

Guidelines for Trip Participants

- Know your skill levels
- Be on time. At least 15 minutes before the shuttle departure time
- Have a full tank of gas
- Let the Trip Coordinator know if you do not plan to paddle. If you singed up and must cancel... "CALL"
- Let the Trip Coordinator know you are planning on paddling, if you have not singed up... "CALL"
- Let the Trip Coordinator know if you have any special plans for the day
- Club members are responsible for themselves and their gear
- Club members are responsible for their guests
- PFD (Personal Flotation Devices) are required by law. They must be in your vessel and worn by children under 12. There must be one for each person. Be ready to put them on if the conditions dictate, or the Trip Coordinator decides they are necessary
- Stay between the sweep boat and the lead boat
- Practice shuttle courtesy and follow the instructions given you by the Trip Coordinator at your shuttle briefing
- Be aware of new members and guests and be helpful to others.
- Don't be embarrassed to ask for assistance... let others help you.
- Be sure to have the right equipment for the trip.

Recommended Equipment List

Sponge and bailer
First Aid Kit
Painters (bow and stern line)
Extra Paddle
Rain Gear
PFD
Whistle
Dry Bag with a change of clothes and emergency gear
Flashlight
Water to drink

HAVE A GOOD TIME ON THE RIVER