



Sports

Overcoming gym intimidation.

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KUAT to air Southern Arizona's only Senate race debate. A3



Four neighborhoods join Anza School map. Sahuarita News A4

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The great land debate

Local rancher, forest expert exchange views on Propositions 105, 106

By Kathy Engle
 Green Valley News

A Southern Arizona rancher and a Green Valley retiree from the forest industry debated the pros and cons of Propositions 105 and 106 Saturday at a League of Women Voters forum on the Nov. 7 election ballot propositions.

The East Center auditorium was packed nearly to capacity during the event, which led off with a sharp disagreement between Stephanie Smallhouse, an area rancher, and Carl Jones, a Green Valley resident who retired after a 30-year career in forestry in Colorado.

"Proposition 105, referred by the state Legislature, would amend the state constitution by making changes in the way the state trust lands are managed and disposed of. It would permit the leasing of land for grazing and agriculture without a public auction," according to the League of Women Voters' ballot guide.

Proposition 105 would protect approximately 43,000 acres in urban areas from development and would permit the Legislature to designate up to 400,000 additional acres of rural land to be protected.

Proposition 106, brought to the ballot by citizen initiative, "would amend the Arizona constitution relating to

State Trust lands by establishing a Conservation Reserve of approximately 694,000 acres.

It would also create a seven-member board of trustees to assist in managing conserving, selling and leasing state trust lands.

Proposition 106 would also require that trust lands be planned in conjunction with general and comprehensive plans for local governments, such as the Sonoran Desert Conservation Plan.

The Conservation Reserve would consist of 59 areas across the state, including the Santa Rita Experimental Range southeast of Green Valley, and areas within or adjacent to Patagonia Lake State Park, and the Tumacacori Santa Cruz River area and Kartchner Caverns.

"About half of the land would be protected immediately and half would be set aside for purchase by local governments or non-profits," the league analysis says.

Smallhouse, a proponent of Proposition 105, told the audience that Proposition 106 is "basically a land grab, which raids the educational trust fund, politicizes the State Land Department, takes money away from educational funding, thereby and changing the mission of the state department."

The state land department

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MARIO AGUILAR | GREEN VALLEY NEWS

FIREFIGHTERS with GVFD's Station 154 worked a small electrical fire Monday at Via Alamos Apartments. GVFD sent three engines to the scene and Rural/Metro helped out with one engine given the potential for disaster the fire presented.

GVFD has close call at Via Alamos Apartments

Several residents of the Via Alamos Apartments had to be evacuated Monday when an electrical box caught fire, damaged an outside wall and sent smoke into a few units.

Trico Electric Cooperative is investigating, said Bill

Bohling, spokesman for the Green Valley Fire District.

Bohling said it appears a short of some kind in a bank of electrical meters caused heat to build up and charred the wall near the bank. Smoke seeped into a couple of apartments, and about 20

people had to be evacuated briefly, said Bohling.

Crews had to knock a hole in the wall of one unit to make sure there was no fire inside the wall, and used the GVFD's thermal imaging camera to check other units. Damage was estimated at

about \$10,000, though Bohling added that there was potential for much more.

It wasn't known as of Tuesday what exactly caused the heat to build up, Bohling said.

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Tubac celebrates historic Anza expedition

50th anniversary of Tubac Presidio State Historic Park also celebrated this weekend

By Jim Lamb
 Green Valley News

TUBAC—Tubac and the historic state park celebrate Anza Days Saturday and Sunday, honoring the Spanish soldier and explorer Juan Bautista de Anza II.

Anza led two expeditions from Tubac to the San Francisco Bay area in the late 1770s, the second one a colonizing expedition that cemented Spain's hold on California.

The Tubac Presidio State Historic Park, where many of this weekend's activities

will take place, celebrates an anniversary this year.

It was the first park in the state park system. The park and the park system are marking their 50th anniversary.

The anniversary is a special event for Tubac Park Manager Joe Martinez. His father, Luis Martinez of Tumacacori, worked at the Tubac park as it was being established and is credited with being one of the first state park employees.

The park will be open 8 a.m. to 5 p.m. daily, and the special events run from 10 a.m. to 4 p.m.

At noon Sunday, an expedition of riders resembling Anza's will arrive at the park ground.

There will be Marietta music and folklorico dancers throughout the day. History re-enactors, often dressed in colonial dress or as 18th century Spanish soldiers, will hold forth at the park.

Los Tubaqueños, a group of Santa Cruz Valley history buffs, will also set up shop near the park's museum.

The trail the riders will take from Tumacacori to Tubac Sunday is part of a National Parks Service historical trail. It runs from the Mexican border at Nogales to San Francisco. Anza recruited some of

the settlers in what's now Mexico before launching the colonizing expedition from Tubac Oct. 23, 1775.

Anza had been the commander at Tubac Presidio before taking soldiers to find a route to California in 1774. The colonizing expedition took place in 1775 and 1776.

In 2000, the Anza Trail was selected as one of America's Bicentennial trails.

The National Park Service said most of the 1,236 miles in the United States is open to hikers, bikers and horseback riders. Some of it runs across private land, but many of the miles are on state or national lands.

After Anza's successful colonizing expedition to the San Francisco bay area, he was appointed governor of New Mexico. His last assignment was to be commander of the Tucson presidio, but he died about the time that was to occur.

On the colonizing expedition, there were about 300 people and scores of animals and wagon loads of supplies.

There was only one death. A woman died in childbirth the first night out of Tubac, but the baby survived and was taken all the way to California. Another child was born en route.

Caregiver burnout a growing problem

By Kathy Engle
 Green Valley News

Caregiver stress and burnout are issues that those tending to the needs of an ill or disabled family member must confront for their own well-being as well as that of their patient, a clinical social worker told Green Valleyans Monday.

Mara Levin with Pima Health System, which runs several free programs for caregivers, spoke at the "Issues of Aging: Living Well or Well, Just Living?" forum" at the Joyner-Green Valley Library.

She said signs of caregiver "burnout," which include not eating properly, becoming more emotional than usual, interacting less with friends, feeling overwhelmed, experiencing anxiety, fatigue, feeling guilty, sleep problems, starting to withdraw and not doing activities you previously enjoyed, are "quite similar to the symptoms of clinical depression and I want to emphasize how serious this is."

Not a luxury

"It's a necessity, rather than a luxury, to take care of yourself," she told the audience of about 100, which included several individuals serving as caregivers. She said caregivers manifest three to four times as many



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SOCIAL WORKER Mara Levin of Pima Health System emphasizes that caregivers must take care of themselves to be effective in this difficult, highly stressful role.

stress symptoms as the general population, with many reporting that loneliness and isolation are among the hardest parts of caregiving.

She used an "airline analogy" to illustrate the point, noting that flight attendants advise passengers to put the oxygen mask on themselves first in case of a sudden drop in cabin pressure, and then help others in their party to put on the mask.

Levin also said that her 15 years of counseling and social work experience has shown her that "many caregivers be-

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FILE PHOTO

NATIONAL Park Ranger Don Garote, as Anza, leads riders toward Tubac from Tumacacori, partially re-enacting a historic 1775-76 journey from Arizona to California.

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