

## MORNING PRAYERS OF LIGHT

### First Morning Prayer

**W**E thank You, O Lord our God, who have raised us up from our beds and have put into our mouths a word of praise, that we may worship and call upon Your holy Name. And we entreat You, by Your mercies which You have always shown in our life, now send down Your help to those who stand before the face of Your holy glory and await Your rich mercy. Grant that they may always, with fear and love, adore You, praise You, hymn You, and worship Your inexpressible goodness.

For to You is due all glory, honor and worship: to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. Amen.

### Second Morning Prayer

**O**UT of the night our spirits awake at dawn to You, O God, for Your commandments enlighten the earth. Teach us to perfect righteousness and holiness in Your fear; for we glorify You, our God, Who truly exist. Incline Your ear, and hear us, O Lord. Remember the names of all those who are with us and pray with us, and save them by Your might. Bless Your people, and sanctify Your inheritance. Give peace to Your world, to Your churches, to the priests, to all civil authorities, and all Your people.

For blessed and glorified is Your all-honorable and majestic Name of the Father, and of the Son, and of the Holy Spirit, now and ever and unto the ages of ages. Amen.

### Third Morning Prayer

**O**UT of the night our spirits awake at dawn to You, O God, for Your commandments are a light. Teach us Your righteousness, Your commandments, and Your statutes, O God. Enlighten the eyes of our understanding, lest at any time we sleep unto death in sins. Dispel all darkness from our hearts. Graciously give unto us the Sun of Righteousness, and by Your Holy Spirit preserve our life unassailed. Guide our steps into the way of peace. Grant us to behold the dawn and the day with joy, that we may raise our morning prayers to You.

For Yours is the might, and Yours is the kingdom and the power and the glory: of the Father and of the Son and of the Holy Spirit, now and ever and unto the ages of ages. Amen.

### Fourth Morning Prayer

**O** GOD and Master, holy and unsearchable, who commanded the light to shine forth from the darkness, who have refreshed us by the slumber of the night and have raised us up to glorify and supplicate Your goodness: as we implore Your tender loving-kindness, receive us also now who worship You and render thanks to You according to the measure of our strength; and grant us all our petitions which are unto salvation. Make us children of the light and of the day and heirs of Your everlasting good things. In the multitude of Your mercies, O Lord, remember all Your people here present



with us and who pray with us, and all our brethren on land, on sea, in the air, [in the vastness of the heavens,] and in every place of Your dominion, who are in need of Your love for mankind and help, and grant to all Your great mercy.

That being preserved in safety of soul and body, we may boldly magnify Your wondrous and blessed Name: of the Father, and of the Son, and of the Holy Spirit, now and ever and unto the ages of ages. Amen.

#### **Fifth Morning Prayer**

**O** TREASURY of good things, Fountain eter-nal, O holy Father Who work wonders, all-powerful and almighty: We worship You and pray to You, calling Your mercies and Your compassions to the aid and defense of our lowliness. Be mindful of Your servants, O Lord; receive the morning prayers of us all as incense before You, and let none of us be found reprobate, but encompass us with Your compassions. Be mindful, O Lord, of those who watch and sing to the glory of Your only-begotten Son, who is our God, and Your Holy Spirit. Be their Helper and their Support. Receive their supplications upon Your most heavenly and ideal altar.

For You are our God, and to You we send up glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

#### **Sixth Morning Prayer**

**W**E give thanks to You, O Lord God of our salvation, for You do all things which are for the wel-

fare of our souls, that we may ever look upward to You, the Savior and Benefactor of our souls. For You have refreshed us in that part of the night which is past, and have raised us up from our beds and have led us to stand here in worship of Your precious Name. Therefore we entreat You, O Lord: give us grace and power, that we may be given understanding to sing praise to You and to pray without ceasing, in fear and trembling, working out our own salvation, through the help of Your Christ. Remember, O Lord, those who cry aloud to You in the night; hear them, and have mercy and crush under their feet invisible and warring enemies.

