. For those who have served, and for all those who now serve in this temple [*or* in this holy habitation].

℟. May God save them and have mercy on them.

℣. For those who hate us and those who love us.

℟. May God forgive them and have mercy on them.

℣. For those who have given us alms, and have charged us, unworthy though we be, to pray for them.

℟. May God forgive them, save them, and have mercy on them.

℣. For all who are in sorrow, and who lie in infirmities, and who are in prison.

℟. May God raise them up, heal them, and have mercy on them.

℣. For those who are sick, and those who are suffering.

℟. May God save them and have mercy on them.

℣. For the deliverance of captives.



Monday Lauds

Where each one is saved, there does he rightly have recourse; and what other such refuge is there which protects our souls like you, O Theotokos?

Monday Vespers and Tuesday Lauds

O Theotokos, who alone are blessed, our refuge and strength, the mighty help of the world: by your supplications protect your servants from all want.

Tuesday Lauds

Where each one is saved, there does he rightly have recourse; and what other such refuge is there which protects our souls like you, O Theotokos?

Tuesday Vespers and Wednesday Matins

Having obtained the Cross of your Son as a staff of strength, O Theotokos, with it we cast down the arrogance of the enemy, and we unceasingly magnify you with love.

Wednesday Lauds

O Theotokos, who alone are blessed, our refuge and strength, the mighty help of the world: by your supplications protect your servants from all want.

Wednesday Vespers and Thursday Matins

The prophets preached, the apostles taught, the martyrs confessed, and we believe that you are truly the Theotokos; wherefore, we glorify your ineffable birthgiving.

Thursday Lauds

Where each one is saved, there does he rightly have recourse; and what other such refuge is there which protects our souls like you, O Theotokos?

Thursday Vespers and Friday Matins

Having obtained the Cross of your Son as a staff of strength, O Theotokos, with it we cast down the arrogance of the enemy, and we unceasingly magnify you with love.

Friday Lauds

O Theotokos, who alone are blessed, our refuge and strength, the mighty help of the world: by your supplications protect your servants from all want.

Friday Vespers and Saturday Matins

We hymn you who have mediated the salvation of our race, O Virgin Theotokos; for your Son and our God, accepting suffering on the Cross in the flesh He had received from you, has delivered us from corruption, in that He is the Lover of mankind.

Saturday Lauds

The prophets preached, the apostles taught, the martyrs confessed, and we believe, that you are truly the Theotokos; therefore, we glorify your ineffable birthgiving.

Tone 4

Sunday Vespers and Monday Matins

To her who was raised in the Holy of Holies in the Temple, and was arrayed in faith and wisdom and boundless virginity, Gabriel the supreme commander brought the salutation "Rejoice!" from heaven. Rejoice, O blessed one! Rejoice, O all-glorious one. The Lord is with you!

Monday Lauds

In doubt how to hymn you worthily, O Theotokos who are more exalted than all creatures, we entreat you: freely have mercy upon us!



show forth, as always, your power. For hoping in you, we cry “Hail” to you as once did Gabriel the supreme commander of the bodiless hosts.

Monday Lauds

O holy Mother of the ineffable Light: we piously magnify you, honoring you with angelic hymns.

Monday Vespers and Tuesday Matins

Through you, O Ever-virgin Theotokos, have we become partakers of the divine nature; for you gave birth for us to the incarnate God. Wherefore, we all piously magnify you as is meet.

Tuesday Lauds

We magnify you, O Theotokos, crying aloud: Rejoice, O cloud of the unwaning Light, who bore Him, the Lord of glory, in your womb!

Tuesday Vespers and Wednesday Matins

You are most glorified, O Theotokos, and we hymn you. For by the Cross of your Son, Sheol was cast down and death was slain. Having been put to death we were raised up, and were deemed worthy of life. We received paradise, the ancient bliss. Therefore in thanksgiving we sing to you: Hail, O Full of grace; the Lord is with you!

Wednesday Lauds

We magnify you, O Theotokos, crying aloud: Rejoice, O staff from which God, springing forth without seed, destroyed death on the Tree!

Wednesday Vespers and Thursday Matins

Through you, O Ever-virgin Theotokos, have we become partakers of the divine nature; for you gave birth for us to the incarnate God. Wherefore, we all piously magnify you as is meet.

Thursday Lauds

We magnify you, O Theotokos, crying aloud: Rejoice, O cloud of the unwaning Light, who bore Him, the Lord of glory, in your womb!

Thursday Vespers and Friday Matins

We hymn you, who are most glorious, O Virgin Theotokos, for through the Cross of your Son has Sheol been destroyed and death put to death; we mortals have arisen, and have been vouchsafed life and have received paradise, our ancient delight. Wherefore, giving thanks, we glorify Christ our God as mighty, Who alone is most merciful.

Friday Lauds

We magnify you, O Theotokos, crying aloud: Rejoice, O staff from which God, springing forth without seed, destroyed death on the Tree!

Friday Vespers and Saturday Matins

All of your most glorious mysteries are beyond comprehension, O Theotokos; for, your purity sealed and your virginity intact, you are known to be a true Mother, having given birth unto God. Him do you entreat, that our souls be saved.

Saturday Lauds

O holy Mother of the ineffable Light: we piously magnify you, honoring you with angelic hymns.

Tone 3*Sunday Vespers and Monday Matins*

Awed by the beauty of your virginity, and by the splendor of your purity, Gabriel cried aloud to you, O Theotokos: How can I praise you as I should? With what name shall I invoke you? I am troubled and amazed. Therefore as I am commanded, I cry to you: Hail, O full of grace!



℞. May God liberate them and have mercy on them.

℣. For those who travel by water, by land, by air, or in the vastness of the heavens.

℞. May God save and have mercy on them.

℣. And for the souls of all Orthodox Christians.

℞. May God forgive them and have mercy on them.

℣. And for the increase of the fruits of the earth.

℞. May God increase the fruits of the earth.

Except on a Feast we say the following six petitions for the departed:

℣. Let us remember those who have previously departed this life, [the Orthodox emperors together with the princes, and] the founders of this holy temple [*or* this holy habitation].

℞. May God remember them and grant them rest.

℣. Patriarchs, metropolitans, archbishops and bishops, and spiritual fathers.

℞. May God remember them and grant them rest.

℣. Our parents and relatives according to the flesh.

℞. May God remember them and grant them rest.

℣. And all who have previously reposed, our forefathers and fathers and brethren.

℞. May God remember them and grant them rest.

℣. And for all who have served in this holy temple [*or* in this holy habitation].

℞. May God remember them and grant them rest.

℣. And for all Orthodox Christians who have been laid to rest here and everywhere.

℞. May God remember them and grant them rest.

But we always conclude with this:

Superior: Through the prayers of Your most pure Mother, and of our holy fathers [*or* holy mothers], O Lord Jesus Christ, Son of God, have mercy on us.

℞. Amen. [Lord, have mercy. 3 times]

SUNDAY MIDNIGHT

BLESSED is our God always,
now and ever, and unto ages of ages.

Reader: Amen.

Glory to You, our God, glory to You!

O HEAVENLY KING, the
Comforter, the Spirit of Truth,
who are in all places and fill all things;
Treasurer of blessings and Giver of
life, come and dwell within us, and
cleanse us from every blemish, and
save our souls, O Blessed One.

HOLY GOD, Holy Mighty, Holy
Immortal, have mercy on us. *3*
times

Glory to the Father and to the Son
and to the Holy Spirit, now and ever
and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on
us; O Lord, cleanse us of our sins; O
Master, forgive our transgressions; O
Holy One, come to us and heal our
infirmities for Your name's sake.

Lord, have mercy. *3 times*

Glory to the Father and to the Son
and to the Holy Spirit, now and ever
and unto ages of ages. Amen.

OUR FATHER, who art in
heaven, hallowed be Thy name;
Thy kingdom come, Thy will be done
on earth as it is in heaven. Give us this
day our daily bread, and forgive us
our trespasses, as we forgive those
who trespass against us, and lead us
not into temptation, but deliver us
from the evil one.

Priest: For Thine is the Kingdom
and the Power and the Glory of the

Father and of the Son and of the Holy
Spirit, now and ever and unto ages
of ages.

Reader: Amen.

Lord, have mercy. *12 times*

Glory to the Father and to the Son
and to the Holy Spirit, now and ever
and unto ages of ages. Amen.

Come, let us adore God, our King.
Come, let us adore Christ, our
King and our God.

Come, let us adore and bow down
to the Lord Jesus Christ Himself, our
King and our God.

Psalm 50

HAVE mercy on me, O God,
and according to the multitude of
Your compassions blot out my trans-
gressions. Wash me thoroughly from
my iniquity, and cleanse me from my
sin. For I acknowledge my iniquity,
and my sin is continually before me.
Against You only have I sinned and
done this evil before You, that You
might be justified in Your words, and
prevail when You are judged. For
behold, I was conceived in iniquities,
and in sins did my mother bear me.
For behold, You have loved truth; the
hidden and secret things of Your
wisdom You have made clear to me.
You shall sprinkle me with hyssop,
and I shall be made clean; You shall
wash me and I shall be made whiter
than snow. You shall make me to
hear joy and gladness; the bones
which have been humbled shall re-
joice. Turn Your face away from my

DISMISSAL THEOTOKIA

Tone 1

Sunday Vespers and Monday Matins

Beholding within you the Won-
der of wonders, creation rejoices, O
Lady full of grace; for you conceived
without seed and ineffably gave birth
to Him Whom the ranks of angels
cannot see. Entreat Him in behalf of
our souls!

Monday Lauds

Rejoice, O Bride unwedded, most
pure Theotokos, who are blessed in
the heavens and glorified on earth!

Monday Vespers and Tuesday Matins

O Theotokos full of grace, who
conceived the divine Fire without
being consumed and gave birth with-
out seed to the Lord, the Source of
life: save those who magnify you!

Monday Lauds

Him who in manner past compre-
hension and recounting, was begot-
ten in the heavens without mother, to
Him you gave birth on earth without
father, O Theotokos. Entreat Him in
behalf of our souls!

Tuesday Vespers and Wednesday Matins

Possessing your intercession, O
all-pure one, delivered from evils by
your supplications, and protected
wholly by the Cross of your Son, we
all piously magnify you as is meet.

Wednesday Lauds

Rejoice, O Bride unwedded, most
pure Theotokos, who are blessed in
the heavens and glorified on earth!

Wednesday Vespers and Thursday Matins

O Theotokos full of grace, who
conceived the divine Fire without
being consumed and gave birth with-
out seed to the Lord, the Source of
life: save those who magnify you!

Thursday Lauds

Him who in manner past compre-
hension and recounting, was begotten in the
heavens without mother, to Him you
gave birth on earth without father, O
Theotokos. Entreat Him in behalf of our
souls!

Thursday Vespers and Friday Matins

Possessing your intercession, O
all-pure one, delivered from evils by
your supplications, and protected
wholly by the Cross of your Son, we
all piously magnify you as is meet.

Friday Lauds

Rejoice, O Bride unwedded, most
pure Theotokos, who are blessed in
the heavens and glorified on earth!

Friday Vespers and Saturday Matins

When Gabriel announced to you,
Rejoice! O Virgin, the Master of all
became incarnate within you, the holy
tabernacle, at His cry, as the right-
eous David said. You were shown to
be more spacious than the heavens,
having borne your Creator. Glory to
Him Who made His abode within
you! Glory to Him Who came forth
from you! Glory to Him Who has set
us free by your birthgiving!

Saturday Lauds

Him who in manner past compre-
hension and recounting, was begot-
ten in the heavens without mother, to
Him you gave birth on earth without
father, O Theotokos. Entreat Him in
behalf of our souls!

Tone 2

Sunday Vespers and Monday Matins

Since you are a fountain of com-
passion, grant us your mercy, O The-
otokos. Look on a sinful people and

to ascend the Cross in the flesh and deliver Your creatures from bondage to the enemy. Therefore with thankfulness we cry aloud to You: You have filled all with joy, O our Savior, for You have come to save the world.

Troparion of the Feast, Tone 1: O Theotokos...

Kontakion of the Holy Icon, Tone 8:
No one could describe the Word of the Father, but when He took flesh from you, O Theotokos, He accepted to be described and restored the fallen image to its former state by uniting it to divine beauty. We confess and proclaim our salvation in words and icons.

Another Kontakion of the Holy Icon, Tone 2:

O uncircumscribable Word of the Father, knowing the victorious image, unincised and divinely made, of Your ineffable and divine dispensation towards mankind, of Your true incarnation, we honor it with veneration.

Kontakion of the Feast, Tone 2: The tomb and death ...

23. Leavetaking of the Dormition.

29. Beheading of St. John the Baptist.

Troparion, Tone 2:

The remembrance of the just is worthy of praise, but the Lord's testimony is sufficient for you, O Forerunner, for it has shown that you are indeed more worthy of honor than the Prophets. You were found worthy to baptize the Lord whom you foretold. Thereafter, you suffered for the truth, and rejoicing, also announced the Good News to those in the abyss that God had appeared as man taking away the sins of the world, and granting to all of us the abundance of mercy.

Kontakion, Tone 5:

The glorious beheading of the Forerunner was part of God's saving plan that the coming of the Savior might be announced even to those in Sheol. Weep then, Herodias, that you asked for a wicked murder, because you loved neither God's law nor eternal life, but only the passing pleasure of life.

sins, and blot out all my iniquities. Create a clean heart in me, O God, and renew a right spirit within me. Cast me not away from Your presence, and take not Your Holy Spirit from me. Restore to me the joy of Your salvation, and with Your governing Spirit establish me. I shall teach transgressors Your ways and the ungodly shall turn back to You. Deliver me from blood-guiltiness, O God, who are the God of my salvation; my tongue shall rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth shall declare Your praise. For if You had desired sacrifice, I would have given it; with whole burnt offerings You shall not be pleased. A sacrifice to God is a broken spirit; a heart that is broken and humbled God will not despise. Do good, O Lord, in Your good pleasure to Sion, and let the walls of Jerusalem be built. Then shall You be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings. Then shall they offer bullocks upon Your altar.

Then the Canon to the Trinity from the Paraklikiti. If not available, we can use the following composite Canon.

Canticle 1, Tone 1

YOUR TRIUMPHANT right hand, in a manner fitting God, has been glorified in strength, O Immortal; for in its infinite strength it broke in pieces the enemy, and made a strange new way for the Israelites in the deep.

℞ O most holy Trinity our God,
glory to You.

One source three-personned the Seraphim glorify, without beginning, eternal, maker of all things, incomprehensible, whom every tongue faithfully honours in songs

℞ O most holy Trinity our God,
glory to You.

That You might show humanity your single Godhead with triple splendour, of old you fashioned it and formed it according to your image, giving it mind and reason and spirit, for you love mankind.

Glory.

Showing from on high the single might in three divine persons, Father, You spoke to Your co-equal Son and to the Spirit: "Come let us go down and confound their tongues."

Now.

As Mind, the Father who is unbegotten, was prophesied in image by the wise, as Word the consubstantial Son, and the Holy Spirit who in the Virgin caused the incarnation of the Word.

Canticle 3, Tone 2

THE DESERT, the barren Church from the nations, flowered like a lily, O Lord, at Your coming, by which my heart has been established.

We glorify You as being of equal honor with respect to Your Persons by reason of the equality of Your nature, O divine Sovereignty; for You are Life changelessly coming forth

from Life. Our God is one, and there is none holy but You, O Lord.

You established the unmaterial and heavenly orders as mirrors of Your beauty, that they might unceasingly hymn You, O Trinity, O indivisible and single Sovereignty. But receive now also the praise from our mouths of clay.

Establish upon the rock of faith the hearts and minds of Your servants, and enlarge them in the deep sea of Your love, O Unity of three Suns. For You are our God; hoping in You, may we not be put to shame.

Theotokion: He that of old invested with existence the whole substance of creation assumed existence in your womb in His boundless goodness, O Theotokos. And He has caused the thrice-radiant light of the one Divinity and Dominion to dawn upon all.

Lord, have mercy. *3 times.*
Sessional hymn, Tone 2:

O HOLY Trinity, have mercy on those whom You have fashioned, and deliver them from fire and all condemnation; for You can do all things, since You are a compassionate and greatly merciful God. Wherefore, we fall down before You, crying: We have sinned; forgive us, O Lover of mankind.

Glory. Now.

O PURE Virgin, have mercy on your servants, and deliver them from fire and all torment, as they cry out both night and day unto your Son, O Immaculate One: Do not disdain Your flock, O Christ, by the intercessions of her who bore You.

Canticle 4, Tone 3

YOU displayed mighty love for us, O Lord; for you gave your Only-begotten Son to death for our sake. Therefore with thanksgiving we cry to you, 'Glory to your power, O Lord!'

A double shoot has sprung from the Father as from a root, the Son and the right Spirit, shoots of one nature and divinely planted, and flowers like Him without beginning, as being three lights of the Godhead. *Twice*

Serried ranks of spiritual Beings ceaselessly sing Your praise, God beyond understanding. With them we glorify You as we say: Trinity beyond being save Your servants as You love mankind.

Theotokion: You have drawn us to Your love, most merciful Word of God, who without change became incarnate for our sake and led us into the mystery of the one Godhead with triple light. Therefore we glorify You.

Canticle 5, Tone 4

THE WHOLE world was amazed at your divine glory, for you, O Virgin, who have not known wedlock have held in your womb the God of all, and gave birth to an eternal Son, who rewards with salvation all those who sing your praises.

Understanding from faith one unapproachable essence, but three substantial life-giving Persons of the omnipotent Godhead, we honor Father, Son and Spirit, the holy co-eternal existence.

O single Godhead with triple sun, make the radiance of Your essential

Shining with light as the sun, your sound has gone out into all the world and enlightens the nations with grace, O wonder-bearing Apostle Matthias.

Kontakion of St. Herman, Tone 3:
The eternal light of Christ our Savior guided you, O blessed Father Herman, on your evangelical journey to America, proclaiming the Gospel of peace. Now you stand before the throne of glory. Intercede for your land and its people for peace for the world and salvation for our souls.

Another Kontakion, Tone 8:
Monk of Valaam and beloved of the Mother of God, new zealot of the desert dwellers of old by your ascetic labors, having taken prayer as your sword and shield, you revealed yourself as terrible to demons and pagan darkness, wherefore we cry to you: O Saint Herman, pray to Christ God that our souls may be saved.

13. Leavetaking of the Transfiguration.

14. Prefeast of the Dormition of the All-Holy Mother of God. Prophet Micah.

Troparion of the Prefeast, Tone 4:
O people, dance with joy and clap your hands with fervor. Gather today in eagerness and jubilation, and sing with glee, for the Mother of God is about to rise in glory, going up from the earth into heaven. It is to her we always sing hymns of praise, for she is the Theotokos.

Troparion of the Prophet Micah, Tone 4:
In the Spirit you foresaw the Church of Christ as a lofty mountain, O inspired Prophet Micah. As you have

foretold, those who have found salvation therein are walking in the paths of the Lord, ever praising your glorious memory.

Kontakion of the Prefeast, Tone 4:
Today the whole universe dances with joy at your glorious memory, O Theotokos, and it cries out to you: Rejoice, O Virgin, pride of Christians.

Kontakion of the Prophet Micah, Tone 4:
Illumined by the light of the Holy Spirit, you foretold Christ's condescension whereby we who honor you are redeemed from corruption, O God-inspired Prophet Micah.

15. Dormition of the Theotokos.

Troparion, Tone 1:
O Theotokos, in giving birth you retained virginity, and in your falling asleep you did not forsake the world. You are the Mother of Life, and have passed into life, and by your prayers have delivered our souls from death.

Kontakion, Tone 2:
The tomb and death had no power over the Theotokos, who is ever watchful in her prayers and in whose intercession lies unfailling hope. For as the Mother of Life, she has been translated into life by Him who dwelt within her ever-virgin womb.

16. Translation of the Icon Not-Made-By-Hands of our Lord Jesus Christ

Troparion of the Holy Icon, Tone 2:
We venerate Your most pure icon, O Good One, and ask forgiveness of our transgressions, O Christ our God. Of Your good will You were pleased

divine splendor brought about in the Transfiguration of Christ, and it cries out with joy: Christ is transfigured in order to save us all.

6. Holy Transfiguration of our Lord, God, and Savior Jesus Christ.

Troparion, Tone 7:

You were transfigured on the mountain, O Christ our God, revealing as much of Your glory to Your disciples as they could bear. Through the prayers of the Theotokos, let Your everlasting light also shine upon us sinners. O Giver of Light, glory be to You.

Kontakion, Tone 7:

You were transfigured on the mountain, O Christ our God, and Your disciples beheld as much as they could of Your glory, so that when they would see You crucified, they would understand that You suffered willingly, and would proclaim to the world that You are truly the brightness of the Father.

9. Apostle Matthias. Glorification of St. Herman (ns).

Troparion of the Feast, Tone 7: You were transfigured.

Troparion of St. Matthias, Tone 3:

Called by the Holy Spirit you completed the twelve-fold choir of the Apostles. You proclaimed with them the condescension of God the Word, O wondrous and glorious Apostle Matthias. Pray that all who praise you may receive great mercy and the forgiveness of their sins.

Troparion of St. Herman, Tone 7:

O joyful North Star of the Church of

Christ, guiding all to the Heavenly Kingdom; teacher and Apostle of the True Faith, intercessor and defender of the oppressed; adornment of the Orthodox Church in America, blessed Father Herman of Alaska, pray to our Lord Jesus Christ for the salvation of our souls.

Another Troparion, Tone 4:

O blessed Father Herman of Alaska, North Star of Christ's holy Church, the light of your holy life and great deeds guides those who follow the Orthodox Way. Together we lift high the Holy Cross you planted firmly in America. Let all behold and glorify Jesus Christ, singing his holy Resurrection.

Another Troparion, Tone 3:

O blessed Father Herman, the first light to enlighten our land, we offer to you these praises. You have boldness before our Lord. Be our defender, be our comforter, be the wondrous protector of our Church, as with tender love we call to you: Rejoice, O blessed Father Herman of Alaska, America's most glorious doer of wonders.

Another Troparion, Tone 4:

Blessed ascetic of the northern wilds and gracious intercessor for the whole world, teacher of the Orthodox Faith and good instructor of piety, adornment of Alaska and joy of all America, holy Father Herman, pray to Christ God that he may save our souls.

Kontakion of the Feast, Tone 7: You were transfigured.

Kontakion of St. Matthias, Tone 4:

splendor shine on me, O uncreated Nature, illuminating Source of every light-giving ray, that I may behold, as in a glass, Your ineffable beauty.

Knowing You as only Creator and Sustainer and truly all-wise Governor of the universe and Giver of life, we cry out to you in faith: Master of triple sun, guard those who sing your praise.

Theotokion: Wishing to make divine humanity that had been corrupted of old, the One who fashioned it and revealed the divine form of the image became man from you, O Virgin, and proclaimed one threefold Deity.

Canticle 6, Tone 5

CALM the raging sea of the passions, O Master Christ, with its soul-destroying surge, and lead me up from corruption as You are compassionate.

Triple radiance, divine Sovereignty, You are one as like in form and equal in operation according to both being and to will. *Twice*

The Prophet, singing to the Father: By Your Light, the Spirit, we shall see Light, the Son, fully revealed one God, the triple sun.

Theotokion: Redemption from faults and dangers send down upon those who hymn You, Master, God, single and triple light, at the intercessions God's Mother.

Lord, have mercy. *3 times Sessional hymn.*

Special melody: We the faithful

LET us now glorify the three-sunned radiance and let us worship the simple Trinity, for it has en-

lightened us and delivered from corruption the whole race of mortals, delivered the whole world from the error of idols and granted us the Kingdom.

Glory. Now.

WHOLLY at a loss, I have fled to you, the hope of all, and the refuge of sinners and the humble, as I cry: I have sinned. But I, insensitive wretch, continue in my badness; have mercy on me before the end, turn me back and deliver me, the unworthy, from every punishment.

Canticle 7, Tone 6

AN ANGEL made the furnace Amois with dew for the holy Youths; while God's command, burning up the Chaldeans, persuaded the tyrant to cry out, Blessed are You, God of our Fathers.

Unity with triple Light by persons, bestow on me a vigorous mind to keep and to guard Your divine commandments and always to chant to You with faith: Blessed are You, the God of our Fathers.

As praised with identity of nature, God ineffably single but by persons bearing the number of the Trinity, guard us all from temptations and calamities of many kinds.

We glorify You, one God by essence, consubstantial and co-eternal, unconfused in properties of persons, O Trinity, putting forward the difference simply, in form clearly unchanging.

Theotokion: The God who is beyond being clearly assumed our mat-

ter from your pure womb, O Immaculate, and taught all to cry out: Blessed are you who bore God in the flesh.

Canticle 8, Tone 7

UNCONSUMED by fire, the bush on Sinai spoke and made God known to the slow-tongued Moses, clumsy in speech; and the burning zeal for God revealed the three young men unharmed by fire and singing, 'All you works of the Lord, praise the Lord, and highly exalt Him to all the ages'.

Triple and single Lordship without beginning, You hold sway over the universe, You direct heaven and earth. Therefore guard me, ever drawn by Your love, to sing to You, 'All you works of the Lord, praise the Lord, and highly exalt Him to all the ages'.

Grant that the hearts of those who sing Your praise may be flooded with the light-giving beams of the Sun with triple light; and now, O Trinity and Unity, grant that all they may ever behold Your beauty, as far as is possible, who with fitting faith sing the praise of Your greatness to all the ages.

℞: Let us bless the Father, Son, and Holy Spirit: the Lord.

Make me a temple of Your radiance with triple light, of communion and participation, O Lover of mankind, source of good; show me, Master, sole Ruler, my God and Lord of glory, to be unapproachable by invisible foes and passions of the flesh, that I may sing Your praise to all the ages.

Now.

A divine light dawned from your womb, Virgin-mother all-pure, and flooded the whole world with the light with triple sun; and revealed the earth to be as another Heaven that sings, 'All you works of the Lord, praise the Lord, and highly exalt him to all the ages'.

Canticle 9, Tone 8

HEAVEN was seized with wonder and the ends of the earth struck with astonishment when God revealed himself to mankind clothed in our flesh. And your womb has become more spacious than the heavens; O Theotokos, the assembly of angels and mankind extol you.

We now glorify You, the omnipotent, supremely sovereign Nature Who reign over all; the origin of all life, good, compassionate, Trinity of one dominion, the Lover of mankind; and we ask for the forgiveness of sins, peace for the world, and concord among the churches. *Twice*

O Lord: one Dominion and thrice-radiant, single, divine Sovereignty of the Threefold Sun, as befits Your goodness, receive those who praise You, and deliver them from offences, temptations, and troubles. And quickly grant peace and unity to the churches in Your love for mankind.

Having dwelt in the Virgin's womb, O Christ my Saviour, You have appeared unto Your world as both God and man, being truly immutable and unmixed, and You have solemnly promised always to be with

AUGUST

1. Procession of the Holy Cross. Seven Maccabee Youths, their mother Solomone and their elder Eleazar. Dormition Fast begins today.

Troparion of the Cross, Tone 1:

O Lord, save your people and bless your inheritance. Grant Orthodox Christians victory over their enemies, and protect your people with your Cross.

Troparion of the All-Merciful Savior, Tone 8:

O merciful Lord, You look down from heaven and receive the poor and wretched: come down to us who have become embittered by sin and through the prayers of the Theotokos, great mercy to our souls.

Troparion of the Holy Maccabees, Tone 4:

Let us praise the seven Maccabees with their mother, Solomone and their teacher Eleazar; they were splendid in lawful contest as guardians of the teachings of the Law. Now as Christ's holy martyrs they are interceding unceasingly for the world.

Another Troparion of the Maccabees, Tone 4:

We beseech You, O Lord, through the sufferings these saints endured for Your sake, and we implore you to heal all our infirmities.

Kontakion of the Holy Cross, Tone 4:

Lifted up of own will upon the Cross, You bestow Your mercy upon the new people that bears your name. Make the Orthodox people glad in Your strength, giving them victory over their enemies. May Your Cross

assist them in spiritual struggles, weapon of peace and unconquerable standard of victory.

Kontakion of the All-Merciful Savior, Tone 4:

All my deeds have been vile, O merciful Savior, and I have fallen into the pit of despair, but, O Word, with heartfelt groanings I cry: O compassionate One, hasten to our aid for You alone are merciful.

Kontakion of the Holy Maccabees, Tone 6:

Seven pillars of divine wisdom, seven beacons of divine light, great martyrs before the age of martyrs, pray to God for all of us, O wise Macabees, for we observe your memory with devotion.

Kontakion of St. Elesia, Tone 8:

With one voice let us praise the divine Elesia, the great martyr and adornment of virgins, and might shelter and defense of the people of Cythera. Since she has boldness with the Lord, she shelters us from every peril, for we cry to her: Rejoice, O most glorious martyr.

5. Prefeast of the Transfiguration.

Troparion, Tone 4:

O faithful, let us celebrate in advance the joy of the Transfiguration of Christ. Let us rejoice in this prefestive time and cry out: Behold, the day of heavenly joy draws near, for the Lord goes up to Mount Tabor to shine with the light of His divinity.

Kontakion, Tone 4:

Today the whole human race prepares to reflect the radiance of

we ask their help that all those may be delivered from every trouble who cry: O God be with us, who have glorified them as you were well-pleased.

Kontakion of St. Macarius, Tone 2:

You were revealed as a second Moses, O righteous one, for he divided the sea with his rod, and you conquered the passions as though they were Amalek. You traveled the impassible wilderness with an untroubled mind, and there you worked a great miracle by your prayers and abundantly fed your hungry people. Entreat the Lord now to grant all consolation in sorrow, O ever-memorable Macarius, for you are the boast and support of the Orthodox.

26. St. Jacob Netsvetov of Alaska.

Troparion of St. Jacob, Tone 4:

O righteous Father Jacob, adornment of Atka and the Yukon delta; you offered yourself as a living-sacrifice to bring light to a searching people, offspring of Russian America, flower of brotherly unity, healer of sickness, and terror of demons: O holy Father Jacob, pray to Christ God that our souls may be saved.

Kontakion of St. Jacob, Tone 3:

O holy Father Jacob, teacher of the knowledge of god, you revealed your love for your people, taking up your cross and following Christ, enduring hardships like the Apostle Paul. Pray on our behalf to Christ our God to grant us great mercy.

Your servants in manifest manner. Therefore, by the intercessions of her who bore You, grant peace unto all Your flock.

Magnifications

In the Tone of the week

IT IS TRULY MEET and godlike to glorify You O Holy Trinity, boundless and superessential and our All Good God, whom all of those born on the earth sing, and whom the heavenly hosts glorify, and all the faithful worship who are three Persons of one essence.

We magnify You O Undivided Trinity of one Essence, for You are the Sovereign Lord of the Cherubim and the Sovereign Lord of the Seraphim.

The Father and God without beginning, the Word also without beginning, with the Spirit do I worship: inseparable unity, united Essence, tri-numbered unity, let us faithfully glorify.

Let us all hymn with divine songs the Father, Son, and Divine Spirit, tri-hypostatic rule, one kingdom, and one lordship.

Let Your resplendent lightnings shine on me, O my God in Three Persons, the Creator of all; and show me forth as the abode of Your unapproachable glory, shining and light bearing and unchanging.

Him before whom the Cherubim quiver and tremble, and whom the angelic hosts glorify, Christ the Giver of life, ineffably incarnate of the Virgin, let us glorify with fear.

It is truly meet for all to venerate You and to supplicate You with tears, for You are all Merciful and all Bountiful and are the Savior of our souls.

Glory.

O Father Almighty, O Word of God, O All Holy Spirit, of one power and image, one kingdom and Godhead and might, have mercy and save me who worship You.

Now.

When creation beheld your Son, O pure Virgin, rising from the dead as befits God, it was filled with ineffable joy, therefore we glorify Him and we magnify you.

Hymn to the Virgin

YOU are truly deserving of glory, O Theotokos, the ever blessed and most pure Mother of our God. More honorable than the Cherubim and beyond compare more glorious than the Seraphim, who as a Virgin gave birth to the Word of God, true Theotokos, we magnify you.

Holy God ... *and the rest of the Trisagion Prayers.*

Reader: Amen.

Then the Hypacoë of the Tone, or else these Troparia, Tone 6.

HAVE mercy on us, O Lord, have mercy on us; since we have no defense, we sinners offer this supplication to You as our Master: have mercy on us!

Glory.

O Lord, have mercy on us, for we have placed our hope in You. Do not be very angry with us, nor remember our transgressions, but look upon us even now with mercy, and deliver us from our enemies, for You are our God, and we are Your people; we are all the work of Your hand and we call upon Your name.

Now.

Open to us the door of mercy, O Blessed Virgin Theotokos, that we who place our trust in you may not perish, but that through you we be delivered from misfortune, for you are the salvation of all Christians

Lord, have mercy. *40 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, who as a Virgin gave birth to the Word of God, true Theotokos, we magnify you.

In the Name of the Lord, Father [Master], bless.

Priest: God, be gracious to us and bless us, and cause His face to shine upon us, and have mercy on us.

Reader: Amen.

Prayer to the Holy Trinity
By Mark the Monk

O MNIPOTENT and life-creating Holy Trinity, the Origin

of Light, who through Your goodness alone brought into existence out of nothing all creation and are their Provider and Sustainer, and among Your other ineffable benefits to our earthly generation, grant repentance also to us because of the weakness of our flesh even until death, leave us not to die, miserable in our evil deeds, nor to be the ridicule of the author of evil, of the envious one, the destroyer. You see on the one hand, O good-hearted One, his snares and enmity against us, and on the other, our passions and weakness and negligence.

But we pray that Your inexhaustible goodness may be wrought upon us who anger You every day and hour by violating Your honorable and life-creating commandments. But forgive and pardon all our offenses of our past life and up to the present hour in word, deed, speech, or in thought. Grant us to end the remainder of our life in repentance and contrition and in keeping Your holy precepts.

If, enticed by pleasure, we have sinned in various ways, and if seduced by abominable desires, useless and injurious, we have spent our time: if moved by wrath and unreasonable displeasure, we have afflicted any of our brothers; if by our tongue, we have bound ourselves in unavoidable, injurious, and strong snares; if by any of our senses, or by all, willingly or unwillingly, knowingly or unknowingly, unexpectedly or premeditatedly, we have foolishly erred; if by evil and vain thoughts we have defiled our conscience; and if in any

struggler, you also received a martyr's death. Wherefore, Christ crowned you with a two-fold crown, O humble and wise Abbess Elizabeth.

Kontakion, Tone 4:

Taking up the Cross of Christ, you have passed from royal splendor to heavenly glory; praying for your enemies, you found eternal joy together with the martyr Barbara, O holy martyr Abbess Elizabeth. Wherefore, intercede for our souls.

Another Kontakion, Tone 8:

Elizabeth and Barbara, her faithful fellow-sufferer, served Christ God in this life with ascetic labors and good deeds and shone in death like the passion-bearers. Behold, now they have received the crowns of monastic martyrs from the hands of the Savior.

20. Prophet Elijah the Tishbite.

Troparion, Tone 4:

The angel in the flesh, the foundation of the prophets, the second forerunner of the Coming of Christ, the glorious Elijah from on High sent down grace upon Elisha to dispel infirmities and to cleanse lepers. Wherefore, he pours forth healings upon those who honor him.

Kontakion, Tone 2:

O prophet, foreseer of the mighty works of our God, Elijah of great renown, who by your voice restrained the cloud of rain; in our behalf entreat Him that alone is the Lover of mankind.

22. Holy Myrrhbearer and Equal-of-the-Apostles Mary Magdalene.

Troparion, Tone 1:

Holy Mary Magdalene, you followed Christ, who was born for us from a Virgin, and you kept his statutes and his laws; therefore today, as we feast your all-holy memory, we receive release from sins at your prayers.

Kontakion, Tone 4:

The God who is above all being, while living in the flesh in the world, gained you as his true disciple, O Myrrhbearer, and all your desire was directed to him; therefore you accomplished many healings and now that you have passed over into heaven you intercede at every moment for the world.

Another Kontakion, Tone 3:

With others standing before the Savior's Cross, weeping and suffering with the Theotokos, glorious Mary Magdalene offered praises saying: What is this strange wonder? He chooses to suffer Who upholds the whole creation! Glory to your Power.

25. Dormition of St. Anna.

Troparion, Tone 4:

You bore in your womb, inspired Anne, her who bore life, the pure Mother of God; and so now you have passed over rejoicing to a heavenly inheritance, where those who are glad have their dwelling in glory, as you ask pardon of offences, O ever-blessed, for those who honour you with love.

Kontakion of St. Anna, Tone 2:

Let us celebrate the memory of the grandparents of Christ as with faith

Another Troparion, Tone 4:

Today the teachings of the Catholic Church cry out to the farthest extremes of the earth, inviting all the world to join her in a universal hymn of praise, for in all places and at all times she teaches that unique and entire faith to everyone, just as she received it from the hands of the fathers. And we who have accepted this faith by the grace of God cry out to Him: Alleluia.

