

## WFC&KC LIBRARY - VIDEOTAPES

WFCC Item#	Title		Subject	Content Notes
V-1	Waterwalker	1977	Wilderness Tripping/Canoe	Award-winning filmmaker Bill Mason's reverent record of a lifetime of canoeing memories. A visual poem of breathtaking whitewater quiet coves, rugged Lake Superior shorelines & tranquil campfires.
V-2	Quick Start Your Canoe	2003	Canoe Instruction for Tandem	ACA Course - A short program on safety, equipment, rescue, etc. for tandem canoe. Basic information for entry level paddlers.
V-3	Quick Start Your Kayak	2003	Canoe Instruction	ACA Course - A short program on safety, equipment, rescue, etc. for a kayak. Basic information for entry level paddlers.
V-4	Introduction To Canoeing	1990	Canoe Instruction	Basic introduction to canoeing - how to select the right canoe, paddles, equipment; basic paddle strokes; learn to read the current; how to tie-down your canoe/knots to use; basic water safety.
V-5	Nahanni - River Less Traveled		Documentary	Beautiful scenery of Canada's Northwest Territory - Virginia Falls 380' - Over 100 miles canoe trails.
V-6	Cold, Wet, and Alive	1989	River Safety/Hypothermia	This film deals with hypothermia on the river - how to avoid it, and what to do about it when it occurs.
V-7	From Here to There	1997	Whitewater Instruction	Beginner and Intermediate whitewater instruction
V-8	A Prepared Paddlers Guide to Canoe Safety & Rescue	2004	Canoe Rescue Instruction	Mark & Becky Molina
V-12	L.L. Bean Guide to Canoeing Iceland River Challenge	1986 1984	Canoe Instruction Kayak/Whitewater-Expedition	1. Expert paddler Ken Stone guides the viewer thru every aspect of canoeing, with thorough explanations & clear demonstrations. 2. Whitewater expedition kayaking a river in Iceland.

V-16	Kayaker's Edge, The Kayak Basics: The Eskimo Roll	199? 199?	Kayak Instruction/Whitewater Kayak Instruction/Whitewater	1. In-depth whitewater instruction for kayak, by Kent Ford 2. Chris Spelius teaches the Eskimo Roll
V-17	Southeast Whitewater	1991	Kayaking/Whitewater	Paddling whitewater rivers in the Southern Appalachians, includes Ocoee, Nantahala, Chattooga, French Broad, Nolichucky & others
V-19	Path of the Paddle-Whitewater	1977	Canoe Instruction/Whitewater	Learn from expert paddler Bill Mason how to safely experience the thrill & excitement of whitewater canoeing. Paddle strokes, waterreading.. A complete course on whitewater for tandem and solo. Winner of six major international film awards.
V-20	Path of the Paddle-Whitewater	1977	Canoe Instruction/Whitewater	Learn from expert paddler Bill Mason how to safely experience the thrill & excitement of whitewater canoeing. Paddle strokes, waterreading.. A complete course on whitewater for tandem and solo. Winner of six major international film awards.
V-21	Path of the Paddle-Quietwater	1977	Canoe Instruction	Expert wilderness paddler Bill Mason teaches strokes & techniques for tandem and solo flatwater canoeing in this award-winning video.
V-22	Path of the Paddle-Quietwater  Free-Style Paddling Sampler	1977 1990	Canoe Instruction Canoe/Freestyle Demo	1. Expert wilderness paddler Bill Mason teaches strokes & techniques for tandem and solo flatwater canoeing in this award-winning video. 2. National free-style paddling champions Mike Galt and Marilu Wilson demonstrate their precision techniques.
V-23	Solo Playboating	1991	Canoe Instruction/Whitewater	<b>Was replaced January 2003 with new original</b>
V-25	ABC's of Compass & Map Finding Your Way in the Wild Silva: Getting There and Back	1989 199? 199?	Compass/Map Skills Compass/Map Skills Compass/Map Skills	Learn the basics of compass & map skills in these three videos. Easy to follow step-by-step instruction presented by experienced wilderness survival experts. For beginner thru expert.
V-26	Kayak Basics:The Eskimo Roll Kayaker's Edge, The	199? 199?	Kayak Instr./Whitewater Kayak Instr./Whitewater	1. Chris Spelius teaches the Eskimo Roll. 2. In-depth whitewater instruction for kayak, by Kent Ford

