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Sherry A. Kachanis, 10/07; Photo by David P. Kachanis

Home Of Personal Enlightenment - Centre for Healing, Wisdom & Spirituality



Rejuvenate your Mind, Body and Soul in an enchanting, peaceful, cozy environment, secluded in the woods of Northern, RI. Sherry Kachanis, along with other extraordinary healers are honored to assist you in your journey of healing, learning and spirituality.

Available Services:

- * Reiki Healing & Training
- * Animal Reiki
- * Energy Healing
- * Ear Candling
- * Readings – Intuitive, Psychic, Medium
- * Workshops
- * Classes
- * Meditation
- * Discover the Goddess Within Retreats
- * Numerology & Tarot Readings
- * Ordained Minister available for Ceremonies, Weddings, Handfastings & more!

www.HopeHealingCentre.com
(coming soon!)

Our services are by appointment only, ensuring a safe and comfortable atmosphere. Take time for **YOU** - schedule your visit of healing and rejuvenation for your Mind, Body and Soul at the **Home Of Personal Enlightenment**.

H.O.P.E. Centre - **Sherry Kachanis 401-749-9640**

Email: HopeHealingCentre@yahoo.com

**Home Of Personal Enlightenment
Centre for Healing, Wisdom & Spirituality**



Alternative Services

**To heal Your
Mind, Body & Soul**

Offered by:

Sherry A. Kachanis

401-749-9640

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(coming soon!)

Services

Reiki Healing Sessions

Reiki is the Universal Life Energy that exists all around us. A Reiki practitioner acts as a vessel in which this universal life energy is channeled into the body. Reiki affects you on a mind, body and soul level.

Some benefits of Reiki:

- * Facilitates the healing process
- * Stress reduction and relaxation
- * Relieves anxiety, fear, depression and anger
- * Promotes inner balance & self improvement
- * Eases pain of chronic illness

What to expect when having a treatment:

You will relax comfortably on a massage table (or chair) for a session. I will place my hands above your body, allowing the gentle Reiki energy to flow through. I also use aromatherapy, gemstones, crystals and sound therapy to enhance your healing experience.

30 Minute session \$ 35.00

60 Minute session \$ 65.00

90 Minute session \$100.00

Sessions are usually held in Chepachet, RI.

Healing Sessions

In a healing session, I follow my intuition and my Spirit guides to provide the healing experience that you need at the time. I utilize the many different tools I have gained in my experience as a healer to remove blockages, balance your chakras, aide in release, along with healing the mind, body & soul. Some methods include, Reiki, Melchizedek Method Healing, Gemstones & Crystals, Warm Stones, Aromatherapy, Essences (applied to the Aura) and Sound therapy.

Having an open mind is important to allow your healing experience to fully-unfold.

30 Minute session \$ 35.00

60 Minute session \$ 65.00

90 Minute session \$100.00

Sessions are usually held in Chepachet, RI.

About Sherry:

For as long as I can remember, I have always had the ability to feel, know or see things. I was aware at a very young age and these abilities intensified greatly when I hit puberty. I would feel, see or know things before they happened without knowing really how. I remember telling family members about these happenings, however not much was said other than being advised that not to discuss this with others. As my abilities continued to intensify, I became fearful of them. As a result, I repressed these special abilities, ignoring my own developed intuition for many years.

In my early 20's, I noticed these abilities resurfacing. I could no longer deny or push aside my intuition, what I felt and the ability to just know or see things. As a result, I began my journey with spirituality to explore these gifts I was born with. I was very fortunate to meet other people who were like me which was a blessing, as it helped in my growth tremendously! I learned how to protect myself, so I did not take on the feelings and emotions of others. This in itself was life saving!

Along my journey of discovery, I have been honored to meet many wonderful, wise, souls who assisted and guided me in my growth, which I am forever grateful. Along the way, I became a Reiki Master which was very life changing for me. It helped me to work through blocks that had held me back from healing. As I healed, my life totally changed, for the better!

I became an explorer, wanting to discover as much as I could about spirituality! In my explorations, I took a mediumship class. A medium is able to communicate with those in spirit. It was at this class that I finally realized that I had been talking & communicating with those in spirit my whole life!

Along the way, my life purpose became very clear, to help others heal themselves along with igniting the spark of divine within. This is continually confirmed, as I experience great joy in assisting my clients in their healing and growth. I continue to be active in my personal growth and spiritual exploration, always open and ready to learn new things.

After many years of Spirit encouraging me to use my gifts to help others – I finally accept and embrace my call to service!

Along with my psychic gifts, I am a Business Owner, Reiki Master/Teacher, Ordained Minister of the Universal Life Church, Karuna Reiki® Practitioner, Melchizedek Method Practitioner, Spiritual/Personal Coach, Workshop Facilitator and Educator.