Kontakion Tone 8:

The Apostles' preaching and the Fathers' doctrines have established the one faith in the Church. Adorned in the robe of truth woven from heavenly theology, great is the Mystery of Godliness which it defines and glorifies.

15. Vladimir the Great Prince.

Troparion, Tone 4:

Seated on the high throne of Kiev, the mother of cities saved by God, you were like the merchant who sought the goodly pearl, O Vladimir glorious in might; and examining and sending emissaries to the Imperial City to learn about the Orthodox Faith, you found Christ, the Priceless Pearl, Who chose you as a second Paul and in the holy font removed your physical and spiritual blindness. Therefore, we, your people, celebrate your repose. Pray that peace and great mercy be granted to all Orthodox people.

Kontakion, Tone 8:

Imitating the great Apostle Paul in your maturity, O most glorious Vladimir, and putting aside all your

zeal for idols as childish toys, you have adorned yourself with the royal robe of divine baptism. And standing now in gladness before Christ the Savior, pray that peace and great mercy be granted to all Orthodox people.

Kontakion of the Martyrs, Tone 4:

Christ's martyr Julitta, bearing Kyrikos in her arms in the stadium like a mother, cried out with joy: You are strength of the Martyrs, O Christ!

Kontakion of St. Matrona, Tone 3:

Your church is revealed a place of free healing and source of awe-inspiring miracles, O godly-minded Matrona, for all that run there with faith receive healing of soul and body, and they cry with gladness: Rejoice, O righteous wonderworker of the Lord.

18. New-Martyr Abbess Elizabeth and Companions.

Troparion, Tone 4:

Meekness, humility, and love dwelt in your soul. Diligently you ministered to the suffering, O holy passion-bearer Elizabeth; with faith you also endured suffering and death for Christ with the martyr Sister Barbara. Together with her pray for all who honor you with love.

Another, Tone 4:

You rejected worldly vanity and glories, having chosen the way of the ascetics, and you were guided by Mary and Martha, the sisters of Lazarus, how to unite the teachings of Christ with good deeds. Together with Sister Barbara, your fellow-

DISMISSAL

Priest: Glory to You, O Christ God our hope, glory to You.

People: Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy. *3 times*

Father [Master], bless.

Priest: May He who rose from the dead, Christ our True God, through the prayers of His most pure Mother and all the saints, have mercy on us and save us, for He is good and loves mankind.

People: Amen.

One of the two Litanies is then said if Matins does not follow, pp 7-9

other manner we have sinned, by evil chance or by custom, pardon us and forgive all, O All-compassionate One, most good, and full of mercy, and grant us future watchfulness and power to do Your good, and agreeable, and perfect will. Let nocturnal and dark evil deeds be changed to shining repentance, and walking nobly as in the day, may we who are unworthy be shown to be cleansed by Your love for mankind, praising You and magnifying You for ever. Amen.

which you ever offer up for the whole world. Thus we believe, having come to know your love, O holy hierarch and wonderworker John. Wholly sanctified by God through the ministry of the all-pure Mysteries, and yourself ever strengthened by them, you hurry to the suffering, O most joyful healer. Hurry now to our aid as well, for we honor you with all our heart.

Kontakion of St. John, Tone 8:

O chosen wonderworker and superb servant of Christ, you pour out in the latter times inexhaustible streams of inspiration and a multitude of miracles. We praise you with love, and call out to you: Rejoice, O holy Hierarch John, wonderworker of the latter times.

Another Kontakion of St. John, Tone 4:

Your heart goes out to all who entreat you with love, O holy hierarch John, and who remember the struggle and labors of your whole life, and your painless and easy repose, O faithful servant of the all pure Mistress Theotokos.

4. Commemoration of American Independence.

Troparion of Independence Day, Tone 2:

For Your glory and their happiness, O Lord, You created all the peoples of the earth, and with undaunted faith in Your perfect goodness, the founders of our country won liberty for themselves and for us. By Your grace, let us always use our freedom to do Your will, and through the Theotokos, grant our people lasting peace.

Another Troparion, Tone 6:

O Father of all nations and Lord of the Universe, may we always show ourselves to be a holy people, trusting in You, our God, and fulfilling Your will. Since You have bestowed upon us his heritage of Your bounties, may we ver worship You and make our nation a place of freedom, equality, and justice for all.

Kontakion, Tone 2:

By your prayers, O Theotokos, pour out on this land a burning love for God and our neighbor, and fill every heart with zeal for justice and holiness. Preserve us from all our foes, whether visible or invisible, and obtain for us, as for all people everywhere, peace and great mercy.

Kontakion of St. Andrew Rublev, Tone 8:

From your youth being directed to the Divine Beauty, you became a wondrous iconographer in the Russian land. Having imitated your God-bearing teacher, you were adorned with the radiance of virtues, O venerable Andrew. Therefore you have been revealed as the praise and joy of our Church.

Sunday on or after 13 July: Fathers of the Ecumenical Councils.

Troparion of the Resurrection

Troparion Tone 8:

Most glorious are You, O Christ our God. You have established the holy fathers as lights on the earth. Through them You have guided us to the true faith. O most compassionate One, glory to You!

labors and death before any other sacrifice, for only You know the secrets of our hearts.

30. The Synaxis of the holy, glorious and all-praised Twelve Apostles.

Troparion of the Apostles, Tone 3:
O holy Apostles, intercede with the merciful God that He grant to our souls forgiveness of our transgressions.

Kontakion of the Apostles, Tone 2:
Today Christ the Rock glorifies with supreme honor the Rock of Faith and Leader of the Apostles, together with Paul and the phalanx of the twelve, whose memory we celebrate with eagerness of faith, giving glory to the One who gave glory to them.

JULY

2. Juvenaly, Hieromartyr of Alaska. Repose of John Maximovitch, Archbishop of San Francisco, Wonderworker. Juvenaly, Patriarch of Jerusalem.

Troparion of St. Juvenaly, Tone 4:
Today Alaska rejoices and America celebrates, for the New World has been sanctified by martyrdom. Kodiak echoes with songs of thanksgiving. Iliamna and Kenai observe the festival of faith. The priest and martyr Juvenaly is glorified, and Peter the Aleut is exalted by His voluntary sacrifice. In their devotion and love for the Lord, they willingly endured persecution and death for the truth. Now in the Kingdom of heaven they intercede for our souls.

Troparion of St. John Maximovitch, Tone 6:
Glorious apostle to an age of coldness and unbelief, invested with the grace-filled power of the saints of old, divinely-illuminated seer of heavenly mysteries, feeder of orphans, hope of the hopeless, you enkindled on earth the fire of love

for Christ upon the dark eve of the day of judgment; pray now that this sacred flame may also rise from our hearts.

Another Troparion of St. John, Tone 5:
Like a spiritual day-star in heaven's firmament, you encompassed the whole world and enlightened our souls. Hence, your name is glorified in the East and West, for you shone with the grace of the Sun of Righteousness, O John, our beloved shepherd. Wherefore, cease not to entreat Christ, that He may have mercy on our souls.

Another Troparion of St. John, Tone 3:
You have spread abroad the sweet-smelling myrrh of your virtues to all the Orthodox, O John, offspring of Russia. Through feats of fasting and prayer you became a model for bishops. Pray, O Father, to the Trinity to save us from the danger of heresies.

Another Troparion of St. John, Tone 5:
Lo, your care for your flock in its sojourn prefigured the supplications

Royal Beginning of Matins

This intercession for the Emperor and his suite was originally said only in monasteries of imperial foundation and patronage. Though modern books contain it, it has no relevance to ecclesiastical or political conditions in the United States, and should be omitted. Nevertheless, for historical reasons it is included here.

Priest: Blessed is our God always, now and ever, and unto ages of ages.

Reader: Amen.

Glory to You, our God, glory to You!

O Heavenly King ...

Holy God ... *and the rest of the Trisagion Prayers. After the Lord's Prayer:*

Reader: Amen.

Lord, have mercy. *12 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Come, let us adore God, our King.
Come, let us adore Christ, our King and our God.

Come, let us adore and bow down to the Lord Jesus Christ Himself, our King and our God.

Psalms 19 and 20.

Glory. Now.

Again the Trisagion Prayers. After the Lord's Prayer:

Reader: Amen.

O LORD, save Your people, and bless Your inheritance; grant Orthodox Christians victory over their enemies, and protect Your people with Your Cross.

Glory.

Lifted up of Your own will upon the Cross, You bestow Your mercy upon the new people that bears Your name. Make the Orthodox people glad in Your strength, giving them victory over their enemies. May Your Cross assist them in spiritual struggles, weapon of peace and unconquerable standard of victory.

Now.

O Champion Dread who cannot be put to shame, do not despise our petitions, O good and all-praised Theotokos. Establish the Orthodox Christians, pray for those who govern us, and lead us all to the heavenly victory, for you gave birth to God, O only blessed one.

The Priest or Deacon leads the Litany:

Have mercy on us, O God, according to Your great mercy, we beseech You: hear us and have mercy.

℟̥ Lord, have mercy. *3 times.*

Again we pray for our lord the Right Reverend Bishop [or Most Reverend Archbishop or Most Blessed Metropolitan or for a Patriarch] great Lord and Father [Name or names] and for all our brethren in Christ.

℟̥ Lord, have mercy. *3 times.*

[Again we pray for our divinely protected country, her authorities, armed forces, and all her people.

℟̥ Lord, have mercy. *3 times.]*

Priest: For You are a good God and love mankind, and to You we send up

glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.

℞. Amen. In the name of the Lord, bless, Father [Master].

Priest: Glory to the holy, consub-

stantial, life-creating, and undivided Trinity: Father, Son, and Holy Spirit, always, now and ever, and unto ages of ages.

Reader: Amen. Glory to God in the highest...and the rest as on page 21.

teachings. O wise and holy fathers Jerome and Augustine, entreat Christ our God to save our souls.

Another Troparion of St. Augustine, Tone 5: Today the whole world rejoices, celebrating your commemoration, and it praises your struggles and labors. Your deeds proclaim your love for Christ, for you trampled down heresies, denounced the falsehood of Manes, and were a beacon of the Church. O holy hierarch father Augustine, entreat Christ God, that our souls be saved.

Kontakion of St. Augustine, Tone 2: We join our voices in loudly acclaiming your divine and priestly wisdom, O blessed Augustine, melodious instrument of inspired theology. You set forth faith in great clarity, and then you showed us how to preserve it, and many are those who believe in Christ because of you. For this you now rejoice in Christ God, together with the angels, praying unceasingly for us all.

Another Kontakion of St. Augustine, Tone 2:

O holy hierarch and theologian, boast of the Church of Christ, instructor in piety and confirmation of the Orthodox Faith, uprooter of heresies and treasury of mystic teachings, blessed Father Augustine, all-wondrous hierarch, pray ever for us all.

24. Nativity of the Forerunner.

Troparion, Tone 4:

O prophet and forerunner of the coming of Christ, we who honor you

with love are at a loss how to praise you worthily; for by your glorious and honored nativity you loosed the barrenness of her who gave birth to you and the silence of your father, and you proclaim unto the world the incarnation of the Son of God.

Kontakion, Tone 3:

Today, she who was once barren gives birth to the Forerunner of Christ, the fulfillment of all prophecy. In the Jordan, John laid his hand upon Him whom the Prophets foretold showing himself to be the prophet, the herald and forerunner of the Word of God.

29. Holy and Glorious Apostles Peter and Paul.

Troparion, Tone 4:

O leaders of the Apostles and Teachers of the world, Peter and Paul, pray to the Lord of all to grant peace to the world and abundant mercy to our souls.

Another Troparion, Tone 4:

Peter and Paul, divine heralds, twin founts of godliness, revealers of divine knowledge and heavenly doctrines, you have clearly distinguished yourselves as supreme among the divine Apostles. Now ask for us the illumination that leads to salvation, deliverance from passions, and God's great mercy.

Kontakion, Tone 2:

O Lord, You have received the steadfast preachers of the Good News, the Leaders of Your Apostles, into the enjoyment of Your goodness and repose. You have accepted their

happened to Paul, and not from any man. He built his capital and entrusted it to your care. Preserve our country in everlasting peace, through the intercession of the Mother of God, for you are the Lover of mankind.

Kontakion, Tone 3:

Today Constantine and Helena his mother expose to our veneration the Cross, the awesome Cross of Christ, a sign of salvation to the Jews and a standard of victory: a great symbol of conquest and triumph.

JUNE

4. Martha and Mary of Bethany.

Troparion of Martha and Mary, Tone 3:
You fervently believed in Christ and His marvelous acts, O Martha and Mary, sisters of Lazarus. You were adorned with radiant virtues and were found worthy to be numbered with the Saints; together with holy Lazarus pray to God for us.

14. Prophet Elisha. Patriarch Methodius of Constantinople. Niphon the Athonite.

Troparion, Tone 4:

Interpreter of the Savior's words, teacher and enlightener of those under the law, you were known to those afar by your signs and miracles, for you inherited the grace of the Tishbite. Preserve us evermore, O divine Prophet Elisha.

Kontakion, Tone 2:

O Prophet of God, you received a double portion of grace, for you were a companion of Elijah. With him intercede with Christ our God unceasingly for us all.

Another Kontakion, Tone 2:

The angel embodied, the Prophets' foundation, the second forerunner of the coming of Christ, Elijah the

glorious by sending down grace from on high to Elisha drives out diseases, cleanses lepers; and so he overflows with healings for those who honour him.

Kontakion of St. Methodius, Tone 2:

As though without flesh you struggled on earth, and you inherited heaven, O Methodius, as you made clear to the ends of the earth the veneration of the Icons; for when you had passed through toils and tribulations beyond measure you did not cease with boldness to confound those who rejected the Icon of Christ.

Kontakion of St. Niphon, Tone 4:

In Athos you shone like a morning star, and with your virtue you enlightened the company of monks, O righteous Niphon our father. Wherefore, with a crown of glory are you adorned.

15. Augustine, Bishop of Hippo.

Troparion of Ss Jerome and Augustine, Tone 8:

O guides of Orthodoxy and teachers of piety and holiness, brilliant lights of the universe and glory of all who lead the priestly and monastic life. As divinely inspired lyre of the Holy Spirit, you enlightened all by your

MATINS

Priest: Blessed is our God always, now and ever, and unto ages of ages.

Reader: Amen.

Glory to You, our God, glory to You!

O HEAVENLY KING, the Comforter, the Spirit of Truth, who are in all places and fill all things; Treasurer of blessings and Giver of life, come and dwell within us, and cleanse us from every blemish, and save our souls, O Blessed One.

HOLY GOD, Holy Mighty, Holy Immortal, have mercy on us. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us; O Lord, cleanse us of our sins; O Master, forgive our transgressions; O Holy One, come to us and heal our infirmities for Your name's sake.

Lord, have mercy. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O URFATHER, who art in heaven, hallowed be Thy name; Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the Kingdom and the Power and the Glory of the Father and of the Son and of the Holy

Spirit, now and ever and unto ages of ages.

Reader: Amen. In the name of the Lord, bless, Father [Master].

Priest: Glory to the holy, consubstantial, life-creating, and undivided Trinity, Father, Son, and Holy Spirit, always, now and ever and unto ages of ages.

Reader: Amen. Glory to God in the highest, and on earth peace, good will toward mankind. *Three times.*

O Lord You will open my lips, and my mouth will declare Your praise. *Twice.*

THE SIX PSALMS Psalm 3

O LORD, why are they multiplied who afflict me? Many rise up against me. Many say to my soul: there is no salvation for him in his God. But You, O Lord, are my helper, my glory, and He who lifts up my head. I cried out to the Lord with my voice, and He heard me out of His holy mountain. I lay down and slept; I awoke because the Lord is my helper. I will not be afraid of the tens of thousands of people that assemble against me. Arise, O Lord, save me, O my God, for You have struck all who make themselves my enemies without just cause; You have broken the teeth of sinners. Salvation is from the Lord, Your blessing is upon Your people.

—I lay down and slept; I awoke, because the Lord is my helper.

Psalm 37

O LORD, do not rebuke me in Your anger, nor chasten me in Your wrath. For Your arrows have wounded me, You have laid Your hand heavily upon me. There is no healing for my body when I bear the blast of Your fury; there is no peace within me when I encounter my sins. For my iniquities are multiplied higher than my head; as a great burden they have weighed heavily upon me. My bruises have become foul smelling and infected because of my foolishness. I have been wretched and humiliated throughout; all day long I went with downcast face. For my passions fill me with derision, there is no healing in my flesh. I am afflicted and greatly humbled, I have roared from the groaning of my heart. O Lord, before You is all my desire, and my groaning is not hidden from You. My heart is troubled, my strength has failed me; and the light of my eyes, even this is gone. My friends and neighbors withdrew from me and stood apart, and my nearest of kin stood very far from me. And they who sought after my soul used violence; and they who sought evils for me spoke arrogance, plotting deception all day long. But I, as though deaf, did not hear them, and was silent as though I were mute. I became as a man who can not hear, who has no words of rebuttal. I have hoped in You, O Lord; I know You will hear me, O Lord my God. I said: Let my enemies never rejoice over me; indeed, when I lost my footing, those men slandered me with their arro-

gance. I am ready for scourges, and my sorrow is continually before me. I will confess my iniquity, and I will bear in mind my sin. But my enemies live and are grown stronger than I, and they who hated me unjustly are multiplied. They who render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive to my help, O Lord of my salvation.

—Forsake me not, O Lord my God, depart not from me. Be attentive to my help, O Lord of my salvation.

Psalm 62

O GOD, my God, for You I rise early at dawn. My soul has thirsted for You; how often has my flesh longed for You in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before You to see Your power and Your glory. For Your mercy is better than lives; my lips shall praise You. So I shall bless You in my life, and in Your name will I lift up my hands. As with fine and rich food let my soul be filled, and with rejoicing lips, my mouth shall praise You. I remembered You while in my bed, at dawn I meditated upon You. Since You have become my helper; in the shelter of Your wings I will rejoice. My soul clings to You, Your right hand has been quick to help me. But as for these, who have vainly sought after my soul; they shall wander off to the most remote parts of the earth, they shall be surrendered to the edge of the sword and become carrion for foxes.

yourself as solace for pilgrims and those who wander homeless and defenseless, stretch forth your hand to guide the helm of the Church, Clothe the priests with righteousness and the joy of a pure and true faith, that with exultation we may cry out: Rejoice, O full of grace! The Lord is with you!

9. Translation of the Relics of Nicholas of Myra to Bari.

Troparion of the Translation, Tone 4:

The day of splendid solemnity is come; the city of Bari rejoices, and with it the whole world exults with hymns and psiritul songs. For today is the sacred feast of the translation of the precious and much-healing relics of the hierarch Nichoals the wonder-worker. For like the never-setting Sun, he shines with billiant beams of light, driving away the darkness of tempations and misfortunes from those who cry out with faith: ave us, O Nichoals, for you are our intercessor!

Kontakion of the Translation, Tone 3:

Your relics have moved like a star from the East to the West, O holy hierarch Hicholas, and the sea has been sanctified by your passage. The city of Bari receives grace through you, for you have been shown forth for us as a wonder-worker: illustrious, most wondrous, and merciful.

16. Brendan the Navigator

Troparion, Tone 4:

O holy Father and Navigator Brendan, the winds of heaven carried you as you sailed across the face of the sea, and the Holy Spirit guided

you as you sailed across the sea of life. A holy angel spoke with you, giving you a rule of life for your disciples. O blessed Abbot of Clonfert, pray for the salvation of our souls.

Kontakion, Tone 8:

O Abbot Brendan, who sailed for seven years at the Lord's command, taking no thought for life, food, drink or clothing, but were guided by His wisdom, pray for us, that, guided by the same Spirit you followed, we might receive the same mercy and wisdom, and be worthy to praise the Father, Son and Holy Spirit, one God and to sing to you: Rejoice, O Brendan, Sailor of the Lord's sea!

19. John Karastamatis, Hieromartyr of Santa Cruz.

Troparion of St. John, Tone 1:

Having cultivated the fruit of God's knowledge by your labors you have plucked out the root of godlessness and proclaimed in our land the true Faith. Anointed with grace you have tended the flock entrusted to you, and in shedding your blood, you water the seeds of Christ's true faith in our land, O New Martyr John of Santa Cruz. Glory to Him Who strengthened you! Glory to Him Who crowned you! Glory to Him Who grants healigs for all through you!

21. Equal-of-the-Apostles Constantine and his mother Helena.

Troparion, Tone 8:

O Lord, your disciple Emperor Constantine, who saw in the sky the Sign of your Cross, Accepted the call that came straight from you, as it

MAY

6. Job the Much-Suffering.

Troparion, Tone 4:

As an indestructible tower of manly courage, you repulse the attacks of Belial and remained unmoved in temptations. Wherefore the Church sings of you, O wise Job, as a model of endurance and an example of virtue; and she is made radiant by your exploits.

Another Troparion, Tone 8:

On beholding the riches of Job's virtues, the enemy of the righteous contrived to lay waste to them, and though he ast down the tower of the saints's body, he could not plunder the wealth of his spirit, for he found the soul of that blameless man to be fully armed; but as for he he has stripped me and led me captive away. Hasten, then, before the end, to rescue me from the wily one, O Savior, and save me.

Kontakion, Tone 8:

You were true and just, pious, blameless, and holy, O glorious servant of God. You illumined the world by your perseverance, O much-afflicted Job. Therefore we all honor and praise your memory.

7. Repose of Archbishop Alexis Toth. Our Lady of Blanco.

Troparion of St. Alexis, Tone 4:

O righteous Father Alexis, our heavenly intercessor and teacher, divine adornment of the church of Christ, entreat the Master of all to strengthen the Orthodox faith in America, to grant peace to the world, and to our souls great mercy.

Troparion of Our Lady of Blanco, Tone 1:

From your holy heavenly-scented myrrh-streaming icon, O most pure Virgin Theotokos, repentance and succor pour forth abundantly upon all who approach you with faith and love. Likewise visit my unworthiness, have mercy on my soul, O gracious Lady, and deliver me from all danger by your grace, O most Pure One.

Kontakion of St. Alexis, Tone 5:

Let us the faithful praisie the priest Alexis, a birht beacon of Orthodox in America, a model of patience and humility, a worthy shepherd of the flock of Christ. He called back the sheep who had been led astray and brought them by his preaching to the heavenly Kingdom.

Kontakion of Our Lady of Blanco, Tone 1:

Rejoice, O Mary, ever-virgin Theotokos full of grace, holier than the saints. Rejoice, more glorious than the cherubim, honored above the seraphim. Rejoice, most lovely garden of Christ our God, breathing for Him the sweet scent of holiness and streaming forth the golden myrrh for the healing of our bodies and souls.

Another Kontakion of Our Lady of Blanco, Tone 8:

From your holy myrrh-streaming icon, O most pure Virgin, healing and comfort pour forth abundantly upon all who approach you with faith and love. Therefore, by your prayers to Christ your Son and our God, deliver those who extol you from every danger and anguish of spirit. Reveal

But the king shall be glad in God, everyone shall be praised who swears allegiance to Him; for the mouth of those who speak unjustly shall be silenced.

—At the dawn I meditated on You. Since You have become my helper; in the shelter of Your wings I will rejoice. My soul clings to You; Your right hand has been quick to help me.

Glory. Now.

Alleluia, alleluia, alleluia;
glory to You, O God. *3 times*

Lord, have mercy. *3 times*

Glory. Now.

Psalm 87

OLORD God of my salvation, I have cried out to You both day and night. Let my prayer come before You, condescend to hear my supplication. For my soul is filled with evils, and my life has drawn near to Hades. I am counted with those who go down into the pit; I have become as a man without help, free among the dead, like the bodies of the slain who sleep in the grave, whom You remember no more, and they are removed from Your concern. They laid me in the lowest pit, in darkness overshadowed by death. Your anger has stormed vehemently against me, pounding upon me like heaving waves. You have removed my friends from me; they consider me to be an abomination. I have been surrendered, but have not come forward; my eyes have grown weak in my poverty. I have cried to You, O Lord, all day long; I have stretched out my hands to You. Will You work wonders for the dead? Or shall physicians raise

them up to give praise to You? Shall any in the grave tell of Your mercy or of Your truth in that destruction? Shall Your wonders be known in that darkness, and Your righteousness in a disregarded country? As for me, O Lord, have I cried out to You, in the morning I shall offer You my prayer. Why have You cast away my soul, O Lord? Why have You turned Your face away from me? I am a poor man, having been in trouble since my youth; indeed, having been ennobled, I was humbled and brought to distress. Your furies have crashed upon me, and Your terrors have painfully troubled me. They surround me like water, encompassing me all the day long. You have removed from me friend and my neighbors, and all my acquaintances because of my misery.

—O Lord God of my salvation, I have cried out to You both day and night. Let my prayer come before You, condescend to hear my supplication.

Psalm 102

BLESS THE LORD, O my soul, and all that is within me, bless His holy name. Bless the Lord, O my soul, do not forget all that He has done for you. He who is gracious to all your iniquities, who heals all your infirmities, who redeems your life from corruption, who crowns you with mercy and compassion, who fulfills your desire with good things; who shall renew your youth as the eagle's. The Lord performs deeds of mercy, and executes judgment for all who have been wronged. He has made His ways known to Moses, to the sons of Israel, He revealed what He has willed. The Lord is compassionate and merciful, patient and



plentiful in forgiveness; He will not be angered continually, neither will He be provoked eternally. He has not dealt with us as our sins would demand, nor accordingly, rewarded us for our sins. For as great as is the height of heaven from the earth, has the Lord made His mercy to triumph for those who revere Him. As far as the east is from the west, He has removed our iniquities from us. As a father has compassion upon his sons, so has the Lord had compassion on those who revere Him; for He knows that from which we are made, He remembers that we are dust. As for man, his days are as the grass; he shall blossom as a flower of the field. When the wind has blown past, it shall be gone, and will no longer be known in that place. But the mercy of the Lord is from eternity, throughout all eternity upon those who revere Him. His righteousness has come down upon our children, to those who keep His testament and remember to do as He commands. The Lord in heaven has prepared His throne, and His kingdom rules over all. Bless the Lord, all His angels, mighty in strength, who perform His word, who hear the voice of His words. Bless the Lord, all His hosts, His ministers who do His will. Bless the Lord, all His works, in every place of His dominion. Bless the Lord, O my soul.

—In every place of His dominion, bless the Lord, O my soul.

Psalm 142

O LORD, hear my prayer; consider my supplication in Your truth, and hear me in Your righteousness. And do not enter into judgment with Your servant, for in Your sight no one living could be justified. The enemy has persecuted my soul; he

has humbled my life down to the very earth. He has relegated me to darkness as those who have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days long past, I reflected on all Your works, I pondered on the creations of Your hands. I stretched out my hands to You; my soul thirsts for You like a waterless land. Quickly hear me, O Lord; my spirit has collapsed. Do not turn Your face away from me, so that I will not become like those who go down into the pit. Cause me to know Your mercy in the morning; because I have put my hope in You. Cause me to know, O Lord, the way in which I should walk; because I have lifted up my soul to You. Rescue me from my enemies, O Lord; I have fled to You for refuge. Teach me to do Your will, in that You are my God. Your good Spirit shall lead me in the land of uprightness; quicken me for Your name's sake, O Lord. You shall bring my soul out of affliction because You are righteous, and mercifully You shall completely destroy my enemies. And You shall cut off all those who afflict my soul, because I am Your servant.

—Hear me in Your righteousness, and do not enter into judgment with Your servant.

—Hear me in Your righteousness, and do not enter into judgment with Your servant.

—Your good Spirit shall lead me in the land of uprightness.

Glory. Now.

Alleluia, alleluia, alleluia;
glory to You, O God. *3 times*

APRIL

7. Hieromartyr Tikhon of Moscow. *See 26 March.*

23. George the Great Martyr. Ibar, Monk. Lazarus the Bulgarian.

Troparion, Tone 4:

As the deliverer of captives and the protector of the poor, as the physician of the feeble and combatant of kings, holy champion and great martyr George, intercede with Christ our God to save our souls.

Another Troparion, Tone 4:

With faith you fought the good fight, O athlete of Christ, denounced the ungodliness of the tyrants, and offered yourself to God as a right acceptable sacrifice. Therefore you have received a crown of victory, O holy one, and by your supplications bestow the forgiveness of transgressions upon all.

Kontakion, Tone 4:

Having been cultivated by God, you showed yourself to be a most honorable husbandman of piety, gathering to yourself the sheaves of the virtues, for having sown in tears, you reap in joy, and having suffered in the shedding of your blood, you have received Christ. And by your supplications, O holy one, you grant forgiveness of transgressions unto all.

25. Apostle and Evangelist Mark.

Troparion, Tone 4:

From your childhood the light of truth enlightened you, O Mark, and you loved the labor of Christ the Savior. Wherefore you followed Peter with zeal and served Paul as a fellow laborer and enlightened the world with your holy Gospel.

Another Troparion, Tone 3:

You were an apostle of Christ who learned from the pre-eminent Peter, and shone like the sun upon the lands of the Nile, being their adornment. Through you Egypt was freed from deception, O blessed one, who as the Church's pillar of fire illumine all with the teaching of the Gospel. Honoring your memory, we keep splendid festival, O divinely eloquent Mark. Entreat the God whom you announced that He grant our souls great mercy.

Kontakion, Tone 2:

When you received the grace of the Spirit, O Apostle you destroyed the webs of the philosophers and gathered the nations into your net and brought them to your Lord, O glorious Mark, by preaching your divine Gospel.

Another Troparion, Tone 1:

Your sound went forth to all the lands of the midnight sun, for with the light of the Gospel you enlightened the ignorant who accepted your words, and whom you taught in godly manner, and you adorned their native customs with Orthodox piety. O holy hierarch Innocent our Fathers, boast of Russia and enlightener of America, entreat Christ God that our souls be saved.

Another Troparion, Tone 3:

O holy bishop Innocent our Father, you were the first to teach the tribes which before lay in heathen darkness, and first to show them the way to salvation. You labored as an apostle in the enlightenment of Siberia and America. Entreat the Master of all that He grant peace to the whole world and great mercy to our souls.

Kontakion of St. Innocent, Tone 2:

Your life, holy Father Innocent, Apostle to our Land, proclaims the dispensation and grace of God! For laboring in dangers and hardships for the Gospel of Christ you were kept unharmed and exalted in humility. Pray that He may guide our steps in the way we should go!

Another Kontakion, Tone 2:

Like the glorious apostles of old, proclaiming the three-day Resurrection throughout the whole world,

and emboldened by the grace of the Holy Spirit, you preached Christ to the natives of the Far North. While braving the wilderness of Alaska, you announced the coming of the Kingdom of God. Quieting the din of the shaman's drums, you declared the new dispensation of peace for all. O holy Father Innocent, Apostle to America, intercede for us that our souls may be saved.

Another Kontakion, Tone 1:

What far-flung village has not heard of you, O zealous Father? What forsaken island, hill, or valley has not received from you the good news of Christ? Alaska and Siberia delight in blessing your memory, and all the Russias rejoice with America in the Churches you built on our shores. And we also turn to you this day and beseech you: Beg Christ our God to grant the Orthodox peace and great mercy.

Another Kontakion, Tone 4:

You were a true and trustworthy teacher, O Father Innocent, for having yourself done what the Lord commanded, you thereby taught and instructed in piety those who came to you. You enlightened unbelievers to recognize the true Faith, and illumined them with holy baptism. Thus, you rejoice with the apostles, receiving the honor of an evangelist of Christ.

LITANY OF PEACE

After the Six Psalms the Priest or Deacon leads the Great Litany.

In peace let us pray to the Lord.

℟. Lord, have mercy. *And so after every petition of the Litany.*

For the peace from above, and for the salvation of our souls, let us pray to the Lord.

For the peace of the whole world, for the welfare of God's holy Churches, and for the union of them all, let us pray to the Lord.

For this Holy Church, and for those who enter with faith, reverence, and fear of God, let us pray to the Lord.

For our lord the Right Reverend Bishop [or Most Reverend Archbishop or Most Blessed Metropolitan or for a Patriarch great Lord and Father] *Name or Names*, for the honorable Priesthood, the Diaconate in Christ, for all the clergy and people, let us pray to the Lord.

For our divinely-protected country, her authorities, armed forces, and all her people, let us pray to the Lord.

For this city, for every city and country place, and for those who with faith dwell therein let us pray to the Lord.

For seasonable weather, for the abundance of fruits of the earth, and for peaceful times, let us pray to the Lord.

For those who travel by sea or by land or by air or in the vastness of

the heavens; for the sick, the suffering, for those who are in captivity and for their salvation, let us pray to the Lord.

For our deliverance from all tribulation, wrath, danger and necessity, let us pray to the Lord.

Help us, save us, have mercy upon us, and keep us, O God, by Your grace.

Calling to remembrance our most holy, most pure, most blessed and glorious Lady, the Theotokos and Ever-Virgin Mary, with all the Saints, let us commend ourselves, and each other, and all our life unto Christ our God.

℟. To You, O Lord.

The Priest may say the First Morning Prayer aloud:

We thank You, O Lord our God, who have raised us up from our beds and have put into our mouths a word of praise, that we may worship and call upon Your holy Name. And we entreat You, by Your mercies which You have always shown in our life, now send down Your help to those who stand before the face of Your holy glory and await Your rich mercy. Grant that they may always, with fear and love, adore You, praise You, hymn You, and worship Your inexpressible goodness.

Exclamation

FOR TO YOU are due all glory, honor and worship: to the Father, and to the Son, and to the Holy Spirit, now, and ever, and unto ages of ages.

℟. Amen.

God is the Lord and Troparia

Deacon: In the ___ Tone. God is the Lord and has revealed Himself to us. Blessed is He who comes in the name of the Lord.

The Choir repeats this after every verse of the Priest or Deacon.

✠ O give thanks to the Lord, for He is good, for His mercy endures forever.

✠ They encompassed me round about, and in the name of the Lord have I kept them back.

✠ I shall not die but live, and declare the works of the Lord.

✠ The stone which the builders rejected has become the head of the corner. This is of the Lord, and it is wondrous in our eyes.

The appointed Troparia and Theotokion or Stavrotheotokion.

ON LENTEN WEEKDAYS**ALLELUIA**

Deacon: In the ___ Tone. Alleluia, alleluia, alleluia.

The Choir repeats this after every verse of the Priest or Deacon.

✠ Out of the night my spirit wakes at dawn to You, O God, for Your commandments enlighten the earth.

✠ Learn righteousness, O dwellers on the earth.

✠ Zeal shall consume the ignorant; fire shall consume Your adversaries.

✠ Add more evils upon them, O Lord; add more evils upon the glorious of the earth.

Then the Triadika according to the Tone.

TRIADIKA

The ending of the first Tridikon varies on each day:

Monday: ... through the protection of Your angels have mercy on us.

Tuesday: ... through the prayers of Your Forerunner have mercy on us.

Wednesday and Friday ... by the power of Your Cross, save us, O Lord.

Thursday: ... through the prayers of Your Apostles and St. Nicholas have mercy on us.

TONE 1

THROUGH bodily forms, we have come to the spiritual and immaterial understanding of the bodiless powers, and by the singing of the thrice-holy hymn, we have received the light of the divinity in three Persons. Let us sing with the Cherubim to our only Lord: Holy, holy, holy are You, O our God; ...

Glory.

With all the Powers of heaven let us sing as the Cherubim, and offer the thrice-holy hymn of praise to the Most High: Holy, holy, holy are You, O our God; through the prayers of all the saints, have mercy on us.

Now.

Rising from sleep we bow down before You, as we sing again the hymn of the angels: Holy, holy, holy are You, O our God; through the prayers of the Theotokos, have mercy on us.

Let us sing to him with faith and hope, and ask for his hierarchical intercessions. Keep the Church in Russia in tranquillity, and the Church in America in peace; gather her scattered children into our flock, bring to repentance those who have renounced the True Faith, preserve our lands from civil strife, and entreat God's peace for all people!

Kontakion of the Feast, Tone 8:

To you, O Theotokos, victorious leader of triumphant hosts, we your servants offer hymns of thanksgiving; for you have delivered us from misfortune. In your invincible power, keep us from every peril, that we may cry to you: Rejoice, O unwedded Bride.

Kontakion of the Archangel Gabriel, Tone 2:

O leader of the armies of God and servant of the divine glory, guardian of mankind and leader of the angels, intercede for us in all our needs, and obtain for us abundant mercy; for you are the leader of the heavenly hosts.

Another Kontakion of the Archangel, Tone 8:

O Archangel, you are the glorious intercessor and minister of the splendid, holy, all-accomplishing, ineffable, and awesome Trinity. Pray that we may be delivered from all harm and torment, that we may cry to you: Rejoice, O protector of your servants.

Kontakion of St. Tikhon, Tone 2:

A gentle manner adorned you; you showed kindness and compassion to those who repented, you were firm

and unbending in confessing the Orthodox Faith, and zealous in loving the Lord. O holy Hierarch of Christ and Confessor Tikhon, pray for us that we may not be separated from the love of God, which is in Christ Jesus our Lord!

