

West Florida Canoe Club  
TRIP RATINGS

Easy: Mostly smooth water with no significant obstructions. Paddling requires basic strokes, moderate skills and endurance.

Moderate: Water with some current, some obstructions, pullovers and sharp curves. Paddling requires fair skill in the draw and pry strokes, skill in reading moving water and good endurance.

Strenuous: Fast water, many obstructions, pullovers, sharp turns, narrow channels, shoals or whitewater. Requires good paddling skills, high and low brace, ability to ferry in a current, good endurance and good skill in reading moving water. Good coordination with a partner is required if paddling tandem