V-28	Complete Guide to Canoe Trips/ Camping	198?	Camping/Canoe	Three films covering A to Z of camping/canoe camping.
	Enjoy Camping From Your First Trip	198?	Camping	
	Coleman Guide to Camping	198?	Camping	
V-30	Song of the Paddle	1984	Wilderness Tripping/Canoe	Award-winning film from Bill Mason about this family's wilderness adventure, following the voyageur canoe trails along Lake Superior's rugged north shore.
V-33	Performance Sea Kayaking	1995	Sea Kayaking	The basics...and a whole lot more. How to paddle farther, faster, & more efficiently; how to recover from capsize; secrets of the eskimo roll; how to pack for a trip; surf techniques; navigation skills & more from the experts.
V-42	River of Doubt	1992	Wilderness Tripping/Canoe	From PBS-TV Modern day canoe expedition retraces Teddy Rossevelt's
V-44	Coosa River Whitewater - Festival 1996	1996	Canoeing/Kayaking-Whitewater	Footage of the Coosa River Whitewater Festival Sept. 7-8, 1996.
V-46	Drill Time! Sole Playboating II	1997	Canoe Instruction-Solo	<b>Replaced July 2003</b>
V-47	Welcome Paddler - Introduction to Quietwater Canoeing	1989	Canoe Instruction	Close-up shots of canoeing techniques, equipment, river reading, & much more make this professional video a must for the beginning paddler and those who wish to improve their canoeing skills.
V-49	Kayaking Basics	1991	Kayak Instruction	Olympic gold medalist Greg Barton shows you all the important techniques you need to get started in the world of paddle sports. River lake and sea kayaking basics are covered.

V-51	Adventures of Johnny Utah, The	1997	Kayaking-Whitewater	Winner of 1997 National Paddling Festival "Best of Show", this is river stories from a different point of view. A humorous and entertaining film, with fantastic river footage.
V-52	Using GPS with Maps	1998	Outdoor Skills/GPS	Takes you step-by-step through the basics of a topographical map, latitude/longitude, & the UTM coordinate system; shows you how to make your map and GPS work together to get the most out of any outdoor adventure.
V-54	Paddles in the Stream	1998	Canoe Instruction/Freestyle/Solo	Learn the fundametrnals of advanced quietwater techniques for solo from experts Mark & Becky Molina. They present 5 basic freestyle maneuvers in a clear instructional format, then show how each skill can enhance performance in "real life" everyday paddling.
V-55	Solo Canoeing-Basic Strokes & Techniques	2000	Canoe Instruction/Freestyle/Solo	Learn basic solo techniques from expert Mark Molina. His clear instructional style will have you handling your canoe with precision and efficiency in no time.
V-57	Paddler's Personal Trainer	2000	Fitness/Health/Exercise	Become stronger & more flexible, reduce risk of injury, & paddle safer & more efficiently. Includes flexibility workout, shoulder strengthening session, & pre-boating warm-up session.
V-58	Paddling Alaska's Yukon River	1999	Wilderness Tripping-Canoe	Tim & Linda Kasten traveled 420 miles by canoe on the Yukon River, from Eagle, Alaska to the Pipeline Haul Road-Thru two national preserves. 5th longest river in the world.
V-59	Classic Solo Canoeing with Becky Mason	2000	Canoe Instruction/Solo	Becky Mason is the daughter of famed paddler Bill Mason - She takes you along in her red cedar canvas canoe to some of her favorite places where land and water meet, teaching classic solo strokes, etc.
V-60	Deliver Me From The Paddlesnake	2000	Chattooga Watershed whitewater	Top-to-bottom coverage of the Chattooga watershed includes entertaining and useful carnage, scenery, and safety sections.

V-62	The Gulf Sturgeon Earthwave Society	2000	Wildlife	Explores the life history and biology of Gulf Sturgeon, and includes spectacular footage of sturgeon in the wild. Interviews with experts contain a wealth of information about habitat management, and recovery efforts by fisheries managers and biologists whose ultimate goal is to restore this amazing creature to self-sustaining levels, and ultimately delist the gulf Sturgeon from its present status as a threatened and endangered species.
V-64	Paddling Superior's North Shore	?	Wilderness Tripping	Travel by canoe & Kayak along Lake Superior's North shore from Pukaskwa Nat'l Park to Michipicoten. Paddle more than 110 miles of pristine coastline. Visit sandy beaches, magnificent rocky headlands, spectacular waterfalls and beautiful, unspoiled wilderness.