31. Innocent Veniaminov, Apostle to America and Metropolitan of Moscow.

Troparion of St. Innocent, Tone 4:

O holy Fathers Innocent, in obedience to the will of God, you accepted dangers and tribulations, bringing many people to the knowledge of truth. You showed the way, and now, by your prayers and teaching, help lead us into the Kingdom of Heaven.

Another Troparion, Tone 2:

You evangelized the northern people of America and Asia, proclaiming the Gospel of Christ to the natives in their own tongues, O holy Father Hierarch Innocent, Enlightener of Alaska and all America whose ways were ordered by the Lord. Pray to Him for the salvation of our souls in the Heavenly Kingdom.

Another Troparion, Tone 4:

In response to the grace of the Holy Spirit, O holy Fathers Innocent, you bravely went forth to bring the Gospel to a multitude of peoples. The heavenly powers themselves were amazed by your zeal, for you persevered in the face of dangers and hardships of every kind. Thus, by the purity and goodness that shone forth from you, God Himself led many to embrace the faith. Beg Christ our God to save our souls.

24. Prefeast of the Annunciation. Zacharias the Faster of the Kievan Caves. Cairlon, Bishop of Cashel.

Troparion of the Prefeast, Tone 4:

Today is the prelude of joy for the whole world. Let us then anticipate the feast and celebrate. For behold, Gabriel is on his way with the glad tidings for the Virgin; He is about to cry out in fear and amazement: Rejoice, you who are full of grace! The Lord is with you!

Kontakion of the Prefeast, Tone 4:

Through the descent of the Holy Spirit at the voice of the Archangel, you conceived the One who is equal in essence and glory with the Father, O you who are Adam's resurrection.

Another Kontakion of the Prefeast, Tone 8:

O Virgin Mother of God, you are the beginning of salvation for all of us on earth. For God's minister, the great Archangel Gabriel, was sent from heaven to stand before you bringing joy. Wherefore we all cry to you: Rejoice, O Bride unwedded.

25. Annunciation to the Theotokos.

Troparion, Tone 4:

Today is the crown of our salvation and the manifestation of the mystery that is from all eternity. The Son of God becomes the Son of a Virgin, and Gabriel announces the good tidings of grace. Therefore let us also join him and cry aloud to the Theotokos: Rejoice, you who are full of grace; the Lord is with you!

Kontakion, Tone 8:

To you, O Theotokos, victorious

leader of triumphant hosts, we your servants offer hymns of thanksgiving; for you have delivered us from misfortune. In your invincible power, keep us from every peril, that we may cry to you: Rejoice, O unwedded Bride

26. Synaxis of the Archangel Gabriel. Tikhon, Archbishop of North America, Patriarch of Moscow, and New-Martyr. *(In some places, St. Tikhon is commemorated on 10 October or 7 April.)*

Troparion of the Feast, Tone 4:

Today is the crown of our salvation and the manifestation of the mystery that is from all eternity. The Son of God becomes the Son of a Virgin, and Gabriel announces the good tidings of grace. Therefore let us also join him and cry aloud to the Theotokos: Rejoice, you who are full of grace; the Lord is with you!

Troparion of the Archangel Gabriel, Tone 4:

O leader of the heavenly hosts, although we are always unworthy, we beseech you that with your prayers you may encircle us with the protection of the wings of your angelic glory. Watch over us as we bow low and earnestly cry out to you: Deliver us from danger, O Prince of the heavenly hosts.

Troparion of St. Tikhon, Tone 1:

Let us praise Tikhon, the Patriarch of all Russia, and Enlightener of North America, an ardent follower of the apostolic traditions, and good pastor of the Church of Christ, who was elected by Divine Providence, and gave up his life for his sheep.

TONE 2

ON EARTH we imitate the Powers on high, and we offer our hymn of victory to You as we sing: Holy, holy, holy are You, O our God; ...

Glory.

O uncreated Nature and Maker of the universe, open our lips and our mouths shall proclaim your praise by singing: Holy, holy, holy are You, O our God; through the prayers of all the saints, have mercy on us.

Now.

O Lord, You have wakened me from my sleep. Enlighten my heart and my spirit. Open my lips that I may praise You, O Holy Trinity: Holy, holy, holy are You, O our God; through the prayers of the Theotokos have mercy on us.

TONE 3

CONSUBSTANTIAL and indivisible Trinity, unity in three Persons and equal in eternity, with the angels we sing to You, O Lord: Holy, holy, holy are You, O our God: ...

Glory.

O Eternal Father and coeternal Son and the Spirit who shares eternity with the one God, together with the angels we sing to You, O Lord: Holy, holy, holy are You, O our God; through the prayers of all the saints, have mercy on us.

Now.

The Judge will come as a flash of lightning to lay bare the deeds of everyone; at midnight we cry to You

with fear: Holy, holy, holy are You, O our God; through the prayers of the Theotokos, have mercy on us.

TONE 4

WE mortals now dare to sing and offer You the hymn of your heavenly ministers: Holy, holy, holy are You, O our God; ...

Glory.

As the army of angels in heaven, O Lord, with fear we on earth offer You this hymn of victory: Holy, holy, holy are You, O our God; through the prayers of all the saints, have mercy on us.

Now.

We dare to glorify You, O Christ, our God, together with your eternal Father and your most Holy Spirit; and with the Cherubim we cry out: Holy, holy, holy are You, O our God; through the prayers of the Theotokos have mercy on us.

TONE 5

THIS is the hour for praise and prayer; let us unceasingly cry to the Lord: Holy, holy, holy are You, O our God, ...

Glory.

With unworthy voices we dare to represent the heavenly hosts and sing to You, O eternal Trinity: Holy, holy, holy are You, O our God; through the prayers of all the saints, have mercy on us.

Now.

O Christ, You dwelt in the virginal womb without being separated from the bosom of the Father; accept our voices with



the angels: Holy, holy, holy are You, O our God; through the prayers of the Theotokos, have mercy on us.

TONE 6

WITH FEAR and trembling, the Cherubim and Seraphim sing the thrice-holy hymn with unceasing voice; and we sinners also cry out with them: Holy, holy, holy are You, O our God, ...

Glory.

The Cherubim with immaterial lips and the Seraphim with unceasing praise, sing the thrice-holy hymn to You, O our God, and we on earth with our unworthy lips offer You our praise by singing: Holy, holy, holy are You, O our God; through the prayers of all the saints, have mercy on us.

Now.

Let us glorify the three Persons in one God, united without confusion, and let us take up the hymn of the angels as we sing: Holy, holy, holy are You, O our God; through the prayers of the Theotokos, have mercy on us.

TONE 7

YOUR great glory is praised by the Cherubim, O Lord, and the angels adore your divine majesty; accept from our sinful lips this hymn: Holy, holy, holy are You, O our God: ...

Glory.

Shaking off both laziness and sleep, arise and offer praise to the Creator, and in fear, O my soul, sing to Him: Holy, holy, holy are You, O our God; through the prayers of all the saints, have mercy on us.

Now.

To the unapproachable Divinity and the unique Trinity, let us offer the triple praise of the Seraphim, and with fear and trembling, let us sing: Holy, holy, holy are You, O our God; through the prayers of the Theotokos, have mercy on us.

TONE 8

LIFTING our hearts to heaven, let us imitate the heavenly hosts, and let us fall down with fear before the Lord, as we sing the hymn of victory and say: Holy, holy, holy are You, O our God; ...

Glory.

The Cherubim dare not raise their eyes to You, as they joyfully sing the divine words of the thrice-holy hymn; and we sinners also cry out with them: Holy, holy, holy are You, O our God; through the prayers of all the saints, have mercy on us

Now.

Overwhelmed by the weight of our many sins, we dare not raise our eyes to heaven; with souls and bodies bowed before You, we sing together with the angels: Holy, holy, holy are You, O our God. Through the prayers of the Theotokos, have mercy on us.

PSALMODY

Depending on the Season, there are two or three Kathismata of the Psalter. After each Kathisma comes a Sessional hymn. But on Saturdays, Sundays, Feasts, Pre-feasts, and Post-feasts, the Little Litany is said before each Sessional Hymn.

Deacon: Again and again in peace, let us pray to the Lord.



Patrick as the Enlightener of the Irish and a torch-bearer on earth, and through him guided many to the true Faith. Most Compassionate One, glory to You.

Another Troparion, Tone 4:

O holy bishop Patrick, you appeared as a fisher of men, casting forth the nets of doctrine. You drew souls into the Kingdom of God by baptizing the children of idolaters and making them children of God. Intercede for those who honor you that the Lord will save our souls, for He alone is merciful.

Another Troparion, Tone 1:

Today Armagh rejoices with Antrim and Mayo, and all Ireland praises the illustrious apostle Patrick. On all he met he made a deep and lasting impression, for the grace of God overflowed his noble and sensitive nature. With the Lord Christ as his breastplate and the undying lamp of the Spirit in his hand, he went forth to make the Irish people children of the font, baptizing them into Christ, the only Lover of mankind.

Another Troparion, Tone 2:

While you lived on earth, O blessed Father Patrick, you bound to yourself the strong name of the Holy Trinity, and faith in the undivided Trinity Who created the universe. Now as you stand before the throne of the Holy Trinity, entreat Christ our God to save our souls!

Another Troparion, Tone 3:

O holy Bishop Patrick, faithful

shepherd of Christ's royal flock, you filled Ireland with the radiance of the Gospel: the mighty strength of the Trinity! Now as you stand before the Savior, pray that He may preserve us in faith and love!

Another Troparion, Tone 3:

O holy bishop Patrick, wonderworker equal to the Apostles, enlightener of the Irish Land, entreat the merciful God, that He grant our souls remission of transgressions.

Kontakion, Tone 4:

The evil one is ever on the watch to carry off entire nations as booty, viciously plundering their spirits and leading the minds of the people into error. For this, you wisely spurned the world as a passing dream prone to destruction, O holy Patrick, preferring to be a merchant of that which lasts forever. Thus, you led the Irish nation to worship Christ our God, becoming the blessed Fathers of a multitude of sons and daughters in the Lord. Beg Him to save our souls.

Another Kontakion Tone 4:

From slavery you escaped to freedom in Christ's service: He sent you to deliver Ireland from the devil's bondage. You planted the word of the Gospel in pagan hearts. In your journeys and hardships you rivaled the apostle Paul! Now that you have received the reward for your labors in heaven, holy Bishop Patrick, never cease to pray for the flock you have gathered on earth.

MARCH

14. Benedict of Nursia.

Troparion, Tone 1:

You showed the truthfulness of your name by your ascetical labors, O God-bearing Father Benedict. Having grown as a true benediction, you became a rule, a model for all those who generously imitate your holy life, crying out with harmonious voices: Glory to Him Who strengthened you! Glory to Him Who crowned you! Glory to Him Who brings salvation to us through your prayers!

Another Troparion, Tone 1:

Consumed by desire to follow Christ, you lived in the wilderness in fasting, watchfulness, and prayer. When the Lord inspired you to care for many different families of monks, you brought them together under one roof and one Father in Christ. By word and example you taught them to prefer the worship of God to all else, joining sacred reading with manual work in prudence and moderation. Because of you, a multitude of men and women throughout the west have followed the Lord and through them you remain in this world after leaving it, O blessed Father Benedict, beg Christ our God to save our souls.

Another Troparion, Tone 1:

Throughout the West your fame has spread, leading men and women to follow this path. Through them, your sons and daughters in the Spirit, you remain in this world after leaving it. Entreat the Lord, O holy Father Benedict, to grant us His great mercy.

Kontakion, Tone 6:

You were enriched by God's grace and sealed your calling with works. Pleasing to Christ God in prayer and fasting, O Benedict, you have shown yourself filled by the Spirit's gifts; champion against the enemies, healer of the sick, and swift help for our souls.

Another Kontakion, Tone 8:

Like a sun of the Mystic Dayspring, you enlightened the monastics of the West, and instructed them by deed and word. And as for us who honor you, purge us of the filth of the passions by the sweat of your ascetical achievements, for we cry to you: Rejoice, O Father Benedict.

Another Kontakion, Tone 6:

In your prayerful discipline and self-control, you healed the sick while making demons scatter in terror, proving your calling by countless great and wondrous deeds. As a favorite of Christ the Lord, you were enriched by divine grace and filled with the gifts of the Holy Spirit, showing us the truth of your name, O holy Fathers Benedict. Beg Christ our God to save our souls.

Another Kontakion, Tone 6:

You demonstrated your calling by your wondrous works, for enriched by divine grace and filled with the gifts of the Holy Spirit, you became a favorite of the Lord by your prayers and fasting, showing the truth of your name, O blessed Father Benedict.

17. Patrick, Enlightener of Ireland.

Troparion, Tone 8:

Most glorious are You, Christ our God Who established our Father

℟. Lord, have mercy.

Help us, save us, have mercy upon us, and keep us, O God, by Your grace.

℟. Lord, have mercy.

Calling to remembrance our most holy, most pure, most blessed and glorious Lady, the Theotokos and Ever-virgin Mary, with all the Saints, let us commend ourselves and each other and all our life unto Christ our God.

℟. To You, O Lord.

The Priest may say the Third Morning Prayer aloud:

Out of the night our spirits awake at dawn to You, O God, for Your commandments are a light. Teach us Your righteousness, Your commandments, and Your statutes, O God. Enlighten the eyes of our understanding, lest at any time we sleep unto death in sins. Dispel all darkness from our hearts. Graciously give unto us the Sun of Righteousness, and by Your Holy Spirit preserve our life unassailed. Guide our steps into the way of peace. Grant us to behold the dawn and the day with joy, that we may raise our morning prayers to You.

Exclamation:

FOR Yours is the might, and Yours is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

℟. Amen.

After the second Kathisma and Little Litany, The Priest may say the Seventh Morning Prayer aloud:

O God and Father of our Lord Jesus Christ, who have raised us up from our

beds and have gathered us together at this hour of prayer: Grant us grace in the opening of our mouth, and receive our thanksgiving as we have power to make them, and instruct us in Your statutes. For we know not how to pray as we ought unless You, O Lord, by Your Holy Spirit, guide us. Wherefore, we beseech You: Forgive, remit, pardon whatsoever sins we may have committed up to this present hour, whether by word or deed or thought, whether voluntarily or involuntarily; for if You should mark iniquities, O Lord, O Lord, who shall stand? For there is forgiveness with You. For You only are holy, a mighty Helper and the Defender of our life, and we shall ever sing of You.

Exclamation:

FOR You are a good God and love mankind, and to You we send up glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.

℟. Amen.

On Sundays and Feasts, page 31. After the Third Kathisma and Little Litany, The Priest may say the Eighth Morning Prayer aloud:

O Lord our God, Who have banished from us the sluggishness of sleep and have called us together by a holy bidding, that in the night also we may lift up our hands and confess Your righteous judgments: Receive our prayers, petitions, and confessions, and nocturnal adoration, and grant unto us, O God, faith unshamed, hope unwavering, love unfeigned. Bless our comings and our goings, our deeds and works and words and thoughts. And grant that we may come to the beginning of this day praising, singing, and blessing the goodness of Your ineffable beneficence.

Exclamation:

FOR blessed is your Name, and glorified is Your Kingdom, of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

℞. Amen.

On Fourth Class Feasts, go directly to Psalm 50, the Canon, and Lauds as on Feasts. (During Paschaltide we chant Having beheld the Resurrection of Christ.)

From Monday after Thomas Sunday through the Feast of the Ascension, we sing the following hymn, Tone 6:

HAVING beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. We venerate Your Cross, O Christ, and we praise and glorify Your holy Resurrection; for You are our God, and we know no other than You; we call on Your name. Come, all you faithful, let us venerate Christ's holy Resurrection! For behold, through the Cross joy has come into all the world. Let us ever bless the Lord, praising His Resurrection, for by enduring the Cross for us, He has destroyed death by death.

Then on all days, the Reader says:

Psalm 50

HAVE MERCY on me, O God, according to Your great mercy; and according to the multitude of Your compassions blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin. For I acknowledge my iniquity, and my sin is continually before me. Against You only have I sinned and

done this evil before You, that You might be justified in Your words, and prevail when You are judged. For behold, I was conceived in iniquities, and in sins did my mother bear me. For behold, You have loved truth; the hidden and secret things of Your wisdom You have made clear to me. You shall sprinkle me with hyssop, and I shall be made clean; You shall wash me and I shall be made whiter than snow. You shall make me to hear joy and gladness; the bones which have been humbled shall rejoice. Turn Your face away from my sins, and blot out all my iniquities. Create a clean heart in me, O God, and renew a right spirit within me. Cast me not away from Your presence, and take not Your Holy Spirit from me. Restore to me the joy of Your salvation, and with Your governing Spirit establish me. I shall teach transgressors Your ways and the ungodly shall turn back to You. Deliver me from blood-guiltiness, O God, who are the God of my salvation; my tongue shall rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth shall declare Your praise. For if You had desired sacrifice, I would have given it; with whole burnt offerings You shall not be pleased. A sacrifice to God is a broken spirit; a heart that is broken and humbled God will not despise. Do good, O Lord, in Your good pleasure to Sion, and let the walls of Jerusalem be built. Then shall You be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings. Then shall they offer bullocks upon Your altar.

And then the Canon, page 35.

FEBRUARY

1. Prefeast of the Meeting.

Troparion of the Prefeast, Tone 1:

The hosts of angels look down from the balconies of heaven to behold upon earth the First-fruits of all creation carried into the Temple, a suckling Babe in the arms of a Mother all-pure. Together with us, they joyfully sing a hymn in preparation for the feast.

Kontakion of the Prefeast, Tone 6:

He who is the invisible Word of the Father has become visible in the flesh. He who was born in a mysterious manner from a Virgin is laid in the arms of a blessed old man. Let us bow to Him, our true God.

2. Meeting of our Lord.

Troparion, Tone 1:

Hail, Theotokos, Virgin full of grace. From you has shone forth the Sun of Righteousness, Christ our God, giving light to those in darkness. Be glad also, O righteous Elder, for you have received in your arms the Deliverer of our souls, Who bestows upon us Resurrection.

Kontakion, Tone 1:

You who have sanctified by Your Birth a virgin womb and fittingly blessed the hands of Simeon, You have come, O Christ our God, and

on this day have saved us. Give peace to nations at war and strengthen the Orthodox people whom You have loved, for You alone love mankind.

3. Synaxis of Ss Simeon and Anna.

Troparion of the Meeting, Tone 1: Hail, Theotokos ...

Troparion of St. Simeon and Anna, Tone 1:

In the Temple you embraced as an infant God the Word Who became flesh. O glorious Elder Simeon, who held God in your arms. And also as a prophetess the august Anna ascribed praise to Him. We acclaim you as divine servants of Christ.

Kontakion of the Meeting, Tone 1: You who have sanctified...

Kontakion of Ss Simeon and Anna, Tone 3:

Let Simeon the Righteous and Anna the Prophetess, that godly pair, be praised together; well-pleasing to God, they became witnesses of the Incarnate Lord. When they saw him as an infant, together they worshipped Him.

Another Kontakion of St. Simeon, Tone 4:

Today the Elder Simeon asks to be loosed from the bonds of this life of corruption, receiving in his arms Christ, the Creator and Lord.

9. Leave-Taking of the Meeting.

the whole inhabited world with the beams of their divine doctrines, the rivers of wisdom flowing with honey, who watered all creation with streams of the knowledge of God, Basil the Great and Gregory the Theologian with famous John whose tongue spoke golden words, let all we lovers of their words now assembled honor them in hymns. For they ever intercede with the Trinity on our behalf.

Another Troparion, Tone 4:

Since you share in the ways of the apostles, O teachers of the whole

world, entreat the Master of all, that He grant peace to the world and great mercy to our souls.

Kontakion, Tone 2:

The sacred heralds of divine proclamation, the foremost among the teachers, have You received, O Lord, into the enjoyment of Your good things and into rest; for You have accepted their labors and death as surpassing any holocaust, O You Who alone glorify Your saints.

On Sundays and Feasts

For the Third reading of the Psalter, the Polyeleos (Psalms 134 and 135) is sung. By custom, only selected verses are used. Strictly, the Polyeleos is sung on all Sundays between 22 September and 20 December, and again from 14 January up to and including the Sunday of the Prodigal Son, but from Cheesefare (Forgiveness) Sunday to 22 September, we should chant the 17th Kathisma (Psalm 119) or at least selected verses.

Polyeleos

PRAISE the name of the Lord, O you servants of the Lord. Alleluia.

You who stand in the house of the Lord, in the courts of the house of our God. Alleluia.

Praise the Lord, for the Lord is good; chant to His name, for it is good. Alleluia.

Blessed is the Lord out of Zion, who dwells in Jerusalem. Alleluia.

O give thanks to the Lord, for He is good, for His mercy endures forever. Alleluia.

O give thanks to the God of gods, for His mercy endures forever. Alleluia.

O give thanks to the Lord of lords, for His mercy endures forever. Alleluia.

O give thanks to the God of heaven, for His mercy endures forever. Alleluia.

Megalynarion

On Feasts we now chant the Megalynarion and as much of the Eclogarion (Selected Psalm) as needed. But if a Feast of the Theotokos or a Saint falls on Sunday, we sing the Megalynarion only once, and then go directly to the Evlogitaria.

Evlogitaria

On Sundays (except for Great Feasts of the Lord), we sing the Evlogitaria of the Resurrection, Tone 5:

Blessed are You, O Lord:
teach me Your statutes.

THE COMPANY of angels was amazed, beholding You, O Savior, numbered among the dead, who have destroyed the power of death and raised up Adam with Yourself, setting all mortals free from hell.

Blessed are You, O Lord:
teach me Your statutes.

“Why mingle sweet-smelling ointment with tears of pity, O women disciples?” cried the angel who shone as lightning within the tomb to the women bearing myrrh. “Behold the tomb and understand: for the Savior has risen from the tomb.”

Blessed are You, O Lord:
teach me Your statutes.

The women bearing sweet-smelling ointment hastened early in the morning to Your tomb, lamenting; but the angel arose before them and he said: “The time for lamentation has ceased; weep not, but tell the apostles of the Resurrection.”

Blessed are You, O Lord:
teach me Your statutes.

The women bearing sweet-smelling ointment came to Your tomb, O Savior, but they heard an angel say to them: “Why count the living among the dead? For as God, He has risen from the tomb.”

Glory.

We worship the Father together with His Son and the Holy Spirit, the Holy Trinity one in essence, and we cry with the Seraphim: Holy, holy, holy are You, O Lord.

Now.

O Virgin, having borne the Giver of life, you delivered Adam from sin, and to Eve you brought joy in place of sorrow. He who took flesh from you, who is both God and Man has raised up once more those who had fallen from life.

Alleluia, alleluia, alleluia,
glory to You, O God. *3 times*

Little Litany. The Priest may say the Eighth Morning Prayer aloud:

O Lord our God, Who have banished from us the sluggishness of sleep and have called us together by a holy bidding, that in the night also we may lift up our hands and confess Your righteous judgments: Receive our prayers, petitions, and confessions, and nocturnal adoration, and grant unto us, O God, faith unashamed, hope unwavering, love unfeigned. Bless our comings and our goings, our deeds and works and words and thoughts. And grant that we may come to the beginning of this day praising, singing, and blessing the goodness of Your ineffable beneficence.

Exclamation:

FOR blessed is your Name, and glorified is Your Kingdom, of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

℟. Amen.

Hypacoë on Sundays; Sessional Hymn on Feasts.

GOSPEL SEQUENCE Hymns of Ascent

On Sundays, we sing the Hymns of Ascents of the Tone. But on Feasts, we sing the First Antiphon in Tone 4:

FROM my youth, many passions have warred against me; but help me and save me, O my Savior.

You who hate Zion shall be put to shame by the Lord: as grass in the fire shall you be withered.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

By the Holy Spirit is every soul filled with life: through purification it is raised on high and made bright by the Three-fold Unity in a holy mystery.

On Sundays and Feasts, after the Anavathmoi, the Deacon, Priest, or Canonarch and Choir chant the Prokeimenon of Matins in the usual manner, then:

Deacon: Let us pray to the Lord.

℟. Lord, have mercy.

Priest: For You are holy, O our God who rest in the Holy Place, and to You we send up glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.

℟. Amen.

Deacon: Let every breath praise the Lord.

℟. Let every breath praise the Lord.

Praise God in His saints, praise Him in the firmament of His power.

to baptize Me: for I have come to save Adam, the first created man.

5. Eve of the Theophany.

Troparion, Tone 4:

After Elijah had gone up to heaven, Elisha threw his mantle in the Jordan River which parted, opening a way, a dry path between two walls of water, where he could pass, a true symbol of our baptism by which we pass through this fleeting life. Christ has been seen at the Jordan River to sanctify the waters.

Kontakion, Tone 2:

O most compassionate Christ who absolve our sins in the depth of Your mercy, You came to be baptized with the water of the Jordan. You robed me in splendor, replacing my ancient garment of evil..

6. Theophany of our Lord and God and Savior, Jesus Christ.

Troparion, Tone 1:

When You were baptized in the Jordan, O Lord, worship of the Trinity was revealed, for the Father's voice bore witness to You; calling You His beloved Son, and the Spirit in the form of a dove confirmed the truth of these words. O Christ God, Who appeared and enlightened the world, glory to You!

Kontakion, Tone 4:

You have appeared today to the inhabited earth, and Your light, O Lord, has been marked upon us, who with knowledge sing Your praise. You have come, You are made manifest, the Light that no man can approach.

7. Synaxis of the holy, glorious

Prophet, Forerunner and Baptist John.

Troparion of the Feast, Tone 1: When You were baptized ...

Troparion of the Forerunner, Tone 2:

The remembrance of the just is worthy of praise, but the Lord's testimony is sufficient for you, O Forerunner; for it has shown that you are indeed more worthy of honor than the Prophets. You were found worthy to baptize the Lord whom you foretold. Thereafter, you suffered for the truth and, rejoicing, also announced the Good News to those in the abyss that God had appeared as man taking away the sins of the world and granting to all of us the abundance of mercy.

Kontakion of the Feast, Tone 4: You have appeared ...

Kontakion of the Forerunner, Tone 6:

O Lord, before your presence in the flesh, the Jordan River trembled and reversed its course out of fear. Struck with awe, John hesitated to perform upon You the baptism foretold by the prophets. The ranks of angels were rapt in wonder when they saw You being baptized in the flesh. All those in darkness received illumination and sang a hymn of praise to You, O Lord, for you appeared and shed your light upon the whole world.

14. Leavetaking of the Theophany.

30. The Three Hierarchs Basil the Great, Gregory the Theologian and John Chrysostom.

Troparion, Tone 1:

The three greatest beacons of the Three-sunned Godhead, who lighted

gifts. They had been guided by a star. But angry Herod mowed the children like wheat, lamenting that his power was destroyed.

Another Kontakion of the Holy Innocents, Tone 4:

A star sent the Magi to the newly born Child, and Herod send his army in vain. He was wanting to murder Him Who lay in the manger as an infant.

31. Leavetaking of the Nativity.

JANUARY

1. The Circumcision of our Lord Jesus Christ. Basil the Great.

Troparion of the Feast, Tone 1.

Without change You took a human form, being God by nature, most compassionate Lord; and fulfilling the law You willingly accepted Circumcision in the flesh, that You might banish shadows and strip off the covering of our passions. Glory to Your goodness! Glory to Your compassion! Glory to Your ineffable condescension, O Word!

Another Troparion of the Feast, Tone 1:
O Jesus, enthroned on high together with Your eternal Father and Divine Spirit, You condescended to be born on earth of a Maiden and Virgin Mother. And on the eighth day You were circumcised. Praised be Your most noble decision! Praised be Your plan of salvation! Praised be Your condescension, O Lord who alone love mankind.

Troparion of St. Basil, Tone 1:

Your fame has gone forth into all the earth, which has received you word. Thereby you have taught the Faith; you have revealed the nature of created things; you have made a royal priesthood of the ordered life of monastics. Righteous Father Basil,

intercede with Christ our God that our souls may be saved.

Kontakion of the Circumcision, Tone 3:
The Lord of all endures circumcision and His goodness purifies the sins of mankind and grants salvation to the world today. Therefore, Basil the priest and torchbearer of the Creator, the divine mystic of Christ, rejoices on high.

Kontakion of St. Basil, Tone 4:

You were an unshaken foundation of the Church and gave to all mortals an inviolate lordship which you sealed with your doctrine, O righteous Basil, revealer of the mysteries of heaven.

2–4. Forefeast of the Theophany.

Troparion, Tone 4:

Make ready, O Zabulon, and prepare yourself, O Naphtali, O River Jordan, stop and receive with joy the Master coming to be baptized. O Adam, rejoice with the first mother, Eve, and do not hide yourselves as before in paradise. For, having seen you unclothed, Christ has appeared to clothe you with the first robe. He has appeared to renew all creation.

Kontakion of the Forefeast, Tone 4:

Today the Lord stood in Jordan's current telling John: Do not hesitate

℟. Let every breath praise the Lord.

Let every breath

℟. Praise the Lord.

Priest: And that He would make us worthy of hearing His Holy Gospel, let us pray to the Lord God.

℟. Lord, have mercy. *3 times.*

Priest: Wisdom. Let us attend. Let us listen to the Holy Gospel. Peace be to all.

℟. And to your spirit.

Priest: The Reading from the Holy Gospel according to *Name.*

℟. Glory to You, O Lord, glory to You.

Priest: Let us attend. *And after the Gospel, the Choir repeats* Glory to You, O Lord, glory to You.

On Sundays of the Resurrection, on Ascension, and on Exaltation of the Holy Cross, we sing the following hymn, Tone 6:

HAVING beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. We venerate Your Cross, O Christ, and we praise and glorify Your holy Resurrection; for You are our God, and we know no other than You; we call on Your name. Come, all you faithful, let us venerate Christ's holy Resurrection! For behold, through the Cross joy has come into all the world. Let us ever bless the Lord, praising His Resurrection, for by enduring the Cross for us, He has destroyed death by death.

Then on all days, the Reader says:

Psalm 50

HAVE mercy on me, O God, according to Your great mercy; and according to the multitude of Your compassions blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin. For I acknowledge my iniquity, and my sin is continually before me. Against You only have I sinned and done this evil before You, that You might be justified in Your words, and prevail when You are judged. For behold, I was conceived in iniquities, and in sins did my mother bear me. For behold, You have loved truth; the hidden and secret things of Your wisdom You have made clear to me. You shall sprinkle me with hyssop, and I shall be made clean; You shall wash me and I shall be made whiter than snow. You shall make me to hear joy and gladness; the bones which have been humbled shall rejoice. Turn Your face away from my sins, and blot out all my iniquities. Create a clean heart in me, O God, and renew a right spirit within me. Cast me not away from Your presence, and take not Your Holy Spirit from me. Restore to me the joy of Your salvation, and with Your governing Spirit establish me. I shall teach transgressors Your ways and the ungodly shall turn back to You. Deliver me from blood-guiltiness, O God, who are the God of my salvation; my tongue shall rejoice in Your righteousness. O Lord, You shall open my lips, and my mouth shall declare Your praise. For if You had desired sacrifice, I would have given it; with

whole burnt offerings You shall not be pleased. A sacrifice to God is a broken spirit; a heart that is broken and humbled God will not despise. Do good, O Lord, in Your good pleasure to Sion, and let the walls of Jerusalem be built. Then shall You be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings. Then shall they offer bullocks upon Your altar.

On most Feasts and Sundays outside of Triodion:

Glory.

THROUGH the prayers of the apostles, O merciful Lord, cleanse me from the multitude of my transgressions.

Now.

Through the prayers of the Theotokos, O merciful Lord, cleanse me from the multitude of my transgressions.

✠ Have mercy on me, O God, according to Your great mercy; and according to the multitude of Your compassions blot out my transgressions.

Feasts have a proper verse, but on most Sundays:

JESUS has risen from the tomb as He fore-told, granting us eternal life and great mercy.

But on Sundays of Triodion except on Palm Sunday:

Glory.

OPENTOME, O Giver of Life, the gates of repentance; for early in the morning my spirit seeks Your holy temple,

bearing a temple of the body all defiled. But in Your compassion, cleanse it by Your lovingkindness and mercy.

Now.

Guide me in the path of salvation, O Theotokos, for I have befouled my soul with shameful sins, and have wasted all my life in slothfulness. By your intercessions, deliver me from all uncleanness.

✠ Have mercy on me, O God, according to Your great mercy; and according to the multitude of Your compassions blot out my transgressions.

AS I PONDER in my wretchedness the many evil things that I have done, I tremble for the fearful day of judgment. But trusting in Your merciful compassion, like David I cry to You: have mercy on me, O God, in Your great mercy.

The Deacon or Priest says the following Prayer:

O GOD, save Your people and bless Your inheritance. Visit Your world with mercy and compassion. Exalt the horn of Orthodox Christians, and send down upon us Your rich mercies: through the intercessions of our most pure Lady Theotokos and ever-virgin Mary, by the might of the precious and life-giving Cross; by the protection of the honorable bodiless powers of heaven; at the supplication of the honorable, glorious Prophet, Forerunner, and Baptist John; of the holy, glorious, all-laudable apostles; ... and of all Your saints, we beseech

wonders you have seen: a Virgin giving birth to a Child; with the shepherds you have glorified Him; with the Wise Men you have worshipped Him; and an angel appeared to you. Ask Christ to save our souls.

Kontakion of the Feast, Tone 3: Today the Virgin gives birth ...

Kontakion of the Saints, Tone 3: Today David, beloved of God, is filled with joy; Joseph and James offer hymns of praise; their joy is the crown of relationship with Christ. They sing praise to Him who was wondrously born; and they cry out: O Merciful Lord, save those who honor You!

26. Synaxis of the Theotokos.

Troparion of the Feast, Tone 4: Your birth, O Christ our God ...

Troparion of St. Tathai, Tone 8: Teacher of true piety and blessed adornment of Christ's Church, O Father Tathai: as you served Wales with your tireless endeavors, teach us, O Saint, the virtues of unshakable stability and loyalty to the true Faith, that at the end Christ our God will grant great mercy to our souls.

Kontakion of the Synaxis, Tone 6: Before the dawn of time He was begotten of the Father and without a mother. Now on earth He becomes man with a Father, being virgin-born from you, O Theotokos. Therefore, a star announces the good news to the Wise Men, while the angels and shepherds sing the glory of your giving birth, O Lady full of grace.

27. Protomartyr Stephen. St. Theodore the Branded.

Troparion of the Feast, Tone 4: Your birth, O Christ our God ...

Troparion of St. Stephen, Tone 4: O first martyr and apostle of Christ, you fought the good fight. You exposed the perversion of the persecutors; for when you were killed by stoning at the hands of the wicked ones, you received a crown from the right hand on high, while you cried out to God, saying: O Lord, do not charge this sin against them.

Kontakion of the Feast, Tone 3: Today the Virgin gives birth ...

Kontakion of St. Stephen, Tone 3: Yesterday the Master came to us in the flesh and today His servant departs from life. Yesterday the King was born in the flesh, and today his servant is stoned to death. For the sake of Christ, holy Stephen became the first martyr.

29. The Holy Innocents. Marcellus, Abbot of the Unsleeping. Mark the Gravedigger of the Kievan Caves.

Troparion of the Feast, Tone 4: Your birth, O Christ our God ...

Troparion of the Holy Innocents, Tone 1: As acceptable victims and freshly picked flowers, as divine first fruits and newborn lambs, you were offered to Christ Who was born as a Child, O most pure children. You mocked Herod's wickedness. Now we beseech you, unceasingly pray for our souls.

Kontakion of the Feast, Tone 3: Today the Virgin gives birth ...

Kontakion of the Holy Innocents, Tone 6: The King was born in Bethlehem. The Magi came from the East with

O Ephratha, for the Tree of Life has blossomed forth from the Virgin in the Cave. Her womb is a spiritual meadow planted with the Divine Fruit; eating of it we shall live forever and not die as Adam. Christ comes to restore the nature which He fashioned in the beginning.

Kontakion, Tone 3:

Today the Virgin is coming to the cave to give birth ineffably to the Pre-eternal Word. Hearing this, be of good cheer, O inhabited earth, and with the angels and shepherds, glorify Him whose will it was to be made manifest a little Child, the Pre-eternal God.

Another Kontakion, Tone 2:

Since we contemplate the one who is the Master of creation now wrapped in swaddling clothes in Bethlehem, let us sing hymns to His Mother to prepare for the Feast. She is quickened with joy like every mother, for she has held the Son of God within her womb.

24. Eve of the Nativity.

Troparion, Tone 4:

At that time Mary registered with the venerable Joseph in Bethlehem, since she was of the house of David. She was with Child, having conceived without seed. When the time for her delivery drew near, they could find no room in the inn, but the cave seemed a joyful palace for the Queen. Christ is born to renew the likeness that had been lost of old.

Kontakion of the Eve, Tone 3:

Today the Virgin is coming to the cave to give birth ineffably to the Pre-

eternal Word. Hearing this, be of good cheer, O inhabited earth, and with the angels and shepherds, glorify Him whose will it was to be made manifest a little Child, the Pre-eternal God.