For You are the King of peace and the Savior of our souls, and to You we send up glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

#### **Seventh Morning Prayer**

**O** GOD and Father of our Lord Jesus Christ, who have raised us up from our beds and have gathered us together at this hour of prayer: Grant us grace in the opening of our mouth, and receive our thanksgiving as we have power to make them, and instruct us in Your statutes. For we know not how to pray as we ought unless You, O Lord, by Your Holy Spirit, guide us. Wherefore, we beseech You: Forgive, remit, pardon whatsoever sins we may have committed up to this present hour, whether by word or deed or thought, whether voluntarily or involuntarily;



being moved to compunction on our beds, call to remembrance Your Name in the night, that, enlightened by meditation on Your commandments, we may rise up in joyfulness of soul to glorify Your goodness, offering up prayers and supplications unto Your tender love for our sins and

for those of all Your people. Look upon them in mercy, through the intercessions of the holy Theotokos.

For You are a good God and love mankind, and to You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.



selves. Now, O all-gracious King Who love mankind, in Your great mercy grant us to call upon Your holy Name with an unashamed conscience. Lead us not into temptation, but deliver us from the Evil One, and in Your providence, supply what is to our good.

For to You are due all glory, honor, and adoration: to the Father and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

#### Fifth Evening Prayer

**O** LORD, O Lord, Who uphold all things in the undefiled hollow of Your hand, who show long-suffering on us all and are moved by our wickedness: Remember Your compassions and Your mercy. Visit us with goodness, and grant that, through the remainder of the present day, by Your grace, we may avoid the diverse subtle snares of the evil one and preserve our lives unassailed, through the grace of Your all-holy Spirit.

Through the mercy and love for mankind of Your only-begotten Son with Whom You are blessed, together with Your all-holy and good and life-giving Spirit, now and ever and unto the ages of ages. Amen.

#### Sixth Evening Prayer

**O** GOD, great and wonderful, Who with wisdom inscrutable and great riches of providence order all things and give us good things of this world, who have given us a pledge of the promised Kingdom

through the good things already bestowed on us and have made us to shun all evil during that part of the day which is past: Grant that we may also fulfill the remainder of this day without reproach before Your holy glory and hymn You, the only good One, our God Who love mankind.

For You are our God and to You we ascribe glory: to the Father and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

#### Seventh Evening Prayer

**O** GREAT and most high God, Who alone have immortality and dwell in light unapproachable, Who have made all creation in wisdom, Who have divided the light from the darkness and have appointed the sun to rule the day, the moon and stars also to rule the night, Who have allowed us sinners also at this present time to come before Your presence with confession and to offer You our evening praise: Do You Yourself, O Lord Who love mankind, direct our prayer as incense before You, and accept it as a savor of sweet fragrance, and grant that we may pass the present evening and the coming night in peace. Endue us with the armor of light. Deliver us from the terror of the night and from everything that walks in darkness, and grant that the sleep which You have appointed for the repose of our weakness may be free from every imagination of the devil. Yes, O Master of all, Giver of good things, may we,



for if You should mark iniquities, O Lord, O Lord, who shall stand? For there is forgiveness with You. For You only are holy, a mighty Helper and the Defender of our life, and we shall ever sing of You.

Blessed and glorified be the might of Your Kingdom: of the Father and of the Son and of the Holy Spirit, now and ever and unto the ages of ages. Amen.

#### Eighth Morning Prayer

**O** LORD our God, Who have banished from us the sluggishness of sleep and have called us together by a holy bidding, that in the night also we may lift up our hands and confess Your righteous judgments: Receive our prayers, petitions, and confessions, and nocturnal adoration, and grant unto us, O God, faith unashamed, hope unwavering, love unfeigned. Bless our comings and our goings, our deeds and works and words and thoughts. And grant that we may come to the beginning of this day praising, singing, and blessing the goodness of Your ineffable beneficence.

For blessed is Your all-holy Name, and glorified is Your Kingdom: of the Father and of the Son and of the Holy Spirit, now and ever and unto the ages of ages. Amen.

#### Ninth Morning Prayer

*Older books, such as the 1793 Pochaev  
ΜΟΝΗΚΟΛΟΒΚΑ, omit this prayer.*

**S**HINE forth within our hearts the incorruptible light of Your knowledge, O Master, Lover of mankind, and open the eyes of our mind

to the understanding of the preaching of Your Gospel; instill in us also the fear of Your blessed commandments, that, trampling down all lusts of the flesh, we may pursue a spiritual way of life, being mindful of and doing all that is well-pleasing to You.