Workshops/Classes:

Current offerings:

Introduction to Reiki (Free)
Reiki Level 1, 2 & 3
Ear Candling Certification
Discover the Magick of Gemstones
Pendulum Magick
Magickal Herb Garden Tour with Refreshments

Coming Soon:

Psychic Self Defense (Spring 2008)
Herbal Potion Making (Spring 2008)
Law of Attraction (Spring 2008)
Group Meditation (early 2008)
Fundamentals of Ritual & Magick (early 2008)
Sabbat Circles

Weddings & Handfastings:

Looking for the right person to preside over your ceremony?
Your ceremony is customized to your wants and needs.
As a Minister of the Universal Life Church, I am honored to be a part of your special day. Contact me for additional details.

Additional Information:

- * Healings & Readings are scheduled at a mutual convenient time. I make every effort to be as flexible as I can. Once your reading is scheduled, please make every effort to be on time, as the time is set aside for you.
- * If you need to cancel or reschedule, please give at least 24 hours notice.
- * If you are late to your scheduled appointment, you will receive services for the remaining time scheduled.
- * When having a healing or reading, your experience is enhanced if you relax and keep an open mind. It is best to try not to have any expectations of the process.

Intuitive Psychic Readings

There are times in our lives that we need confirmation of the path we are on. I am honored to assist you in your journey. In a reading, I will reveal messages as they are passed to me. Most often, I find that if you have questions I am able to receive the answers for you – sometimes even before you ask the question. If additional insight or more information is needed for your understanding, I will sometimes use an oracle deck, tarot, or runes to assist me.

These readings are non-judgmental and offer perspective and clarity. During the reading, you may wish to take notes.

Readings can be in-person, or you may schedule a phone reading.

30 minute session \$40.00
60 minute session \$80.00

Mediumship Readings

What is a Mediumship reading? In the nutshell, as a Medium, I communicate with those who have passed on into spirit. This can be a wonderful healing experience for those who are still here, to connect with their loved ones. Like an intuitive reading, I will reveal messages as they are passed to me.

If you wish to connect with someone in spirit, it is helpful to think about this person or people before a reading. Those in spirit can sense your energy as a result raising the vibration in making stronger connections possible. I am unable to guarantee that a specific individual will come through in a reading, no medium can.

Readings can be in-person, or by phone.

30 minute session \$ 45.00
60 minute session \$ 85.00

Spiritual/Personal Coaching

Spiritual Coaching is helpful in integrating your spiritual self into your life. Often we go through many challenges and journeys, both internal and external. When we allow our soul purpose to come to the surface, or **AWAKEN**, it becomes the catalyst for change.

As humans, we resist change; however, if we look around us, at the seasons for example, they are always changing. Why not learn to **EMBRACE** change and become more peaceful, grounded and centered on our soul purpose or mission and life goals? Many times we may question our purpose, especially during life changing events such as:

- * Change in life circumstances
- * Deep personal transformation
- * Healing trauma of the past
- * Psychic or Spiritual Awakening

When we open ourselves up to healing, at the deepest levels, we remove blocks and fears that stop us from living life more fully. Learning to live in the **NOW**, and to learn to just **BE** helps us in connecting with the divine. Learning and understanding how our words, thoughts and actions affect us along with how changing our old patterns or beliefs can be helpful in self transformation.

It's often helpful to have someone to talk to about anything, who will always be honest, who will help guide you, and encourage you along the way. I have been a "motivator" of not only myself but for many others for most of my life.

Personal Coaching is similar but focuses more on integrating changes to your life to live the life you want to live. Often we are unsure of ourselves, which can be self-defeating. Learning to believe and have faith in ourselves helps us to fulfill our dreams.

Coaching sessions are offered in person in Chepachet or Greenville, RI or by phone.

30 minute session \$40
60 minute session \$75

Ear Candling

An ancient technique that uses a hollow candle, made from unbleached muslin and beeswax, which is lit, then placed in the external ear canal to draw out impurities. Ear candling may provide relief from sinus pressure, headaches, ear wax buildup, ringing in the ears, swimmers ear and vertigo. Additionally, many feel it purifies the mind, body and soul, releases energy blockages in the body, opens the spiritual centers and cleanses the auric bodies.

During a session, you will lay comfortably on your side. The candle is lit, and then gently placed into the external ear canal. You may experience popping or crackling noises, which is normal. Additionally, it is a gentle and relaxing process.

It is not recommended to have ear candling performed if you have any damage to the eardrum or have ear tubes.

\$ 50 per session
\$135 for 3 sessions

Parties/Travelling Services:

Consider having a Reading or Healing event at your location. The rate for this service is \$100 per hour, with a 2 hour minimum. Beyond 2 hours, the cost is \$50 each additional 30 minutes.

For a reading party, it is best to determine in advance how many people will want readings. The minimum is 5, with a maximum of 12, including the host or hostess. Most readings average about 15 minutes, but will vary due to the number of readings and time contracted for. The host or hostess receives a **FREE** Reading!

For a healing event, it is necessary to have a private, quiet space that will accommodate a massage table for the healing work.

Interested in travelling workshops or classes? Contact me for more information.