Kontakion of St. Eugenia, Tone 4:

You fled the passing glory of the world, drawn by longing for Christ, O holy Martyr. You preserved your noble soul unblemished. Thus we praise you, O righteous Eugenia.

25. The Holy Nativity According to the Flesh of our Lord, God, and Savior Jesus Christ

Troparion, Tone 4:

Your Birth, O Christ our God, has shown forth the light of knowledge to the world; for through it, those who worshipped the stars learned from a star to worship You, the Sun of Righteousness, and to know You, the Dayspring from on high. O Lord, glory to You.

Kontakion, Tone 3:

Today the Virgin gives birth to the Transcendent One; and the earth offers a cave to the Inaccessible One. The angels with the shepherds glorify Him; the Wise Men journey with the star, because for our sake is born a little Child, the Pre-Eternal God.

Sunday after Nativity: Joseph the Betrothed, James the Brother of the Lord, and David the Prophet and King.

Troparion of the Resurrection

Troparion of the Feast, Tone 4: Your birth, O Christ our God...

Troparion of the Saints, Tone 2:

O Joseph, announce to David, ancestor of Christ, the good news of the

You, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto You, and have mercy on us.

Choir: Lord, have mercy. *12 times.*

Priest: Through the mercy and compassions and love for mankind of Your only-begotten Son with Whom You are blessed, together with Your all-holy and good, and life-giving Spirit, now and ever and unto the ages of ages.

CANON

After the Third Canticle, the Little Litany. The Priest may say the Fifth Morning Prayer aloud:

O Treasury of good things, Fountain eternal, O holy Father Who work wonders, all-powerful and almighty: We worship You and pray to You, calling Your mercies and Your compassions to the aid and defense of our lowliness. Be mindful of Your servants, O Lord; receive the morning prayers of us all as incense before You, and let none of us be found reprobate, but encompass us with Your compassions. Be mindful, O Lord, of those who watch and sing to the glory of Your only-begotten Son, who is our God, and Your Holy Spirit. Be their Helper and their Support. Receive their supplications upon Your most heavenly and ideal altar.

Exclamation

FOR You are our God, and to You we send up glory, to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.

℟̥. Amen.

After the Sessional Hymn, the Canon continues.

After the Sixth Canticle, the Little Litany and Exclamation:

We give thanks to You, O Lord God of our salvation, for You do all things which are for the welfare of our souls, that we may ever look upward to You, the Savior and Benefactor of our souls. For You have refreshed us in that part of the night which is past, and have raised us up from our beds and have led us to stand here in worship of Your precious Name. Therefore we entreat You, O Lord: give us grace and power, that we may be given understanding to sing praise to You and to pray without ceasing, in fear and trembling, working out our own salvation, through the help of Your Christ. Remember, O Lord, those who cry aloud to You in the night; hear them, and have mercy and crush under their feet invisible and warring enemies.

Exclamation:

FOR You are the King of peace and the Savior of our souls, and to You we send up glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.

℟̥. Amen.

Kontakion, Oikos, and Synaxarion.

After the Eighth Canticle, the Deacon says: The Theotokos and Mother of Light let us magnify in song.

Magnificat

MY SOUL magnifies the Lord, and my spirit has rejoiced in God my Savior.

Refrain: More honorable than the Cherubim and more glorious beyond compare than the Seraphim, who as a virgin gave birth to the Word of God: true Theotokos, we magnify you.



For He has regarded the lowly state of His handmaiden; for behold, henceforth all generations shall call me blessed.

℟. More honorable ...

For He Who is mighty has done great things for me, and holy is His Name. And His mercy is on those who fear Him from generation to generation.

℟. More honorable ...

He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.

℟. More honorable ...

He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent empty away.

℟. More honorable ...

He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to His seed forever.

℟. More honorable ...

After the Katavasia, on Weekdays:

YOU are truly deserving of glory, O Theotokos, the ever blessed and most pure mother of our God. More honorable than the Cherubim and more glorious beyond compare than the Seraphim, who as a virgin gave birth to the Word of God: true Theotokos, we magnify you.

The Little Litany. The Priest may say the Eleventh Morning Prayer aloud:

O God, our God, Who have brought into being by Your will all the powers endowed with speech and reason, we pray You and supplicate You: Receive our praise, which together with all Your creatures we offer according to our strength, and reward us with the rich gifts of Your goodness. For to You every knee bows, whether in heaven, on earth, under the earth, and every breath and created being sings Your ineffable glory, for You only are the true and most merciful God.

Exclamation:

FOR all the powers of heaven praise You, and to You do we send up glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.

℟. Amen.

ON SUNDAYS AND FEASTS
| *Feasts have their own proper Ex-*
| *aposteilarion but on Sundays we sing*
| *first:*

HOLY is the Lord our God.
℟. For holy is the Lord our God.
℣. Over all peoples is our God.

WEEKDAY EXAPOSTEILARIA
From the Horologion

Monday, Tone 3:

YOU have beautified the heavens with stars, and by Your angels have illumined all the earth, O Maker of all things. Save us who hymn You.

Glory. Now.

O Sweetness of angels, O Joy of those who are in sorrows, O Intercessor for Christians, O Virgin Mother of the Lord, intercede for us, and deliver us from eternal torment.



deeds guides those who follow the Orthodox Way. Together we lift high the Holy Cross you planted firmly in America. Let all behold and glorify Jesus Christ, singing his holy Resurrection.

Another Troparion, Tone 3:

O blessed Father Herman, the first light to enlighten our land, we offer to you these praises. You have boldness before our Lord. Be our defender, be our comforter, be the wondrous protector of our Church, as with tender love we call to you: Rejoice, O blessed Father Herman of Alaska, America's most glorious doer of wonders.

Another Troparion, Tone 4:

Blessed ascetic of the northern wilds and gracious intercessor for the whole world, teacher of the Orthodox Faith and good instructor of piety, adornment of Alaska and joy of all America, holy Father Herman, pray to Christ God that he may save our souls.

Kontakion, Tone 3:

The eternal light of Christ our Savior guided you, O blessed Father Herman, on your evangelical journey to America, proclaiming the Gospel of peace. Now you stand before the throne of glory. Intercede for your land and its people for peace for the world and salvation for our souls.

Another Kontakion, Tone 8:

Monk of Valaam and beloved of the Mother of God, new zealot of the desert dwellers of old by your ascetic labors, having taken prayer as your

sword and shield, you revealed yourself as terrible to demons and pagan darkness, wherefore we cry to you: O Saint Herman, pray to Christ God that our souls may be saved.

Sunday on or after 18 December. Sunday of the Genealogy

Troparion of the Resurrection

Troparion of the Prophets, Tone 2:

Great are the achievements of faith! The three Holy Youths rejoiced in the flaming furnace as if they stood in the waters of rest; and Daniel the prophet appeared a shepherd to the lions as if they were sheep. By their prayers, O Christ our God, save our souls.

18 or 19 December, Kontakion, Tone 8:

You did not worship a man-made image, O thrice-blessed youths, but were glorified in the test of fire, protected by a power beyond description. For from the searing flames you cried out to God, saying: Hasten to help us, Omerciful Lord, for in Your greatness, You can do whatever You will.

20–24 December, Kontakion, Tone 1:

Rejoice, O Bethlehem, and prepare yourself, O Ephratha. Behold, the Virgin is on her way to give birth to the great Shepherd whom she carries in her womb. The Godbearing ancestors of Christ rejoice at this sight, and together with the shepherds, they will glorify the Virgin who nurses Him.

20–23. Forefeast of the Nativity of Christ.

Troparion, Tone 4:

Prepare, O Bethlehem, for Eden has been opened to all. Adorn yourself,

**25. Leavetaking of the Feast of the Entrance.****30. Apostle Andrew.***Troparion of St. Andrew, Tone 4:*

As you are the first-called of the apostles and the brother Peter their leader, entreat the Master of all, O Andrew, that He grant peace to the

world and great mercy to our souls.

Kontakion of St. Andrew, Tone 2:

The divinely eloquent namesake of manliness, the eminent follower of the Church, the kinsman of Peter, let us praise, for as of old he was called, so now he calls to us: Come all mankind; we have found the Desired One!

DECEMBER

6. Nicholas the Wonderworker Archbishop of Myra in Lycia.*See Thursday of Weekdays.***9. Conception the Theotokos.***Troparion, Tone 4:*

Today the bonds of childlessness are loosed, for God has heard the prayers of Joachim and Anna. He promised against all hope that they would give birth to a divine virgin from whom the Indescribable One would be born as man, the same who ordered the angels to sing to her: Rejoice, O Lady full of grace! The Lord is with you!

Kontakion, Tone 4:

Today the universe rejoices, for Anna conceived in a manner arranged by God, and because the one born to her will give birth to the Word.

Sunday on or after 11 December. Sunday of the Patriarchs.*Troparion of the Resurrection**Troparion of the Patriarchs, Tone 2:*

Through faith, O Christ, You justified the Patriarchs, for through them You made a commitment to the Church of the Gentiles. These saints are glorified because from them de-

scends the Virgin who gave You birth. Through their prayers, O Christ our God, have mercy on us.

Kontakion, Tone 8:

You did not worship a man-made image, O thrice-blessed youths, but were glorified in the test of fire, protected by a power beyond description. For from the searing flames you cried out to God, saying: Hasten to help us, O merciful Lord, for in Your greatness, You can do whatever You will.

12. Herman of Alaska*Troparion, Tone 7:*

O joyful North Star of the Church of Christ, guiding all to the Heavenly Kingdom; teacher and Apostle of the True Faith, intercessor and defender of the oppressed; adornment of the Orthodox Church in America, blessed Father Herman of Alaska, pray to our Lord Jesus Christ for the salvation of our souls.

Another Troparion, Tone 4:

O blessed Father Herman of Alaska, North Star of Christ's holy Church, the light of your holy life and great

*Tuesday, Tone 3:*

LET us all praise John the Forerunner and Baptizer of the Savior, the Prophet of all prophets, and pupil of the desert, the one born of Elizabeth.

Glory. Now.

O Sweetness of angels, O Joy of those who are in sorrows, O Intercessor for Christians, O Virgin Mother of the Lord, intercede for us, and deliver us from eternal torment.

Wednesday and Friday, Tone 2:

THE CROSS is the guardian of the whole earth, the Cross is the beauty of the Church. The Cross is the strength of the Orthodox; the Cross is the support of the faithful. The Cross is the glory of angels and the wounder of demons.

Glory. Now.

Standing before the Cross, the Lady who seedlessly bore You wept and cried out: "Woe is me, my sweetest Child! How have You departed from my eyes? How are you numbered among the dead?"

Thursday, Tone 2:

GOING forth to all places under the sun, you truly preached the holy incarnation of Christ from the Virgin, converting pagans from their delusions, and illumining all, teaching them to honor the Holy Trinity, O apostles of the Savior.

Glory.

Let us all praise the great archpastor and hierarch Nicholas, the leader of Myra in Lycia; for when many men were to die unjustly, he would appear in a dream with

Avlavios to the King, reversing the unjust sentence.

Now.

O Immaculate Mary, O golden Censer, you were the receptacle of the uncontainable Divinity, in whom the Father was well pleased, the Son entered, and the Holy Spirit overshadowed you, O Handmaiden, and revealed you to be the Theotokos.

Saturday, Tone 2:

AS GOD You possess the living and the dead and have illumined all the earth with Your saints. O Maker of all, save us who sing to You.

Glory. Now.

We praise you, O Theotokos, for we have you as an intercessor before God. Stretch out your unconquerable arm, and crush our enemies, and send down upon your servants help from the Holy One.

From the Paraklitiki*Monday, Tone 2:*

O ARCHANGELS and angels, principalities, dominions, powers, authorities and thrones, many-eyed cherubim and six-winged seraphim, intercede for us to be delivered from peril and from the fire that never shall be quenched.

Glory. Now.

O undefiled one, you are my strong Protector and Watchtower, the Advocate of the World. I fall before you crying: O Virgin, deliver me from sorrow and pluck me from eternal fire, for I trust in you.



Tuesday, Tone 3:

LET us all praise John the Forerunner and Baptizer of the Savior, the Prophet of all prophets, and pupil of the desert, the one born of Elizabeth.

Glory. Now.

I have you as intercessor before the God Who loves mankind. Censure me not before the face of the angels, but hurry to help me, for I call upon you, O Virgin.

Wednesday, Tone 2:

WE sing the praises of the unconquerable weapon, the support of the Faith, the Divine Cross, and we faithfully venerate the great refuge, boast of Christians, guardian of the Orthodox, and we praise it as the glory of the martyrs.

Glory.

O Cross of Christ, you are the mighty weapon of the Orthodox, the victory of kings, and the fall of demons. Guard those who venerate you, and give them grace.

Now.

O Theotokos, show those who with undoubting hearts venerate the Cross and Passion of your Son to be citizens of Paradise and partakers of glory.

Thursday, Tone 3:

OAPOSTLES of the Lord, who by a word draw from the depth of beguilement everything under the sun toward the Light, cease not to intercede with Him on our behalf.

Glory.

O glorious and holy Twelve Apostles, with Saint Nicholas, Bishop of Myra, ceaselessly pray to the Savior for us.

Now.

O Refuge of Christians, join in prayer with the glorious bishop for us, your unworthy servants, to obtain eternal joy.

Friday, Tone 2:

OCROSS of my Christ, O sceptor and victory of the faithful, O glory of the Orthodox, watch over those who venerate you, that we may defeat our spiritual enemies.

Glory.

The Cross is the guardian of the whole earth, the Cross is the beauty of the Church. The Cross is the strength of the Orthodox; the Cross is the support of the faithful. The Cross is the glory of angels and the wounder of demons.

Now.

Standing before the Cross, the Lady who seedlessly bore You wept and cried out: "Woe is me, my sweetest Child! How have You departed from my eyes? How are you numbered among the dead?"

Saturday, Tone 3:

OYOU Who alone are God, Who rest in the saints, by the intercession of the prophets, apostles, bishops, martyrs, and saints, save those who sing Your praise.

Glory.

O God Who have authority over both the living and the dead, give rest to Your servants in the dwelling-



fied by the power of the Spirit, he pours out the immortal grace of healing to those who cry out: Rejoice, O Father Nectarios!

13. John Chrysostom, Archbishop of Constantinople.

Troparion, Tone 8:

Grace like a flame shining forth from your lips has illumined the universe, and disclosed to the world treasures of poverty and shown us the height of humility. And as by your own words you teach us, O Father John Chrysostom, so intercede with the Word, Christ our God, to save our souls.

Kontakion, Tone 2:

You have received divine grace from heaven, and with your lips you teach all men to adore the one God in Three Persons. O John Chrysostom, most blessed Saint, we rightly praise you; for you are our teacher, revealing things divine.

15. On this day begins the Fast of Advent.

20. Forefeast of the Entry of the Theotokos.

Troparion, Tone 4:

Today Anna betroths us to joy instead of grief, having blossomed forth a fruit, the only Ever-Virgin. She brings her with gladness into the temple of the Lord in fulfillment of her vow. She is the Mother and Temple of God the Word.

Kontakion, Tone 4:

Today the world is filled with gladness at the feast of the Mother of God, and cries out: She is the heavenly tabernacle.

21. Entrance of the Theotokos.

Troparion, Tone 4:

Today is the foreshadowing of the good pleasure of God and the herald of the salvation of men. The Virgin is revealed in the temple of God and beforehand, she announces Christ to all. Let us therefore cry to her with mighty voice: "Hail, fulfillment of the Creator's dispensation!"

Kontakion, Tone 4:

The all-pure Temple of the Savior, the precious Bridal Chamber and Virgin, the sacred Treasure of the glory of God, is led today into the House of the Lord, and with her she brings the grace of the Divine Spirit. Of her God's Angels sing in praise: "She is indeed the heavenly Tabernacle."

Fourth Thursday in November or other day by Civil Appointment in the United States: Thanksgiving Day.

Troparion, Tone 4:

We, Your thankful and unworthy servants praise and glorify You, O Lord, for the many blessings we have received from You. We bless You, we thank You, we sing to You and we rejoice in Your great mercy. In humility and love, we praise You: O Benefactor and Savior, glory to You.

Kontakion, Tone 3:

We, although unworthy, have received Your blessings and gifts. As unprofitable servants, we dare to come to You, O Master, bringing You thanks, as much as we can. We glorify and sing to You, our Benefactor and Creator: Glory to You, O most bountiful God!

NOVEMBER

First Saturday in November: Glorification of St. Raphael Hawaweeny

Troparion, Tone 3:

Rejoice, O Father Raphael, adornment of the holy Church! You are champion of the True Faith, seeker of the lost, consolation of the oppressed, Father to orphans and friend of the poor, peacemaker and good shepherd, joy of all the Orthodox, son of Antioch, boast of America. Intercede with Christ God for us and for all who honor you.

Kontakion, Tone 3:

Today the memory of blessed Raphael has shone on us; for having received Christ's call he faithfully took up his cross and followed him, becoming a fisher of men. Let us cry aloud to him, saying: 'Rejoice, O Father Raphael!'

8. Synaxis of the Bodiless Powers.

Troparion of the Angels, Tone 8:

Leaders of the heavenly hosts, although we are always unworthy, we beseech you that with your prayers you may encircle us with the protection of the wings of your angelic glory. Watch over us as we bow low and earnestly cry out to You: Deliver us from danger, O Princes of the heavenly hosts.

Another Troparion, Tone 1:

Let us praise Cherubim, Seraphim, Thrones, Powers, Authorities and Principalities, Dominions, Archangels and Angels for they are the Bodiless ministers of the Unoriginate Trinity and revealers of incomprehen-

sible mysteries. Glory to Him Who gave you being! Glory to Him Who gave you light! Glory to Him Who is praised by you in thrice-holy hymns!

Kontakion of the Angels, Tone 2:

O leaders of the armies of God and servants of the divine glory, guardians of mankind and leaders of the angels, intercede for us in all our needs, and obtain for us abundant mercy; for you are the leaders of the heavenly hosts.

9. Nectarios of Pentapolis.

Troparion, Tone 1:

Let us the faithful honor Nectarios offspring of Silyvria and guardian of Aegina, who has appeared in latter years, a true friend of virtue, as a God-filled servant of Christ. For he dispenses all manner of healing to those who with reverence cry out: Glory to Christ Who glorified you! Glory to Him Who worked wonders in you! Glory to Him Who works healings for all through you!

Another Troparion, Tone 4:

Having lived a holy life, as a wise hierarch, O venerable Nectarios, you glorified the Lord by your virtuous life. Therefore, you are glorified by the Paraclete with power, which you drive away demons and heal the sick who run with faith to your relics.

Kontakion of St. Nectarios, Tone 8:

Let us sing praises with gladness of heart to the newly shining star of Orthodoxy, to the newly-built bastion of the Church. For being glori-

place of the elect, for though they have sinned, O Savior, yet they did not turn away from You.

Now.

We praise you, O Theotokos, for we have you as an intercessor before God. Stretch out your unconquerable arm, and crush our enemies, and send down upon your servants help from the Holy One.

LENTEN WEEKDAYS

Instead of the Exaposteilaria, we sing the Photogogikon of the Tone three times. The first time, the ending varies according to the weekday.

Monday: ... through the protection of Your angels, O Lord, and save me.

Tuesday: ... through the prayers of Your Forerunner, O Lord, and save me.

Wednesday and Friday: ... by the power of Your Cross, O Lord, and save me.

Thursday: ... at the prayers of Your Apostles and Saint Nicholas, O Lord, and save me.

Second time: ... through the prayers of Your Saints, O Lord, and save me.

Third time: ... through the prayers of the Theotokos, O Lord, and save me.

On Saturdays, we sing this only twice, with the endings for the second and third times, then the Exaposteilarion for the Departed:

O God, You are the Master of the Living and the dead. Give rest to Your servants in the dwelling places of Your elect; and even if they have sinned, O God our Savior, they have not turned away from You.

TONE 1

O CHRIST, who make the light arise, purify my heart from all sin, ...

TONE 2

SEND forth Your eternal light, O Christ our God, illumine my eyes and my heart ...

TONE 3

SEND forth Your light, O Christ our God, and illumine my heart, ...

TONE 4

YOU make the light shine upon the whole world: enlighten my soul by purifying it of every sin, ...

TONE 5

O LORD, the source of light, send forth Your brightness to illuminate my heart, ...

TONE 6

SEND Your everlasting light upon our souls, O Lord, ...

TONE 7

ENLIGHTEN my heart, O Lord, that I may sing to You; teach me to do Your will, ...

TONE 8

O CHRIST, the everlasting, Light, enlighten me completely, ...

LAUDS OF SUNDAYS AND FEASTS

Psalm 148

LET EVERY BREATH praise the Lord. Praise the Lord from the heavens, praise Him in the highest. To You is due praise, O God.

PRAISE HIM, all His angels; praise Him, all His hosts. To You is due praise, O God.

WEEKDAY LAUDS

PRAISE the Lord from the heavens, praise Him in the highest.

Praise Him, all His angels; praise Him, all His hosts.

And on all days continue:

Praise Him, O sun and moon; praise Him, all you stars of light.

Praise Him, heavens of heavens, and the water that is above the heavens.

Let them praise the name of the Lord; for He spoke, and they came to be; He commanded and they were created.

He established them forever, yes, forever and ever. He has set an ordinance, and it shall not pass away.

Praise the Lord from the earth, dragons and all abysses.

Fire, hail, snow, ice, blast of tempest, which perform His word,

The mountains and all the hills, fruitful trees and all cedars,

The beasts and all the cattle, creeping things and winged birds,

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and virgins, elders with the younger, let them praise the name of the Lord, for exalted is the name of Him alone.

His praise is above the earth and heaven, and He shall exalt the horn of His people.

This is the hymn for all His saints, for the children of Israel, and for the people who draw near Him.

Psalm 149

SING to the Lord a new song; His praise is in the church of the saints.

Let Israel be glad in Him who made him, let the children of Sion rejoice in their King.

Let them praise His name in the dance; with the timbrel and the psaltery let them sing to Him.

For the Lord takes pleasure in His people, and He shall exalt the meek with salvation.

The saints shall boast in glory, and they shall rejoice upon their beds.

The high praise of God shall be in their throat, and two edged swords shall be in their hands.

To do vengeance among the heathen, punishments among the people.

To bind their kings with fetters, and their nobles with manacles of iron.

—*On 6:* To do among them the judgment that is written. This glory shall be to all His saints.

Psalm 150

PRAISE God in His saints, praise Him in the firmament of His power.

—*On 4:* Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Praise Him with sound of trumpet, praise Him with the psaltery and harp.

Praise Him with timbrel and dance, praise Him with strings and flute.

Praise Him with tuneful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.

On Weekdays, go to page 45.

of mind: How good and joyful it is to be with God!

9. St. Tikhon of Moscow. (*See 7 April.*)

Sunday on or after 11 October: Fathers of the Seventh Council

Troparion, Tone 8:

O Christ our God, You are above all praise, for You established our Fathers as lights to all the earth. You led us to the true faith through them. O most bountiful Lord, glory to You!

Kontakion, Tone 8:

The preaching of the Apostles and the decisions of the Fathers have established the true faith of the Church which she wears as the garment of truth fashioned from the theology on high. She justly governs and glorifies the great mystery of worship.

Another Kontakion, Tone 2:

The Son Who shone from the Father was ineffably born in two natures of a woman. We do not deny the image of His form but depict it piously and revere it. For this cause the Church, holding the true Faith, kisses the icon of Christ's Incarnation.

26. Great Martyr Demetrius the Myrrhusher of Thessalonica.

Troparion of St. Demetrius, Tone 3:

O victorious Demetrius, you were given to the world as a great defender whenever it was in great danger. As you shattered Lyaeus' arrogance and

encouraged Nestor in the arena, O holy martyr Demetrius ask Christ our God to grant us His great mercy.

Kontakion of St. Demetrius, Tone 2:

God's Church was stained with the blood of your wounds, O Demetrius. He gave you the strength to confess Him in this manner. He also sustains your city from invasion, for you are its firm foundation.

Kontakion of the Earthquake, Tone 6:

Deliver us from earthquake, O Lord, and from wounds unbearable because of our sins, and spare Your people whom You have purchased with Your blood, O Master. Deliver not your people to destruction by terrible earthquake, for we know no other God but you. And hear those who sing: I am with you and no one is against you.

Saturday after 26 October: Commemoration of the Faithful Departed.

Troparion, Tone 8:

O Creator, in the depths of Your wisdom, in Your love for mankind, You fashioned all things and give to each what is for good. O Lord, grant rest to the souls of Your servants, for they have placed their hope in You, our Creator, Sustainer, and our God.

Kontakion, Tone 8:

With the Saints give rest, O Christ, to the souls of Your servants, where there is no pain, no sorrow, no sighing, but life without end.

touch you were assured of His holy Passion, O glorious Apostle Thomas. Pray to Him to grant us peace and mercy.

Troparion of St. Innocent, Tone 2:

You evangelized the northern people of American and Asia, proclaiming the Gospel of Christ to the natives in their own tongues, O Holy Father Hierarch Innocent, Enlightener of Alaska and all America, whose ways were ordered by the Lord. Pray to Him for the salvation of our souls in His Heavenly Kingdom.

Another Troparion of St. Innocent, Tone 2:

Like the glorious apostles of old, proclaiming the three-day Resurrection throughout the whole world, and emboldened by the grace of the Holy Spirit, you preached Christ to the natives of the far North. While braving the wilderness of Alaska, you announced the coming of the Kingdom of God. And quieting the din of the shamans' drums, you declared the new Dispensation of peace to all. O holy Father Innocent, Apostle to America, intercede for us that our souls may be saved.

Kontakion of St. Thomas, Tone 4:

The grace-filled Apostle and true servant of Christ cried out in repentance: you are my Lord and my God.

Kontakion of St. Innocent, Tone 2:

Your life is a true celebration of the Providence and Grace of God, O Holy Father Innocent, the Apostle to our Land. For in hardships and dangers toiling for the Gospel's sake, you were preserved unharmed and often delivered, while from obscurity

you were highly exalted as an example to the faithful everywhere that the Lord truly guides a man in the way he should go.

7. Martyrs Sergius and Bacchus.

Troparion. Tone 1:

In contest you were victorious warriors of the Trinity and an illustrious pair of martyrs, O Sergius godly champion, O Bacchus noble athlete. In the radiance of your glory you shelter those who cry: Glory to Him Who strengthened you! Glory to Him Who crowned you! Glory to Him Who works healings for all through you!

Another Troparion, Tone 5:

O much-suffering Sergius and all-glorious Bacchus, adornment of Christian athletes and eye of Christ's church, enlighten the eyes of our souls. Entreat the Lord, that we may escape the darkness of sin and may be shown to share in the never-waning light, through your supplications, O saints.

Kontakion, Tone 3:

Let us gather and crown with praises the noble martyrs and brothers in the Faith, Sergius the warrior of the Trinity and Bacchus who with him in tortures persevered in praising Christ the Prizegiver and Creator of all.

Another Kontakion, Tone 2:

Manfully arming your mind against the enemy, O most lauded martyrs, you destroyed all their falsehood, receiving the trophy of victory from on high, and crying out with oneness

On Sundays we add:

✠ Arise, O Lord my God, let Your hand be lifted high; forget not Your paupers to the end.

✠ I will confess You, O Lord, with my whole heart, I will tell of all Your wonders.

Glory.

On Sundays, Gospel Verse.

Now.

On Sundays:

MOST blessed are you, O Virgin Theotokos, for through Him who took flesh from you, is Hades led captive, Adam recalled from the dead, the curse made void, Eve set free, and we are given life. Therefore we cry aloud in praise: Blessed are You, O Christ our God, who have been so pleased: Glory to You.

Great Doxology

Priest: Glory to You Who have shown us the light!

The People sing:

GLORY to God in the highest, and on earth peace, and good will among mankind.

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

O Lord, Heavenly King, God the Father Almighty: O Lord, the Only-begotten Son, Jesus Christ; and Holy Spirit.

O Lord God, Lamb of God, Son of the Father, Who take away the sin of the world, have mercy on us.

You Who take away the sin of the world, receive our prayer.

You Who sit at the right hand of the Father, have mercy on us.

For You only are holy, You only are the Lord, O Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and I will praise Your name forever, yes, forever and ever.

Vouchsafe, O Lord, to keep us this day without sin. Blessed are You, O Lord, the God of our Fathers, and praised and glorified is Your name forever. Amen.

Let Your mercy be upon us, O Lord, even as we have set our hope in You.

Blessed are You, O Lord; teach us Your commandments. *3 times.*

Lord, You have been our refuge in generation and generation. I said: O Lord, have mercy on me, heal my soul, for I have sinned against You.

O Lord, to You have I fled for refuge. Teach me to do Your will, for You are my God.

For in You is the fountain of life; in Your light shall we see light. O continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Troparion

We sing the Troparion of the Feast. But on Sundays in Tones 1, 3, 5, and 7, we sing in Tone 4:

TODAY is salvation come to the world. Let us sing praises to Him who rose from the tomb, the Author of our life. For, destroying death by death, He has given us victory and great mercy.

On Sundays in Tones 2, 4, 6, and 8, we sing in Tone 8:

RISING from the Tomb and burst-ing the bonds of Hades, You have destroyed the sentence of death, O Lord, delivering all mankind from the snares of the enemy. Appearing to Your apostles, You have sent them forth to preach, and through them You have given Your peace to the inhabited earth, O You who alone are rich in mercy.

LITANY OF FERVENT SUPPLICATION

Deacon: Have mercy upon us, O God, according to Your great mercy, we beseech You; hear us and have mercy.

℟: Lord, have mercy. *3 times. And so after each petition.*

Again we pray for our Holy Orthodox Church, our lord the Right Reverend Bishop [*or Most Reverend Archbishop or Most Blessed Metropolitan or for a Patriarch*] great Lord and Father] *Name or Names*, for our brother Priests and Priest-monks and for all our brethren in Christ.

Again we pray for our divinely protected country, her authorities, armed forces and for all her people; and that the Lord, our God, may succor and aid them in every righteous deed and protect them from every enemy and adversary.

Again we pray for the holy Orthodox Patriarchs, for the ever-memorable benefactors of this holy Church, and for all our fathers and brethren, who here and in all the world lie asleep in the Lord.

Again we pray for mercy, life, peace, health, salvation, God's visitation and the remission of sins of the servants of God *Names*, all parishioners of this Holy Church that they may be safeguarded from all sorrow, wrath, misfortune, spiritual and physical illness, that they may live peacefully in health and good welfare all the days of their lives, O ever merciful God, hear us and have mercy.

Again we pray for those who bring gifts and do good in this holy and venerable church; for those who labor, and those who sing; and for the people here present, who await in firm hope Your great and rich mercies.

Priest: For You are a merciful God who love mankind, and unto You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now, and ever, and unto ages of ages.

℟: Amen.

MORNING LITANY

The Priest or Deacon leads the Litany.

Let us complete our morning prayer to the Lord.

℟: Lord, have mercy.

Help us, save us, have mercy upon us, and keep us, O God, by Your grace.

miracles and cause healings to flow forth; and you pray for our souls, for you are a theologian and friend of Christ.

OCTOBER

1. Feast of the Protection of the Most Holy Theotokos.

Troparion of the Protection, Tone 4:

Overshadowed by your coming, O Theotokos, we, the faithful people, celebrate today with splendor, and gazing at your all-precious icon, we say with compunction: Cover us with your precious veil of your protection, and deliver us from all evil, entreating your Son, Christ our God, that He save our souls.

Another Troparion, Tone 1:

We sing the praise of the graces of your Protecting Veil, O Virgin, which like a light-bearing cloud you unfold beyond understanding, and you spiritually protect your people from every assault of their foe. For we have gained you as Protection, defender and helper, as we cry out to you: Glory to your mighty deeds, O Pure one. Glory to your protection! Glory to your providence towards us, O only Immaculate One!

Another Troparion, Tone 1:

We sing in praise of the gift of your protection, O Virgin, which you spread over all the faithful in your majestic church. The wonder astonishes every mind: how the divine covering of your head was unfolded in glory of your people. Thanks be to your protection, O revered one. Thanks be to your divine shelter. Thanks be to your

providence, O only Bride of God!

Another Troparion, Tone 8:

O ever-virgin Theotokos, you have given your holy Protection, through which you protect those who hope in you, as a mighty refuge for your race. For as of old so now you have wondrously saved us, enveloping your people like a spiritual cloud. And so we implore you to grant peace to your commonwealth, and to our souls God's great mercy.

Kontakion of the Protection, Tone 3:

Today the Virgin stands before us in the Church, and with the choirs of the saints she invisibly prays to God for us. Angels and worship, and the apostles and prophets join chorus; for our sake the Theotokos prays for us to the eternal God.

Another Kontakion, Tone 8:

Like a cloud brightly overshadowing the whole company of the Church, O All-pure, you appeared of old in the royal City. But as Protection and Champion of your people, protect us from every affliction as we cry to you: Rejoice, Protection wholly light.

6. Apostle Thomas. Glorification of St. Innocent, Enlightener of Alaska and Metropolitan of Moscow.

Troparion of St. Thomas, Tone 2:

You were a disciple of Christ and one of the Twelve, and by your unbelief proclaimed Christ's Resurrection. By

faithful; wherefore we stand in the midst of this holy dwelling-place, and cry out to You: Establish Your house, O Lord.

Another Kontakion, Tone 2:

Grant inner enlightenment and spiritual renewal of heart to those who with faith celebrate the sacred dedication of the temple of Your house, which You were pleased to have built to Your divine name, O You who are glorious among the saints.

14. Universal Elevation of the Precious and Life-giving Cross.

Troparion, Tone 1:

O Lord, save Your people, and bless Your inheritance; grant Orthodox Christians victory over their enemies, and protect Your people with Your Cross.

Kontakion, Tone 4:

Lifted up of Your own will upon the Cross, You bestow Your mercy upon the new people that bears Your Name. Make the Orthodox people glad in Your strength, giving them victory over their enemies. May Your Cross assist them in spiritual struggles, weapon of peace and unconquerable standard of victory.

21. Leavetaking of the Feast of the Elevation of the Precious and Lifegiving Cross.

23. Conception of St. John the Baptist.

Troparion, Tone 4:

Sing, O barren one that did not bear, for you have conceived the lamp of the Sun Who is to enlighten the whole world suffering blindness. O Zacharias rejoice

and shout: "The prophet of the Most High is to be born."

Kontakion, Tone 1:

Great Zacharias radiantly rejoices together with Elizabeth: she worthily conceived John the Forerunner whom the Angel announced with great gladness and whom we honor as an initiate of grace.

24. Saints of Alaska.

Troparion of the Saints of Alaska, Tone 4:

Today Alaska rejoices and America celebrates, for the New World has been sanctified by martyrdom. Kodiak echoes with songs of thanksgiving. Iliamna and Kenai observe the festival of Faith. The apostle and martyr Juvenaly is glorified, and Peter the Aleut is exalted by his voluntary sacrifice. In their devotion and love for the Lord, they willingly endured persecution and death for the Truth. Now in the Kingdom of heaven they intercede for our souls.

26. Translation of the Apostle and Evangelist St. John the Theologian.

Troparion of St. John, Tone 2:

O beloved apostle of Christ God, hasten to deliver a defenseless people. He Who permitted you to recline against His breast receives you, prostrate in supplication. Beseech Him, O Theologian, that He dispel the gloom of the nations which besets us, asking for us peace and great mercy.

Kontakion of St. John, Tone 2:

Who can recount your mighty works, O Virgin Apostle? For you pour out

℟. Lord, have mercy.

A day all-perfect, holy, peaceful and sinless, let us ask of the Lord.

℟. Grant this, O Lord.

An Angel of Peace, a faithful guide and guardian both of our souls and bodies, let us ask of the Lord.

℟. Grant this, O Lord.

The pardon and remission of our sins and transgressions, let us ask of the Lord.

℟. Grant this, O Lord.

All things which are good and profitable for our souls and peace for the world, let us ask of the Lord.

℟. Grant this, O Lord.

That we may pass the remainder of our life in peace and penitence, let us ask of the Lord.

℟. Grant this, O Lord.

A Christian ending to our life, painless, blameless, peaceful, and for a good answer at the fearful Judgment Seat of Christ, let us ask of the Lord.

℟. Grant this, O Lord.

Calling to remembrance our most holy, most pure, most blessed and glorious Lady, the Theotokos and Ever-Virgin Mary with all the saints, let us commend ourselves and each other and all our life unto Christ, our God.

℟. To You, O Lord.

The Priest may say the Twelfth Morning Prayer aloud:

We praise You, we hymn You, we bless You, we give thanks to You, O God of our fathers, that You have brought us in safety through the shades of night and have shown to us once again the light of day. And we beg Your goodness: Be gracious to our sins, and receive our prayer in Your great tenderness. For we flee to You, the merciful and almighty God. Illumine our hearts with the true Sun of Your righteousness, enlighten our minds, and guard all our senses, that walking uprightly as in the day, the way of Your commandments, we may attain life eternal, for with You is the fountain of life. May we likewise be graciously granted to come to the fullness of the light unapproachable.