For You are our Sanctification and Illumination, and to You we send up glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

#### Tenth Morning Prayer

**O** LORD our God, Who have granted unto mankind pardon through repentance and have set for us the repentance of the prophet David as an example of the acknowledgment and confession of sin that bring forgiveness: O Master, have mercy on us according to Your great mercy, and do not regard the manifold and great iniquities into which we have fallen; and according to the multitude of Your compassions, blot out our transgressions. Against You have we sinned, O Lord Who know the hidden and secret things in the heart of mankind, and who alone have power to forgive sins; and as You have created a clean heart within us and established us with Your governing Spirit, and restored to us the joy of Your salvation, cast us not away from Your presence. But since You are good and love mankind, graciously grant that until our last breath, we may offer You the sacrifice of righteousness and an oblation on Your holy altar.

Through the mercy and compassions and love for mankind of Your



only-begotten Son, with Whom You are blessed, together with Your all-holy and good and life-creating Spirit, now and ever, and unto the ages of ages. Amen.

#### Eleventh Morning Prayer

**O** GOD, our God, Who have brought into being by Your will all the powers endowed with speech and reason, we pray You and supplicate You: Receive our praise, which together with all Your creatures we offer according to our strength, and reward us with the rich gifts of Your goodness. For to You every knee bows, whether in heaven, on earth, under the earth, and every breath and created being sings Your ineffable glory, for You only are the true and most merciful God.

For all the powers of heaven praise You, and to You do we send up glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

#### Twelfth Morning Prayer

**W**E praise You, we hymn You, we bless You, we give thanks to You, O God of our fathers, that You have brought us in safety through the shades of night and have shown to us once again the light of day. And we beg Your goodness: Be gracious to our sins, and receive our prayer in Your great tenderness. For we flee to You, the merciful and almighty God. Illumine our hearts with the true Sun of Your righteousness, enlighten our minds, and guard all our senses, that walking uprightly as in the day, the way of Your commandments, we may attain life eternal, for with You is the fountain of life. May we likewise be graciously granted to come to the fullness of the light unapproachable.

For You are our God, and to You do we send up glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

## EVENING PRAYERS OF LIGHT

#### First Evening Prayer

**O** LORD, compassionate and merciful, long-suffering and plenteous in mercy, give ear to our prayer and attend to the voice of our supplication. Work upon us a sign for good. Lead us in Your way, that we may walk in Your truth. Gladden our hearts that we may fear Your holy Name. For You are great and do wonders. You alone are God, and among all the gods there is none like You, O Lord, mighty in mercy, gracious in strength, aiding and comforting and saving all those who put their trust in Your holy Name.

For to You is due all glory, honor and worship: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

#### Second Evening Prayer

**O** LORD, rebuke us not in Your displeasure, neither chasten us in Your wrath, but deal with us according to Your mercy, O Physician and Healer of our souls. Guide us to the haven of Your will. Enlighten the eyes of our hearts to the knowledge of Your truth, and grant that the remainder of this day and our whole life may be peaceful and without sin, through the intercessions of the holy Theotokos and of all the saints.

For Yours is the might, and Yours is the kingdom and the power and the glory: of the Father, and of the Son, and of the Holy Spirit, now and ever and unto ages of ages. Amen.

#### Third Evening Prayer

**O** LORD our God, remember us sinners and unprofitable servants when we call on Your holy Name, and put us not to shame in our expectation of Your mercy; but grant us, O Lord, all our petitions which are unto salvation, and grant that we may love and fear You with all our hearts and do Your will in all things.

For You are a good God and love mankind, and to You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

#### Fourth Evening Prayer

**O** LORD, Who with never-silent hymns and never-ceasing songs of praise to Your glory are hymned by the holy powers: fill our mouths with Your praise, that we may magnify Your holy Name. And grant to us a part and inheritance with all those who fear You in truth and keep Your commandments, through the intercessions of the holy Theotokos and of all Your saints.

For to You are due all glory, honor, and worship: to the Father and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

*Older books, such as the Pochaev Молитвословъ, include this prayer here:*

**B**LESSED are You, O Lord, Al mighty God, Who know the mind of each of us; Who know our needs before we know or ask our-