

ZARLITOS

Family Restaurant

505 East 8th Street, National City, Ca 91950 (619) 474-1144 web: www.zarlitos.com

Filipino Cuisine

BEEF

Beef Steak (Sliced Beef & Onions sautéed in Lemon Soy Sauce)	\$ 8.00
Beef Tapa (Slices of Specially Prepared Fried Beef)	\$ 8.00
Sinigang na Karne (Beef in Sour Tamarind Based Soup w/ Vegetables)	\$ 8.00
Beef Aritada (Beef & Vegetables in Special Tomato Sauce)	\$ 8.00
Beef Bulalo (Beef w/ Bone Vegetable Soup)	\$ 8.75
Kare Kare (Beef Ox Tail & Vegetables Stew in a Special Peanut Sauce)	\$ 8.75
Beef Broccoli (Sliced Beef sautéed with Broccoli)	\$ 8.00

PORK

Pork Adobo (Pork Stew in Special Vinegar & Soy Sauce)	\$ 8.00
Longonisa (Sweet Fried Pork Sausage)	\$ 8.00
Tocino (Sweet Fried Slices of Pork)	\$ 8.00
Dinuguan (Pork in Beef Blood Based Stew)	\$ 8.00
Tortang Baboy (Pork & Vegetable Filipino Style Omelet)	\$ 8.00
Sinigang na Baboy (Pork in Sour Tamarind Based Soup w/ Vegetables)	\$ 8.00
Lechon Kawali (Specially Prepared Chunks of Crispy Fried Pork Belly)	\$ 8.00
Paksiw na Lechon (Lechon Kuwali Simmered in Special Liver Based Sauce)	\$ 8.00

CRISPY PATA

Large (Specially Prepared Crispy Fried Pork Hock w/ Feet)	\$ 15.75
Mini (Specially Prepared Sliced Crispy Fried Pork Hock served w/ Rice & Salad)	\$ 6.75

CHICKEN

Manila Fried Chicken (1/2 Specially Prepared Crispy Fried Chicken)	\$ 8.00
Sinampalukang Manok (Chicken and Vegetables in Sour Tamarind Based Soup)	\$ 8.00
Chicken Adobo (Chicken Stew in Special Vinegar & Soy Sauce)	\$ 8.00
Manok na Luto Sa Gata (Chicken Stew in Special Coconut Ginger Sauce)	\$ 8.00
Tinolang Manok (Chicken & Vegetable Soup w/ a Hint of Ginger)	\$ 8.00
Chicken Aritada (Chicken & Vegetables in special tomato sauce)	\$ 8.00

SEAFOOD

Daeng na Bangus (1/2 Specially Marinated & Fried Milk fish)	\$ 8.00
Fried Tilapia	\$ 8.00
Fried Pusit (Calamari)	\$ 8.00
Adobong Pusit (Calamari Stew in Special Vinegar & Soy Sauce)	\$ 8.00
Tortang Hipon (Shrimp) (Filipino Style Omelet w/ Vegetables)	\$ 8.00
Tortang Alimango (Krab) (Filipino Style Omelet w/ Vegetables)	\$ 8.00
Fried Shrimp in Garlic (Un-Peeled w/ Head On)	\$ 8.25
Sinigang na Sugpo (Whole Shrimp & Vegetables in Sour Tamarind Based Soup)	\$ 8.25
Shrimp Egg Foo Yung (Filipino Style Omelet w/ Shrimp & Vegetables served in Mushroom Sauce)	\$ 8.00
Semi-Boneless Bangus (1 Whole Specially Marinated & Fried Milk fish)	\$ 15.25

VEGETABLES

Pinakbet (Sautéed Vegetables in Salted Shrimp Sauce)	\$ 8.00
Ampalaya con Karne (Bitter Melon & Beef in Special Sauce)	\$ 8.00
Gulay Sitaw with Shrimp (Long Beans & Shrimp sautéed w/ Tomatoes)	\$ 8.00
Tortang Talong (Egg Plant, Vegetable, & Ground Pork Filipino Style Omelet)	\$ 8.00
Gulay na Mungo (Mungo Bean Stew w/ Pork, Shrimp, & Bitter Melon)	\$ 8.00

Tax INCLUDED in all prices
Tables of more than 8 people will be charged 15% gratuity

Combination Platters

Combination Platters are served with Pancit Bihon, Lumpia Shanghai (2), Fried Rice, and Salad

# 1	Pork Adobo	\$ 7.25	# 7	Daeng na Bangus	\$ 8.25
# 2	Menudo	\$ 7.25	# 8	Longonisa (3 pieces) or Tocino	\$ 8.25
# 3	Chicken Adobo	\$ 7.25	# 9	Beef Steak with Onions	\$ 9.00
# 4	Sweet and Sour Pork	\$ 7.25	# 10	Pepper Steak	\$ 9.00
# 5	Lechon (Paksiw or Kuwali)	\$ 8.25	# 11	Cameron Rebosado (Fried Battered Shrimp)	\$ 9.75
# 6	Manila Fried Chicken	\$ 8.25			