Exclamation

FOR YOU are the God of mercy and com-
passion and love for mankind, and to You we send up glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.

℟. Amen.

PRAYER OF BOWING

Priest: Peace be to all.

℟. And to your spirit.

Deacon: Let us bow our heads unto the Lord.

℟. To You, O Lord.

The Priest may say the Prayer aloud:

O holy Lord, Who dwell on high and regard the humble of heart and with Your all-seeing eye behold all creation, to You have we bowed the neck of our soul and body, and we entreat You, O Holy of holies, stretch forth Your invisible hand from Your holy dwelling place, and bless us all. And if in anything we have sinned, whether voluntarily or involuntarily, for-

give, for you are a good God and love mankind, granting us Your earthly and heavenly good things.

He says the Exclamation aloud:

FOR Yours it is to show mercy and to save us, O our God, and to You we send up glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.

℟. Amen.

DISMISSAL

Priest: Wisdom!

℟. Father [Master], bless!

Priest: He who is is blessed, even Christ our true God, always, now and ever and unto ages of ages.

℟. Amen. Establish, O God, the Holy Orthodox Faith and Orthodox Christians unto ages of ages.

Priest: Most holy Theotokos, save us.

People: More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, who as a Virgin gave birth to the Word of God, true Theotokos, we magnify you.

Priest: Glory to You, O Christ God our Hope, glory to You.

℟. Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy. *3 times.* Father [Master], bless.

Priest: May [He who rose from the dead,] Christ our true God, through the prayers of His most holy Mother, of *Patron of the Temple*, of the holy and righteous ancestors of God Joachim and Anna, of *the saints of the day*, and of all the saints have mercy on us and save us, for He is good and loves mankind.

℟. Amen. *Or the Polychronion.*

Kontakion of the Feast, Tone 4:

By your holy birth, O undefiled one, Joachim and Ann were set free from the reproach of childlessness, and Adam and Eve from the corruption of death. Delivered from the guilt of sin, your people keep the feast as they sing to you: the barren woman bears the Theotokos who sustains our life.

9. Holy and Righteous Joachim and Anna.

Troparion of Ss Joachim and Anna, Tone 2:

We celebrate the memory of Your righteous ancestors and through them we entreat You, O Lord, to save our souls.

Another Troparion of Ss Joachim and Anna, Tone 5:

Let us sing praises to Joachim and Anna, the couple honored by God whose kinsmen they are. They have borne for us the Maiden who in a manner beyond understanding gave birth to Him Who though fleshless, became the incarnate to save the world. With her they intercede for our souls.

Another Troparion of Ss Joachim and Anna, Tone 1:

The just couple who lived in a state of grace, Joachim and Anna, gave birth to this holy child for us. The holy Church solemnly honors this feast in glory and celebrates your precious memory today. She glorifies God who has lifted up our horn of salvation in the house of David.

Kontakion of Ss Joachim and Anna, Tone 2:

Anna rejoices, released from her barrenness, and nurses her most pure child. She calls all people to glorify

Him Who gave the Virgin Mother to mankind from her womb.

12. Leave-Taking of the Feast of the Nativity of the Most Holy Theotokos.

13. Dedication of the Church of the Resurrection. Prefeast of the Elevation of the Precious and Life-Giving Cross.

Troparion of the Dedication, Tone 4:

As You had shown from on high the splendor of the firmament, so did You show on earth the splendor of the dwelling-place of Your holy glory. Make it stand firm unto the ages, and accept the supplications which we offer there to You unceasingly, through the Theotokos, O Life and Resurrection of all!

Troparion of the Prefeast, Tone 2:

We lift up in prayer the lifegiving Cross which You in Your goodness have given us, unworthy as we are. O Lord, save all who pray to You, and grant peace through the Mother of God, O only Lover of mankind.

Kontakion of the Prefeast, Tone 4:

Your precious Cross rises like the sun and mystically makes all pure and holy. Let us prepare to welcome it with faith.

Another Kontakion of the Prefeast, Tone 8:

Today we see the saving tree which blossomed from earthly seed. It is lifted up in the Church by the hands of the bishop. The universe adores and greets it with awe. By Your Cross, save us, O Lord!

Kontakion of the Dedication, Tone 4:

You have made the Church a heaven of many stars, enlightening all the

SEPTEMBER

1. Beginning of the Church's year.

Troparion of the New Year, Tone 2:

Lord of the universe who by Your power have established the times and seasons, bless this year with Your goodness, preserve our divinely protected country and keep Your flock in peace, through the prayers of the Theotokos, and save us.

Kontakion of the New Year, Tone 4:

Creator and Lord of the ages, God of all, transcendent in essence: Bless this year. Save all who worship You and cry: Grant us a fruitful year, O Compassionate Redeemer.

Another Kontakion, Tone 3:

You created the universe in Your ineffable wisdom, and fix the seasons by Your authority, grant victories to Your Christ-loving people. May You bless our goings and comings of the year, directing our works to Your divine will.

1 September or the Saturday or Sunday nearest it: Day of Intercession for the Environment (*In the United States, this may fittingly be observed on Labor Day. Unless there is a major Feast, this commemoration may be transferred to any day locally devoted to consideration of environmental concerns.*)

Troparion, Tone 4:

O Lord and Savior, who as God brought all things into being by a word, establishing laws and governing them unerringly to Your glory, at the prayers of the Mother of God, keep secure and unharmed all the elements which hold the earth

together, and save the universe.

Kontakion, Tone 4:

With Your all-powerful strength You framed all things, both visible and invisible; and so keep unharmed, we implore Your goodness, the environment that surrounds the earth.

7. Prefeast of the Nativity of the Theotokos.

Troparion of the Prefeast, Tone 4:

From the root of Jesse and from David's loins the divine maiden Mary is born for us today, and all things are filled with God and renewed. Rejoice together, heaven and earth! Praise her, O countries of the nations! Joachim rejoices and Anna keeps festival, crying: The barren woman gives birth to the Mother of God and the nurse of our life.

Kontakion of the Prefeast, Tone 3:

Today the bridal chamber of the heavenly Bridegroom, Mary the Virgin Mother of God, by God's will is born of a barren woman, and the chariot of the Word of God is beautifully adorned. She is the gate and the Mother of life: for this God chose her.

8. Nativity of the Theotokos.

Troparion of the Feast, Tone 4:

Your nativity, O Theotokos, has brought joy to all the inhabited earth, for from you has shone forth the Sun of Righteousness, Christ our God. He freed us from the curse and gave the blessing. He has made death of no effect, and bestowed on us eternal life.

ON WEEKDAYS AFTER PSALM 150

Glory to the Father and to the Son and to the Holy Spirit.

Now and ever and unto ages of ages. Amen.

To You belongs glory, O Lord our God, and to You we send up glory, to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Little Doxology

Priest: Glory to You, Who have shown us the light!

Reader: Glory to God in the highest, and on earth peace and good will among mankind.

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

O Lord, heavenly King, God the Father Almighty:

O Lord, the Only-begotten Son, Jesus Christ; and the Holy Spirit.

O Lord God, Lamb of God, Son of the Father, Who take away the sin of the world, have mercy on us.

You Who take away the sin of the world, receive our prayer.

You Who sit at the right hand of the Father, have mercy on us.

For You only are holy, You only are the Lord, O Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and I will praise Your name forever, yes, forever and ever.

Lord, You have been our refuge in generation and generation. I said: O Lord, have mercy on me, heal my soul, for I have sinned against You.

O Lord, to You have I fled for refuge. Teach me to do Your will, for You are my God;

For in You is the fountain of life, in Your light shall we see light. O continue Your mercy to those who know You.

Vouchsafe, O Lord, to keep us this day without sin. Blessed are You, O Lord, the God of our Fathers, and praised and glorified is Your name forever. Amen.

Let Your mercy be upon us, O Lord, even as we have set our hope in You.

Blessed are You, O Lord; teach us Your commandments.

Blessed are You, O Master; allow us to understand Your commandments.

Blessed are You, O Holy One; enlighten us with Your commandments.

Your mercy, O Lord, endures forever; do not despise the works of Your hands.

To You belongs praise, to You belongs song, to You glory belongs:

To the Father, Son, and Holy Spirit, now and ever and unto ages of ages. Amen.

MORNING LITANY AND PRAYER OF BOWING

Page 42-44.

Aposticha

Pre-feasts, Post-feasts, and some other days will have proper Versicles.

¶ We were filled in the morning with Your mercy, O Lord, and were rejoiced and were glad. In all our days, let us be glad for the days in which You humbled us, for the years in which we saw evils. Look

upon Your servants, upon Your creation, and guide their offspring.

✠ Let the brightness of the Lord our God be upon us; guide us aright with the works of our hands, truly guide us aright with the works of our hands.

Glory. *Doxastichon, if appointed*
Now. *Theotokion.*

Reader: It is good to give thanks to the Lord, and to sing psalms to Your name, O Most High, to proclaim Your mercy at dawn and Your truth by night.

Holy God... *and the rest of the Trisagion Prayers. After the Lord's Prayer:*

Reader: Amen.

We then sing the Troparia of the Day and Theotokion or Stavrotheotokion appointed for the end of Matins (sometimes called "At Lauds.") But on Lenten Week-days, page 47.

LITANY OF FERVENT SUPPLICATION
Page 42.

Dismissal

Priest: Wisdom!

✠ Father [Master], bless!

Priest: He Who is is blessed, even Christ our true God, always, now and ever and unto ages of ages.

✠ Amen. Establish, O God, the Holy Orthodox Faith and Orthodox Christians unto ages of ages.

Normally First Hour now begins with Come, let us adore...., page 48, but if we dismiss now, we continue.

Priest: Most holy Theotokos, save us.

People: More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, who as a Virgin gave birth to the Word of God, true Theotokos, we magnify you.

Priest: Glory to You, O Christ God our Hope, glory to You.

✠ Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy. *3 times.* Father [Master], bless.

Priest: May [He who rose from the dead,] Christ our true God, through the prayers of His most holy Mother, of *Weekday phrase, Patron of the Temple*, of the holy and righteous ancestors of God Joachim and Anna, of *Saints of the day*, and of all the saints have mercy on us and save us, for he is good and loves mankind.

✠ Amen. *Or the Polychronion.*

immortal. Therefore your spirit, O holy Mother *Name*, rejoices with the angels.

Kontakion for one nun, Tone 2:

For the love of the Lord, O venerable Mother, you learned to despise the desire for rest, enlightening your spirit with fasting, for mightily you have vanquished beasts. But by your prayers destroy the boldness of our adversaries.

Troparion for two or more nuns, Tone 2:

Betrothing yourselves to the truly Desired One, O glorious women in Christ, and rejecting an earthly groom, and in maturing with feats of good deeds, you have ascended to the height of incorruption, O beautiful souls, spiritually rich, the pillars and model for nuns. Therefore you pray ceaselessly for those who celebrate your memory with love.

Kontakion for two or more nuns, Tone 2:

Having tamed your bodies in fasting and in ever-vigilant prayers having besought the Creator for your sins, as you have received complete forgiveness and have received divine remission and the Kingdom of heaven, pray to Christ God for all of us.

Troparion for a martyred nun, Tone 4:

O Jesus, Your lamb *Name* loudly cries to You: I love You, my Bridegroom! I seek You in suffering. In

baptism am I crucified and buried with you. I suffer for You that I might reign with You. I die for You that I may life with You. Receive me as an undefiled sacrifice that is offered to You with love. By her prayers, O merciful God, save our souls.

Kontakion for a martyred nun, Tone 4:

Your divine memory shines forth this day, O *Name*, manifesting itself to the world as a sun declaring your life, for by abstinence have you torn asunder the desires of the flesh, and by the blood of suffering have you been betrothed to Christ. Therefore deliver those who praise you from every evil that we may cry to you: Rejoice, O venerable mother.

CONFESSORS

Troparion, Tone 8:

O instructor of Orthodoxy, teacher of piety and purity, O light of the universe and divine inspiration for priests, O most wise *Name*, your teachings have enlightened all. O spiritual light, pray Christ God that our souls may be saved.

Kontakion, Tone 2:

Having delighted in discipline, abstinence, and continence, O divinely wise one, and having bridled your carnal desires, you were seen increasing in faith. And you flourished like the Tree of Life in the midst of Eden, O all-blessed and holy *Name*.

**MARTYRED MONKS**

Troparion of one martyred monk, Tone 8:

The image of God was truly preserved in you, O Father, for you took up the Cross and followed Christ. By so doing, you taught us to disregard the flesh, for it passes away; but to care instead for the soul, since it is immortal. Therefore your spirit, O holy father *Name*, rejoices with the angels.

Kontakion of one martyred monk, Tone 2:

We rightly praise with hymns the ever-venerable *Name*, as a tried and holy ascetic, an honorable athlete by deliberate choice, and a resolute citizen and an inhabitant of the desert, for he has trodden down the serpent.

Troparion for more than one martyred monk, Tone 4:

O God of our fathers, who always deal with us according to Your meekness, take not Your mercy from us, but by their prayers direct our lives in peace.

Kontakion for more than one martyred monk, Tone 2:

Having passed a multitude of tempests unscathed, you have drowned the bodiless enemy by the streams of your tears, O divinely wise and venerable saints, and having received the gifts of wonder-working, you heal all suffering. Pray unceasingly for us all.

WOMEN MARTYRS

Troparion for one woman martyr, Tone 4:

O Jesus, Your lamb *Name* loudly cries to You: I love You, my Bridegroom! I seek You in suffering. In baptism am I crucified and buried

with you. I suffer for You that I might reign with You. I die for You that I may life with You. Receive me as an undefiled sacrifice that is offered to You with love. By her prayers, O merciful God, save our souls.

Troparion for one woman martyr, Tone 2:

Having found your temple to be a place of healing for souls, with a great voice all we the faithful cry out to you, O famous martyr *Name*. Intercede with Christ our God ceaselessly for us all.

Troparion for more than one woman martyr, Tone 1:

By martyrdom, O spiritual lambs, you were brought to Christ, the Lamb and Shepherd, having completed your course and having kept the faith. Therefore we greatly rejoice in spirit, and magnify Christ as we celebrate your holy memory, O wondrous women!

Kontakion for more than one woman martyr, Tone 4:

Let us celebrate the memory of the passion-bearing women of Christ, and faithfully seek their help that we may be delivered from every sorrow, as we cry out: God is with us, who in His good will has glorified these women.

NUNS

Troparion for one nun, Tone 8:

The image of God was truly preserved in you, O Mother, for you took up the Cross and followed Christ. By so doing, you taught us to disregard the flesh, for it passes away; but to care instead for the soul, since it is

**ON LENTEN WEEKDAYS**

Instead of the Troparion of the Day, the Priest or Reader says:

STANDING in the temple of Your glory, we think ourselves in heaven. O Theotokos, O gate of heaven, open to us the door of your mercy.

Reader: Lord, have mercy. *40 times.*

Glory to the Father and to the Son and to the Holy Spirit. Now and ever and unto ages of ages. Amen.

More honorable than the Cherubim and more glorious beyond compare than the Seraphim, who as a virgin gave birth to the Word of God: true Theotokos, we magnify you.

In the name of the Lord, bless, Father [Master].

Priest: He who is is blessed, even Christ our true God, always, now and ever and unto ages of ages.

Reader: Amen. O King of heaven, strengthen the Orthodox Christians, establish the faith, quiet the nations, give peace to the world, keep this city [holy abode], make the faithful departed gone to rest before us to dwell in the tabernacles of the righteous, and accept us in repentance and confession, for You are good and love mankind.

The Priest leads the Prayer of St. Ephraim the Syrian with Prostrations:

OLORD and Master of my life! Take from me the spirit of laziness, despair, lust for power, and vain talking. *Prostration*

But give to me, Your servant, the

spirit of purity, humility, patience, and love. *Prostration*

Yes, Lord and King, grant me to see my own sins and not judge my brother. For blessed are You, unto ages of ages. Amen. *Prostration*

O God, cleanse me a sinner. *12 times with Metanies.*

O Lord and Master of my life! Take from me the spirit of laziness, despair, lust for power, and vain talking. But give to me, Your servant, the spirit of purity, humility, patience, and love. Yes, Lord and King, grant me to see my own sins and not judge my brother. For blessed are You, unto ages of ages. Amen. *Prostration.*

The First Hour immediately begins with Come, let us adore on page 30. But if we dismiss now:

Dismissal

Priest: Glory to You, O Christ God our Hope, glory to You.

People: Glory to the Father and to the Son and to the Holy Spirit. Now and ever and unto ages of ages. Amen.

Lord, have mercy. *3 times.*

Father [Master], bless.

Priest: May Christ our True God, through the prayers of His most pure Mother, of *proper weekday phrase*, of *Patron of the Temple*, of the holy and righteous ancestors of God Joachim and Anna, of *Saint of the day* whose memory we celebrate and of all the saints have mercy upon us and save us, for He is good and loves mankind.

℟̅. Amen. *Or the Polychronion.*

FIRST HOUR

When separated from Matins, the Priest begins:

BLESSED is our God always, now and ever, and unto ages of ages.

Reader: Amen.

Glory to You, our God, glory to You!

O HEAVENLY KING, the Comforter, the Spirit of Truth, who are in all places and fill all things; Treasurer of blessings and Giver of life, come and dwell within us, and cleanse us from every blemish, and save our souls, O Blessed One.

HOLY GOD, Holy Mighty, Holy Immortal, have mercy on us. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us; O Lord, cleanse us of our sins; O Master, forgive our transgressions; O Holy One, come to us and heal our infirmities for Your name's sake.

Lord, have mercy. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

OUR FATHER, who art in heaven, hallowed be Thy name; Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the Kingdom and the Power and the Glory of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

Reader: Amen.

Lord, have mercy. *12 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

If said directly after Matins, the Reader begins

Come, let us adore God, our King. Come, let us adore Christ, our King and our God.

Come, let us adore and bow down to the Lord Jesus Christ Himself, our King and our God.

Psalm 5

O LORD, give heed to my words; hear my cry.

Attend to the voice of my supplication, O my King and my God; for to You will I pray, O Lord.

In the morning You shall hear my voice.

In the morning I will stand before You and You shall look upon me; for You are not a God Who will iniquity.

He who works evil shall not dwell near You, nor shall transgressors abide before Your presence.

You have hated all those who work iniquity; You shall destroy all those who speak lies.

A man that is bloody and deceitful, the Lord shall abhor.



Another Troparion, Tone 1:

O dweller of the wilderness and angel in the body. You were a wonderworker, O our Godbearing Father *Name*. You received heavenly gifts through fasting, vigil, and prayer: healing the sick and the souls of those drawn to you by faith. Glory to Him Who strengthened you! Glory to Him Who crowned you! Glory to Him Who grants healings to all through you!

Troparion of more than one monk, Tone 4:

O God of our fathers, who always deal with us according to Your meekness, take not Your mercy from us, but by their prayers direct our lives in peace.

Kontakion of more than one monk, Tone 2:

Having passed a multitude of tempests unscathed, you have drowned the bodiless enemy by the streams of your tears, O divinely wise and venerable saints, and having received the gift of wonderworking, you heal all suffering. Pray unceasingly for us all.

MARTYRS

Troparion, Tone 4:

Your martyrs, O Lord, by their contest have received the crown of immortality from You, our God, for having Your strength, they deposed the tyrants, and crushed the impotent audacity of demons. By their prayers, O Christ God, save our souls.

Kontakion, Tone 2:

Having appeared as bright lights, O divine martyrs, you illumine creation with the light of miracles, ever

dispelling the dark night of sickness, and unceasingly interceding with Christ our true God, that He grant us mercy.

A PRIEST-MARTYR

Troparion, Tone 4:

Being a communicant of righteousness and a successor to the throne of the Apostle, you acquired acts inspired by God, and beheld the Lord. Therefore you directed the word of truth, and for the sake of the faith, you suffered even to the shedding of blood. O Priest-martyr *Name*, pray Christ God that our souls may be saved.

Kontakion, Tone 4:

You excelled as a priest and walked the path of martyrdom, destroying idolatry and becoming a champion to your flock. Therefore, while spiritually acclaiming you, we cry out: By your intercessions, save us from perils O ever-memorable and divinely-minded *Name*.

PRIEST-MARTYRS

Troparion, Tone 4:

O God of our fathers, who always deal with us according to Your meekness, take not Your mercy from us, but by their prayers direct our lives in peace.

Kontakion, Tone 3:

Having come together on this day, with hymns we acclaim the Priest-martyrs as unwaning stars of the Spiritual Sun. They have shone upon those who were in the darkness of ignorance, and raised all to divine heights. Therefore cry out to them: Rejoice, O summit of strugglers.



memory. Pray for the forgiveness of our sins, O apostles of the Lord.

A BISHOP

Troparion, Tone 4:

The truth of things has revealed you to your flock as a rule of faith, a model of meekness, and a teacher of temperance. Therefore you have won the heights by humility, riches by poverty, O holy Father and Hierarch *Name*, intercede with Christ our God that our souls be saved.

Kontakion, Tone 2:

Divine thunder, trumpet of the Spirit, cultivator of the faithful, and axe of heresy, O Father *Name*, great servant of the Trinity, as you always stand with the angels in His presence, pray unceasingly for us all.

BISHOPS

Troparion, Tone 4:

O God of our fathers, who always deal with us according to Your meekness, take not Your mercy from us, but by their prayers direct our lives in peace.

Kontakion, Tone 8:

As teachers of good deeds and crowning glory of bishops, the Church glorifies you in song: through your prayers grant to those who lovingly honor you guidance in good deeds and deliverance from temptations, as you are invincible.

FOOLS FOR CHRIST

Troparion, Tone 1:

Your servant *Name* became a fool on earth for Your sake, O Christ our God, having heard the voice of Your apostle Paul saying: We are fools for the sake of Christ. As we now honor

his memory, we pray You, O Lord, save our souls.

Kontakion, Tone 8:

Desiring the beautiful things on high, you strictly abstained from carnal sweetness here below; by not possessing things of this vain world, you lived the life of the angels, and having fallen asleep you passed over to them, O blessed *Name*. Therefore with them, entreat Christ God unceasingly for us all.

A MARTYR

Troparion, Tone 4:

Your martyr *Name*, O Lord, by his contest has received the crown of immortality from You, our God, for having Your strength, he deposed the tyrants, and crushed the impotent audacity of demons. By his prayers, O Christ God, save our souls.

Kontakion, Tone 6:

You were shown as a brilliant star, uninviting for the world, but proclaiming the sun of Christ by your rays, O martyr *Name*. You extinguished all enticements to sin, and you grant us light, praying ceaselessly for our souls.

MONKS

Troparion of one monk, Tone 8:

The image of God was truly preserved in you, O Father, for you took up the Cross and followed Christ. By so doing, you taught us to disregard the flesh, for it passes away; but to care instead for the soul, since it is immortal. Therefore your spirit, O holy Father *Name*, rejoices with the angels.



As for me, because of the abundance of Your mercy, I shall go into Your house; I shall worship You in reverence, directed toward Your holy temple.

O Lord, guide me on the way of Your righteousness; because of my enemies, make my path straight toward You.

For there is no truth in their mouth; their heart is arrogant.

Their throat is an open sepulchre; with their tongues they have spoken deceitfully; judge them, O God.

Let them fail because of their own scheming, because of their great ungodliness, cast them out, for they have embittered You, O Lord.

And let all those who trust in You be glad; they shall always rejoice, and You shall dwell with them.

And all who love Your name shall find glory in You, because You shall bless the righteous.

O Lord, You have crowned us, as with the shielding of Your good pleasure.

Psalm 89

O LORD, You have been our refuge from generation to generation.

Before the mountains came into being, even before the earth and the cosmos were formed, from everlasting to everlasting You are.

Do not turn mankind away to oblivion; truly, You have said: Turn back, Humanity! all of you who have been born.

For You consider a thousand years, O Lord, as but yesterday, which is past, as though it were only a night watch.

All their years shall be as though they were nothing; mankind shall pass away in the morning like grass.

In the morning we shall bloom, and grow full blown, by evening we shall have fallen away, grown withered and dry.

For we have collapsed from Your wrath, and by Your anger we have been troubled.

You have ordered our iniquities in Your presence; our life span is scrutinized in the light of Your countenance.

For all our days are faded away, and in Your wrath we are broken down; our years have, like a spider, spun out their tale.

As for the number of days our years shall span, they may perhaps be seventy years.

If we happen to be strong, perhaps even eighty; any more than these are full of struggle and suffering.

For mildness has come upon us, and we shall be reproved.

Who could know the force of Your wrath? And in terror of Your condemnation, who could reckon Your anger?

So show Your strength to me and to those who have learned wisdom in their hearts.

Return to us, O Lord; how long shall You delay? And consider the entreaty of Your servants.

We were filled in the morning with Your mercy, O Lord, and we rejoiced and were glad.

In all our days, let us be glad for the days in which You humbled us, for the years in which we saw evils.

Look upon Your servants, upon



Your creation, and guide their offspring.

Let the brightness of the Lord our God be upon us, guide us aright with the works of our hands; truly, guide us aright with the works of our hands.

Psalm 100

TO YOU I will sing of mercy and judgment, O Lord; I will chant and have understanding in a blameless path.

When will You come to me? I have walked in the innocence of my heart in the midst of my house.

I have no unlawful thing before my eyes; the workers of transgressions I have hated.

A crooked heart has not clung to me; the wicked man who turned from me, I have forgotten him.

I drove away from me him who secretly gossiped against his neighbor.

With him whose bearing was arrogant and his heart unappeasable, I did not eat.

Rather my eyes sought the faithful of the land, that they might sit with me; the man who was irreproachable, he accompanied me.

The haughty man was not a guest in my house; he who spoke injustice was unfortunate in my eyes.

In the morning I killed all the sinners who had lived in this land, completely eradicating from the city of the Lord all those whose work had been iniquity.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Alleluia, alleluia, alleluia;
glory to You, O God. *3 times*

Lord, have mercy. *3 times*

If two Troparia, the first is said here.

Glory to the Father and to the Son and to the Holy Spirit

The Troparion of the Day is now said.

Now and ever and unto ages of ages. Amen.

WHAT shall we call you, O Full of Grace? Heaven, for from you has arisen the Sun of Righteousness? Paradise, for from you has blossomed forth the Flower of Immortality? Virgin, for you have remained undefiled? Pure Mother, for you have held in your holy embrace the Son, the God of all? Beseech Him to save our souls.

IN GREAT LENT

After Lord, have mercy [3], we sing the following Troparia, Tone 6:

IN the morning You shall hear my voice, O my King and my God.
Prostration

✠ Give ear to my words, O Lord, hear my cry.

In the morning ...

✠ For to You will I pray, O Lord.

In the morning ...

Glory to the Father and to the Son and to the Holy Spirit. Now and ever and unto ages of ages. Amen.

What shall we call you...

DIRECT my steps according to Your saying, and let no iniquity have

SANCTORAL TROPARIA

THE THEOTOKOS

Troparion, Tone 4:

To the Theotokos we, the sinful and lowly, now earnestly have recourse, and we fall down in repentance, crying out from the depths of our hearts: O Mistress, take pity and have mercy upon us! Hasten, for we are perishing in the multitude of our transgressions! Do not turn your servants away empty, for we have you as our only hope!

Kontakion, Tone 6:

We have no other help, we have no other hope but you, O Pure Mother. Come to our aid. In you do we hope, and in you do we boast, for we are your servants. Let us not be put to shame.

BODILESS POWERS

Troparion, Tone 4:

Leaders of the heavenly hosts, although we are always unworthy, we beseech you that with your prayers you may encircle us with the protection of the wings of your angelic glory. Watch over us as we bow low and earnestly cry out to you: Deliver us from danger, O Princes of the heavenly hosts.

Kontakion, Tone 2:

O leaders of the armies of God and servants of the divine glory, guardians of mankind and leaders of the angels, intercede for us in all our needs, and obtain for us abundant mercy; for you are the leaders of the heavenly hosts.

HOLY PROPHETS

Troparion, Tone 2:

We celebrate the memory of Your prophet *Name*, O Lord; through him, we entreat You: save our souls.

Kontakion, Tone 4:

Illumined by the Spirit, your pure heart was a receptacle of most splendid prophecy, for you see things distant as though they were present. Therefore we venerate you, O blessed and glorious prophet *Name*.

APOSTLES

Troparion for one Apostle, Tone 3:

O Holy Apostle *Name*, pray to our merciful God to grant our souls forgiveness of our sins.

Kontakion for one Apostle, Tone 4:

Ever enlightened with the multitude of your miracles, the Church has obtained you, O Apostle *Name* as a most brilliant star. Therefore we call to Christ: Save us who faithfully honor the memory of Your Apostle, O You who are plenteous in mercy.

Troparion for two or more Apostles, Tone 3:

O Holy Apostles, pray to our merciful God to grant our souls forgiveness of our sins.

Kontakion for two or more Apostles, Tone 4:

You have appeared as branches of Christ's vine, bearing virtues as clusters of wisdom, that pour upon us the wine of salvation, which, when we receive, we are filled with gladness, and celebrate your all-venerable


New Martyrs of the Turkish Yoke

Third Sunday after Pentecost

Resurrectional Troparion, Tone 2:
 When You submitted to death, ...

Troparion of the New Martyrs, Tone 3:

The new martyrs, who with unremitting battle have cast down the ancient deception, have exalted the Faith of the Orthodox; for having abolished the worship of the iniquitous and professed Christ boldly, they

now unceasingly entreat Him as perfect God that He grant us great mercy.

Kontakion of the New Martyrs, Tone 1:

Rejoice mystically, O Church of Christ, beholding your children, the New Martyrs, standing round about your table and sanctuary in the dust of their relics as newly-planted olive trees, and cry out to the Creator: O Christ, You are the steadfastness of the Martyrs!


 dominion over me. Deliver me from the false accusations of mankind, and I will keep Your commandments. Make Your face to shine upon Your servant, and teach me Your statutes. (*Psalms 118:133-135*)

 Let my mouth be filled with Your praise, O Lord, that I may sing Your glory and Your majesty all the day long. (*Psalms 70:8*)

 Holy God ... and the rest of the *Trisagion Prayers*.

Kontakion of the Day.
IN GREAT LENT
For the Kontakion, we say the following, Tone 4:

QUICKLY go before us, O Christ our God, lest we be enslaved by the enemies who blaspheme You and threaten us; by Your Cross destroy those who strive against us, that they may learn the might of the Orthodox Faith, through the prayers of the Mother of God, O only Lover of Mankind.

Glory.

O Master, Teacher of wisdom, Bestower of virtue, who teach and protect the poor: Strengthen and enlighten my heart. Give me the words, O Word of the Father, and let me not restrain my mouth from crying to You: O Merciful One have mercy on me who have fallen.

Now.

The most glorious Mother of God, more holy than the holy angels, let us hymn unceasingly with our hearts and mouths, confessing her to be the Theotokos, for she has truly given

birth to God incarnate, and unceasingly prays for our souls.

 Lord, have mercy. *40 times*

OCHRIST GOD, who at all times and at every hour, in heaven and on earth, are worshipped and glorified, who are long suffering, plenteous in mercy, most compassionate, who love the righteous and have mercy on sinners, who call all to salvation through the promise of good things to come: Receive, O Lord our prayers at this hour, and guide our life toward Your commandments. Sanctify our souls, make chaste our bodies, set aright our minds, cleanse our thoughts, and deliver us from every sorrow, evil, and pain. Encompass us with Your holy angels, so that guarded and guided by their watch, we may attain to the unity of the faith and to the knowledge of Your ineffable glory: for You are blessed unto ages of ages. Amen.

 Lord, have mercy. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, who as a Virgin gave birth to the Word of God, true Theotokos, we magnify you.

In the Name of the Lord, Father [Master], bless.

Priest: God, be gracious to us and bless us, and cause His face to shine upon us, and have mercy on us.

Reader: Amen.



IN GREAT LENT

The Priest leads the Prayer of St. Ephraim the Syrian with prostrations:

O LORD and Master of my life! Take from me the spirit of laziness, despair, lust for power, and vain talking. *Prostration.*

But give to me, Your servant, the spirit of purity, humility, patience, and love. *Prostration*

Yes, Lord and King, grant me to see my own sins and not judge my brother. For blessed are You unto ages of ages. Amen. *Prostration*

O God, cleanse me a sinner and have mercy on me. *12 times with Metanies*

And the rest of the Prayer in its entirety with a prostration at the end.

O CHRIST the True Light, who enlighten and sanctify every one coming into the world, let the light of Your countenance be signed on us, that in it we may see the unapproachable Light: and guide our steps to the doing of Your commandments, through the prayers of Your most pure Mother, and all Your saints. Amen.

If we do not dismiss now, the Reader begins Third Hour on page 53.

If we do dismiss now:

Priest: Glory to You, O Christ God our hope, glory to You.

People: Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy. *3 times*

Father [Master], bless.

Priest: May [He who rose from the dead,] Christ our true God, through the prayers of His most pure Mother and all the saints have mercy on us and save us, for he is good and loves mankind.

℟. Amen. *Or the Polychronion.*

If First Hour is aggregated to Daily Matins, the full Dismissal is used:

Priest: May [He who rose from the dead,] Christ our true God, through the prayers of His most pure Mother, of *Weekday phrase and Patron of the Temple*, of the holy and righteous ancestors of God Joachim and Anna, of *the saints of the day*, and of all the saints have mercy on us and save us, for He is good and loves mankind.

℟. Amen. *Or the Polychronion.*



Kontakion of All Saints of North America, Tone 4:

Like a constellation of angelic stars, you have shone brightly in the western sky. Dawning forth the ancient light of Orthodoxy, you dispelled the darkness of the New World. Therefore, we glorify you, O holy Martyrs, Wonderworkers, and Illuminators, for you have proclaimed salvation to North America.

On this same Sunday

**All Saints of the Holy Mountain of Athos
All Saints of Russia**

Troparion of All Saints of Athos, Tone 1:

In hymns let us honor the fathers of the wilderness of Athos, the angels in the flesh, the confessors, the venerable holy hierarchs, and martyrs; and emulating their virtues, let us cry aloud saying: Glory to Him who has glorified you! Glory to Him who has crowned you! Glory to Him who has shown you to be our intercessors amid tribulations!

Troparion of All Saints of Russia, Tone 8:

As a beautiful fruit of the sowing of Your salvation, the land of Russia offered to You, O Lord, all the saints that have shone in it. By their prayers keep the Church and our land in deep peace, through the Theotokos, O most merciful One.

Kontakion of All Saints of Mount Athos, Tone 4:

Let us all praise the fathers who have made the Holy Mountain like Heaven, and who have shone forth in this life like angels, and who gath-

ered a great multitude of monastics there; and let us cry to them: Deliver us from every necessity and the attacks of the Evil One, O multitude of monastic saints, O boast and joy of Athos.

Kontakion of All Saints of Russia, Tone 3:

Today the choir of the saints who pleased God in the land of Russia stands before us in Church and invisibly prays for us to God. With them the Angels glorify Him, and all the saints of the Church of Christ keep festival with them; and they all pray together for us to the eternal God.

These observances may be transferred, combined, suppressed, or commemorated as the Superior directs

Our Compassionate Lord Jesus Christ,

Lover of our Souls

Friday after Second Sunday
after Pentecost

Troparion, Tone 8

O MERCIFUL Lord, You look down from heaven and receive the poor and wretched; come down to us who have become embittered by sin and through the prayers of the Theotokos, grant mercy to our souls.

Kontakion, Tone 4:

All my deeds have been vile, O merciful Savior, and I have fallen into the pit of despair. But now, O Word, with heartfelt groanings I cry: O compassionate One, hasten to our aid, for You alone are merciful.



people; grant peace to Your Church and great mercy to our souls.

Kontakion of All Saints, Tone 8:

To You, O Lord, Author of all creation, the universe offers the Godbearing Martyrs as the first fruit of nature. Through their prayers and the intercession of the Mother of God preserve Your Church, Your dwelling place, in perfect peace, O Most Merciful One.



APOLYPHONISMON

Feasts whose days depend on the Pentecostarion, but are not generally included in this book itself.

Feast of the Divine Body of Christ

Thursday after All Saints

Troparion, Tone 1:

CHRIST, having loved His own, loved them until the end, and gave them His body and blood for food and drink. Wherefore, let us offer our worship and say with awe: Glory to Your presence, O Christ! Glory to Your compassion! Glory to Your condescension, for You alone love mankind.

Kontakion, Tone 2:

Disdain me not to receive now, O Christ, the bread which is Your Body and the wine which is Your divine Blood, and to partake, O Master, of Your immaculate and dread Mysteries, wretched as I am. May it not be to me for judgment, but for eternal and immortal life.

First Divine Liturgy in North America

Saturday after All Saints

Troparion, Tone 1:

ARISE, O new Jerusalem, cast your gaze from the East to the West, and see the fulfillment of the words of the Prophet Malachi. For behold, in the lands of the setting of the sun, even the New World, the Pure Sacrifice is now lifted up. Incense is offered to the praise of the Lord's name, and all the children of Sion rejoice and sing in the presence of Christ.

Kontakion, Tone 4:

Behold, the field once fallow is tilled, the seed is sown, and brings forth much fruit, even the Fruit of Salvation. Rejoice, O Promised Land, nourished by the Lord's own Body and Blood, watered by the prayers and tears of Saints, for to you is come the fulfillment of the Prophets.

All Saints of North America

Second Sunday after Pentecost

Resurrectional Troparion, Tone 1:
Your tomb was sealed ...

Troparion of All Saints of North America, Tone 1:

O holy martyrs, righteous fathers, God-bearing hierarchs and enlighteners, O company of angelic men and women, we who have been illumined by your lives and deeds exalt your memory crying out; Glory to Christ Who glorified you! Glory to Him Who made you wondrous! Glory to Him Who proclaimed His Gospel through you!

THIRD HOUR

When separated from First hour, the usual beginning.

If said directly after First Hour, the Reader begins

Come, let us adore God, our King.
Come, let us adore Christ, our King and our God.

Come, let us adore and bow down to the Lord Jesus Christ Himself, our King and our God.

Psalm 16

OLORD, give heed to my righteousness, attend to my supplication.

Consider my prayer, which does not come from dishonest lips.

Let my judgment ensue directly from Your attention, let my eyes behold uprightness.

You have proved my heart, You have visited me in the night, You have tried me with fire, and have found no unrighteousness in me.

In order that my mouth might not speak about the accomplishments of mankind, I have struggled on hard paths for the sake of the words of Your lips.

Set my footsteps in Your paths, that my steps may not falter.

I have cried out to You because You have heard me.

O God, listen in my favor and hear my words.

Let Your mercies be made wonderful, O Lord, who save those who hope in You.

From those who have resisted Your strength, keep me, O Lord, as the apple of Your eye.

In the shelter of Your wings, protect me, from the pretense of the ungodly who have oppressed me.

My enemies have surrounded my soul, they have enclosed themselves with their own fat, their mouths have voiced arrogance.

They who have cast me out have now encircled me, they have set their eyes to look askance on the earth.

They have taken me as might a lion ready for its prey, and as might a lion's whelp that lurks in hiding.

Arise, O Lord, overtake them and trip their heels; deliver my soul from ungodly men, Your sword from Your enemies.

O Lord, from Your chosen ones separate them from the earth during their life; indeed, they have filled themselves with Your hidden treasures.

They have satisfied themselves with swine and have left the remnants to their children.

But as for me, I shall appear in righteousness before You; I shall be filled when Your glory is made manifest to me.

Psalm 24

TO YOU, O Lord, I have lifted up my soul; O my God in you have I trusted;

Let me never be ashamed, nor let my enemies ridicule me.

Indeed let none who wait upon You be ashamed; let them be ashamed who are lawless without cause.

Make Your ways known to me, O Lord, and teach me Your paths.



Lead me in Your truth and teach me, for You are God my Savior; for I have waited upon You all day long.

Remember Your compassions, O Lord, and Your mercies, for they are everlasting.

Disregard the sins and ignorance of my youth; remember me, according to Your mercy, O Lord, for the sake of Your goodness.

Good and upright is the Lord; therefore He will set a law for those who sin in the way.

He will guide the meek in judgment, He will teach the meek His ways.

All the ways of the Lord are mercy and truth, for those seeking to fulfill His covenant and the confirmation of His love.

For the sake of Your name, O Lord, be gracious to my sin; for it is great.

Who is the man who fears the Lord? He will set him a law in the way which He has chosen.

His soul shall dwell among good things, and his offspring shall inherit the earth.

The Lord is the strength of those who fear Him; and His covenant shall be evident to them.

My eyes are ever toward the Lord, for it is He who will draw my feet out of the snare.

Look upon me, and have mercy on me; for I am one who is only-begotten and poor.

The afflictions of my heart are multiplied; deliver me from want.

Behold my lowliness and my toil, and forgive all my sins.

Look upon my enemies, for they are multiplied, and they have hated me unjustly.

Preserve my soul and rescue me; let me not be made ashamed for hoping in You.

The innocent and the upright have clung to me, because I waited on You, O Lord.

Redeem Israel, O God, out of all his afflictions.

Psalm 50

HAVE mercy on me, O God, according to Your great mercy; and according to the multitude of Your compassions blot out my transgressions.

Wash me thoroughly from my iniquity, and cleanse me from my sin.

For I acknowledge my iniquity, and my sin is continually before me.

Against You only have I sinned and done this evil before You, that You might be justified in Your words, and prevail when You are judged.

For behold, I was conceived in iniquities, and in sins did my mother bear me.

For behold, You have loved truth; the hidden and secret things of Your wisdom You have made clear to me.

You shall sprinkle me with hyssop, and I shall be made clean; You shall wash me and I shall be made whiter than snow.

You shall make me to hear joy and gladness; the bones which have been humbled shall rejoice.

Turn Your face away from my sins, and blot out all my iniquities.



Kontakion, Tone 6:

When You fulfilled the plan of salvation for us and united all things on earth to those in heaven, O Christ our God, You ascended in glory, never leaving us, but remaining ever-present. For You proclaimed to those who love You: I am with you and no one else has power over you.

Sunday after Ascension: Fathers of the First Ecumenical Council

*Resurrectional Troparion, Tone 6:
Angelic powers . . .*

Troparion of the Fathers, Tone 8:

O Christ our God, You are above all praise, for You established our Fathers as lights to all the earth. You led us to the true faith through them. O most bountiful Lord, glory to You.

Troparion and Kontakion of the Ascension

Kontakion of the Fathers, Tone 8:

The preaching of the Apostles and the decisions of the Fathers have established the true faith of the Church which she wears as the garment of truth fashioned from the theology on high. She justly governs and glorifies the great mystery of worship.

Friday before Pentecost

*Leavetaking of Ascension. All as on
the Feast.*

Saturday before Pentecost: Saturday of the Souls

Troparion, Tone 8:

OCREATOR, in the depth of Your wisdom, in Your love for mankind You fashioned all things and give to each what is for good. O

Lord, grant rest to the souls of Your servants for they have placed their hope in You, our Creator, Sustainer, and our God.

This replaces O Heavenly King at the beginning of all services.

Kontakion, Tone 8:

With the saints, give rest, O Christ, to the souls of Your servants, where there is no pain, nor sorrow, nor sighing, but life without end.

Pentecost

The prayer O Heavenly King is resumed today.

Troparion of Pentecost, Tone 8:

BLESSED are You, O Christ our God. You have filled the fishermen with wisdom, sending down upon them the Holy Spirit. Through them You have caught in Your net the whole world. O Lover of Mankind, glory be to You.

Kontakion of Pentecost, Tone 8:

When the Most High descended and confused tongues, He scattered the people; but when He distributed the tongues of fire, He called all men to unity. Therefore, with one voice, let us praise the Most Holy Spirit.

First Sunday after Pentecost All Saints

*Resurrectional Troparion, Tone 8:
You came to earth from heaven . . .*

Troparion of All Saints, Tone 4:

Your Church throughout the world, O Lord is clothed with blood of Your Martyrs as with fine linens and purple robes; and so the Church cries out to You, O Christ our God: Send down Your goodness upon Your



**Fourth Sunday of Pascha
The Paralytic**

Resurrectional Troparion, Tone 3:
Let the heavens rejoice ...

Kontakion of the Paralytic, Tone 3:

With Your divine protection, O Lord, as You once raised the paralytic, now lift up my soul paralyzed with all kinds of sin and evil deeds of wickedness, so that, as saved, I may cry out to You: Glory to Your might, O merciful Christ.

Mid-Pentecost

Wednesday after the Fourth Sunday

Troparion, Tone 8:

THE PASCHAL Feast is half completed, quench my thirsty soul with the waters of devotion; for You, O Savior, have announced to all: Let him who is thirsty come to Me and drink. O Christ our God, Source of our Life, glory to You.

Kontakion, Tone 4:

O Christ God, Creator and Lord of All, when the Paschal Feast was half completed, You told those present: Come and draw the Water of Immortality. Let us, therefore, adore You and cry out with faith: Grant us Your goodness, for You are the Source of our Life.

**Fifth Sunday after Pascha
The Samaritan Woman**

Resurrectional Troparion, Tone 4:
The joyful message of the Resurrection was heard by the faithful women from the angel, having been freed from the ancestral curse, they boasted to the Apostles: "Triumphantly death has been overcome! Christ our God has risen, granting great mercy to the world."

Troparion of Mid-Pentecost, Tone 8.

Kontakion of Mid-Pentecost, Tone 8.

**Kontakion of the Samaritan
Woman, Tone 8**

When the Samaritan woman came to the well with faith, she beheld You, O Water of Wisdom, You allowed her to drink in abundance and glorified her eternally, for she inherited the heavenly kingdom.

Wednesday after the Fifth Sunday

Leavetaking of Mid-Pentecost. All as on the Feast.

**Sixth Sunday of Pascha
The Blind Man**

Resurrectional Troparion, Tone 5:
We the faithful proclaim ...

Kontakion of the Blind Man, Tone 5:

With eyes that are spiritually blind I come to You, O Christ; and like the man who was blind since birth I cry out to You with repentance: You are a shining Light to those who are in darkness.

Wednesday after the Sixth Sunday

Leavetaking of Pascha. All as on the Feast, except the Stichera at Vespers and Matins are those in Tone 5.

Ascension Thursday

Troparion, Tone 4:

YOU ascended in glory, O Christ our God, grant-ing joy to Your disciples by the promise of the Holy Spirit. And this blessing convinced them that You are the Son of God, the Redeemer of the world.

This replaces O Heavenly King through the Leavetaking.



Create a clean heart in me, O God, and renew a right spirit within me.

Cast me not away from Your presence, and take not Your Holy Spirit from me.

Restore to me the joy of Your salvation, and with Your governing Spirit establish me.

I shall teach transgressors Your ways and the ungodly shall turn back to You.

Deliver me from blood-guiltiness, O God, who are the God of my salvation; my tongue shall rejoice in Your righteousness.

O Lord, You shall open my lips, and my mouth shall declare Your praise.

For if You had desired sacrifice, I would have given it; with whole burnt offerings You shall not be pleased.

A sacrifice to God is a broken spirit; a heart that is broken and humbled God will not despise.

Do good, O Lord, in Your good pleasure to Sion, and let the walls of Jerusalem be built.

Then shall You be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings; then shall they offer bullocks upon Your altar.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Alleluia, alleluia, alleluia;
glory to You, O God. *3 times*

Lord, have mercy. *3 times*

If two Troparia, the first is said here.

Glory to the Father and to the Son and to the Holy Spirit

The Troparion of the Day is now said.

Now and ever and unto ages of ages. Amen.

OTHEOTOKOS, you are the true vine who have blossomed forth for us the Fruit of Life. We beseech you to intercede, O Lady, together with the Holy Apostles, that our souls find mercy.

IN GREAT LENT

After Lord, have mercy [3], we say the following Troparia, Tone 6:

OLORD, Who sent down Your most holy Spirit upon Your Apostles at the third hour: take Him not from us, O Good One, but rather renew Him in us who pray to You.

✠ Create in me a clean heart, O God, and renew a right spirit within me.

O Lord, who sent down ...

✠ Cast me not away from Your presence, and take not Your Holy Spirit from me.

O Lord, who sent down "

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen

O Theotokos, ...

BLESSED is the Lord God, blessed is the Lord day by day; the God of our salvation shall prosper us along the way; our God is the God of salvation. (*Psalm 67:20-21*)

Holy God ... and the rest of the Trisagion Prayers.

Kontakion of the Day.

**IN GREAT LENT**

For the Kontakion, Tone 8:

BLESSED are You, O Christ our God. You filled the fishermen with wisdom, sending down upon them the Holy Spirit. Through them You have caught the whole world in Your net. O Lover of Mankind, glory to You.

Glory.

When the Most High descended and confused the tongues, He scattered the people; but He distributed the tongues of fire, He called all mankind to unity. Therefore, with one voice, let us praise the All Holy Spirit.

Now.

You are the hope and protection and refuge of Christians, the unsailable battlement, the storm-free haven of the weary, O most pure Theotokos. But as you are one who saves the world by your unceasing intercession, remember us also, O all-hymned Virgin.

Lord, have mercy. *40 times*

O CHRIST GOD, who at all times and at every hour, in heaven and on earth, are worshipped and glorified, who are long suffering, plenteous in mercy, most compassionate, who love the righteous and have mercy on sinners, who call all to salvation through the promise of good things to come: Receive, O Lord our prayers at this hour, and guide our life toward Your commandments. Sanctify our souls, make chaste our bodies, set aright our minds,

cleanse our thoughts, and deliver us from every sorrow, evil, and pain. Encompass us with Your holy angels, so that guarded and guided by their watch, we may attain to the unity of the faith and to the knowledge of Your ineffable glory: for You are blessed unto ages of ages. Amen.

Lord, have mercy. *3 times*

Glory. Now.

More honorable...

In the Name of the Lord, Father [Master], bless.

Priest: God, be gracious to us and bless us, and cause His face to shine upon us, and have mercy on us.

Reader: Amen.

IN GREAT LENT

The Priest leads the Prayer of St. Ephraim the Syrian with prostrations, page 34.

Prayer of St. Mardarios

O SOVEREIGN GOD, the Father Almighty, O Lord, the Only Begotten Son, Jesus Christ, and You, O Holy Spirit, one Godhead, one Power, have mercy on me, a sinner, and by the judgments which You know, save me, Your unworthy servant: for You are blessed unto ages of ages. Amen.

If the Sixth Hour is to follow immediately, the Reader says Come, let us adore and the rest on page 57.

If we dismiss now, short Dismissal, page 52.



Lord, have mercy. *40 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and forever. Amen.

More honorable than the Cherubim and beyond compare more glorious than the Seraphim, who as a Virgin gave birth to the Word of God, true Theotokos, we magnify you.

Lord, have mercy. *3 times.*

Father [Master,] bless

Priest: May He who rose from the dead, trampling down death by death, and upon those in the tombs bestowing life, Christ our true God, through the prayers of His most holy Mother and of all the saints have mercy on us and save us, for he is good and loves mankind.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. *3 times*

G From Thomas Sunday through the Tuesday before the Ascension, at the Hours, the Reader reads the Paschal Troparion thrice for Glory to You, O God, glory to You; and O Heavenly King... The Trisagion Prayers are said as usual. But if any Hour follows directly another, the Reader says the Paschal Troparion three times instead of Come, let us adore

St Thomas Sunday

Second Sunday of Pascha

Troparion, Tone 7:

THOUGH the tomb had been sealed, from the tomb You arose, O Life and Christ our God. Though

the door had been locked, You appeared among the Disciples, O Resurrection of All; and thus You restored an upright spirit for us according to Your great mercy.

Kontakion, Tone 8:

Thomas placed his restless hand into Your lifegiving side, O Christ our God; and since You entered, although the doors were locked, he cried to You with the other Apostles: You are my Lord and my God.

**Third Sunday of Pascha
The Myrrhbearers**

Resurrectional Troparion, Tone 2:
When You submitted to death, ...

Troparion of St. Joseph, Tone 2:

The noble Joseph took down from the Tree Your most pure body. Anointing it with spices, he wrapped it in pure linen, and placed it in a new tomb. But You, O Lord, arose on the Third Day, granting Your great mercy to the world.

Troparion of the Myrrhbearers, Tone 2:

The angel stood by the tomb and to the women bearing spices he cried aloud: Myrrh is fitting for the dead, but Christ has shown Himself a stranger to corruption. So now cry out: The Lord has risen bestowing great mercy upon the world.

Kontakion of the Myrrhbearers, Tone 2:

By Your resurrection, O Christ our God, You told the women bringing ointment to rejoice; and You stilled the weeping of Eve, the first mother. You instructed the women to announce to Your Apostles: The Savior has risen from the tomb.



forth the Water that springs up to life everlasting. And as we delight in it, we all cry out: Rejoice, O life-bearing fount.

Kontakion of the Life-giving Fountain, Tone 8:

From your unfailing fount, O Maid most graced of God, you reward us by the flow of the unending streams of your grace that surpass human understanding. And since you bore the Word incomprehensibly, we entreat you to refresh us with your grace divine, that we may cry to you: Rejoice, O Fountain of Salvation.

PASCHAL HOURS

This is sung in place of: The Hours, Compline, Midnight Office, Prayers Before and After Holy Communion, and Private Devotions for all of Bright Week.

Priest: Blessed is our God, always, now and ever and unto ages of ages.

People: Amen.

CHRISt is risen from the dead, trampling down death by death, and to all those in the tombs bestowing life. *3 times.*

HAVING beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. We venerate Your Cross, O Christ, and we praise and glorify Your holy Resurrection; for You are our God, and we know no other than You; we call on Your name. Come, all you faithful, let us venerate Christ's holy Resurrection! For behold, through the Cross joy has come into all the world. Let us ever bless the Lord, praising His Resurrection, for by

enduring the Cross for us, He has destroyed death by death.

Hypakoë, Tone 8:

The women with Mary before the dawn, found the stone rolled away from the tomb, and they heard the Angel say: Why do you seek among the dead, as a mortal, Him who abides in everlasting light? Behold the grave clothes. Go in haste and proclaim to the world, that, the Lord is risen having conquered Death. For He is the Son of God, the Savior of mankind.

Kontakion, Tone 8:

Although You descended into the grave, O Immortal One, You destroyed the power of Hades and arose as a victor, O Christ God. You told the myrrhbearing women, "Rejoice!" You gave peace to Your Apostles, and resurrection to the fallen.

Troparia, Tone 8:

In the grave with the body but in Hades with the soul as God; in Paradise with the thief, and on the throne with the Father and the Spirit were You, O Christ, filling all things, Yourself uncircumscribed.

Glory.

How life-giving, how much more beautiful than paradise, and truly more resplendent than any royal palace did Your tomb appear, O Christ, the source of our resurrection.

Now.

Rejoice, O sanctified and divine tabernacle of the Most High; for through you, O Theotokos, joy is given to those who cry: Blessed are you among women, most immaculate Lady.

SIXTH HOUR

When separated from Third Hour, the usual beginning.

If said directly after Third Hour, the Reader begins

Come, let us adore God, our King.
Come, let us adore Christ, our King and our God.

Come, let us adore and bow down to the Lord Jesus Christ Himself, our King and our God.

Psalm 53

SAVE me, O God, by Your name and judge me in Your strength.

O God, hear my prayer, attend to the words of my mouth.

For strangers have risen up against me, and mighty men have sought after my soul and have not set God before themselves.

Regard how God helps me; the Lord is the protector of my soul.

He will bring evil down upon my enemies, completely destroying them with His truth.

Willingly I shall sacrifice to You; I will profess Your name, O Lord, for it is good.

You have delivered me out of every affliction, and I look down on my defeated enemies.

Psalm 54

O GOD, consider my prayer, and do not despise my supplication; attend to me and hear me.

I languished in my meditation, and was distressed by the voice of the enemy and the oppression of the sinner;

Because they have heaped iniquity upon me, and were furiously angry with me.

My heart is troubled within me; the terror of death has engulfed me.

Fear and trembling have descended upon me; darkness has encompassed me.

And I said: Who will give me wings like a dove's? So that I might fly away, and be at rest.

Behold how I have fled far away, and have sought refuge in the wilderness.

I waited for God, who can save me from cowardice and from upheaval.

Plunge them into the depths, O Lord, and confuse their speech, for I have seen iniquity and recklessness in the city.

He shall carouse the city day and night, wandering throughout all its quarters.

At its heart it seethes with immorality; extortion and fraud run rampant in its streets.

If it had been my enemy who had berated me, I might have been able to endure it.

If it had been one who hated me who had boasted against me, I might have been able to endure him.

But it was you! O kindred soul, my mentor, my most intimate friend, you whose companionship sweetened my repasts; in the house of God we had walked in single-mindedness.

Let death come upon such as



these, and let them go down alive into Hades.

For wickedness has infested his habitation, pervading it to its very core.

As for me, I have cried out to God, and the Lord heard me.

Evening, morning, and midday I will proclaim it and will declare it, and He shall hear my voice.

He will redeem my soul in peace from those who reproach me, for they were many who contested with me.

God will hear, and He will humble them, He who is from before eternity.

As for them, there will be no judgment, because they have not revered God; He has stretched out His hand in retribution.

They have blasphemed His covenant; they were scattered by the fury of His countenance; in their hearts they scheme.

Their words are unctuous, conciliatory, and yet they stab like darts.

Lay your burden on the Lord, and He will sustain you; He will never permit the righteous to be shaken.

But You shall bring those men down into the pit of destruction, O God.

Bloody and deceitful men shall not live out half of their days; but as for me, O Lord, I will hope in You.

Psalm 90

HE who dwells in the help of the Most High shall abide in the shelter of the God of heaven.

He shall say to the Lord: You are my helper and my refuge. He is my God, and I will hope in Him.

For He shall deliver you from the snare of the hunters and from every troubling word.

With His shoulders He will shield you, and under His wings you shall have hope.

His truth will surround you like armor; you shall not be afraid of terror at night, nor the arrows that fly in the day.

Nor for the monster that stalks in the darkness, nor for the misadventure and demon of noonday.

A thousand shall perish beside you, and ten thousand to the right of you, but it shall not affect you.

You shall witness, but be spared, all the reward of sinners.

For You, O Lord, are my hope. You made the Most High your refuge.

No evils shall come near you, and no pestilence shall come near your dwelling.

For He shall give His angels to care for you, to preserve you in all you do.

They shall bear you up with their hands if you should happen to trip your foot on a stone.

You shall be able to walk on asps and vipers, and crush the lion and dragon.

For He has put His hope in Me, I will deliver him; I will shelter him because He has known My name.

He shall cry out to Me, and I will hear him.

I shall be with him in affliction; and I will rescue him and glorify him.

PENTECOSTARION TROPARIA

PASCHA

THE FEAST OF FEASTS

Troparion, Tone 5:

CHRISt is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

Hypacoë, Tone 8:

The women with Mary before the dawn found the stone rolled away from the tomb, and they heard the Angel say: why do you seek among the dead as a mortal Him Who abides in everlasting light? Behold the grave clothes. Go in haste and proclaim to the world that the Lord is risen, having conquered Death. For he is the Son of god, the Saviour of Mankind.

Kontakion, Tone 8:

You descended into the grave, O Immortal One, yet You destroyed the power of death. As Conqueror You arose, O Christ God, saying to the myrrh-bearing women, "Re-joice!", granting peace to Your Apostles, and offering Resurrection to the fallen.

Bright Tuesday

OUR LADY OF THE PORTAL NEW MARTYRS OF LESBOS

Troparion of the Icon, Tone 1:

WE faithfully honor your august icon, O Lady Virgin of the Portal, for it miraculously has come by sea unto your flock, and is a sacred source of sanctification and a dwelling-place of your glory. And from it you pour forth gifts upon those who cry to you with love: "Glory

to your wonders, O pure Maiden! Glory to your providence! Glory to your abundant goodness towards us!"

Troparion of the New Martyrs, Tone 4:

On Lesbos you contested for Christ God, and you sanctified her with the finding of your relics, O blessed ones. Therefore we honor you, O God-bearing Raphael, together with Nicholas and the virgin Irene, as our divine protectors and intercessors with the Lord.

Kontakion of the New Martyrs, Tone 4:

Having shone forth upon the world like stars by your ascetical deeds, O Saints, as athletes you were translated to Heaven by the torments you endured, and you shelter and protect those who acclaim you.

Kontakion of the Icon, Tone 8:

As our protectress and guardian and helper, take not your aid away from us, O Maiden, O Lady Virgin of the Portal, we fervently entreat you. But fulfil since you love good, fulfil your holy promises which you gave to us, that we may cry to you: Re-joice, O helper of all mankind.

Bright Friday

THEOTOKOS, THE LIFE-GIVING FOUNTAIN

Troparion of the Life-giving Fountain, Tone 3:

AS a life-giving fountain, you conceived the Dew that is transcendent in essence, O Virgin Maid. And you poured forth for us the Immortal Nectar. And as ever-flowing streams from your fountain, you brought



knows the secrets of the human heart and distributes incorruptible crowns, covered him with glory.

Holy Tuesday

Kontakion, Tone 2:

O WRETCHED soul, think of your last hours. Be dismayed at the rebuking of the fig tree. Act and double the talent given you with a loving purpose. Be watchful and cry out: Grant that we not be left outside the bridal chamber of Christ.

Holy Wednesday

Kontakion, Tone 4:

O GRACIOUS God, I sinned more than the Adulteress and yet never offered refreshing teardrops. In silent prayer, I now prostrate myself, kissing with love Your immaculate feet in order to receive from You, Master, the forgiveness of my sins. I cry to You: O Savior, deliver me from the murk of my evil deeds.

Holy Thursday

Troparion, Tone 8:

WHILE the glorious Disciples were enlightened at the washing of their feet at the supper, the unholy Judas was blinded by his love of silver. He delivered You to unjust judges, O Most High Judge. All you lovers of riches, meditate on this: Love for money drove a man to take his own life. We must flee from greedy souls who would so betray the Master. O Lord, so benevolent to all, glory be to You!

Kontakion, Tone 2:

Judas, the deceitful servant, when he stretched his hand secretly and took bread, did therefore take the price of Him who

made humanity with His own hands, thus remaining reprobate.

Holy Friday

Troparion same as Holy Thursday

Kontakion, Tone 8:

O come, and let us all praise Him crucified for our sake, just as did Mary when she beheld Him on the Cross and said: Even though You have suffered crucifixion, You are still my Son, and still my God.

Holy Saturday

Troparion, Tone 2:

THE NOBLE Joseph took down from the Tree Your most pure body. Anointing it with spices, he wrapped it in pure linen, and placed it in a new tomb.

When You submitted to death, O immortal Life, You made death powerless by the radiance of Your divinity. When You raised the dead from the depths of the earth, all the heavenly powers exclaimed: "O Giver of Life, Christ our God, glory to You!"

The Angel stood by the tomb, and to the women bearing spices he cried aloud: Myrrh is fitting for the dead, but Christ has shown Himself a stranger to corruption.

Kontakion, Tone 2:

He who closed the abyss lies before us dead; and as a corpse the Immortal One is wrapped in linen with sweet spices and laid in a tomb. The women come to anoint Him with myrrh, weeping bitterly and crying: This is the most blessed Sabbath in which Christ sleeps, but on the third day He shall rise again.



I will satisfy him with a long life, and I will show him My salvation.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Alleluia, alleluia, alleluia;
glory to You, O God. *3 times*

Lord, have mercy. *3 times*

If two Troparia, the first is said here.

Glory to the Father and to the Son and to the Holy Spirit

The Troparion of the Day is now said.

Now and ever and unto ages of ages. Amen.

SEEING that we have no boldness because of our many sins, beseech Him who was born of you, O Virgin Theotokos; for the supplication of a mother avails much to win the Master's favor. Disdain not the pleadings of us sinners, O all-pure one, for He is merciful and mighty to save, and He also deigned to suffer for our sake.

IN GREAT LENT

After Lord, have mercy [3], we sing the following Troparia, Tone 2:

O CHRIST GOD, who in the sixth day and in the sixth hour, nailed to the Cross Adam's daring sin in paradise, tear up also the handwriting of our sins, and save us.

✠ Give ear, O God, to my prayer, and reject not my supplication.

O Christ God ...

✠ As for me, I have cried to God, and the Lord heard me.

O Christ God...

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen

Seeing that we have no boldness ...

Troparion of the Prophecy, First Prokeimenon, Lesson, Second Prokeimenon, and the reading from The Ladder.

LET Your compassions quickly go before us, O Lord, for we are become very poor. Help us, O God our Savior, for the sake of the glory of Your name; O Lord deliver us and be gracious to our sins for Your name's sake. (*Psalm 78:8-9*)

Holy God ... *and the rest of the Trisagion Prayers.*

Kontakion of the Day.

IN GREAT LENT

For the Kontakion, Tone 2:

YOU have wrought salvation in the midst of the earth, O Christ God; You stretched out Your immaculate hands on the Cross, gathering all the nations who cry to You: O Lord, glory to You.

Glory.

We venerate Your most pure icon, O Good One and ask forgiveness for our transgressions, O Christ our God. Of Your good will You were pleased to ascend the Cross in the flesh and deliver Your creatures from bondage to the enemy. Therefore with thankfulness we cry aloud to You: You



have filled all with joy, O our Savior, for You have come to save the world.

Now.

On Monday, Tuesday, and Thursday:

Since you are a fountain of compassion, grant us your mercy, O Theotokos. Look on a sinful people and show forth, as always, your power. For hoping in you, we cry "Hail" to you as once did Gabriel the supreme commander of the bodiless hosts.

On Wednesday and Friday:

You are most glorified, O Theotokos, and we hymn you. For by the Cross of your Son, Hades was cast down and death was slain. Having been put to death we were raised up, and were deemed worthy of life. We received paradise, the ancient bliss. Therefore in thanksgiving we sing to you: Hail, O Full of Grace; the Lord is with you!

Lord, have mercy. *40 times*

O CHRIST GOD, who at all times and at every hour, in heaven and on earth, are worshipped and glorified, who are long suffering, plenteous in mercy, most compassionate, who love the righteous and have mercy on sinners, who call all to salvation through the promise of good things to come: Receive, O Lord our prayers at this hour, and guide our life toward Your commandments. Sanctify our souls, make chaste our bodies, set aright our minds, cleanse our thoughts, and deliver us from every sorrow, evil, and pain. Encompass us with Your holy angels, so that guarded and guided by their watch, we may attain

to the unity of the faith and to the knowledge of Your ineffable glory: for You are blessed unto ages of ages. Amen.

Lord, have mercy. *3 times*

Glory. Now.

More honorable...

In the Name of the Lord, Father [Master], bless.

Priest: God, be gracious to us and bless us, and cause His face to shine upon us, and have mercy on us.

Reader: Amen.

IN GREAT LENT

The Priest leads the Prayer of St. Ephraim the Syrian with prostrations, page 52

Prayer of St. Basil

O GOD and Lord of Powers, Creator of all that exists, who in Your great compassion and ineffable mercy sent down Your Only-begotten Son, our Lord Jesus Christ, for the salvation of our race, and by His precious Cross tore up the handwriting of our sins, and confounded the principalities and powers of darkness: O Master who love mankind, accept from us sinners these prayers of thanksgiving, and deliver us from every destructive and dark fall into sin, and from all the visible and invisible enemies that seek to harm us. Nail down our flesh to the fear of You, and do not incline our hearts to thoughts or words of wickedness, but wound our souls with Your love, that, looking toward You and guided by Your Light, we may behold Your unapproachable and eternal Light, and may send up unceasing confession



but to care instead for the soul, since it is immortal. Therefore your spirit, O holy Mother Mary, rejoices with the angels.

Kontakion, Tone 3:

Once filled with all kinds of vice, now through repentance she appears at the bride of Christ. Leading an angelic life, she crushes the devils with the help of the Cross. Therefore, the venerable Mary has become a bride of the kingdom.

HOLY WEEK

Lazarus Saturday

Saturday after Fifth Sunday

Troparion, Tone 1:

O CHRIST our God, You confirmed the Resurrection of all before the time of Your Passion by raising Lazarus from the dead. Therefore, we as the children of Israel carry the symbols of victory and cry out to You, the Conqueror of Death: Hosanna in the highest! Blessed is He who comes in the name of the Lord.

Kontakion, Tone 2:

Christ the Joy of All, the Truth, the Light, the Life and Resurrection of the World, appeared to those on earth because of His goodness. He became the Image of our resurrection, granting divine forgiveness to all.

Palm Sunday

Troparion, Tone 1:

O CHRIST our God, You confirmed the resurrection of all before the time of Your Passion by raising Lazarus from the dead.

Therefore, we as the children of Israel carry the symbols of victory and cry out to You, the Conqueror of Death: Hosanna in the highest! Blessed is He who comes in the name of the Lord.

Another Troparion, Tone 4:

We have been buried with You through baptism, O Christ our God and we have become worthy of immortal life by Your Resurrection. So we cry out to You: Hosanna in the highest! Blessed is He who comes in the name of the Lord.

Kontakion, Tone 6:

In heaven You are carried upon a throne; on earth You rode upon a colt, O Christ our God. You received the praise of Angels and the hymns of children crying out to You: Blessed is He who came to restore Adam.

Holy Monday

Troparion, Tone 8:

BEHOLD, the Bridegroom is coming in the middle of the night. Blessed is the servant he shall find awake, but the one He shall find neglectful will not be worthy of Him. Beware, therefore, O my soul! Do not fall into a deep slumber, lest you be delivered to death and the door of the Kingdom be closed to you. Watch instead, and cry out: Holy, holy, holy are You, O God. Through the intercession of the Theotokos, have mercy on us.

Kontakion, Tone 8:

While Jacob wept over the loss of his son, Joseph, wearing a king's attire, nobly rode in a chariot. He refused to be enslaved by the pleasures of Egypt. Therefore, God who



Veneration of the Holy Cross
Third Sunday in Lent

Troparion, Tone 1:

OLORD, save Your people, and bless Your in-heritance, grant Orthodox Christians victory over their enemies, and protect Your people with Your Cross.

Kontakion, Tone 7:

Now the flaming sword no longer guards the gates of Paradise; it has been mysteriously quenched by the wood of the Cross. The sting of death and the victory of hell have been vanquished; for You, O my Savior, did come and cry to those in hell: Enter again into Paradise.

This Kontakion is used at the Hours, Typica, and Compline through the following Friday afternoon.

St John of the Ladder
Fourth Sunday in Lent

Troparion, Tone 1:

ODWELLER of the wilderness and angel in the body. You were a wonderworker, O our Godbearing Father John. You received heavenly gifts through fasting, vigil, and prayer: healing the sick and the souls of those drawn to you by faith. Glory to Him who gave you strength. Glory to Him who granted you a crown. Glory to Him who through you grants healing to all.

Kontakion, Tone 4:

O John, our leader and father, the Lord has placed you on high as a true guiding star of abstinence, lighting the ends of the earth with the truth of your virtue.

The Great Canon of St. Andrew
Thursday after the Fourth Sunday

Kontakion, Tone 6:

MY soul, my soul, arise! Why are you sleep-ing? The end is drawing near, and you will be confounded. Watch, then, that Christ God may spare you; for He is everywhere present and fills all things.

Saturday of the Akathist Hymn
Saturday after the Fourth Sunday

Troparion, Tone 8:

TAKING knowledge of the secret command, the bodiless Archangel went with haste to Joseph's dwelling, and said to her who knew not wedlock: "He who in His self-abasement bowed the heavens and came down is housed wholly and unchanged in you. I see Him take the form of a servant in your womb, and in wonder I cry to you: Rejoice, O Bride unwedded!"

Kontakion, Tone 8:

To you the champion Leader, we your flock dedicate a feast of victory and thanksgiving. For we are rescued out of sufferings, O Mother of God. As you are mighty and invincible, free us from all dangers that we may cry to you: Rejoice, O Bride Unwedded!

St Mary of Egypt
Fifth Sunday in Great Lent

Troparion, Tone 8:

THE IMAGE of God was truly preserved in you, O Mother, for you took up the Cross and followed Christ. By so doing, you taught us to disregard the flesh, for it passes away;



and thanksgiving to You, the Unoriginate Father, with Your Only-begotten Son, and Your most holy, good, and life-creating Spirit, now and ever and unto ages of ages. Amen.

If the Ninth Hour is to follow immediately, the Reader says Come, let us adore and the rest on page 62.

If we dismiss now, short Dismissal, page 552.

NINTH HOUR

When separated from Sixth Hour, the usual beginning.

If said directly after Sixth Hour, the Reader begins

Come, let us adore God, our King.
Come, let us adore Christ, our King and our God.

Come, let us adore and bow down to the Lord Jesus Christ Himself, our King and our God.

Psalm 83

HOW beloved are Your dwellings, O Lord of Hosts!

My soul longs and faints for the courts of the Lord. My heart and my flesh have rejoiced in the living God.

For the sparrow has found herself a house, and the turtledove a nest for where she may lay her young, within your Holy Place, O Lord of hosts, my King and my God.

Blessed are they who dwell in Your house; from age to age they shall praise You.

Blessed is the man whose help is from You; he has ascended in his heart, within the valley of weeping, to the place which he has established.

Truly, for the Lawgiver will give blessings; they shall progress from strength to strength, the God of gods shall be seen in Sion.

O Lord of hosts, hear my prayer; attend, O God of Jacob.

O God, our defender, behold, and look upon the face of Your anointed one.

For one day in Your courts is better than thousands elsewhere.

I have chosen rather to be an outcast in the house of my God than to dwell in the tents of sinners.

For the Lord loves mercy and truth, God will give grace and glory; the Lord will not withhold good things from those who walk in innocence.

O Lord God of hosts, blessed is the man whose hope is in You.

Psalm 84

OLORD, You have turned back the captivity of Jacob.

You have forgiven the iniquities of Your people; You have covered all their sins.