Filipino Delights

Served with the main food item, Garlic Fried Rice (SI-nangag), and 2 Eggs (it-LOG) over easy

Tapsilog (Beef)	\$ 5.75	Adsilog (Choice of Chicken or Pork Adobo)	\$ 5.75
Tosilog (Sweet Pork)	\$ 5.75	Menusilog (Menudo)	\$ 5.75
Longsilog (Sweet Pork Sausage)	\$ 5.75	Dasilog (Fried Daeng na Bangus)	\$ 5.75
Tinapsilog (Smoke Flavored Fried Bangus)	\$ 5.75	Manila Fried Chicksilog (Fried Chicken Leg Quarter)	\$ 5.75
Spamsilog (SPAM)	\$ 5.75	Extra Tocino/Tapa/Menudo/Adobo	\$ 1.50
Extra Piece of Spam/Longanisa	\$ 1.00	Extra Piece of Daeng/Tinapa Bangus	\$ 2.00
Extra Egg (1)	\$.75		

Noodles

Pancit Bihon (Rice-Stick Noodles w/ Chicken, Pork, & Vegetables)	\$ 7.25	Pancit Luglug (Palabok) (Rice-Stick Noodles w/ Ground Pork Sauce)	\$ 7.25
Pancit Canton (Long Egg Noodles w/ Chicken, Pork, Shrimp, & Vegetables)	\$ 7.25	Zarlitos Lo Mein (Thick Egg-Noodles w/ Chicken, Pork, Shrimp, & Vegetables)	\$ 7.25
Sotanhon Guisado (Bean Thread Noodles w/ Vegetables, Shrimp, Pork, and Chicken)	\$ 7.25	Zarlitos Chow Mein (Sautéed Vegetables covered in Crispy Chow Mein Noodles)	\$ 7.25

American Cuisine

Served with baked potato or rice AND vegetable soup or salad

Steak and Fried Chicken	\$ 13.00	Rib Eye Steak	\$ 13.00
T-Bone Steak	\$ 13.00	New York Steak	\$ 13.00

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Soups

Shrimp Wonton Soup (Shrimp, Pork Wontons, & Vegetable Soup)	\$ 6.25
Hototai Soup (Vegetable & Chicken Soup)	\$ 6.25
Krab Meat Soup (Imitation Krab Meat & Vegetable Soup)	\$ 6.25
Mushroom Soup (Straw Mushrooms & Beef Soup)	\$ 6.25
Sotanghon Soup (Bean Thread Noodle, Chicken, & Vegetable Soup)	\$ 6.25
Mami (Egg Noodle, Vegetable, and Beef, Chicken, Shrimp, or Zarlitos Mix Soup)	\$ 6.25
Arroz Caldo (Rice Porridge Style Soup w/ Pieces of Chicken)	\$ 6.25
Goto (Rice Porridge Style Soup w/ Pork Hogmaus)	\$ 6.25

Appetizers

Fried Vegetable Lumpia (Vegetable Spring Roll - 8 Pieces)	\$ 5.00
Lumpia Shanghai (Pork Spring Rolls - 10 Pieces)	\$ 5.00
Tokwat Baboy (Fried Tofu & Slices of Pork Covered in Special Sauce).	\$ 6.25
Chicharon Bulaklak (Crispy Fried Ruffled Fat)	\$ 7.25
Chicharon Bituka (Crispy Fried Pork Hogmaus)	\$ 7.25
Fried Pusit (Calamari)	\$ 8.00

Rice

Zarlitos Fried Rice (Mixture of Shrimp, Chicken, Beef and Pork)	\$ 7.00
Fried Rice (Shrimp, Chicken, Beef, or Pork)	\$ 6.50
Garlic Fried Rice	\$ 4.00
Steamed Rice	\$ 2.00

Desserts

Halo-Halo	\$ 3.00
Gelato (Italian Style Ice Cream)	SM. \$2.50 MED \$3.50 LG \$ 4.50

Beverages

Soda	\$ 1.25
Coffee	\$ 1.00
Orange Juice	\$ 1.25
Mango/Calamansi Juice	\$ 2.50
Tea (Iced or Hot)	\$ 1.00

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Services Offered

Ala Carte (All Day)

Turo-Turo Style Dining

Monday – Friday (7:00 am – 2:00 pm)

Fast and Fresh Food To Go

Call in your order @ 619-474-1144 and pick it up

Party Trays ranging from Small – Large

(Please ask about prices)

Catering/Banquet Style Services:

Reserve our facilities for Birthday Parties, Baptisms, & any other types of gatherings. (Please ask about our per plate pricing. *Time slots may be limited*)

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Visit us on the web @ www.zarlitos.com