You have made all Your wrath to cease; You have turned back from the fury of Your rage.

Turn us back, O God of our salvation, and turn Your anger away from us.

Will You be embittered with us forever? Or will You extend Your wrath from generation to generation?

O God, You will transform and enliven us, and Your people shall rejoice in You.

O Lord, show us Your mercy, and give us Your salvation.

I will hear what the Lord God will speak through me; for He will speak peace to His people and to His saints, and to those who turn their heart to Him.

Surely His salvation is near to those who fear Him, that His glory may dwell in our land.

Mercy and truth are met together, righteousness and peace have kissed each other.

Forgiveness Sunday

Cheesefare Sunday

Kontakion, Tone 6:

O MASTER, Teacher of wisdom, Bestower of virtue who teach and protect the poor: Strengthen and enlighten my heart. O Word of the Father, let me not restrain my mouth from crying to You: Have mercy on me, a transgressor, O Merciful Lord.

First Saturday of Great Lent

St. Theodore the Recruit

Troparion, Tone 2:

GREAT are the achievements of faith! The holy martyr Theodore rejoiced in the fountain of the flames as though in refreshing water; being made a whole burnt offering in the fire, he was offered as a sacrifice to the Trinity. By his prayers, O Christ our God, save our souls.

Kontakion, Tone 8:

Having received the Faith of Christ in your heart as a breastplate, you trampled underfoot the power of the enemy hosts, O much suffering martyr Theodore; and you have been crowned eternally with a heavenly crown, since you are invincible in the battle.

Orthodoxy Sunday

First Sunday in Lent

Troparion of the Holy Icons, Tone 2:

WE venerate Your most pure icon, O Good One and ask forgiveness for our transgressions, O Christ our God. Of Your good will You were pleased to ascend the Cross in the flesh and deliver Your creatures from bondage to the enemy.

Therefore with thankfulness we cry aloud to You: You have filled all with joy, O our Savior, for You have come to save the world.

Kontakion of the Holy Icons, Tone 8:

No one could describe the Word of the Father; but when He took flesh from you, O Theotokos, He accepted to be described and restored the fallen image to its former state by uniting it to divine beauty. We confess and proclaim our salvation in words and icons.

St Gregory Palamas

Second Sunday in Lent

Troparion, Tone 8:

LIGHT of Orthodoxy, pillar and Teacher of the Church, adornment of monastics, invincible champion of theologians, O wonderworker Gregory glory of Thessalonica, preacher of grace: always intercede that our souls be saved.

Kontakion, Tone 8:

Holy and divine instrument of wisdom, joyful trumpet of theology, with one accord we sing your praises, O Gregory inspired by God. But since you now stand in mind and spirit before the Original Mind, guide our minds to Him, O father, that we may cry to you: Hail, preacher of grace.

Another Kontakion, Tone 4:

Now is the time for action. Judgment is at the door. So let us rise and fast, offering alms with tears of sorrow and crying. Our sins are more in number than the sands of the sea, but forgive us, O Master of All, so that we may receive the incorruptible crowns.

TRIODION TROPARIA

Publican and Pharisee

Kontakion, Tone 3:

AS the Publican, let us bring cries of sorrow to the Lord, and let us fall before Him as sinners at the Master's feet. For He desires the salvation of all men; He grants forgiveness unto all who repent, and He has for our sake taken flesh, though He is God co-eternal with the Father.

Another Kontakion, Tone 4:

Let us flee from the proud speaking of the Pharisee and learn the humility of the Publican, and with groaning let us cry to the Savior: Be merciful to us, for You alone are ready to forgive.

Prodigal Son

Kontakion, Tone 3:

WHEN I foolishly separated myself from Your Fatherly glory, I squandered in wickedness the riches You had given me. So now I cry out to You with the voice of the Prodigal Son, saying: I have sinned before You, O Merciful Father, receive me, repentant, and make me as one of Your hired servants.

Commemoration of the Dead

Also 2, 3, and 4 Saturdays of Lent when appointed

Troparion, Tone 8:

O CREATOR, in the depth of Your wisdom, in Your love for mankind You fashioned all things and give to each what is for good. O Lord, grant rest to the souls of Your servants for

they have placed their hope in You, our Creator, Sustainer, and our God.

Kontakion, Tone 8:

With the saints, give rest, O Christ, to the souls of Your servants, where there is no pain, nor sorrow, nor sighing, but life without end.

Last Judgment & Second Coming

Meatfare Sunday

Kontakion, Tone 1:

WHEN You will come to earth in glory, O God, and all things will tremble before You, the river of fire will flow before Your judgment seat, and the books will be opened and all hidden things revealed, deliver me from the unquenchable fire and make me worthy to stand at Your right hand, O righteous Judge.

The Commemoration of the Blessed Ascetics

Saturday of Cheesefare Week

Troparion, Tone 4:

O GOD of our Fathers, You always deal with us according to Your gentleness: take not Your mercy from us, but by their prayers guide our life in peace.

Kontakion, Tone 8:

You made the assembly of the Godbearers illustrious as heralds of piety and silencers of impiety, O Lord, and they shine throughout the world. By their prayers, keep in peace those who glorify and magnify You, that they may ever sing to You: Alleluia!

Truth is sprung up out of the earth, and righteousness has looked down from heaven.

For the Lord will indeed give goodness, and our land shall yield its produce.

Righteousness shall go before Him, and shall steady His footsteps along the way.

Psalm 85

BOW down Your ear, O Lord, and hear me, for I am poor and needy.

Preserve my soul, for I am holy; O my God, save Your servant, who hopes in You.

Have mercy on me, O Lord, for to You will I call all day long; gladden the soul of Your servant, for to You have I lifted up my soul.

For You, O Lord, are good and gentle, and abundant in mercy to all who call upon You.

O Lord, consider my prayer, and attend to the voice of my supplication.

In times of affliction I have cried out to You, because You have heard me.

There is none like You among the gods, O Lord, nor are there any accomplishments like Yours.

All the nations whom You have made shall come and shall worship before You, O Lord, and shall glorify Your name.

For You are great and work wonders; You alone are God.

Guide me, O Lord, in Your way, and I will walk in Your truth; let my heart rejoice that I may revere Your name.

I will confess You, O Lord my God, with all my heart, I will glorify Your name forever.

For Your mercy to me is extraordinary, You have delivered my soul from far distant Sheol.

O God, transgressors have risen up against me, and the assembly of the mighty has sought for my soul, and they have no regard for You.

But You, O Lord my God, are compassionate and merciful, patient, abounding in mercy, and true.

Consider me and have mercy upon me; give Your strength to me, Your servant, and save the child of Your handmaid.

Work in me a sign for good, and let those who hate me behold it and be ashamed; for You, have helped me, O Lord, and comforted me.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Alleluia, alleluia, alleluia; glory to You, O God. *3 times*

Lord, have mercy. *3 times*

If two Troparia, the first is said here.

Glory to the Father and to the Son and to the Holy Spirit

The Troparion of the Day is now said.

Now and ever and unto ages of ages. Amen.

O GOOD ONE, for our sake, You were born of the Virgin and endured crucifixion: being God, You brought forth the Resurrection, trampling down death by Your death. Turn not away from us,



whom You have fashioned with Your own hands; but show Your love toward mankind, O Merciful One and accept the intercessions of the Theotokos on our behalf and save, O our Savior, a despairing people!

IN GREAT LENT

After Lord, have mercy [3], we sing the following Troparia, Tone 8:

O CHRIST GOD, who for our sake at the ninth hour tasted of death in the flesh, mortify the presumption of our flesh, and save us.

✠ Let my prayer draw near You, O Lord; according to Your word give me understanding.

O Christ God...

✠ Let my petition come before You, O Lord; according to Your word deliver me.

O Christ God...

Glory to the Father and to the Son and to the Holy Spirit, now and ever and forever. Amen.

O Good One, for our sake,

FOR THE SAKE of Your holy name, do not forsake us forever; nor forget Your covenant; for the sake of Abraham Your beloved, and Isaac, Your servant, and Israel, Your holy one, take not Your mercy from us. (*Song of the Three Children, vv 11–12*)

Holy God ... and the rest of the *Trisagion Prayers*.

Kontakion of the Day.

IN GREAT LENT

For the Kontakion, Tone 8:

SEEING the Author of life hanging on the Cross, the thief said: If it were not God Incarnate who is crucified with us, the sun would not have hidden its rays, nor would the earth have quaked and trembled. But, O Endurer of all things, remember me, O Lord, in Your kingdom.

Glory.

Between two thieves Your Cross proved to be a balance of righteousness; for the one was dragged down to Hades by the weight of his blasphemy, whereas the other was loosed of his transgressions and brought to the knowledge of God. O Christ God, glory to You.

Now.

When she who bore the Lamb and Shepherd and Savior of the world beheld Him on the Cross, she said with tears: "The world rejoices at receiving redemption, but my innermost being burns as I see Your Crucifixion which You endure for all, O my Son and my God."

Lord, have mercy. *40 times*

O CHRIST GOD, who at all times and at every hour, in heaven and on earth, are worshipped and glorified, who are long suffering, plenteous in mercy, most compassionate, who love the righteous and have mercy on sinners, who call all to salvation through the promise of good things to come: Receive, O Lord our prayers at this hour, and guide our life toward Your



Troparion for St. Nicholas, Tone 4

The truth of things has revealed you to your flock as a rule of faith, a model of meekness, and a teacher of temperance. Therefore you have won the heights by humility, riches by poverty, O holy Father and Hierarch Nicholas, intercede with Christ our God that our souls be saved.

Kontakion for the Apostles, Tone 2

O Lord, You have received the steadfast preachers of the Good News, the Leaders of Your Apostles, into the enjoyment of Your goodness and repose. You have accepted their labors and death before any other sacrifice, for only You know the secrets of our heart.

Kontakion to St. Nicholas, Tone 3

You were a true priestly worker in Myra, O Holy Nicholas, for zealously living the Gospel of Christ, you dedicated your life to your people and you saved the innocent from death. Therefore, you have been sanctified as one who has entered the mystery of God's grace.

Saturday

All Saints, and the Faithful Departed

Troparion All Saints, Tone 2

O APOSTLES, Martyrs, Prophets, Hierarchs, Venerable Saints, Righteous Ones, who have finished the good fight and have kept the Faith, seeing that you have boldness before the Savior, intercede we pray to you for the salvation of our souls.

Troparion for the Departed, Tone 2

Remember the souls of Your servants, O Lord, for You are good, and insofar as they sinned in this life, forgive them; for no one is sinless but You, who are able to give rest to the departed.

Kontakion for the Martyrs, Tone 8

To You, O Lord, Author of all creation, the universe offers the Godbearing Martyrs as the first fruit of nature. Through their prayers and the intercession of the Mother of God preserve Your Church, Your dwelling place, in perfect peace, O Most Merciful One.

Kontakion for the Departed, Tone 8

With the saints, give rest, O Christ, to the souls of Your servants, where there is no pain, nor sorrow, nor sighing, but life without end.

WEEKDAY TROPARIA

Monday The Holy Angels

Troparion, Tone 4

LEADERS of the heavenly hosts, although we are always unworthy, we beseech you that with your prayers you may encircle us with the protection of the wings of your angelic glory. Watch over us as we bow low and earnestly cry out to You: Deliver us from danger, O Princes of the heavenly hosts.

Kontakion, Tone 2

O leaders of the armies of God and servants of the divine glory, guardians of mankind and leaders of the angels, intercede for us in all our needs, and obtain for us abundant mercy; for you are the leaders of the heavenly hosts.

Tuesday St. John the Baptist

Troparion, Tone 2

THE remembrance of the just is worthy of praise, but the Lord's testimony is sufficient for you, O Forerunner; for it has shown that you are indeed more worthy of honor than the Prophets. You were found worthy to baptize the Lord whom you foretold. Thereafter, you suffered for the truth and, rejoicing, also announced the Good News to those in the abyss that God had appeared as man taking away the sins of the world and granting to all of us the abundance of mercy.

Kontakion, Tone 3

According to the Pochaev

ΜΟΝΗΤΚΟΛΟΒΣ

Today, she who was once barren gives birth to the Forerun-

ner of Christ, the fulfillment of all prophecy. In the Jordan, John laid his hand upon Him whom the Prophets foretold showing himself to be the prophet, the herald and forerunner of the Word of God.

Another Kontakion, Tone 2

According to later books

Prophet of God and Forerunner of Grace, we have discovered within the earth your head as a rose of great holiness from which healing blossoms forth for us, for as of old, so now also you preach repentance to the world.

Wednesday and Friday

The Holy Cross

Troparion, Tone 1

OLORD, save Your people, and bless Your inheritance, grant Orthodox Christians victory over their enemies, and protect Your people with Your Cross.

Kontakion, Tone 4

Lifted up of Your own will upon the Cross, You bestow Your mercy upon the new people that bears Your name. Make the Orthodox people glad in Your strength, giving them victory over their enemies. May Your Cross assist them in spiritual struggles, weapon of peace and unconquerable standard of victory.

Thursday

The Holy Apostles and St. Nicholas

Troparion for the Apostles, Tone 3

OHOLY Apostles pray to our merciful God to grant our souls forgiveness of our sins.

commandments. Sanctify our souls, make chaste our bodies, set aright our minds, cleanse our thoughts, and deliver us from every sorrow, evil, and pain. Encompass us with Your holy angels, so that guarded and guided by their watch, we may attain to the unity of the faith and to the knowledge of Your ineffable glory: for You are blessed unto ages of ages. Amen.

Lord, have mercy. *3 times*

Glory. Now.

More honorable...

In the Name of the Lord, Father [Master], bless.

Priest: God, be gracious to us and bless us, and cause His face to shine upon us, and have mercy on us.

Reader: Amen.

IN GREAT LENT

The Priest leads the Prayer of St. Ephraim the Syrian once only with prostrations, page 52.

The Prayer of St. Basil

O MASTER, Lord Jesus Christ our God, who are long suffering toward our transgressions, and have led us even to this hour, in which, You while hanging on the life-giving Tree, made the way for the entry into Paradise of the grateful thief, and by death destroyed death: cleanse us, Your sinful and unworthy servants; for we have

sinned and committed iniquities, and are not worthy to lift up our eyes and look to the height of heaven, because we have forsaken the path of Your righteousness, and have walked after the desires of our hearts. But we beseech Your boundless grace: Spare us, O Lord, according to the multitude of Your mercy, and save us for the sake of Your holy name; for our days are wasted away in vanity. Rescue us from the hand of the adversary, and forgive us our sins, and mortify the presumption of our flesh, that putting off the old man, we may put on the new one, and live for You, our Master and Benefactor; and that following in Your commandments, we may attain to eternal rest, wherein is the dwelling place of all who are glad. For You are indeed the true joy and gladness of those who love You, O Christ our God, and to You we send up glory, with Your Eternal Father, and Your most Holy and Good and Life-creating Spirit, now and ever and unto ages of ages. Amen.

Normally Vespers outside of Great Lent will begin directly with the Priest beginning Blessed is our God ... and the Invitatory Come, let us adore ... and Psalm 103.

If we dismiss now, short Dismissal, page 52.

VESPERS

Priest: Blessed is our God always, now and ever, and unto ages of ages.

Reader: Amen. *If Ninth Hour has not been said, the Reader continues:*

Glory to You, our God, glory to You!

O HEAVENLY KING, the Comforter, the Spirit of Truth, who are in all places and fill all things; Treasurer of blessings and Giver of life, come and dwell within us, and cleanse us from every blemish, and save our souls, O Blessed One.

HOLY GOD, Holy Mighty, Holy Immortal, have mercy on us. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us; O Lord, cleanse us of our sins; O Master, forgive our transgressions; O Holy One, come to us and heal our infirmities for Your name's sake.

Lord, have mercy. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

OUR FATHER, who art in heaven, hallowed be Thy name; Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the Kingdom and the Power and the Glory of the

Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

Reader: Amen. Lord, have mercy. *12 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

If Ninth Hour has been said, after the Blessing and Amen, the Reader begins here:

Come, let us adore God, our King.

Come, let us adore Christ, our King and our God.

Come, let us adore and bow down to the Lord Jesus Christ Himself, our King and our God.

Psalm 103

BLESS the Lord, O my soul! O Lord my God, You are very great; You are clothed with honor and majesty.

Who cover Yourself with light as with a garment; Who stretch out the heavens like a curtain;

Who lay the beams of His chambers in the waters; Who make the clouds His chariot, Who walk on the wings of the wind;

Who make His angels spirits; His ministers a flaming fire; Who laid the foundation of the earth, that it should never be moved.

You covered it with the deep as with a garment: the waters stood above the mountains.

At Your rebuke they fled; at the voice of Your thunder they hurried away.

willingly ascended the Cross in the flesh and suffered death. He raised the dead by His glorious Resurrection.

Kontakion

O my Savior, You descended into the realm of death. You crushed its power, for You are the almighty. As Creator, You raised the dead with Yourself. Adam, who had been condemned was redeemed. O Lover of mankind, we call to You, saying: O Lord, save us!

TONE 6

Troparion

ANGELIC powers were before Your grave and the guards became like dead men. Mary stood at the grave, seeking Your most pure body. You captured death, but were not tempted by it, O Giver of life, You met the Virgin. O Lord, You arose from the dead. Glory to You!

Kontakion

Christ, as the origin of all life, You raised the dead from the valley of darkness. You, as God, restored all the righteous. You resurrected the human race. You are the Savior, as well as Resurrection, the Life, and the God of all.

TONE 7

Troparion

YOU have destroyed death by Your Cross. You opened Paradise to the thief. You changed the weeping of the Myrrhbearers to joy. You commanded Your Apostles to proclaim: "Christ our God has risen, granting great mercy to the world."

Kontakion

No longer can the might of death rule over men, for Christ has come destroying and shattering its power. Death is bound in chains: The prophets with joy unite their voices, saying: "The Savior has come to those who believe! Enter, faithful, into the Resurrection!"

TONE 8

Troparion

YOU came to earth from heaven, O Gracious One. You allowed Yourself to be in the grave for three days that we might be freed from our passions. O Lord, our Life and our Resurrection, glory to You.

Kontakion

You raised the dead when You arose from the grave. You restored Adam, and Eve rejoices in Your Resurrection. Since You have risen from the dead, O Merciful One, there is celebration throughout all the world.

SUNDAY TROPARIA

TONE 1 Troparion

YOUR tomb was sealed with a stone by the Jews, and the soldiers guarded Your most pure body: yet You arose on the third day, O Savior, giving life to the world. The heavenly powers cried out to You, O Giver of Life: "Glory to Your Resurrection, O Christ! Glory to Your kingdom! Glory to Your plan of salvation, for You alone love mankind."

Kontakion

Being God, You rose in glory from the tomb, O Lord, restoring life to the world and conquering death. All humanity exalts You as God. Adam rejoices and Eve delivered from her bonds glorifies and cries out to You: "O Christ, You are the Resurrection of all."

TONE 2 Troparion

WHEN You submitted to death, O immortal Life, You made death powerless by the radiance of Your divinity. When You raised the dead from the depths of the earth, all the heavenly powers exclaimed: "O Giver of Life, Christ our God, glory to You!"

Kontakion

You arose from the dead, O Almighty Savior! Death witnessed the miracle and was filled with fear, as the dead arose. All creation beheld it and rejoices in You: even Adam rejoices. The universe exalts You, O my Savior, for ever.

TONE 3 Troparion

LET the heavens rejoice and let the earth be glad! For the Lord has shown strength with His arm, trampling down death by death, He has become the first born of the dead. He has delivered us from the depths of the realm of death, and has given great mercy to the world.

Kontakion

Today You arose from the grave, O Merciful One, and lifted us from the gates of death. Adam exalts, and Eve rejoices. They, together with the Prophets and the Patriarchs, continually proclaim the Divine Authority of Your power.

TONE 4 Troparion

THE JOYFUL message of the Resurrection was heard by the faithful women from the angel, having been freed from the ancestral curse, they boasted to the Apostles: "Triumphantly death has been overcome! Christ our God has risen, granting great mercy to the world."

Kontakion

O my Savior and Redeemer, as God You lifted fallen man from the bondage of the grave. You shattered the gates of death. As the Master, You arose on the third day.

TONE 5 Troparion

WE the faithful proclaim and worship the Word, eternal with the Father and the Spirit. He was born of the Virgin for our salvation. He

They go up over the mountains; they go down into the valleys, to the place which You established for them.

You have set a boundary that they may not trespass; that they never again flood the earth.

He sends the springs into the valleys, which flow among the hills.

They give drink to every beast of the field; the wild donkeys quench their thirst.

By them live the birds of the air, which sing among the branches.

He waters the hills from His chambers; the earth is satisfied with the fruit of His labor.

He causes the grass to grow for the cattle, and vegetation to serve mankind; that we may grow food from the earth, wine that gladdens our hearts, oil to make our faces shine, and bread which strengthens our bodies.

The trees of the Lord are full of sap; the cedars of Lebanon which He planted; where the birds make their nests; the stork has its abode in the fir trees.

The high hills are a refuge for the wild goats; and the rocks for the hares.

He made the moon to mark the seasons: the sun knows its time for setting.

You make darkness, and it is night, in which all the beasts of the forest creep forth.

The young lions roar after their prey and seek their food from God.

The sun arises; they gather themselves together and lie down in their dens.

Mankind goes off to work and to labor until the evening.

O Lord, how manifold are Your works! You have made them all in wisdom: the earth is full of Your riches.

So is this great and wide sea, in which there are innumerable creatures, both small and great things.

There go the ships; there is that dragon, whom You made to play there.

All these wait upon You; that You may give them their food in due season.

They gather what You give them; You open Your hand, they are filled with good.

You hide Your face, they are troubled; You take away their breath, they die and return to their dust.

You send out Your Spirit, they are created; and You renew the face of the earth.

The glory of the Lord shall endure forever; the Lord shall rejoice in His works.

He looks on the earth, and it trembles; He touches the hills, and they smoke.

I will sing to the Lord as long as I live; I will sing praises to my God while I have my being.

My meditation of Him shall be sweet; I will be glad in the Lord.

Let the sinners be consumed from the earth, and let the wicked be no more. Bless the Lord, O my soul!

The sun knows its time for setting; You make darkness and it is night.

O Lord, how manifold are Your works! You have made them all in wisdom.

Glory. Now.

Alleluia, alleluia, alleluia;
glory to You, O God! *3 times*

**LITANY OF PEACE**

The Priest or Deacon leads the Great Litany.

In peace let us pray to the Lord.

℣. Lord, have mercy. *And so after every petition of the Litany.*

For the peace from above, and for the salvation of our souls, let us pray to the Lord.

For the peace of the whole world, for the welfare of God's holy Churches, and for the union of them all, let us pray to the Lord.

For this Holy Church, and for those who enter with faith, reverence, and fear of God, let us pray to the Lord.

For our lord the Right Reverend Bishop [or Most Reverend Archbishop or Most Blessed Metropolitan or for a Patriarch great Lord and Father] *Name or Names*, for the honorable Priesthood, the Diaconate in Christ, for all the clergy and people, let us pray to the Lord.

For our divinely protected country, her authorities, armed forces, and all her people, let us pray to the Lord.

For this city, for every city and country place, and for those who with faith dwell therein let us pray to the Lord.

For seasonable weather, for the abundance of fruits of the earth, and for peaceful times, let us pray to the Lord.

For those who travel by sea or by land or by air or in the vastness of

the heavens; for the sick, the suffering, for those who are in captivity and for their salvation, let us pray to the Lord.

For our deliverance from all tribulation, wrath, danger and necessity, let us pray to the Lord.

Help us, save us, have mercy upon us, and keep us, O God, by Your grace.

Calling to remembrance our most holy, most pure, most blessed and glorious Lady, the Theotokos and Ever-Virgin Mary, with all the Saints, let us commend ourselves, and each other, and all our life unto Christ our God.

℣. To You, O Lord.

The Priest may say the First Evening Prayer aloud:

O Lord, compassionate and merciful, long-suffering and plenteous in mercy, give ear to our prayer and attend to the voice of our supplication. Work upon us a sign for good. Lead us in Your way, that we may walk in Your truth. Gladden our hearts that we may fear Your holy Name. For You are great and do wonders. You alone are God, and among all the gods there is none like You, O Lord, mighty in mercy, gracious in strength, aiding and comforting and saving all those who put their trust in Your holy Name.

Exclamation:

FOR to You are due all glory, honor and worship: to the Father, and to the Son, and to the Holy Spirit, now, and ever, and unto ages of ages.

℣. Amen.



℣. For all who are in sorrow, and who lie in infirmities, and who are in prison.

℣. May God raise them up, heal them, and have mercy on them.

℣. For those who are sick, and those who are suffering.

℣. May God save them and have mercy on *him*.

℣. For the deliverance of captives.

℣. May God liberate them and have mercy on them.

℣. For those who travel by water, by land, by air, or in the vastness of the heavens.

℣. May God save and have mercy on them.

℣. And for the souls of all Orthodox Christians.

℣. May God forgive them and have mercy on them.

℣. And for the increase of the fruits of the earth.

℣. May God increase the fruits of the earth.

Except on a Feast or Saturday Evening we say the following six petitions for the departed:

℣. Let us remember those who have previously departed this life, [the Orthodox emperors together with the princes, and] the founders of this holy temple.

℣. May God remember them and grant them rest.

℣. Patriarchs, metropolitans, archbishops and bishops, and spiritual fathers.

℣. May God remember them and grant them rest.

℣. Our parents and relatives according to the flesh.

℣. May God remember them and grant them rest.

℣. And all who have previously reposed, our forefathers and fathers and brethren.

℣. May God remember them and grant them rest.

℣. And for all who have served in this holy temple.

℣. May God remember them and grant them rest.

℣. And for all Orthodox Christians who have been laid to rest here and everywhere.

℣. May God remember them and grant them rest.

But we always conclude:

Superior: Through the prayers of Your most pure Mother, and of our holy fathers [or holy mothers], O Lord Jesus Christ, Son of God, have mercy on us.

℣. Amen. [Lord, have mercy. 3 times]



℣. Let us also say for ourselves.

℞. Lord, have mercy. *3 times*

Priest: Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us.

℞. Amen.

SECOND FORM

According to older books, especially the 1793 Pochaev ДОНІТВОЛІВЪ, the Forgiveness and final Litany is said thus:

Bowing down (or prostrating himself before all), the Priest says the Forgiveness:

Priest: Bless me, holy fathers, and forgive me a sinner, wherein I have sinned in word and deed and thought, and by all of my senses.

℞. May God forgive and have mercy on you.

Likewise they make a reverence before him, and say:

Forgive me, holy Father [Master], and bless me, for whatever sins I have committed in all the days of my life, and on this day. I have sinned immeasurably in soul and body, in sleep and idleness, by demonic darkness, by impure thoughts, by forgetfulness, and by judging. I have sinned in my heart and by all my senses, by hearing and sight, voluntarily and involuntarily; and there is no sin which I have not committed. But I repent of all these; forgive me, holy father, and bless me, and pray for me a sinner.

Priest: May God through His grace forgive and have mercy on us all.

℞. Amen.

℣. Let us pray for our lord the Right Reverend Bishop or Most Reverend Archbishop or Most Blessed Metropolitan or if Patriarch our great Lord and Father *Name or Names*, and all our brotherhood in Christ.

℞. May God save them and have mercy on *him*.

℣. For the ever-memorable and blessed founders of this holy temple [or of this holy habitation].

℞. May God save them and have mercy on *him*.

℣. For our spiritual fathers. [But if it be a monastery, say: For our father, the Abbot *Name*, and for all our brotherhood in Christ. In a women's monastery, For our mother, the Abbess *Name* and all our sisterhood in Christ.]

℞. May God save them and have mercy on *him*.

℣. For those who serve the Church.

℞. May God save them and have mercy on *him*.

Priest: For our divinely protected country, her authorities, and armed forces.

℞. May God prosper them and have mercy on them.

℣. For those sent to serve elsewhere, our fathers and brethren.

℞. May God prosper them and have mercy on them.

℣. For those who have served, and for all those who now serve in this temple [or in this holy habitation].

℞. May God save them and have mercy on *him*.

℣. For those who hate us and those who love us.

℞. May God forgive them and have mercy on them.

℣. For those who have given us alms, and have charged us, unworthy though we be, to pray for them.

℞. May God forgive them, save them, and have mercy on them.



PSALMODY AND LITTLE LITANY

On Saturday evenings we read the first Kathisma of the Psalter. On other days we read the first Stasis (Psalms 1–3). By custom, we often chant selected verses. There is no Kathisma on Sunday evening or if Great Vespers has been celebrated the night before. If the Kathisma is not read, we pass directly to O Lord, I have cried and its Stichera.

Blessed is the man who has not walked in the counsel of the ungodly. Alleluia.

For the Lord knows the was of the just, but the ways of the wicked shall cease to be. Alleluia.

Serve the Lord with fear; exult in Him with trembling. Alleluia.

Blessed are all who trust in Him. Alleluia.

Arise, O Lord; save me, O my God. Alleluia.

Salvation is from the Lord, Your blessing is upon Your people. Alleluia.

Glory to the Father and to the Son and to the Holy Spirit. Alleluia.

Now and ever and unto ages of ages. Amen. Alleluia.

Alleluia, alleluia, alleluia;
glory to You, O God!

3 times

Deacon: Again and again in peace, let us pray to the Lord.

℞. Lord, have mercy.

Help us, save us, have mercy upon us, and keep us, O God, by Your grace.

℞. Lord, have mercy.

Calling to remembrance our most holy, most pure, most blessed and

glorious Lady, the Theotokos and Ever-virgin Mary, with all the Saints, let us commend ourselves and each other and all our life unto Christ our God.

℞. To You, O Lord.

Priest: For Yours is the might, and Yours is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

℞. Amen.

If desired, the Little Litany may be said after each Stasis of the Psalter, and the Priest may say the following Prayers and Exclamations aloud:

After the First Stasis, the Second Evening Prayer and its Exclamation:

O Lord, rebuke us not in Your displeasure, neither chasten us in Your wrath, but deal with us according to Your mercy, O Physician and Healer of our souls. Guide us to the haven of Your will. Enlighten the eyes of our hearts to the knowledge of Your truth, and grant that the remainder of this day and our whole life may be peaceful and without sin, through the intercessions of the holy Theotokos and of all the saints.

FOR Yours is the might, and Yours is the kingdom and the power and the glory: of the Father, and of the Son, and of the Holy Spirit, now and ever and unto ages of ages.

℞. Amen.

After the Second Stasis, the Third Evening Prayer and its Exclamation:

O Lord our God, remember us sinners and unprofitable servants when we call on Your holy Name, and put us not to



shame in our expectation of Your mercy; but grant us, O Lord, all our petitions which are unto salvation, and grant that we may love and fear You with all our hearts and do Your will in all things.

FOR You are a good God and love man-kind, and to You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages.

℟. Amen.

After the Third Stasis, the Sixth Evening Prayer and its Exclamation:

O God, great and wonderful, Who with wisdom inscrutable and great riches of providence order all things and give us good things of this world, who have given us a pledge of the promised Kingdom through the good things already bestowed on us and have made us to shun all evil during that part of the day which is past: Grant that we may also fulfill the remainder of this day without reproach before Your holy glory and hymn You, the only good One, our God Who love mankind.

FOR You are our God and to You we send up glory: to the Father and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages.

℟. Amen.

LAMPLIGHTING PSALMS

While the Choir sings O Lord, I have cried (Lamplighting Psalms and their Stichera), the Deacon performs a full censuring.

Psalm 140

OLORD, I have cried unto You; hear me! Hear me, O Lord! O Lord, I have cried unto You: hear me! Receive

the voice of my prayer when I call upon You. Hear me, O Lord.

LET MY PRAYER be set forth in Your sight as incense, and let the lifting up of my hands be an evening sacrifice. Hear me, O Lord.

Set a watch, O Lord, before my mouth; and a protecting door about my lips.

Incline not my heart to evil words to make excuses in sins.

With men that work iniquity and I will not communicate with the choicest of them.

The just man shall correct me with mercy and reprove me, do not use the oil of the sinner to anoint my head.

For my prayer shall still be against the things with which they are well-pleased. Their judges falling on the Rock have been swallowed up.

They shall hear my words, for they are sweet. As a clod of dry earth is broken on the ground; their bones are scattered by the side of hell.

But to You, O Lord, are my eyes; I have put my trust in You; do not take away my soul.

Keep me from the snares which they have laid for me, and from the traps of the workers of iniquity.

Let the wicked fall into their own nets while I alone escape.

Psalm 141

ICRIED out to the Lord with my voice; with my voice, I made my supplication to the Lord.

I poured out my supplication before Him, I showed Him my trouble.

When my spirit is overwhelmed within me, then You knew my path.



to you, O Theotokos, "How can I praise you as I should? With what name shall I invoke you? I am troubled and amazed. Therefore as I was commanded, I cry to you: Hail, O Full of Grace!

Angelic Salutation

HAIL, O Virgin Theotokos, Mary full of Grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, for you have borne Christ, the Savior and Deliverer of our souls. *Three times.*

DISMISSAL

Priest: Glory to You, O Christ God our hope, glory to You.

People: Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy. *3 times*

Father [Master], bless.

Priest: May [He who rose from the dead,] Christ our True God, through the prayers of His most pure Mother and all the saints, have mercy on us and save us, for He is good and loves mankind.

People: Amen.

One of the two following Litanies is then said.

FIRST FORM

Priest: Forgive me, a sinner.

℟. God forgive you, holy Father [Master]. Bless me, holy Father [Master], and forgive me a sinner.

Priest: May God, through His grace, have mercy on us all.

℟. Amen.

℣. Let us pray for the peace of the world.

℟. Lord, have mercy. *Repeated slowly and softly throughout the litany.*

℣. And for pious and Orthodox Christians.

℣. And for our lord the Right Reverend Bishop or Most Reverend Archbishop or Most Blessed Metropolitan or if Patriarch our great Lord and Father Name or Names, and all our brotherhood in Christ.

℣. And for our divinely protected country, her authorities, and armed forces.

℣. And for our fathers and brethren absent from among us.

℣. And for those who hate us and those who love us.

℣. And for those who are kind to us and minister unto us.

℣. And for those who have requested our prayers, unworthy though we be.

℣. And for the deliverance of captives.

℣. And for travelers by land, sea, air, and in the vastness of the heavens.

℣. And for those who lie in sickness.

℣. And let us pray also for abundance of the fruits of the earth.

℣. And for the soul of every Orthodox Christian.

℣. Let us bless God-fearing leaders, Orthodox bishops, the founders of this holy church and our parents and teachers, and all our fathers and brethren gone before us, the Orthodox who here and everywhere lie asleep in the Lord.

Prayer to Our Lord

by Monk Antiochus of Pandeotis

AND GRANT US, O Master, repose of body and soul as we go to sleep, and preserve us from the gloomy sleep of sin and from every dark and passionate pleasure of the night. Quell the attacks of the passions; quench the fiery darts of the evil one which are treacherously directed against us. Put down the rebellions of our flesh, and lull to sleep our every earthly and material thought. And grant us, O God, a wakeful mind, a chaste thought, a sober heart, and gentle sleep, free from every satanic fantasy. Raise us up at the hour of prayer, confirmed in Your commandments and having within ourselves a steadfast remembrance of Your judgments. Grant us to hymn Your glory all the night long, that we may sing, bless, and glorify Your most honorable and majestic name of Father, Son, and Holy Spirit, now and ever and unto ages of ages. Amen.

Most glorious, ever Virgin Mother of God, present our prayer to your Son and our God, that He may save our souls.

The Father is our hope,

The Son is our refuge,

The Holy Spirit is our protection.

O Holy Trinity, our God, glory to You!

Different books include some or all of these prayers as well:

ALL my hope I place in you, O Theotokos. Keep me beneath your protection.

Hymn of St. Basil

ALL of creation rejoices in you, O Full of Grace, the assembly of angels and the race of mankind. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a child—our God before the ages. He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

Prayer to the Guardian Angel.

OHOLY ANGEL who accompany my wretched soul and lowly life, forsake me not, and depart not from me because of my extravagance and wickedness. Give no access to the evil demon to rule with his might this mortal body of mine, but hold me by my wretched, feeble hand; lead me in the path of salvation. Yes, O holy Angel of God, guardian and protector of my wretched soul and body, forgive me all wherewith I have heretofore saddened you all the days of my life. And though this day I have sinned, be my shelter this night. Keep me from all the wiles of the enemy, that I may not anger God with any sin. Intercede with the Lord for me, that He may confirm me in His fear and show me forth as a worthy servant of His goodness. Amen.

Theotokion, Tone 3. Original melody:

AWED by the beauty of your virginity and by the splendor of your purity, Gabriel cried aloud

In the way in which I walk they have secretly laid a snare for me.

I looked to my right and saw there was no one that would help me.

Refuge failed me; no one cared for my soul.

I cried out to You, O Lord; I said: You are my refuge, my portion in the land of the living.

Listen to my cry; for I am brought very low.

Deliver me from my persecutors, for they are stronger than I.

—*On 10:* Bring my soul out of prison, that I may praise Your name

The righteous shall wait for me, until You recompense me.

Psalm 129

—*On 8:* Out of the depths have I cried to You, O Lord; Lord, hear my voice.

Let Your ears be receptive to the voice of my supplication.

—*On 6:* If You should mark iniquities, O Lord, O Lord, who shall stand? For there is forgiveness with You.

Because of Your name I have waited for You, O Lord; my soul has waited for Your word, my soul hoped in the Lord.

—*On 4:* From the morning watch until night, from the morning watch, let Israel trust in the Lord.

For with the Lord there is mercy, and with Him is abundant redemption; and He will redeem Israel from all his iniquities.

Psalm 116

Praise the Lord, all nations; praise Him, all people.

For His mercy is great toward us, and the truth of the Lord endures forever.

Glory to the Father and to the Son and to the Holy Spirit.

Now and ever and unto ages of ages. Amen.

If there is an Entrance, towards the end of the Stichera, the Deacon quietly says:

Deacon: Let us pray to the Lord.

The Priest quietly says the Entrance Prayer:

In the evening and in the morning and at noonday we praise You, we bless You, we give thanks to You, and we pray to You, O Master of all, O Lord who love mankind. Direct our prayer as incense before You, and incline not our hearts to words or thoughts of evil, but deliver us from all who seek after our souls. For to You, O Lord, O Lord, are our eyes, and in You have we hoped. Put us not to shame or our God. For to You are due all glory, honor, and worship: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.

Deacon: Amen.

But according to older books, the following Entrance Prayer is said:

O gracious King who love mankind and bless all things, with contrite hearts and humble spirits we beseech You: bless our comings in and our goings out, O Christ our true God, for Your coming to dwell with Mankind and your goings among us are blessed, always, now and ever and unto ages of ages.

Deacon: Amen.



As they stand before the Royal Doors:

Deacon: Father [Master], bless the holy entrance.

Priest: Blessed is the entrance of your saints always, now and ever and unto ages of ages.

Deacon: Amen.

The Deacon then says aloud:

Deacon: Wisdom. Let us attend.

THE SUNSET HYMN

GLADSOME LIGHT of the holy glory that shines from the immortal, heavenly Father, the holy, the blessed Jesus Christ! In that we have come to sunset, now that we see the evening light, we sing the praise of Father and Son and Holy Spirit, one God! Worthy are You to be praised at all times with voices meet for holy song, O Son of God, the Giver of life, for which cause, all the world does give glory to You!

PROKEIMENON

Deacon: Let us attend!

Priest: Peace be to all!

Deacon: Wisdom! The Vespers Prokeimenon in Tone ____.

Saturday, Tone 6:

THE LORD is King, * He is robed in maj-esty.

‡ The Lord is robed with strength and He has girded Himself.

‡ For He has established the world, which shall not be moved.

‡ Holiness becomes Your house, O Lord, forever more.

Sunday, Tone 8:

BEHOLD now, bless the Lord, * all you servants of the Lord.

‡ You who stand in the temple of the Lord, in the courts of the house of our God.

Monday, Tone 4:

THE LORD will hear me * when I cry out to Him.

‡ When I called, the God of my righteousness heard me.

Tuesday, Tone 1:

YOUR help, O Lord, shall follow me * all the days of my life.

‡ The Lord is my shepherd, I shall not want; He makes me lie down in green pastures.

Wednesday, Tone 5:

OGOD, in Your name save me, □* and in Your strength judge me.

‡ O God, hear my prayer; give ear to the words of my mouth.

Thursday, Tone 6:

MY help comes from the Lord, * Who has made heaven and earth.

‡ I lift up my eyes to the mountains, from which my help will come.

Friday, Tone 7:

OGOD, You are my helper, * and Your mercy shall go before me.

‡ Deliver me from my enemies, O God, and from those who rise up against me.

If there are Lessons:

Deacon: Wisdom!

Reader: The Reading from ____.

Deacon: Let us attend!

At Daily Vespers and Sunday–Friday in Lent, go directly to Vouchsafe, O Lord, page 74.



OLORD and Master of my life! Take from me the spirit of laziness, despair, lust for power, and vain talking. *Prostration.*

But give to me, Your servant, the spirit of purity, humility, patience, and love. *Prostration*

Yes, Lord and King, grant me to see my own sins and not judge my brother. For blessed are You unto ages of ages. Amen. *Prostration*

O God, cleanse me a sinner and have mercy on me. *12 times.*

O Lord and Master of my life! Take from me the spirit of laziness, despair, lust for power, and vain talking. But give to me, Your servant, the spirit of purity, humility, patience, and love. Yes, Lord and King, grant me to see my own sins and not judge my brother. For blessed are You unto ages of ages. Amen. *Prostration.*

FINAL PRAYERS

**Prayer to the Mother of God
by Monk Paul
of the Monastery of the Benefac-
tress**

OSPOTLESS, undefiled, incorrupt, immaculate, pure Virgin, Lady Bride of God, who have united God the Word to mankind by your most glorious childbearing, and have joined the outcast nature of our race to the inhabitants of heaven, the only hope of the hopeless and the help of those who fight, the ready aid of those who flee to you, and refuge of all Christians: Disdain me not, a defiled sinner, who have altogether made myself un-

profitable by foul thoughts, words, and deeds, and am become in mind a slave to the indolence of the pleasures of this life. But as the Mother of God the Lover of mankind, lovingly take pity on me, a sinner and prodigal, and accept my supplication, offered you with defiled lips; and exercising your maternal boldness, entreat your Son and our Master and Lord to open to me the loving compassions of His goodness, and disregarding my countless transgressions, to turn me to repentance, and to reveal me as a well-skilled doer of His commandments. And in that you are merciful, full of pity, and love that which is good, stand ever before me in this present life as a fervent intercessor and helper, driving away the onslaughts of the adversary, guiding me to salvation, preserving my wretched soul in the hour of my passing, driving far from it dark visions of evil demons, and on the dread day of judgment, delivering me from eternal torment and showing me to be an heir of the ineffable glory of your Son and our God. This be my lot, O my Lady, most holy Theotokos, through your intercession and by your help, by the grace and love for mankind of your only begotten Son, our Lord, God, and Savior Jesus Christ, to whom is due all glory, honor, and worship, together with His Unoriginate Father, and His most holy and good and life-giving Spirit, now and ever and unto ages of ages. Amen.



who trespass against us, and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the Kingdom and the Power and the Glory of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

Reader: Amen.

Troparia

The actual useage here varies widely. The most commonly used are the following.

O GOD of our Fathers, who always deal with us according to Your meekness; take not Your mercy from us, but by their prayers direct our lives in peace.

Adorned in the blood of Your martyrs throughout all the world as in purple and fine linen, Your Church cries out to You through them, O Christ God: Send down Your compassions to Your people, grant peace to Your habitation, and great mercy to our souls.

Glory.

With the saints, give rest, O Christ, to the souls of Your servants, where there is no pain, nor sorrow, nor sighing, but life without end.

Now.

Through the prayers of the Theotokos and of all the Saints, O Lord, grant us Your peace and have mercy on us, for You alone are compassionate.

Lord, have mercy. *40 times*

O CHRIST GOD, who at all times and at every hour, in heaven and on earth, are worshipped and glorified, who are long suffering, plenteous in mercy, most compassionate, who love the righteous and have mercy on sinners, who call all to salvation through the promise of good things to come: Receive, O Lord our prayers at this hour, and guide our life toward Your commandments. Sanctify our souls, make chaste our bodies, set aright our minds, cleanse our thoughts, and deliver us from every sorrow, evil, and pain. Encompass us with Your holy angels, so that guarded and guided by their watch, we may attain to the unity of the faith and to the knowledge of Your ineffable glory: for You are blessed unto ages of ages. Amen.

Lord, have mercy. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, who as a Virgin gave birth to the Word of God, true Theotokos, we magnify you.

In the Name of the Lord, Father [Master], bless.

Priest: God, be gracious to us and bless us, and cause His face to shine upon us, and have mercy on us.

Reader: Amen.

IN GREAT LENT

The Priest leads the Prayer of St. Ephraim the Syrian with prostrations:



IN GREAT LENT

On Sunday evenings, the Deacon (or Canonarch) intones the Great Prokeimenon.

On Cheese-fare (Forgiveness) Sunday evening, and II and IV Sundays of Lent Great Prokeimenon, Tone 8, Psalm 68

TURN not Your countenance away from Your servant, for I am afflicted; hear me speedily. * Attend to my soul, and deliver it.

☩ May Your salvation, O God, be quick to help me.

☩ Let beggars behold it and be glad.

☩ Seek after God, and your soul shall live.

On I, III, and V Sundays of Lent Great Prokeimenon, Tone 8, Psalm 60

YOU have given an inheritance ☐* to those who fear Your Name, O Lord.

☩ From the ends of the earth I have cried to You.

☩ I shall be sheltered in the shelter of Your wings.

☩ So will I sing to Your name unto the ages.

On Palm Sunday Evening Prokeimenon, Tone 8, Psalm 133

BEHOLD now, bless the Lord, * all you servants of the Lord.

☩ You who stand in the temple of the Lord, in the courts of the house of our God.

Monday through Friday evenings have two Prokeimena and two Lessons from the Triodion.

AT GREAT VESPERS

Litany of Fervent Supplication

Deacon: Let us all say, with all our soul and with all our mind let us say:

☩ Lord, have mercy.

O Lord Almighty, the God of our fathers, we beseech You; hear us and have mercy.

☩ Lord, have mercy.

Have mercy upon us, O God, according to Your great mercy, we beseech You; hear us and have mercy.

☩ Lord, have mercy. *3 times*

Again we pray for our Holy Orthodox Church, our lord the Right Reverend Bishop [or Most Reverend Archbishop or Most Blessed Metropolitan or for a Patriarch great Lord and Father] *Name or Names*, for our brother Priests and Priest-monks and for all our brethren in Christ.

☩ Lord, have mercy. *3 times*

Again we pray for our divinely protected country, her authorities, armed forces and for all her people; and that the Lord, our God, may succor and aid them in every righteous deed and protect them from every enemy and adversary.

☩ Lord, have mercy. *3 times*

Again we pray for the holy Orthodox Patriarchs, for the ever-memorable benefactors of this holy Church, and for all our fathers and brethren, who here and in all the world lie asleep in the Lord.

☩ Lord, have mercy. *3 times*

Again we pray for mercy, life, peace, health, salvation, God's visitation and the remission of sins of the servants of God *Names*, all parishio-

ners of this Holy Church that they may be safeguarded from all sorrow, wrath, misfortune, spiritual and physical illness, that they may live peacefully in health and good welfare all the days of their lives, O ever merciful God, hear us and have mercy.

℟. Lord, have mercy. *3 times*

Other petitions may be added according to need, local custom, or Ecclesiastical direction.

Again we pray for those who bring gifts and do good in this holy and venerable church; for those who labor, and those who sing; and for the people here present, who await in firm hope Your great and rich mercies.

℟. Lord, have mercy. *3 times*

Priest: For You are a merciful God who love mankind, and unto You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now, and ever, and unto ages of ages.

℟. Amen.

Prayer at the Approach of Sundown

VOUCHSAFE, O LORD, to keep us this evening without sin. Blessed are You, O Lord God of our Fathers, and praised and glorified is Your name forever. Amen.

Let Your mercy be upon us, O Lord, even as we have set our hope on You.

Blessed are You, O Lord, teach us Your commandments.

Blessed are You, O Master make us to understand Your commandments.

Blessed are You, O Holy One

enlighten us with Your commandments.

Your mercy, O Lord, endures forever, do not despise the works of Your hands.

To You belongs praise, to You belongs song, to You glory belongs:

To the Father, Son, and Holy Spirit, now and ever and unto ages of ages. Amen.

Evening Litany

Deacon: Let us complete our evening prayer to the Lord.

℟. Lord, have mercy.

Help us, save us, have mercy upon us, and keep us, O God, by Your grace.

℟. Lord, have mercy.

An evening all-perfect, holy, peaceful and sinless, let us ask of the Lord.

℟. Grant this, O Lord.

An Angel of Peace, a faithful guide and guardian both of our souls and bodies, let us ask of the Lord.

℟. Grant this, O Lord.

The pardon and remission of our sins and transgressions, let us ask of the Lord.

℟. Grant this, O Lord.

All things which are good and profitable for our souls and peace for the world, let us ask of the Lord.

℟. Grant this, O Lord.

That we may pass the remainder of our life in peace and penitence, let us ask of the Lord.

Symbol of Faith

I BELIEVE in one God, the Father, Almighty, Creator of heaven and earth and of all things visible and invisible.

And in one Lord Jesus Christ, the Son of God, the Only-begotten, begotten of the Father before all ages.

Light from Light, True God from True God, begotten, not created, being of one essence with the Father, by Whom all things were created.

Who for us, and for our salvation came from heaven and was incarnate by the Holy Spirit of the Virgin Mary and became human.

And was crucified for us under Pontius Pilate, and suffered and was buried.

And on the third day, He rose, according to the Scriptures.

And ascended to heaven, and sits at the right hand of the Father.

And He shall come again with glory to judge the living and the dead, and His kingdom shall have no end.

And in the Holy Spirit, Lord Giver of Life, Who proceeds from the Father, Who with the Father and the Son together is worshipped and glorified, Who spoke through the Prophets.

In One Holy, Catholic and Apostolic Church.

I acknowledge one baptism for the remission of sins.

I look for the resurrection of the dead.

And the life of the world to come. Amen.

Here we chant the Canon to the Virgin from the Paraklitiki or one to the Saint of the Day from the Menaion. If read privately, the Paraclisis Canon (page 580) is usually read. We may recite any Canon or Akathist that desired if the appointed one is not available, or the Canon before Holy Communion.

Hymn to the Virgin

YOU are truly deserving of glory, O Theotokos, the ever blessed and most pure Mother of our God. More honorable than the Cherubim and beyond compare more glorious than the Seraphim, who as a Virgin gave birth to God the Word, true Theotokos, we magnify you.

Trisagion Prayers

HOLY GOD, Holy Mighty, Holy Immortal, have mercy on us. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us; O Lord, cleanse us of our sins; O Master, forgive our transgressions; O Holy One, come to us and heal our infirmities for Your name's sake.

Lord, have mercy. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

OUR FATHER, who art in heaven, hallowed be Thy name; Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those

Quickly hear me, O Lord; my spirit has collapsed.

Do not turn Your face away from me, so that I will not become like those who go down into the pit.

Cause me to know Your mercy in the morning; because I have put my hope in You.

Cause me to know, O Lord, the way in which I should walk; because I have lifted up my soul to You.

Rescue me from my enemies, O Lord; I have fled to You for refuge.

Teach me to do Your will, in that You are my God.

Your good Spirit shall lead me in the land of uprightness; quicken me for Your name's sake, O Lord.

You shall bring my soul out of affliction because You are righteous, and mercifully You shall completely destroy my enemies.

And You shall cut off all those who afflict my soul, because I am Your servant.

Little Doxology

GLORY to God in the highest, and on earth peace and good will among mankind.

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

O Lord, heavenly King, God the Father Almighty:

O Lord, the Only-begotten Son, Jesus Christ; and the Holy Spirit.

O Lord God, Lamb of God, Son of the Father, Who take away the sin of the world, have mercy on us.

You Who take away the sin of the world, receive our prayer.

You Who sit at the right hand of the Father, have mercy on us.

For You only are holy, You only are the Lord, O Jesus Christ, to the glory of God the Father. Amen.

Every night I will bless You, and I will praise Your name forever, yes, forever and ever.

Lord, You have been our refuge in generation and generation. I said: O Lord, have mercy on me, heal my soul, for I have sinned against You.

O Lord, to You have I fled for refuge. Teach me to do Your will, for You are my God;

For in You is the fountain of life, in Your light shall we see light. O continue Your mercy to those who know You.

Vouchsafe, O Lord, to keep us this night without sin. Blessed are You, O Lord, the God of our Fathers, and praised and glorified be Your name forever. Amen.

Let Your mercy be upon us, O Lord, even as we have set our hope in You.

Blessed are You, O Lord; teach us Your commandments.

Blessed are You, O Master; allow us to understand Your commandments.

Blessed are You, O Holy One; enlighten us with Your commandments.

Your mercy, O Lord, endures forever; do not despise the works of Your hands.

To You belongs praise, to You belongs song, to You glory belongs:

To the Father, Son, and Holy Spirit, now and ever and unto ages of ages. Amen.

℟: Grant this, O Lord.

A Christian ending to our life, painless, blameless, peaceful, and for a good answer at the fearful Judgment Seat of Christ, let us ask of the Lord.

℟: Grant this, O Lord.

Calling to remembrance our most holy, most pure, most blessed and glorious Lady, the Theotokos and Ever-Virgin Mary with all the saints, let us commend ourselves and each other and all our life unto Christ, our God.

℟: To You, O Lord.

The Priest may say the Seventh Evening Prayer aloud:

O great and most high God, Who alone have immortality and dwell in light unapproachable, Who have made all creation in wisdom, Who have divided the light from the darkness and have appointed the sun to rule the day, the moon and stars also to rule the night, Who have allowed us sinners also at this present time to come before Your presence with confession and to offer You our evening praise: Do You Yourself, O Lord Who love mankind, direct our prayer as incense before You, and accept it as a savor of sweet fragrance, and grant that we may pass the present evening and the coming night in peace. Endue us with the armor of light. Deliver us from the terror of the night and from everything that walks in darkness, and grant that the sleep which You have appointed for the repose of our weakness may be free from every imagination of the devil. Yes, O Master of all, Bestower of good things, may we, being moved to compunction on our beds, call to remembrance Your

Name in the night, that, enlightened by meditation on Your commandments, we may rise up in joyfulness of soul to glorify Your goodness, offering up prayers and supplications unto Your tender love for our sins and for those of all Your people. Look upon them in mercy, through the intercessions of the holy Theotokos.

Exclamation:

FOR You are a good God and love mankind, and to You we send up glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.

℟: Amen.

Prayer of Bowing

Priest: Peace be to all.

℟: And to your spirit.

Deacon: Let us bow our heads unto the Lord.

℟: To You, O Lord.

The Priest may say the Prayer aloud:

O Lord our God, Who bowed the heavens and came down for the salvation of mankind: Look upon Your servants and Your inheritance, for to You, the fearful Judge Who yet love mankind, have Your servants bowed their heads and submissively inclined their necks, awaiting not help from mankind but entreating Your mercy and looking confidently for Your salvation. Guard them at all times, both during this present evening and in the approaching night, from every foe, from all adverse powers of the devil, and from vain thoughts and from evil imaginations.

Exclamation:

BLESSED and glorified be the might of Your Kingdom: of the



Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

℟. Amen.

LITY

On Feasts, we now sing the Lity Stichera, as the procession is made to the Narthex or wherever the prayers are to be said. Only as many Stichera need be sung as are needed for the procession. If there is no Priest, the Stichera and prayers are omitted.

Deacon: O God, save Your people and bless Your inheritance. Visit Your world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us Your rich mercies: through the intercessions of our all-immaculate Lady Theotokos and ever-virgin Mary, by the might of the precious and life-giving Cross; by the protection of the honorable bodiless powers of heaven; at the supplication of the honorable, glorious Prophet, Forerunner, and Baptist John; of the holy, glorious, all-laudable apostles; ... *(other saints may be added here according to local custom and veneration)*; of *patron of the Temple*; of the holy and righteous ancestors of God Joachim and Anna; of *the Saint of the day* whose memory we celebrate and of all Your saints, we beseech You, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto You, and have mercy on us.

℟. Lord, have mercy. *12 times*

Again we pray for our Patriarch or Metropolitan or Archbishop or Bishop *Name or names*, and all our

brethren in Christ, and for every Christian soul, afflicted and weary, in need of God's mercies and help; for the protection of this city [*or this village or this holy abode*] and for those who dwell there in; for the peace and quietness of the whole world; for the good estate of the holy churches of God; for the salvation and help of our fathers and brethren who with diligence and fear of God labor and serve; for those who are gone away and those who are abroad; for the healing of those who lie in infirmity; for the repose, refreshment, and blessed memory and forgiveness of sins of all our fathers and brethren, the Orthodox gone to rest before who lie here and everywhere; for the deliverance of captives; for our brethren who are serving, and for all who have served in this holy Temple, let us say:

℟. Lord, have mercy. *12 times*

Again we pray for our divinely protected country, its authorities, and armed forces.

℟. Lord, have mercy. *3 times*

Again we pray that the Lord may keep this holy church and this city [*or this village or this holy abode*] and every city and place from wrath, famine, plague, earthquake, flood, fire, the sword, foreign invasion, civil war, and sudden death; that our good God Who loves mankind will be gracious, favorable, and conciliatory, and turn away and dispel all the wrath stirred up against us and all sickness, and



You shall sprinkle me with hyssop, and I shall be made clean; You shall wash me and I shall be made whiter than snow.

You shall make me to hear joy and gladness; the bones which have been humbled shall rejoice.

Turn Your face away from my sins, and blot out all my iniquities.

Create a clean heart in me, O God, and renew a right spirit within me.

Cast me not away from Your presence, and take not Your Holy Spirit from me.

Restore to me the joy of Your salvation, and with Your governing Spirit establish me.

I shall teach transgressors Your ways and the ungodly shall turn back to You.

Deliver me from blood-guiltiness, O God, who are the God of my salvation; my tongue shall rejoice in Your righteousness.

O Lord, You shall open my lips, and my mouth shall declare Your praise.

For if You had desired sacrifice, I would have given it; with whole burnt offerings You shall not be pleased.

A sacrifice to God is a broken spirit; a heart that is broken and humbled God will not despise.

Do good, O Lord, in Your good pleasure to Sion, and let the walls of Jerusalem be built.

Then shall You be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings. Then shall they offer bullocks upon Your altar.

Psalm 69

O GOD, be attentive to helping me; O Lord, hasten to help me.

Let those who seek after my soul be shamed and confused.

Let those who desire evil for me be repulsed and humiliated.

Let those who say to me, "Well done! Well done!" be immediately driven back ashamed.

Let all those who seek You, O God, be glad and rejoice, and let those who love Your salvation say continually, "The Lord be magnified."

But as for me, I am poor and needy; O God, come to my aid.

You are my helper and my deliverer, O God; make no long delay.

Psalm 142

O LORD, hear my prayer, consider my supplication in Your truth; and hear me in Your righteousness.

And do not enter into judgment with Your servant, for in Your sight no one living could be justified.

The enemy has persecuted my soul; he has humbled my life down to the very earth.

He has relegated me to darkness as those who have been long dead,

And my spirit within me is become despondent; within me my heart is troubled.

I remembered days long past, I reflected on all Your works, I pondered on the creations of Your hands.

I stretched out my hands to You; my soul thirsts for You like a waterless land.

LITTLE COMPLINE

When separated from Vespers, the Priest begins:

BLESSED is our God always, now and ever, and unto ages of ages.

Reader: Amen.

Glory to You, our God, glory to You!

O HEAVENLY KING, the Comforter, the Spirit of Truth, who are in all places and fill all things; Treasurer of blessings and Giver of life, come and dwell within us, and cleanse us from every blemish, and save our souls, O Blessed One.

HOLY GOD, Holy Mighty, Holy Immortal, have mercy on us. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us; O Lord, cleanse us of our sins; O Master, forgive our transgressions; O Holy One, come to us and heal our infirmities for Your name's sake.

Lord, have mercy. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

OUR FATHER, who art in heaven, hallowed be Thy name; Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the Kingdom and the Power and the Glory of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

Reader: Amen. Lord, have mercy. *12 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

If said directly after Vespers, after the opening Doxology, the Reader begins

Come, let us adore God, our King. Come, let us adore Christ, our King and our God.

Come, let us adore and bow down to the Lord Jesus Christ Himself, our King and our God.

Psalm 50

HAVE mercy on me, O God, according to Your great mercy; and according to the multitude of Your compassions blot out my transgressions.

Wash me thoroughly from my iniquity, and cleanse me from my sin.

For I acknowledge my iniquity, and my sin is continually before me.

Against You only have I sinned and done this evil before You, that You might be justified in Your words, and prevail when You are judged.

For behold, I was conceived in iniquities, and in sins did my mother bear me.

For behold, You have loved truth; the hidden and secret things of Your wisdom You have made clear to me.

may deliver us from His righteous chastisement which impends against us, and have mercy on us.

℟. Lord, have mercy. *3 times*

Again we pray that Lord our God may hearken to the voice of supplication of us sinners, and have mercy on us.

℟. Lord, have mercy. *3 times*

Priest: Hear us, O God our Savior, the Hope of all the ends of the earth and of those who are far off upon the sea; and be gracious, be gracious, O Master, upon our sins, and have mercy on us. For You are a merciful God and love mankind, and to You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages.

℟. Amen.

Priest: Peace be to all.

℟. And to your spirit.

Deacon: Let us bow our heads to the Lord.

℟. To You, O Lord.

Priest: O Master, great in mercy, Lord Jesus Christ our God, through the intercessions of our all-immaculate Lady Theotokos and ever-virgin Mary, by the might of the precious and life-giving Cross; by the protection of the honorable bodiless powers of heaven; at the supplication of the honorable, glorious Prophet, Forerunner, and Baptist John; of the holy, glorious, all-laudable apostles; ... (*other saints may be added here according to local cus-*

tom and veneration); of *patron of the Temple*; of the holy and righteous ancestors of God Joachim and Anna; of *the Saint of the day* whose memory we celebrate and of all Your saints, make our prayer acceptable; grant us forgiveness of our sins; shelter us under the shelter of Your wings; drive away from us every enemy and adversary; give peace to our lives, O Lord; have mercy on us and on Your world, and save our souls, for You are a merciful God and love mankind.

People: Amen.

APOSTICHA

On Saturday evening, the following Versicles. Feasts have their own.

℣. The Lord is King; He is robed in majesty.

℣. For He has established the world, which shall not be moved.

℣. Holiness becomes Your house, O Lord, forever more.

Glory. Now.

On most weekdays, we use Psalm 121. Prefeasts, Postfeasts, and some seasons have proper Versicles.

℣. Unto You have I lifted up my eyes, O You Who dwell in heaven.

As the eyes of the servants are on the hands of their masters, as the eyes of a maid are on the hands of her mistress, so do our eyes wait on the Lord our God, until He take pity on us.

℣. Have mercy on us, O Lord, have mercy on us: for we are utterly humiliated; let shame come on them that prosper, and abasement on the proud.

Glory. Now.

**Canticle of Saint Simeon**

NOW let Your servant depart in peace, O Master, according to Your word. For my eyes have seen Your salvation which You have prepared before the face of all people. A light of revelation for the Gentiles and the glory of Your people Israel.

Trisagion Prayers

HOLY GOD, Holy Mighty, Holy Immortal, have mercy on us. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us; O Lord, cleanse us of our sins; O Master, forgive our transgressions; O Holy One, come to us and heal our infirmities for Your name's sake.

Lord, have mercy. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

OUR FATHER, who art in heaven, hallowed be Thy name; Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the Kingdom and the Power and the Glory of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

Reader: Amen.

On Weekdays, the Litany of Fervent Sup-

plication Have mercy upon us., O God, page 73 and the Dismissal, page 79. In *Great Lent, go to page 80.*

At Great Vespers, we sing the appointed Troparia and Theotokion. But if Vigil is being served on Saturday evening, we sing the Angelic Salutation three times.

HAIL, O Virgin Theotokos, Mary full of Grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, for you have borne Christ, the Savior and Deliverer of our souls.

If there is no Vigil or Lity, the Dismissal.

If there is a Lity, the Priest censes the Artoklasia tray three times, and then

Deacon: Let us pray to the Lord.

People: Lord, have mercy.

Priest: O Lord Jesus Christ our God, Who blessed the five loaves in the wilderness and satisfied the five thousand with them, do You Yourself now bless these loaves, this wheat, wine, and oil, and multiply them in this city [or this holy abode], [if Artoklasia is offered for a special intention, he adds in the homes of those who celebrate this feast], and in all Your world, and sanctify the faithful who partake of them. For You Yourself bless and sanctify all things, O Christ our God, and to You we send up glory, with Your unoriginate Father, and Your all-holy and good and life-giving Spirit, now and ever, and unto ages of ages.

People: Amen.

Blessed be the name of the Lord henceforth and for ever more. *3 times*



The Lord keeps watch over those who love Him, but the wicked, He will utterly destroy.

My mouth will speak the praise of the Lord, and let all flesh bless his holy name, for ever and to all eternity.

Dismissal

Priest: Wisdom!

People: You are truly deserving of glory, O Theotokos, the ever blessed and most pure Mother of our God.

Priest: Most holy Theotokos, save us.

People: More honorable than the Cherubim and beyond compare more glorious than the Seraphim, who as a Virgin gave birth to the Word of God, true Theotokos, we magnify you!

Priest: Glory to You, O Christ God our hope, glory to You!

People: Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy. *3 times*

Father [Master], bless!

Priest: May Christ our True God, through the prayers of His most pure Mother, of *proper weekday phrase, of Patron of the Temple*, of the holy and righteous ancestors of God Joachim and Anna, of *Saint of the day* whose memory we celebrate and of all the saints have mercy upon us and save us, for He is good and loves mankind.

℟. Amen. *Or the Polychronion.*



will teach you the fear of the Lord.

Who is there that does not desire life, who loves to see good days?

Keep your tongue from evil, and your lips from speaking guile.

Turn away from evil, and do good; seek peace, and pursue it.

The eyes of the Lord are upon the righteous, and His ears are opened to their supplication.

The face of the Lord is turned away from those who do evil, to utterly destroy the memory of them from the earth.

The righteous cried, and the Lord heard them, and He delivered them from out of all their tribulations.

The Lord is near to those who are of a contrite heart, and He will save the humble of spirit.

Many are the tribulations of the righteous, and the Lord shall deliver them out of them all.

The Lord protects all their bones, not one of them shall be broken.

The death of sinners is evil, and they who hate the righteous shall do wrong.

The Lord will redeem the souls of His servants and none of them will do wrong that hope in Him.

Psalm 144

Said as we process to the Refectory, but omitted if no procession.

I WILL exalt you, my God and my King, and bless Your name for ever and ever.

Every day I will bless You, and praise Your name for ever and ever.

The Lord is great and greatly to be praised, and to His greatness there is no end.

Age after age will praise your works, and proclaim your might.

They will tell the glorious splendor of your holiness, they will recount your wondrous works;

They will speak of the power of your awesome deeds, they will declare your greatness.

They will recall your abundant goodness and will exult in your righteousness.

The Lord is gracious and merciful: He is longsuffering and abounding in love.

The Lord is good towards everyone, and His grace extends over all His works.

Let all your works give thanks to you, Lord, and all your faithful ones bless you.

They shall speak of the glory of your kingdom and tell of your power,

To make known your might to the children of mankind, and the glorious splendor of your kingdom.

Your kingdom is a kingdom for all ages and your dominion is for all generations.

The Lord keeps faith in all His promises and is hallowed in all His works.

The Lord supports all who are falling, and raises up all who are bowed down.

The eyes of all look up to you, and you give them their food in due season.

You open your hands and satisfy all living beings,

The Lord is just in all His ways, and faithful in all His works.

The Lord is close to all who pray to him, those who call upon him in truth.

He will meet the desire of those who fear Him, and hear their pleas and save them.



Psalm 33:1-10

I WILL BLESS the Lord at all times; His praise shall continually be in my mouth.

In the Lord shall my soul be praised; let the meek hear and be glad.

Magnify the Lord with me, and let us exalt His name together.

I sought the Lord, and He heard me, and delivered me from all my tribulations.

Come to Him, and be enlightened, and your faces shall not be ashamed.

This poor man cried, and the Lord heard him, and saved him from out of all his tribulations.

The angel of the Lord will encamp round about those who fear Him, and will deliver them.

O taste and see that the Lord is good; blessed is the man who hopes in Him.

Fear the Lord, all His saints; for they lack nothing who fear Him.

The rich have turned poor and gone hungry; but those who seek the Lord shall not lack any good thing.

Priest: The blessing of the Lord through His grace and love toward mankind be upon you always, now and ever and unto ages of ages.

People: Amen.

The Reader begins Matins with Glory to God...page 21, and the Six Psalms, but if Great Vespers is celebrated alone:

DISMISSAL

Priest: Wisdom!

℟: Father [Master], bless!

Priest: He Who is is blessed, even Christ our true God, always, now and ever and unto ages of ages.

℟: Amen. Establish, O God, the Holy Orthodox Faith and Orthodox Christians unto ages of ages.

Priest: Most holy Theotokos, save us.

People: More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, who as a Virgin gave birth to the Word of God, true Theotokos, we magnify you.

Priest: Glory to You, O Christ God our Hope, glory to You.

℟: Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy. *3 times.* Father [Master], bless.

Priest: May [He who rose from the dead,] Christ our true God, through the prayers of His most holy Mother, of *Patron of the Temple*, of the holy and righteous ancestors of God Joachim and Anna, of *the saints of the day*, and of all the saints have mercy on us and save us, for he is good and loves mankind.

℟: Amen. *Or the Polychronion.*

**IN GREAT LENT***After the Lord's Prayer,***LENTEN TROPARIA**
Tone 5

HAIL, O Virgin Theotokos, Mary full of Grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, for you have borne Christ, the Savior and Deliverer of our souls. *Prostration.*

Glory.

OBAPTIST of Christ, we beseech you, be mindful of us all, that we may be delivered from our iniquities, for to you is given grace to pray for us. *Prostration.*

Now.

PRAY for us, O holy apostles, prophets, martyrs, and all saints, that we may be delivered from peril and afflictions: for you are our fervent advocates before the Savior. *Prostration.*

BENEATH your tender mercy we take refuge, O Virgin Theotokos; despise not our supplications in distress, but deliver us from peril, you who alone are pure, you who alone are blessed. *No prostration.*

Reader: Lord, have mercy. *40 times.*

Glory to the Father and to the Son and to the Holy Spirit. Now and ever and unto ages of ages. Amen.

More honorable than the Cherubim and more glorious beyond compare than the Seraphim, who as a virgin gave birth to the Word of God: true Theotokos, we magnify you.

In the name of the Lord, bless, Father [Master].

Priest: He Who is is blessed, even Christ our true God, always, now and ever and unto ages of ages.

Reader: Amen. O King of heaven, strengthen the Orthodox Christians, establish the faith, quiet the nations, give peace to the world, keep this city [holy abode], make the faithful departed gone to rest before us to dwell in the tabernacles of the righteous, and accept us in repentance and confession, for You are good and love mankind.

Prayer of St. Ephraim the Syrian
On Sunday evenings the Priest says the Prayer of St. Ephraim once only with three prostrations, then immediately is said Glory to You, O Christ God, our Hope, glory to You and the rest as given on page 83. But on Monday through Thursday evenings, we continue as given here.

OLORD and Master of my life! Take from me the spirit of laziness, despair, lust for power, and vain talking. *Prostration*

But give to me, Your servant, the spirit of purity, humility, patience, and love. *Prostration*

Yes, Lord and King, grant me to see my own sins and not judge my brother. For blessed are You, unto ages of ages. Amen. *Prostration*

O God, cleanse me a sinner. *12 times with Metanias.*

O Lord and Master of my life! Take from me the spirit of laziness, despair, lust for power, and vain talking. But give to me, Your servant, the spirit of purity,



humility, patience, and love. Yes, Lord and King, grant me to see my own sins and not judge my brother. For blessed are You, unto ages of ages. Amen. *Prostration.*

Reader: Holy God, Holy Mighty, Holy Immortal, have mercy on us. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us; O Lord, cleanse us of our sins; O Master, forgive our transgressions; O Holy One, come to us and heal our infirmities for Your name's sake.

Lord, have mercy. *3 times*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

OUR FATHER, who art in heaven, hallowed be Thy name; Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the Kingdom and the Power and the Glory of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

Reader: Amen. Lord, have mercy. *12 times*

O ALL HOLY TRINITY, the consubstantial dominion, the in-

divisible kingdom, and the cause of good things; show Your good will even to me a sinner; make firm and give to my heart understanding, and take away all my defilement; enlighten my mind that I may ever glorify, hymn, and worship, and say: One is Holy, One is Lord, Jesus Christ, to the glory of God the Father. Amen.

Blessed be the name of the Lord henceforth and for ever more. *3 times*

Psalm 33
Often omitted

I WILL BLESS the Lord at all times; His praise shall continually be in my mouth.

In the Lord shall my soul be praised; let the meek hear and be glad.

Magnify the Lord with me, and let us exalt His name together.

I sought the Lord, and He heard me, and delivered me from all my tribulations.

Come to Him, and be enlightened, and your faces shall not be ashamed.

This poor man cried, and the Lord heard him, and saved him from out of all his tribulations.

The angel of the Lord will encamp round about those who fear Him, and will deliver them.

O taste and see that the Lord is good; blessed is the man who hopes in Him.

Fear the Lord, all His saints; for they lack nothing who fear Him.

The rich have turned poor and gone hungry; but those who seek the Lord shall not lack any good thing.

Come O children, listen to me; I